



**BDS, MDS, FADI, FPFA
ORTHODONTIST
DIRECTOR, PRINCIPAL, PROFESSOR & HOD
INDERPRASTHA DENTAL COLLEGE & HOSPITAL**

Dr. RAHUL PAUL

FATHER'S NAME : Dr. J.L Paul

DATE OF BIRTH : 18TH JANUARY 1975

MARITAL STATUS: Married

NATIONALITY : Indian

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LANGUAGES : HINDI, ENGLISH,
PUNJABI, GERMAN

HOBBIES : PHOTOGRAPHY &
BADMINTON

SKILL HIGHLIGHTS

- Aligners
- Invsalign
- Myobrases
- functional jaw orthopedics
- oral habit correction with removable appliances
- diagnosis and Treatment planning
- myofunctional and fixed functional therapy
- conventional fixed orthodontics
- lingual orthodontic
- self ligating orthodontics
- temporary anchorage devices
- surgical orthodontics
- specialist in interdisciplinary cases
Cleft lip and cleft palate
orofacial developmental anomalies
TMDS
- bruxism

EDUCATION

Degree	Name of the Institution	Year & Month of Passing	Specialty	Name of the State Dental Council	*Registration No. of UG & PG
B.D.S.	Mangalore University ABSM Institute of Dental Sciences Mangalore	1992-1997	Orthodontics & Dentofacial Orthopedics	Delhi	A 5916
M.D.S.	Rajiv Gandhi University ABSM Institute of Dental Sciences Mangalore	1997-1999			A 5916

EXPERIENCE

Position	Name of Institution	From	To	Total Experience Year-Month-Day
Sr. Lecturer	Rama Dental College Kanpur	1/12/1999	28/02/2000	3 Months
	Subharti Dental College Meerut	1/03/2000	27/12/2002	2 Years, 9 Months & 26 days
Reader	Sarasvati Dental College Lucknow Bankey Bihari, Dental College, Ghaziabad	28/12/2002	19/08/2003	7 Months, 22 days
		20/08/2003	30/11/2005	2 years, 3 Months, 12 days
Reader/Associate Professor	Bankey Bihari, Dental College, Ghaziabad I.P. Dental College & Hospital Sahibabad	1/12/2005	30/10/2007	1 year , 11 Months
		31/10/2007	27/12/2007	1 month & 26 days
Professor	I.P. Dental College Sahibabad	28/12/2007	15/07/2014	6 years 6 months 18 days
Principal	I.P. Dental College Sahibabad	16/07/2014	30/10/2021	7 years 3 months 15 days
Director	I.P. Dental College Sahibabad	31/10/2021	Till Date	

LIST OF BOOK PUBLISHED

S.NO.	NAME OF BOOK	NAME OF CHAPTER	PUBLISHER
1.	Friction vs Frictionless mechanics		Lambert
2.	Manual of Pediatric ICU	Dental Emergency in Pediatric trauma	CBS Publishers & Distributors Pvt Ltd.

LIST OF PUBLICATION

S No	Name of journal	Title
1.	The Journal of Indian Orthodontic Society	Efficacy of Ni-Ti Palatal Expanders
2.	International Journal of Scientific Research	Skeletal And Dental Effects Of Removable Vs Fixed Functional Appliance : A Comparative Study
3.	Journal of Contemporary Orthodontics	Non Extraction Treatment of skeletal Class II using Powerscope: A Case report
4.	International Journal of Scientific Research	Effect Of Low Level Laser Therapy On Retraction Of Maxillary Canines–A Comparative Study
5.	Journal of Contemporary Orthodontics	Corticotomy – Accelerated Orthodontics. A Case report
6.	International Journal of Scientific Research	Analysis Of Apical Root Resorption During Orthodontic Treatment Using CBCT
7.	Journal of Contemporary Orthodontics	Nonextraction Management of Class II Malocclusion Using Powerscope: A Case Report
8.	International Journal of Scientific Research	Dental Practice Management In Covid-19 Emergency
9.	The Journal of Indian Orthodontic Society	Evaluating period of accelerated skeletal maturation in gujrati children between ages 8 and 14 years
10.	National Journal Of Maxillofacial Surgery	Appearance Can Be Deceptive: Dentigerous Cyst Crossing The Midline
11.	Indian journal of dental research	Ergonomic risk factors and their association with musculoskeletal disorders among Indian dentist: A preliminary study using Rapid Upper Limb Assessment
12.	Journal of Orthodontic Science	Effect of tooth bleaching on orthodontic bracket bond Strength
13.	Indian journal of dental research	Effect of Antioxidant on Orthodontic Bracket Bond Strength after Vital Bleaching
14.	Indian journal of dental sciences	Effect Of Tooth Brush Sterilizer On Microbial Contamination Of Tooth Brushes
15.	Indian journal of dental sciences	Understanding ectodermal dysplasia
16.	Journal of clinical dental research and education	Better living in dentistry
17.	The journal of Innovative Dentistry	Orthodontics and Nutrition
18.	Innovative Journal Of Medical And Health Science	Psychological Impact of Covid 19 Pandemic On Dental Students
19.	International Journal of Oral Health Dentistry	Evaluation of the effectiveness of a healing gel on ulcer management- a clinical case study
20.	International Journal of Oral Health Dentistry	Clinical efficacy of a probiotic fluoride dentifrice: A comparative clinical and microbiological study
21.	International Journal of Oral Health Dentistry	Evaluation of efficacy of a herbal dentifrice on dentinal hypersensitivity: A clinical study
22.	International Journal of Oral Health Dentistry	Dentinal tubule occluding effect of a herbal tooth paste- An invitro scanning electron microscopy analysis
23.	International Journal of Dental Science and Innovative Research (IJSIR)	Assessment of psychological impact on dental students during corona virus disease 2019 (Covid-19)pandemic
24.	International Journal of Dental Science and Innovative Research (IJSIR)	Clinical, radiographic and microbial comparison of stainless steel, zirconia and reinforced composite crowns on supporting tissues of primary mandibular molars – A comparative invivo study

LIST OF CERTIFICATE

S.No	Title	Certificate	Year
1	3M ESPE –lecture Programe-Jewel in the crown	Certificate of Participation	2006
2	DDS –San Diego USA-Course V- Diagnosis, Treatment Planning and Treatment Mechanics	Certificate Of Completion	2007
3	NADS/AAID –MAXI COURSE	Completed 300 HOURS	2007
4	International College of Dentists –Recognition and Appreciation of services	Certificate Of Appreciation	2007
5	Zero Tooth Decay- Oral Health Mouth	Dental Check up Program	2008
6	Infection Control And Dental Treatment ProtocolsFor PLWHA(People living with HIV/AIDS)	Certificate of Participation	2008
7	SGT dental college –Infection control and dental treatment protocols For PLWHA(People living with HIV/AIDS)	Certificate of Participation	2008
8	The Famdent Show	Certificate Of attendance	2009
9	Ivoclar Vivadent- Training event	Dental Competence in All Ceramics	2009
10	SAARC Orthodontic conference -AIIMS	Certificate Of attendance	2009
11	Ivoclar Vivadent- Training event	Competence in Composites	2009
12	ITS- Update on oral & Maxillofacial Pathology	Certificate of Participation	2009
13	PC CON 2009-North india ‘s Regional conference of IMA college	Conference	2009
14	IDST -Diagnostic Dilemmas in oral pathology	Certificate of Participation	2010
15	ICCDE/IDA Joint scientific workshop-evolution of Mini Implants		2010
16	INDOCLEFTCON –AIIMS- Annual conference of the Indian Society of Cleft Lip,Palate & Craniofacial Anomalies	Certificate Of Appreciation	2010
17	45th IndianOrthodontic Conference Manglore	Certificate of Attendance	2010
18	10th National Triple ‘O’ Syposium	Certificate Of appreciation	2012
19	8th Asian Pacific Orthodontic & 47 Indian Orthodontic conference	Conference	2012
20	8th Asian Pacific Orthodontic & 47 Indian Orthodontic conference- New Lingual Straight Wire & square Slot Bracket	Certificate of Participation	2012
21	48th IndianOrthodontic Conference Ahmedabad	Certificate of Participation	2013
22	Pierre Fauchard Academy USA	CDE Program	2014
23	49th IndianOrthodontic Conference Kolkatta	Certificate of Participation	2014
24	Indian Orthodontic Society- National Integrated workshop-IDST	Certificate Of Appreciation	2015
25	Lynes club delhi Ipex		2016
26	69th Indian Dental Conference	Certificate Of Appreciation	2016
27	22nd 10S PG Student Convention	Certificate Of attendance	2018
28	22nd 10S PG Student Convention –chairperson/moderator	Certificate Of Appreciation	2018
29	Aggarwal Sabha Laxminagar		2018
30	Purexa- For Herbal Dentrifice -IPDC	Certificate Of Appreciation	2019
31	Purexa- For Probiotic Dentrifice-IPDC	Certificate Of Appreciation	2019
32	Purexa- In Product Research & Studies -IPDC	Certificate Of Appreciation	2019
33	Purexa- For Healing Oral Gel for mouth Ulcers -IPDC	Certificate Of Appreciation	2019
34	DCI-Re-Treatment Strategies in Prosthodontics in general Dental Practice	Certificate Of Attendance	2020
35	Narcotics control Bureau	Certificate	2022
36	Integrate and Encourage Yoga Through Life	Certificate	2022
37	Road Safety Pledge	Certificate	2022
38	Preamble to the Constitution	Certificate	2022
39	Ivoclar Vivadent- Training event	Competence in Composites	2009
40	IDA – Social cause and making the CDH Activity	Dental Check up Program	
41	International college of dentists		
42	World Health Organization-Covid -19	Certificate Of Appreciation	2020
43	World Health Organization-competency-based learning introduction	Certificate Of Appreciation	2020
44	Hands-on “Life after Life of a tooth”	Certificate of Attendance	2017
45	Hands-on “Practice Management & Dentinal Hypersensitivity”	Certificate of Attendance	2019
46	Hands-on “Laying the foundation of contemporary Endodontics and Clinical Cosmetic Dentistry”	Certificate of Attendance	2018
47	Hands-on “BIODENTIN”	Certificate of Participation	2021
48	Ortho-Disha IOSPG Orientation Programme	Certificate Of Appreciation	2022
49	CADCAM learning Platform In express Crown Service-Ivoclar	Certificate of Attendance	2022

50	Introduction to systematic reviews for dental health professionals	Certificate of Completion	2022
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WEBINAR ATTENDED

S.No	Title	Certificate	Year
1.	Pandemics and Dentistry	Certificate of Attendance	28-Jun-20
2.	Infection control & need of changing oral surgical practice in the present scenario	Certificate of Attendance	05-Jul-20
3.	Covid and its implications in conservative dentistry & Endodontics	Certificate of Attendance	19-Jul-20
4.	Malocclusion and its consequences	Certificate of Attendance	2-Aug-20
5.	Management of impression materials, impressions and models in covid 19 era	Certificate of Attendance	16-Aug-20
6.	Medical History Influencing Implant Outcomes & Digital Technology in Implantology	Certificate of Attendance	23-Aug-20
7.	Dental caries-current concepts of dental caries	Certificate of Attendance	30-Aug-20
8.	Informed consent- from dental surgeon's perspective	Certificate of Attendance	06-Sep-20
9.	Adverse drug interactions and effects- what every dentist should know	Certificate of Attendance	20-Sep-20
10.	Role of Magnification in Conservative and Endodontics	Certificate of Attendance	27-Sep-20
11.	Re-Treatment Strategies in Prosthodontics in General Dental Practice	Certificate of Attendance	11-oct-20
12.	Non-Surgical periodontal Therapy	Certificate of Attendance	18-oct-20
13.	The Renaissance Era In Dentistry	Certificate of Attendance	01-nov-20
14.	Orthodontic Diagnosis & Analysis of Diagnostic Records	Certificate of Attendance	08-nov-20
15.	Electronic working Length Determination: Clinical Tips & Troubleshooting	Certificate of Attendance	31-Jan-21
16.	My journey towards Patency	Certificate of Attendance	05-Feb-22
17.	Your Complete Guide to Expert Cementation	Certificate of Attendance	03-Mar-22

PROFESSIONAL STRENGTHS

- Possess 19 years of professional experience as Head of Department of Orthodontics & Dentofacial Orthopedics having teaching & clinical experience of 19 years. Apart from that I have been assigned the responsibilities & duties of Principal by the Institution since July 2014.
- I have been given the following awards –
 - In Year 1999 Best Outgoing Orthodontic Student Award.
 - In Year 1999 Best IDA Thesis Award.
 - In Year 2007 Best Appreciation Award ICD.
 - In Year 2014 Best Orthodontist in East Delhi by National Dental Excellence Award (Prime Time Media).
 - In Year 2015 Best Orthodontic Department by Heal Talk.
 - In Year 2015 Best Private Dental College in India -2015 by Prime Time Media.
 - In Year 2015 Limca Book of Records for fabrication of 200 complete dentures within 48 hrs.
- In Vatsalya Gram Vrindaban our college had arranged free dental Camp of 3 days

(19th, 20th & 21st Feb'2015) & prepared 200 Artificial Denture for poor people & this event was published in Limca Book of World Record.

4. Every day we organize the free Dental Checkup programme in nearby schools & in villages whose students & people are very poor & not in a position to afford the dental checkup charges. During checkup if detailed treatment is required then by our college bus we used to bring the patients in the college, treat them free of cost & drop them by our college bus.

PROFESSIONAL ORGANIZATION

- Indian Dental Association
- American Association of Orthodontics
- Indian Orthodontic Society
- Senior member of InSc family of scholars
- Member of Vatsalya Gram Param Shakti Peeth Vrindaban
- Executive Member of BiS (Bureau of Indian Standards)

PROFESSIONAL STUDY GROUP

- Delhi Orthodontists study group (Member; 2000)
- Organizing Chairman of Dasana International students conference
- BoS of PDM college

AWARDS

- Best IDA Thesis Award for the year 1999.
- Best outgoing Orthodontic student ICD Award year 1999.
- Best Appreciation Award ICD 2007.
- Best principal Award 2022 (Global Educators Fraternity)

CLINICAL STRENGTHS

- Provided consultative services for multidisciplinary patients referred from Oral Surgeon, Periodontist, Endodontist, and Periodontist within the clinic.
- Formulated and implemented policies and procedures that reduced overhead and allowed more patients to be treated daily while maintaining a low stress environment.
- Successfully treated complex cases involving severe malocclusions including, dento-facial growth discrepancies and early functional appliance treatment of developing skeletal malocclusions.
- Performed treatment of maxillary deficiencies and mandibular protrusion with FACEBOW using orthopedic forces combined with fixed appliances.
- Treatment of spacing in teeth using orthodontic treatment and Esthetic dentistry.
- Performed treatment of impacted or mal positioned teeth into their correct position with surgical orthodontia.
- Performed treatment of cleft lips and cleft palate. Conducted the joint surgery with maxillofacial surgeon and plastic surgeon.

RESEARCH WORK (DURING POST)

THESIS TOPIC : Efficacy of Nickel-Titanium Palatal Expander

LIBRARY DESERTATION : Infection Control in Orthodontic Office

DATE: 14/06/22

Dr. Rahul Paul

PLACE: New Delhi