

Inderprastha

Dental College & Hospital

WORLD NO TOBACCO DAY 31ST MAY 2023

World No Tobacco Day, observed every year on May 31. The day has been celebrated by the World Health organization since 1987 to raise awareness about the ill-effects of tobacco consumption, and what efforts can be done to make the world tobacco free.





Inderprastha

Dental College & Hospital

WORLD NO TOBACCO DAY 31ST MAY 2023

BROCHURE



ida
Indian Dental Association

**Swachh Mukh
Abhiyaan**

**TCC
CENTRE**
TOBACCO CONTROL & CESSATION

**World Health
Organization**

WORLD NO TOBACCO DAY

विश्व निषेध तम्बाकू दिवस

31ST MAY 2023

GROW FOOD NOT TOBACCO

DATE 31ST MAY TO 12TH JUNE 2023

- Oral Health Screening and Awareness Camps for Tobacco users.
- Tobacco Counselling sessions at TCC in Inderprastha Dental College.
- Nukkad Natak at Sahibabad village and Raispur Village.
- Painting and Slogan Writing Competition.





Inderprastha

Dental College & Hospital

TIME TABLE OF WORLD NO TOBACCO DAY 2023

List of Activities		
Activity 1	Tobacco Cessation Camp at Sahibabad Sabzi Mandi and Distribution of pamphlets and Nicotex samples by Cipla Health	Sahibabad Sabzi Mandi on 31 st May 2023
Activity 2	Painting and slogan writing competition. Theme : Grow Food Not Tobacco	IPDC, LT-2, 31 st May 2023 at 11:30 am
Activity 3	Oral Health screening and Awareness Camps for Tobacco Users	At Camp site at 9:30 am to 2:00pm from 1 st June to 10 th June 2023
Activity 4	Screening and Awareness Camps Followed by Tobacco Counselling Session at Tobacco Cessation Clinic in Inderprastha Dental College and Hospital, Sahibabad	IPDC in TCC at 9:30 am to 2:00pm
Activity 5	Tobacco Cessation Activity At Sahibabad Village <ul style="list-style-type: none">• Skit was performed by Interns of IPDC for general public awareness regarding Tobacco Quitting.• Distribution of pamphlets and Nicotex samples by Cipla Health	Village at 9:30 am-11:30 am on 11 th June 2023
Activity 6	Tobacco Cessation Camp at Sahibabad Railway Station <ul style="list-style-type: none">• Skit was performed by Interns of IPDC for general public awareness regarding Tobacco Quitting.• Anti Tobacco Pledge• Distribution of pamphlets and Nicotex samples by Cipla Health	Sahibabad Railway Station on 12 th June 2023





Inderprastha

Dental College & Hospital

Report on World No Tobacco Day 2023

Every year, on 31st May, the World Health Organization (WHO) and global partners commemorate World No Tobacco Day (WNTD). This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what WHO is doing to fight the tobacco epidemic, and what people around the world can do to claim their right to health and healthy living and to protect future generations. The focus of **World No Tobacco Day 2023** was on **"GROW FOOD NOT TOBACCO"**.

The campaign's objectives were to increase awareness on:

1. Mobilize governments to end subsidies on tobacco growing and use of savings for crop substitution programmes that support farmers to switch and improve food security and nutrition.
2. Raise awareness in tobacco farming communities about the benefits of moving away from tobacco and growing sustainable crops;
3. Support efforts to combat desertification and environmental degradation by decreasing tobacco farming;
4. Expose industry efforts to obstruct sustainable livelihoods work.

The key measure of campaign success would be the number of governments that pledge to end subsidies on tobacco growing.

In view of these objectives, **Dr Geetika Arora (Professor and Head)** from **Department of Public Health Dentistry, Inderprastha Dental College and Hospital, Sahibabad** organized one week program from **31st May to 12th June 2023** on occasion of **World No Tobacco Day** under the able guidance of **Dr Rahul Paul** (Director and Principal, Prof. and Head, Department of Orthodontics) and **IQAC coordinator Dr Preeti Upadhyay** (Prof. & Head, Department of Periodontology).



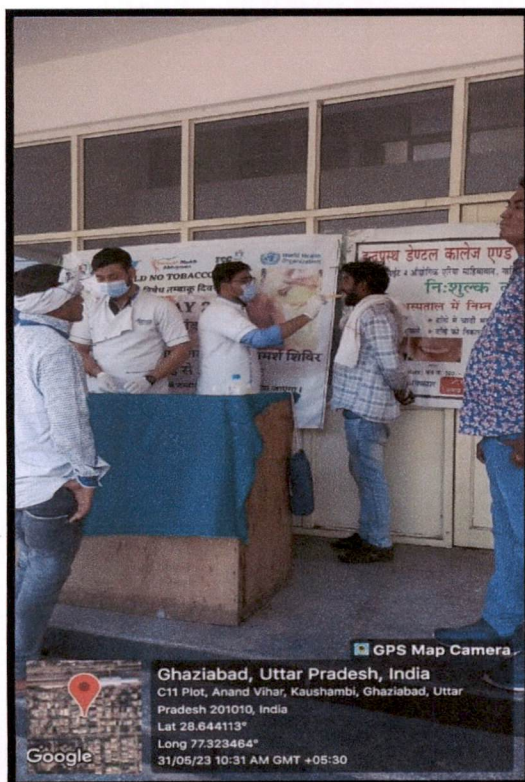


Inderprastha

Dental College & Hospital

ACTIVITY 1: Tobacco Cessation Camp at Sahibabad Sabzi Mandi and Distribution of pamphlets and Nicotex samples by Cipla Health on 31st May 2023

Sahibabad Sabzi Mandi

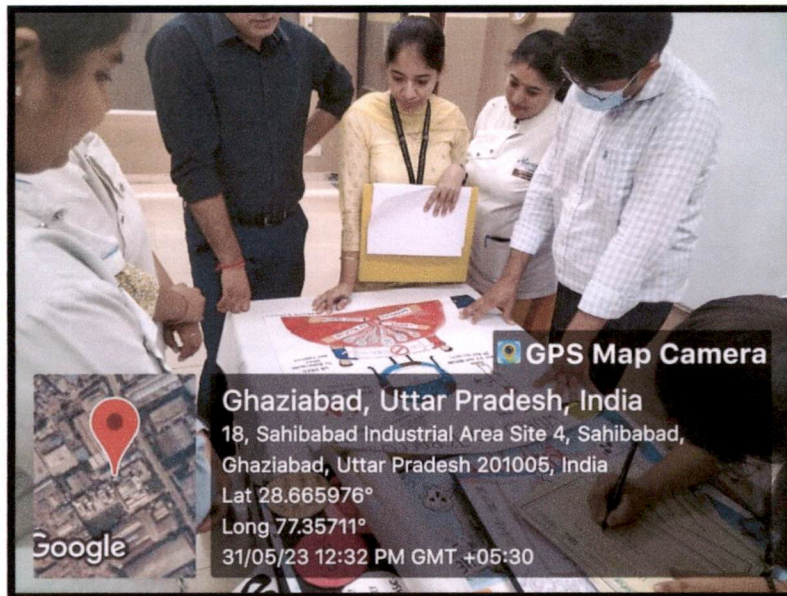


Oral Screening Camp followed by delivering of Message to the tobacco users regarding Importance of Tobacco Quitting and distribution of pamphlets and nicotex samples was done at Sahibabad Sabzi Mandi.

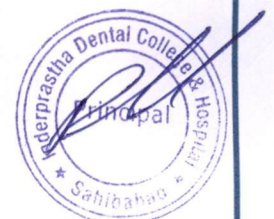


Inderprastha Dental College & Hospital

ACTIVITY 2: Painting and slogan writing competition. Theme : Grow Food Not Tobacco



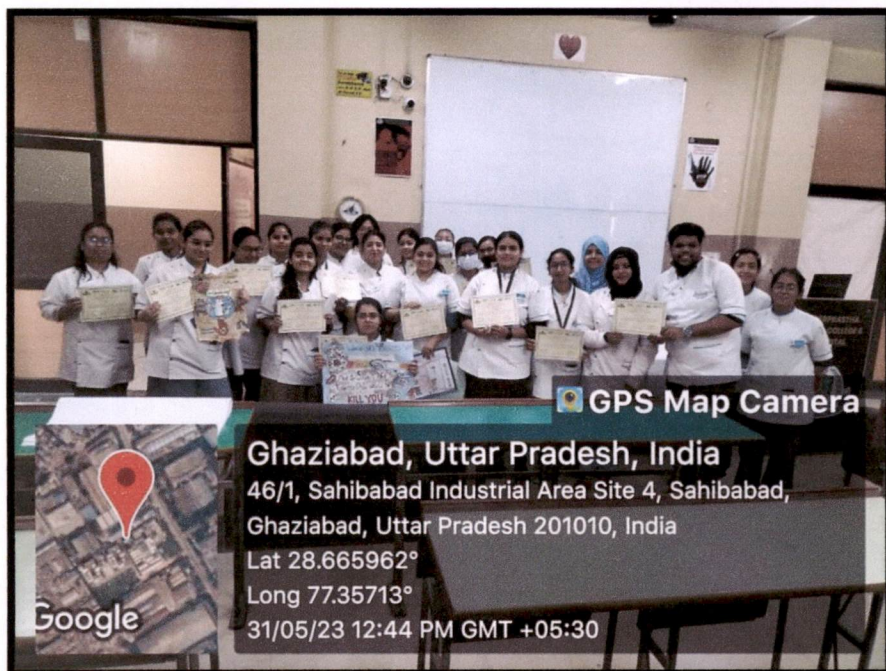
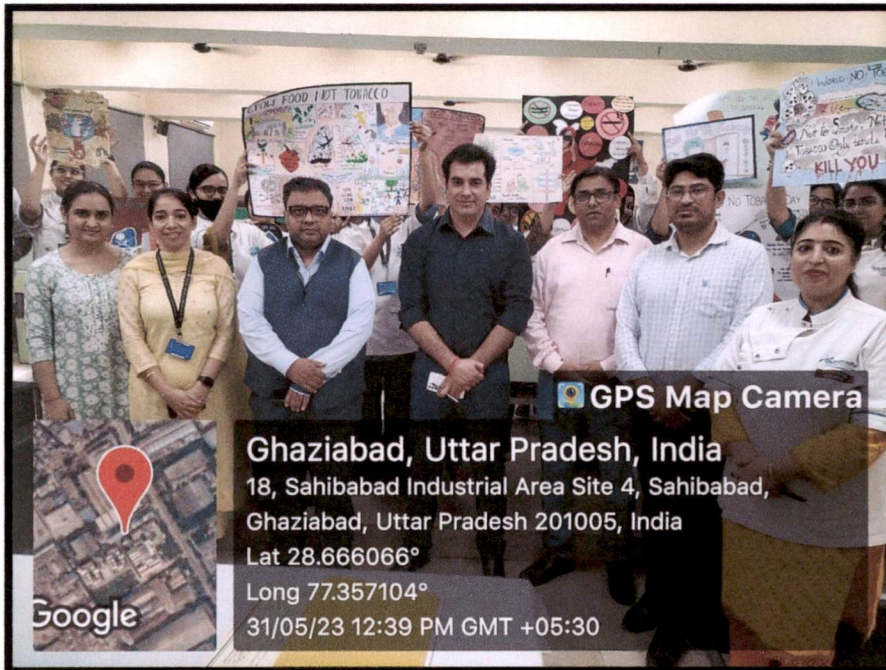
Participants posters and slogans were judged by
Dr Preeti Upadhyay, Dr Manish Bhalla and Dr Nikhil Puri





Inderprastha Dental College & Hospital

Achievement certificates were awarded by
Dr Rahul Paul Sir and Mr Vishal Saxena (Coordinator from Cipla Health)

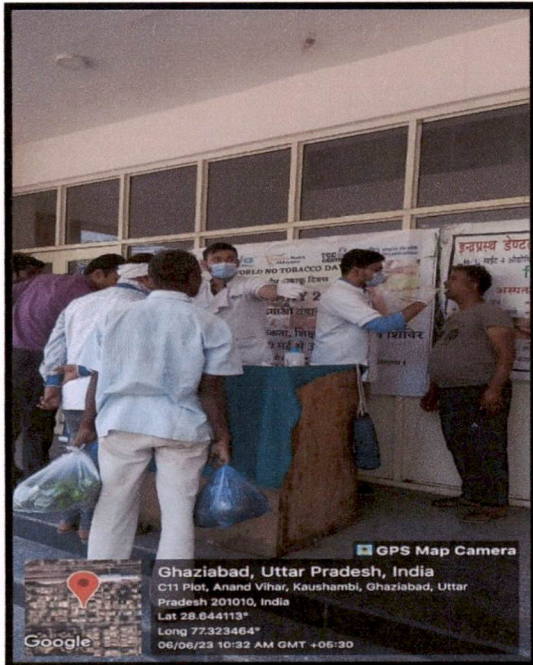




Inderprastha Dental College & Hospital

ACTIVITY 3: Oral Health screening and Awareness Camps for Tobacco Users

Camps were organised at different sites nearby college Vasundhara (near Mewar college), Vaishali, Sahibabad and Jhandapur from 1st to 10th June 2023.



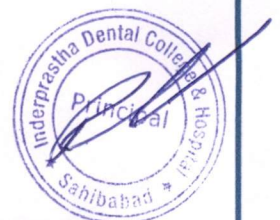
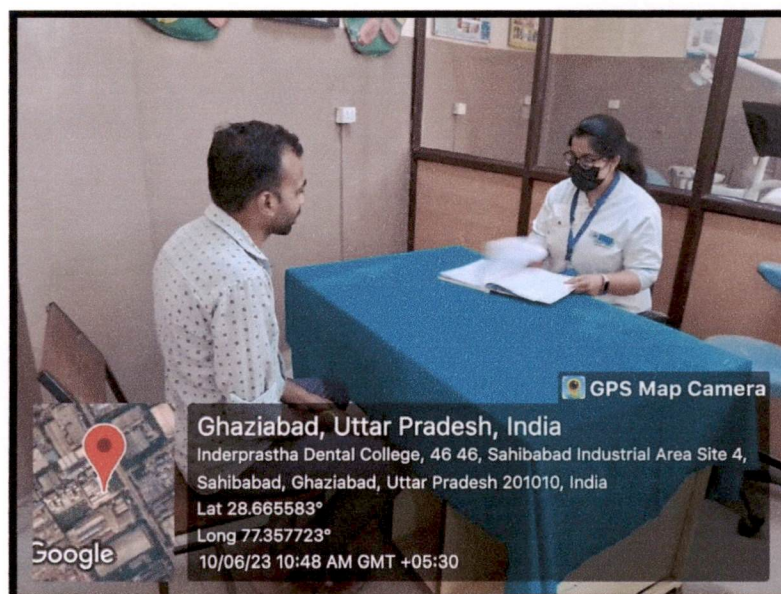
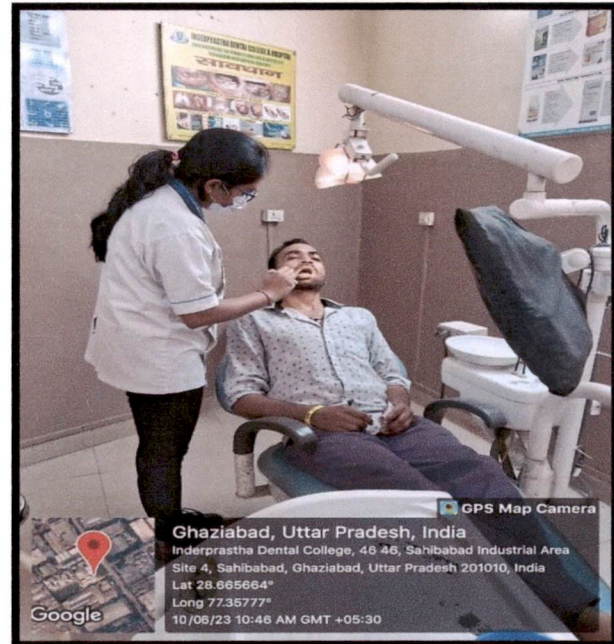
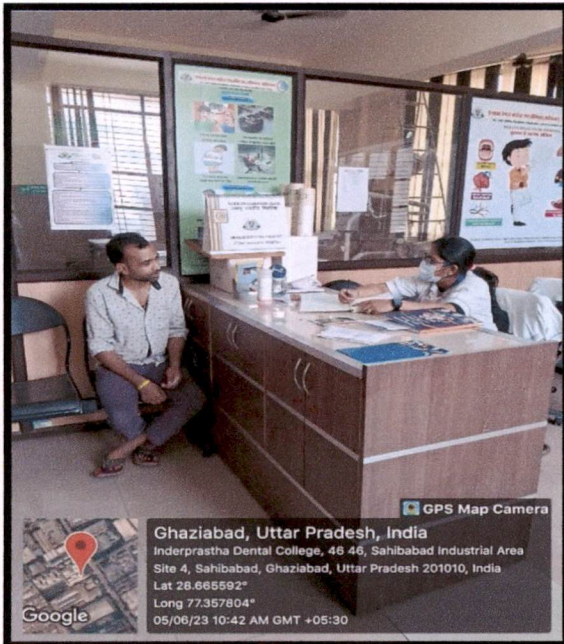
Oral Screening was done and tobacco users were identified, their CO levels were checked by using Somkerlyzer and further patients were referred to IPDC.





Inderprastha Dental College & Hospital

ACTIVITY 3: Screening and Awareness Camps Followed by Tobacco Counselling Session at Tobacco Cessation Clinic in Inderprastha Dental College and Hospital, Sahibabad



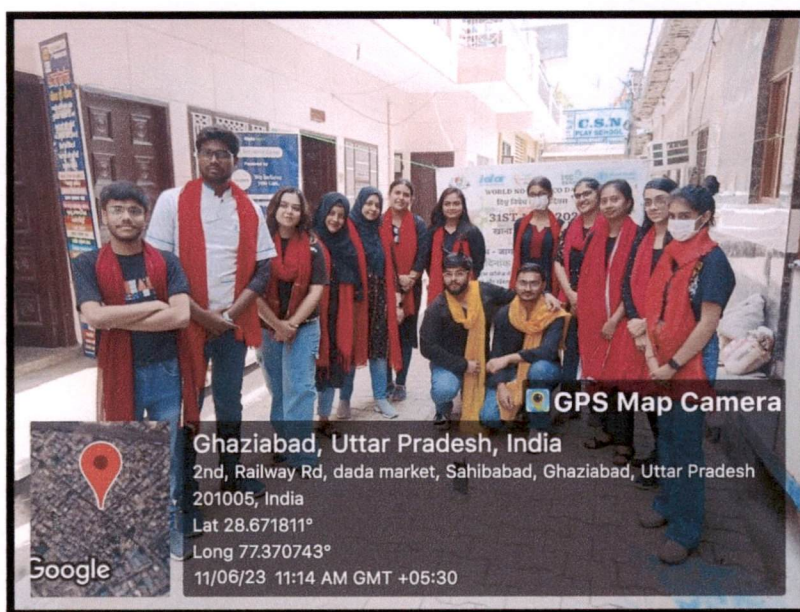
At IPDC, first registration was done followed by thorough clinical examination and in the end counselling session to quit tobacco.



Inderprastha Dental College & Hospital

ACTIVITY 3: Tobacco Cessation Activity At Sahibabad Village

On 11th June 2023, a **Tobacco Cessation Camp at Sahibabad Village** was also conducted to make the public aware. At Village, students of Inderprastha Dental College and Hospital performed Nukkad Natak on “**Tobacco and its detrimental effects on Health**”, lot of people who were passing away watched it and enquired about the ways to quit tobacco. Not only this, **anti tobacco chewing gums were also distributed** by staff members and students of the dental college. There we have also **distributed pamphlets** and given them a counselling on “**How to Quit Tobacco and What are the advantages of Quitting Tobacco**”.





Inderprastha Dental College & Hospital

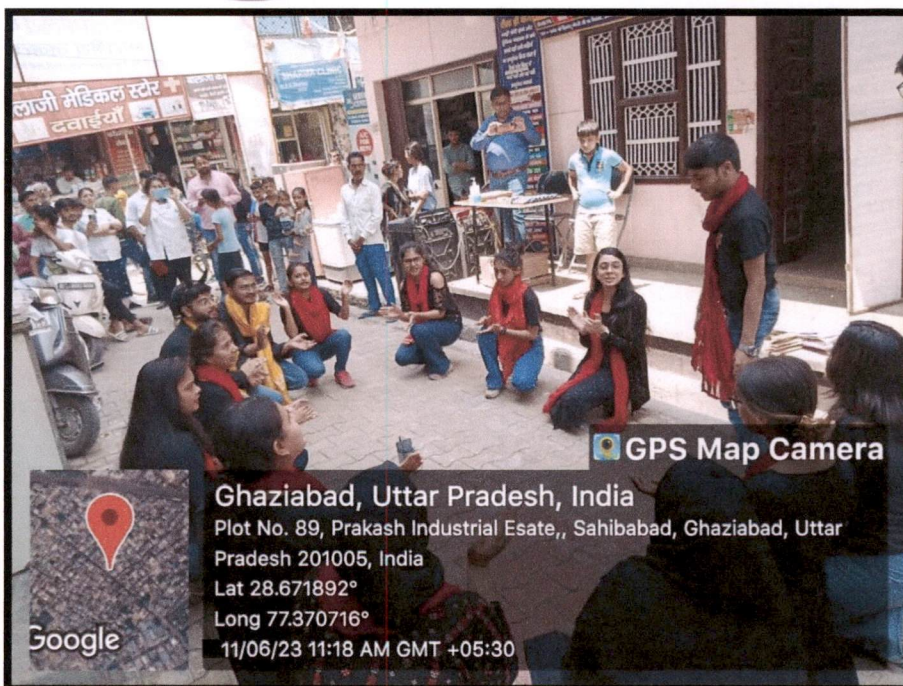


NUKKAD NATAK PRESENTED BY INTERNS OF IPDC





Inderprastha Dental College & Hospital



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

Plot No. 89, Prakash Industrial Estate,, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.671892°

Long 77.370716°

11/06/23 11:18 AM GMT +05:30

NICOTEX SAMPLES WERE DISTRIBUTED BY IPDC



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

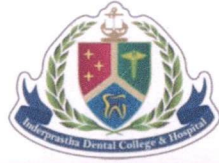
Plot No. 89, Prakash Industrial Estate,, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.671889°

Long 77.370722°

11/06/23 11:23 AM GMT +05:30





Inderprastha Dental College & Hospital



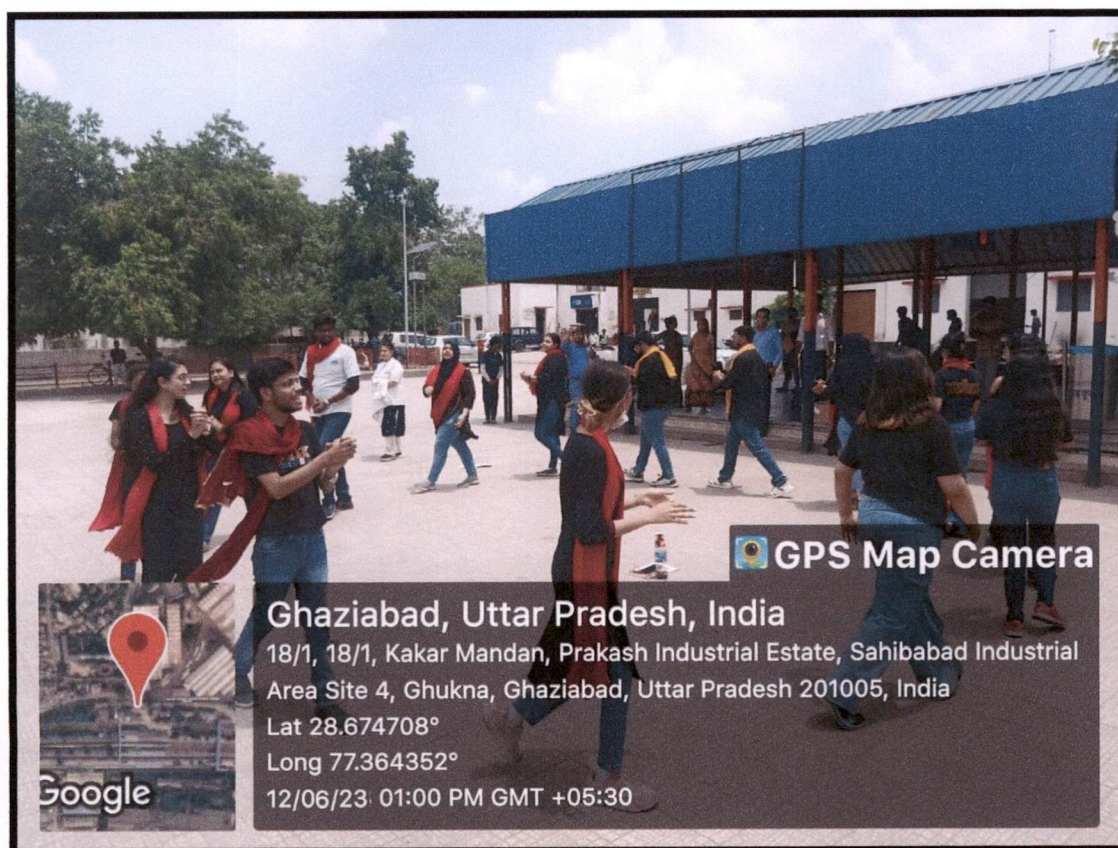


Inderprastha

Dental College & Hospital

ACTIVITY 4: Tobacco Cessation Activity At Sahibabad Railway Station

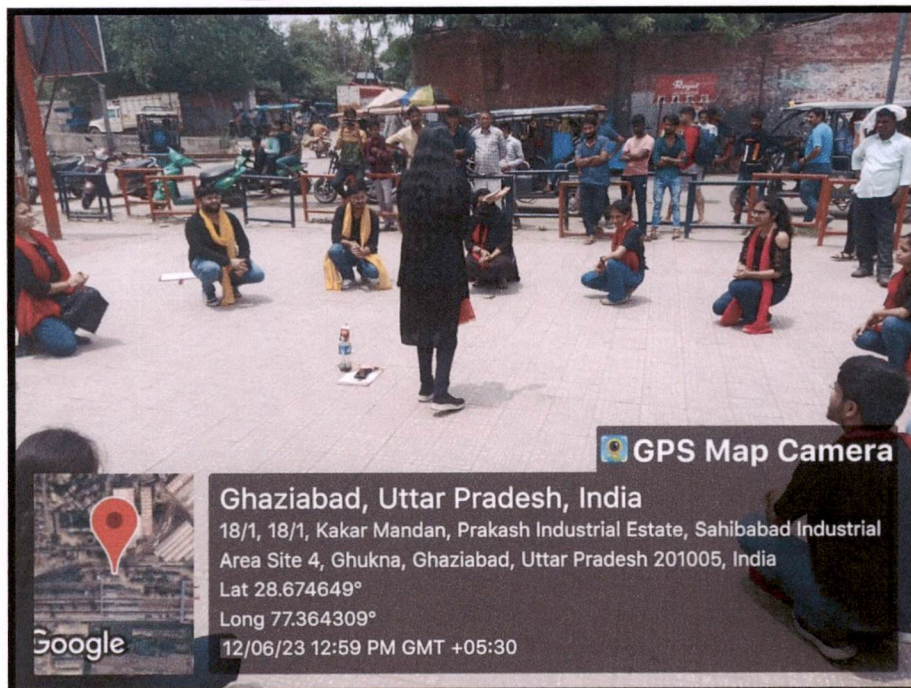
On 12th June 2023, a **Tobacco Cessation Camp at Sahibabad railway Station** was also conducted to make the public aware. At Railway station, students of Inderprastha Dental College and Hospital performed Nukkad Natak on **“Tobacco and its detrimental effects on Health”**, lot of people who were passing away watched it and enquired about the ways to quit tobacco. Not only this, **anti tobacco chewing gums were also distributed** by staff members and students of the dental college. There we have also **distributed pamphlets** and given them a counselling on **“How to Quit Tobacco and What are the advantages of Quitting Tobacco”**.





Inderprastha

Dental College & Hospital



GPS Map Camera



Ghaziabad, Uttar Pradesh, India

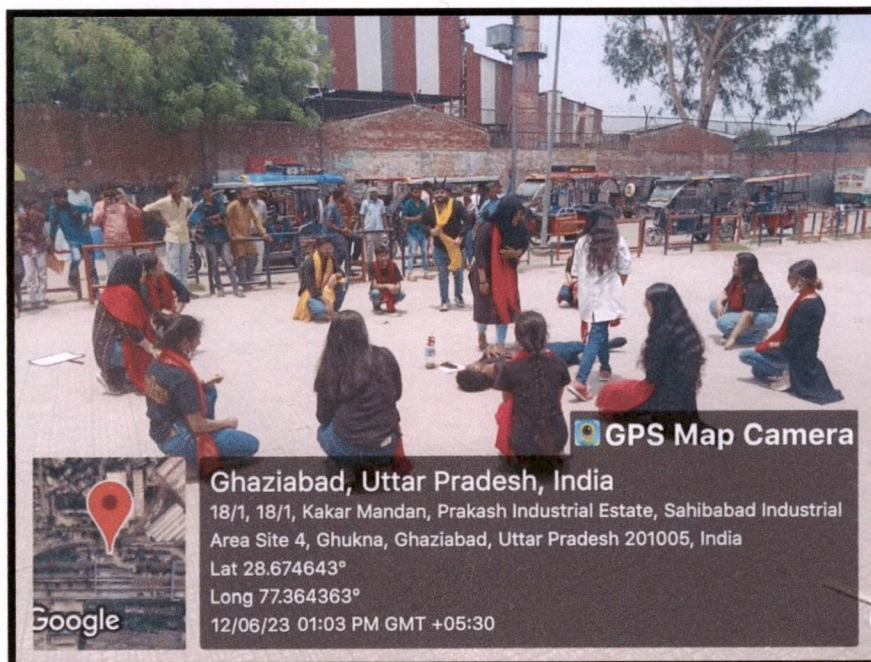
18/1, 18/1, Kakar Mandan, Prakash Industrial Estate, Sahibabad Industrial Area Site 4, Ghukna, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.674649°

Long 77.364309°

12/06/23 12:59 PM GMT +05:30

NUKKAD NATAK PRESENTED BY INTERNS OF IPDC



GPS Map Camera



Ghaziabad, Uttar Pradesh, India

18/1, 18/1, Kakar Mandan, Prakash Industrial Estate, Sahibabad Industrial Area Site 4, Ghukna, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.674643°

Long 77.364363°

12/06/23 01:03 PM GMT +05:30

NICOTEX SAMPLES WERE DISTRIBUTED BY IPDC

IN COLLABORATION WITH CIPLA HEALTH



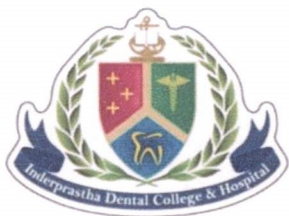


Inderprastha Dental College & Hospital



Overall this event was a grand success. I would like to extend my regards to Mr Nimish Agarwal Sir (Secretary, IPDC) and Dr Rahul Paul Sir (Principal and Director, IPDC) for their constant support and perfect logistics whenever sought for.





Inderprastha

Dental College & Hospital

YOGA PROGRAM -2022-2023

1	GUEST SPEAKER	Mr. Chander Prakash Gupta
2	DATE	17-08-2022 19-10-2022 09-12-2022 18-02-2023 10-04-2023 08-05-2023
3	TIME	8:30 – 9:30
4	VENUE	IPDC Greens
5	NO. OF HOUR	1 hour
6	NO. OF PARTICIPANTS	108
7	ORGANISING SECRETARY	Dr. Geetika Arora

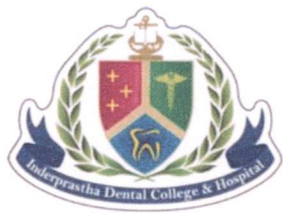
OBJECTIVE: The entire objective of yoga is to self-reflect, control the breath, achieve deep relaxation, and grow through meditation, all of this combined will result in better mental, emotional and physical health as we challenge the mind and body through a sequence of yoga asanas.

OUTCOME: Yoga improves strength, balance and flexibility. We took at promise from all the participants to take out 20 mins a day to perform yoga and make it a part of their life.

Geetika
Dr. Geetika Arora

ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

YOGA PROGRAM -2022-2023

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress.

Meditation is relaxation and rejuvenates the body and mind. With this aim in mind, a workshop was organised on the 17th August'2022, 19th October'2022, 9th December'2022, 18th February'2023, 10th April'2023 and 8th May'2023, for the students of Inderprastha Dental College and Hospital in auditorium of the college. The yoga instructor, Mr. Chander Prakash Gupta along with his team, took yoga session with great dedication. The students and staff members participated with full interest, enthusiasm and eagerness.

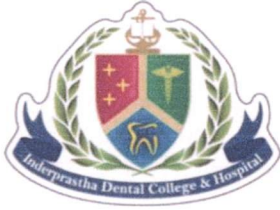
The session began by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the students and staff members.

The Principal, Dr Rahul Paul, motivated the staff and students and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the students and staff of the college, in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing

Geetika

Dr Geetika Arora
Organizing Secretary





Inderprastha

Dental College & Hospital

BROCHURE



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

YOGA PROGRAM



YOGA & MEDITATION

The best way to stay mentally
and physically healthy

RESOURCE PERSON

MR. CHANDER PRAKASH GUPTA
(PRESIDENT OF VASUNDHARA BRANCH)
BHARTIYA YOG SANSTHAN



ORGANISING COMMITTEE

YEAR: 2022-2023

VENUE: IPDC GREENS

TIME: 8:30-9:30 AM



DR. RAHUL PAUL
Organising Chairperson

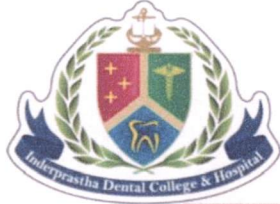


DR. PREETI UPADHYAY
Organising Co-Chairperson



DR. GEETIKA ARORA
Organising Secretary





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/48

Date: -06.05.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 8th May 2023 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

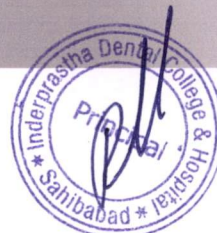
Cc: Secretary & Jt. Secretary

Registrar

Accounts

All Dental and Medical Departments

Notice Board

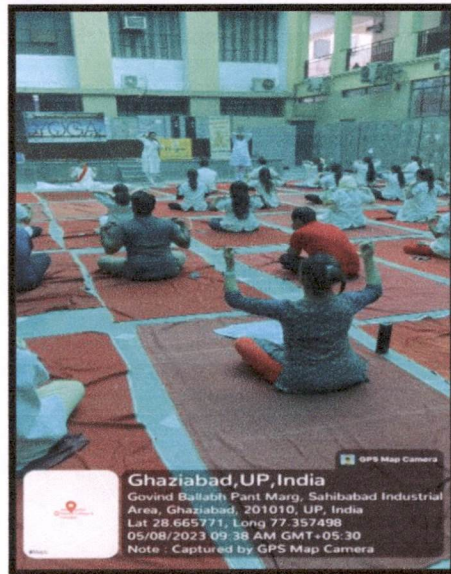




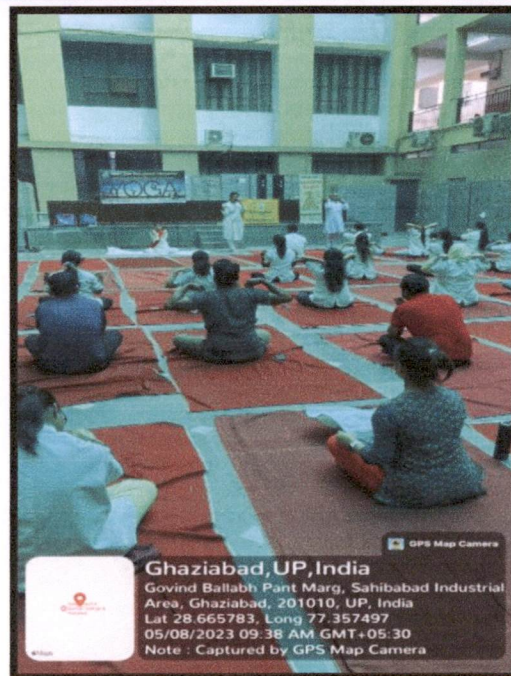
Inderprastha Dental College & Hospital

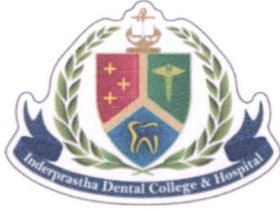
8th May 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students Actively Performed All The Asanas





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/36A

Date:-05.04.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 10th April 2023 on College grounds between 8.30 am to 9.30 am. The students Interns and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

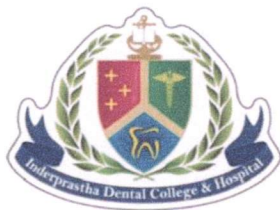
Registrar

Accounts

All Dental and Medical Departments

Notice Board

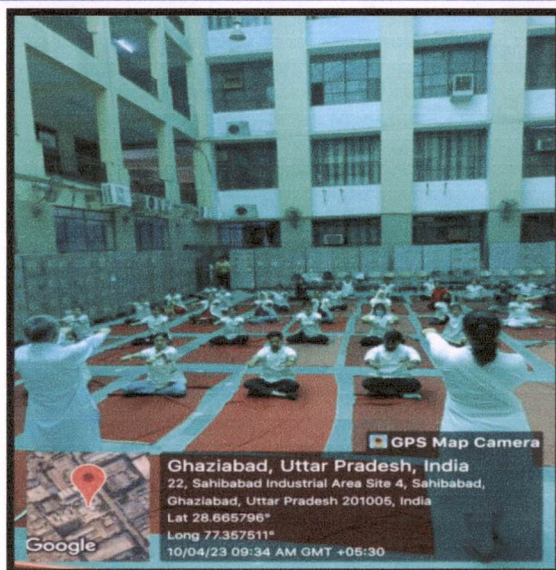




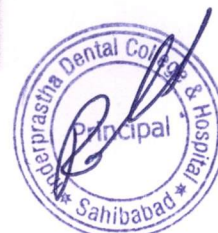
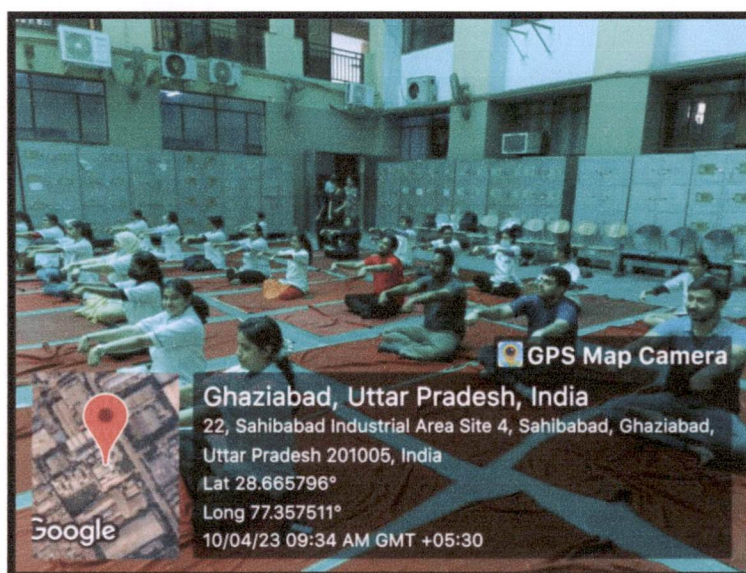
Inderprastha Dental College & Hospital

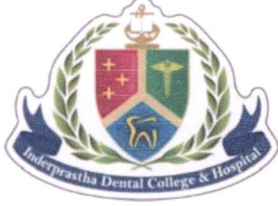
10th April 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students Actively Performed All The Asanas





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/22A

Date: -17.02.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 18th Feb 2023 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

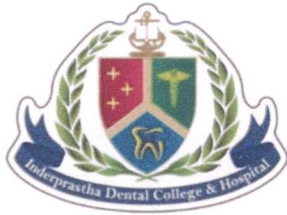
Registrar

Accounts

All Dental and Medical Departments

Notice Board



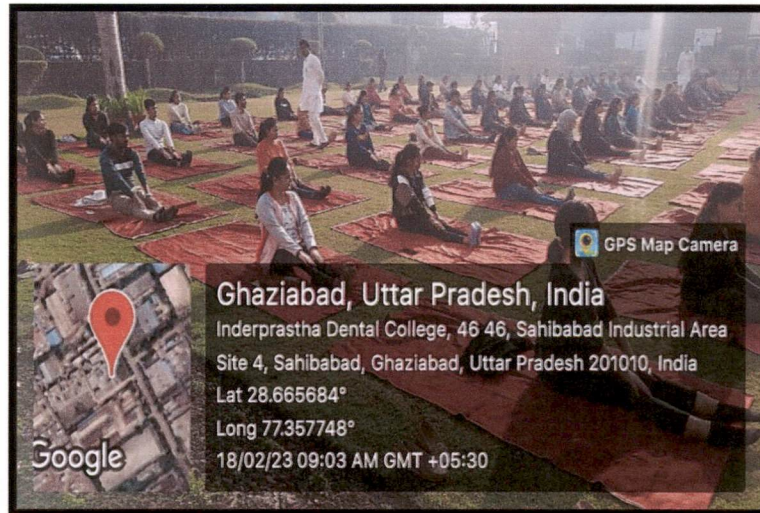


Inderprastha

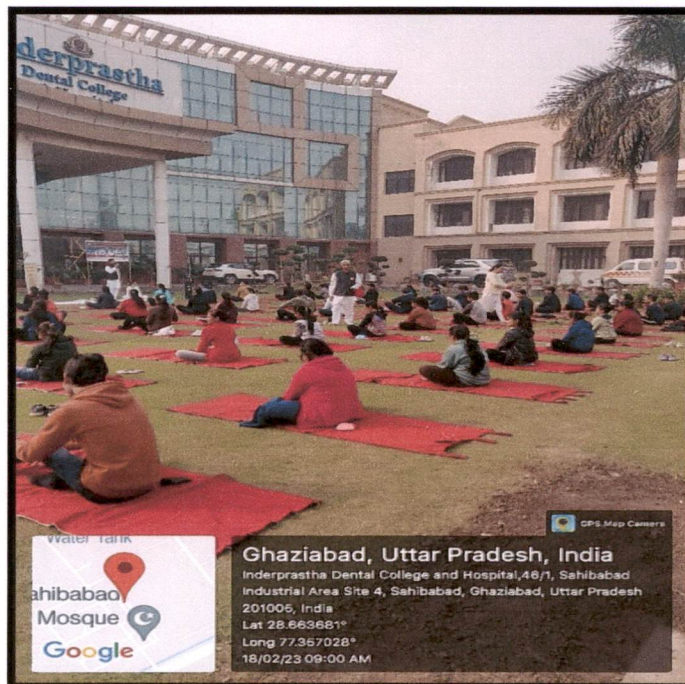
Dental College & Hospital

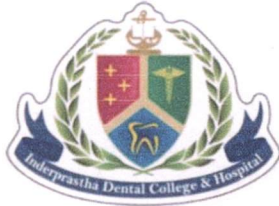
18th February 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students enthusiastically performing asanas





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/119

Date: 08.12.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 9th December 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul
(Principal)

Cc: Secretary & Jt. Secretary

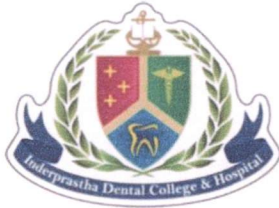
Registrar

Accounts

All Dental and Medical Departments

Notice Board

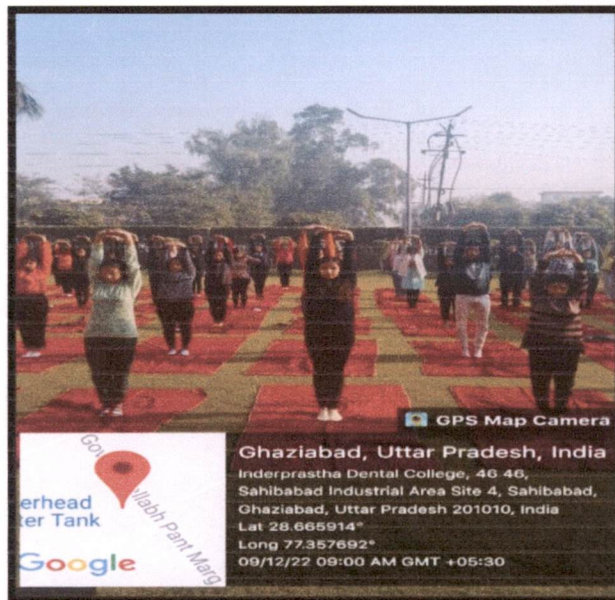




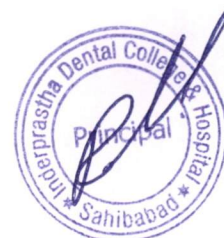
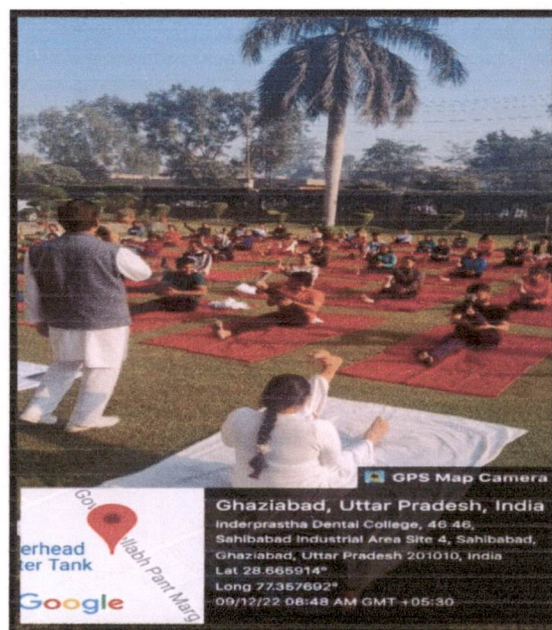
Inderprastha Dental College & Hospital

9th December 2022- YOGA DAY

Students enthusiastically performing asanas



Faculties And Students Learned New Asanas From Yoga Trainer





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/92A

Date: 07.10.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 19th October 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

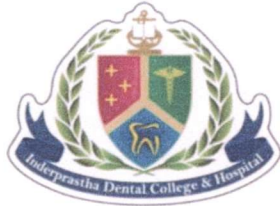
C.E.O.

Accounts

All Dental and Medical Departments

Notice Board





Inderprastha Dental College & Hospital

19th October 2022- YOGA DAY

Students and Faculty performing Yoga



Yoga Trainers monitoring each and every steps of Yoga





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/54A

Date: 13.08.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 17th August 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

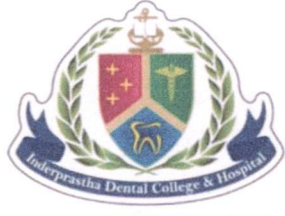
C.E.O.

Accounts

All Dental and Medical Departments

Notice Board

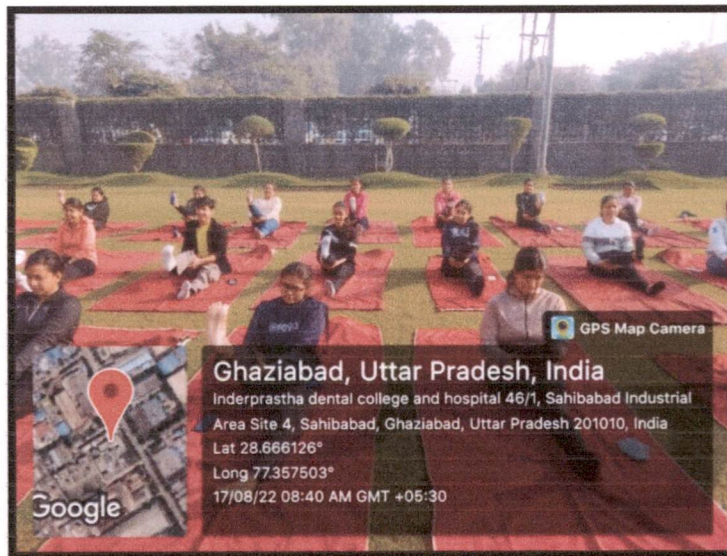




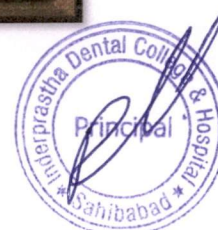
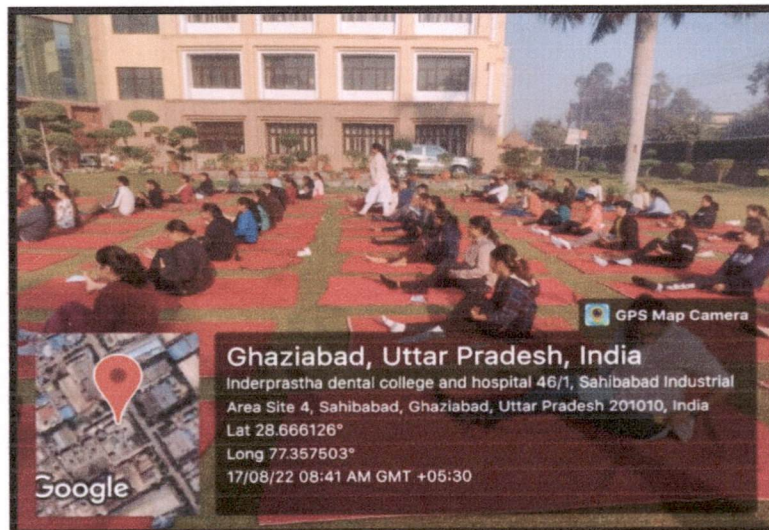
Inderprastha Dental College & Hospital

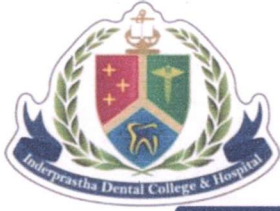
17th August 2022- YOGA DAY

Faculties And Students Performing
Yoga Under Yoga Trainer Supervision



Yoga Trainers monitoring each and every steps of Yoga





Inderprastha

Dental College & Hospital

ATTENDANCE

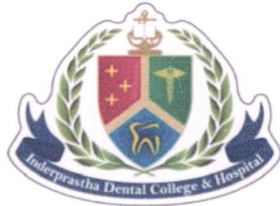
ATTENDANCE SHEET

List of students attended YOGA Program -2022-23

S. No.	Name of student	Sign 17/8/22	Sign 19/10/22	Sign 9/12/22	Sign 18/02/23	Sign 10/04/23	Sign 08/05/23
1.	Aafreen Naseem						
2.	Aastha Sinha						
3.	Aditi Jain						
4.	Anshika						
5.	Anshuman Chauhan						
6.	Anupama Srivastava						
7.	Anushka Sharma						
8.	Arushi Dubey						
9.	Ashit Anand						
10.	Chandangshi Kaushik						
11.	Chetan Kumar Singh						
12.	Chetna Mahajan						
13.	Chhavi Malhotra						
14.	Drishty Kalra						
15.	Garima Sharma						
16.	Gunjan Malhotra						
17.	Harsh Achhra						
18.	Pritha Shil						
19.	Himani Sharma						
20.	Ila Gupta						
21.	Harshita						
22.	Aditya Sharma						
23.	Shashwat Singh						
24.	Suma Rani Halder						
25.	Ishita Srivastava						
26.	Mansi Kumari						
27.	Umang Makkar						
28.	Avni Malhotra						
29.	Annanya Rajvanshi						
30.	Ishita Rai						
31.	Anjali Aggarwal						
32.	Niyati Anand						
33.	Sakshi Gupta						
34.	Chhaya Gupta						
35.	Harshveen Kaur						
36.	Roshni Das						
37.	Surbhi						
38.	Ravnoor						



Dr. Geetika Arora
Organizing Secretary



Inderprastha

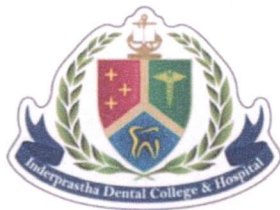
Dental College & Hospital

ATTENDANCE

39.	Bharat Bailan	Ba	Ba	Ba	Ba	Ba	Ba
40.	Deepanshi Saklani	De	De	De	De	De	De
41.	Maanvi	Ma	Ma	Ma	Ma	Ma	Ma
42.	Vanisha Agarwal	Vi	Vi	Vi	Vi	Vi	Vi
43.	Aanandi Soni	An	An	An	An	An	An
44.	Aarohi Singh	Ar	Ar	Ar	Ar	Ar	Ar
45.	Aayush Mishra	Am	Am	Am	Am	Am	Am
46.	Abdullah	Ab	Ab	Ab	Ab	Ab	Ab
47.	Abhishek Raman	Ar	Ar	Ar	Ar	Ar	Ar
48.	Adeeba Khan	Ad	Ad	Ad	Ad	Ad	Ad
49.	Aditi Raj singh	Ar	Ar	Ar	Ar	Ar	Ar
50.	Aditya Rao	Ar	Ar	Ar	Ar	Ar	Ar
51.	Aiman Fatima	Ar	Ar	Ar	Ar	Ar	Ar
52.	Aishwarya Shrivastava	Ar	Ar	Ar	Ar	Ar	Ar
53.	Akansha Jain	Ar	Ar	Ar	Ar	Ar	Ar
54.	Alika Abidi	Al	Al	Al	Al	Al	Al
55.	Alokuta Nora	Al	Al	Al	Al	Al	Al
56.	Amber Srivastava	Ar	Ar	Ar	Ar	Ar	Ar
57.	Amisha Gautam	Ar	Ar	Ar	Ar	Ar	Ar
58.	Ananya Agarwal	Ar	Ar	Ar	Ar	Ar	Ar
59.	Ananya Bansal	Ar	Ar	Ar	Ar	Ar	Ar
60.	Aniket Kumar	Ar	Ar	Ar	Ar	Ar	Ar
61.	Anooshka Maheshwari	Ar	Ar	Ar	Ar	Ar	Ar
62.	Anshika Tripathi	Ar	Ar	Ar	Ar	Ar	Ar
63.	Antriksh Bhardwaj	Ar	Ar	Ar	Ar	Ar	Ar
64.	Anubhav Verma	Ar	Ar	Ar	Ar	Ar	Ar
65.	Ankita	Ar	Ar	Ar	Ar	Ar	Ar
66.	Apoorva Tyagi	Ar	Ar	Ar	Ar	Ar	Ar
67.	Bhupendra	Ar	Ar	Ar	Ar	Ar	Ar
68.	Chhaya Singh	Ch	Ch	Ch	Ch	Ch	Ch
69.	Deepanshi Yadav	De	De	De	De	De	De
70.	Deepika Chaudhary	De	De	De	De	De	De
71.	Dixita	Di	Di	Di	Di	Di	Di
72.	Jennifar Arul Rahman	Ar	Ar	Ar	Ar	Ar	Ar
73.	Karan Raghuvanshi	Ar	Ar	Ar	Ar	Ar	Ar
74.	Mokksh Madhur	Ar	Ar	Ar	Ar	Ar	Ar
75.	Suhani	Ar	Ar	Ar	Ar	Ar	Ar
76.	Tanisha Gupta	Ar	Ar	Ar	Ar	Ar	Ar
77.	Tannu Khanna	Ar	Ar	Ar	Ar	Ar	Ar
78.	Aadya Dharni	Ar	Ar	Ar	Ar	Ar	Ar
79.	Aafia	Ar	Ar	Ar	Ar	Ar	Ar
80.	Aastha Verma	Ar	Ar	Ar	Ar	Ar	Ar
81.	Abhinav Akash	Ar	Ar	Ar	Ar	Ar	Ar
82.	Aishwarya Sharma	Ar	Ar	Ar	Ar	Ar	Ar
83.	Akshat Pandey	Ar	Ar	Ar	Ar	Ar	Ar
84.	Riya Dutt	Ar	Ar	Ar	Ar	Ar	Ar
85.	Sakshi Anand	Ar	Ar	Ar	Ar	Ar	Ar
86.	Saloni Khetarpal	Ar	Ar	Ar	Ar	Ar	Ar



Dr. Geetika Arora
Organizing Secretary



Inderprastha

Dental College & Hospital

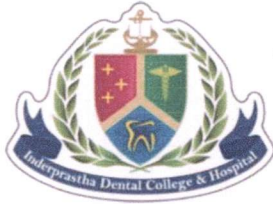
ATTENDANCE

87.	Sarah Afreen	Sarah	Sarah	Sarah	Sarah	Sarah	Sarah
88.	Saumya Mishra	Saumya	Saumya	Saumya	Saumya	Saumya	Saumya
89.	Sheshayi Roy	Sheshayi	Sheshayi	Sheshayi	Sheshayi	Sheshayi	Sheshayi
90.	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth
91.	Simran Balouria	Simran	Simran	Simran	Simran	Simran	Simran
92.	Soumya Yadav	Soumya	Soumya	Soumya	Soumya	Soumya	Soumya
93.	Swati Singh Rangoli	Swati	Swati	Swati	Swati	Swati	Swati
94.	Tarun Pandey	Tarun	Tarun	Tarun	Tarun	Tarun	Tarun
95.	Urvashi Chaudhary	Urvashi	Urvashi	Urvashi	Urvashi	Urvashi	Urvashi
96.	Vidhi Jha	Vidhi	Vidhi	Vidhi	Vidhi	Vidhi	Vidhi
97.	Vishal Choudhary	Vishal	Vishal	Vishal	Vishal	Vishal	Vishal
98.	Yasmeen Khatoon	Yasmeen	Yasmeen	Yasmeen	Yasmeen	Yasmeen	Yasmeen
99.	Aadya Gupta	Aadya	Aadya	Aadya	Aadya	Aadya	Aadya
100.	Aakruti Singh	Aakruti	Aakruti	Aakruti	Aakruti	Aakruti	Aakruti
101.	Aanchal Jain	Aanchal	Aanchal	Aanchal	Aanchal	Aanchal	Aanchal
102.	Aarushi Garg	Aarushi	Aarushi	Aarushi	Aarushi	Aarushi	Aarushi
103.	Aditya Saini	Aditya	Aditya	Aditya	Aditya	Aditya	Aditya
104.	Aishma Gurung	Aishma	Aishma	Aishma	Aishma	Aishma	Aishma
105.	Akshay Panday	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay
106.	Akshit Kumar	Akshit	Akshit	Akshit	Akshit	Akshit	Akshit
107.	Anjali Kumari Ojha	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali
108.	Anju Yadav	Anju	Anju	Anju	Anju	Anju	Anju



Geetika

Dr. Geetika Arora
Organizing Secretary

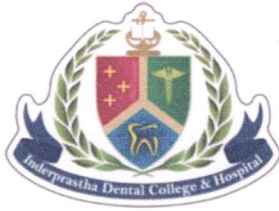


Inderprastha

Dental College & Hospital

CERTIFICATES



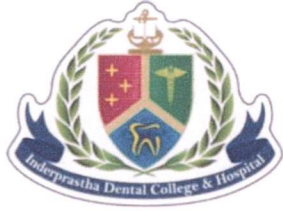


Inderprastha

Dental College & Hospital

CERTIFICATES

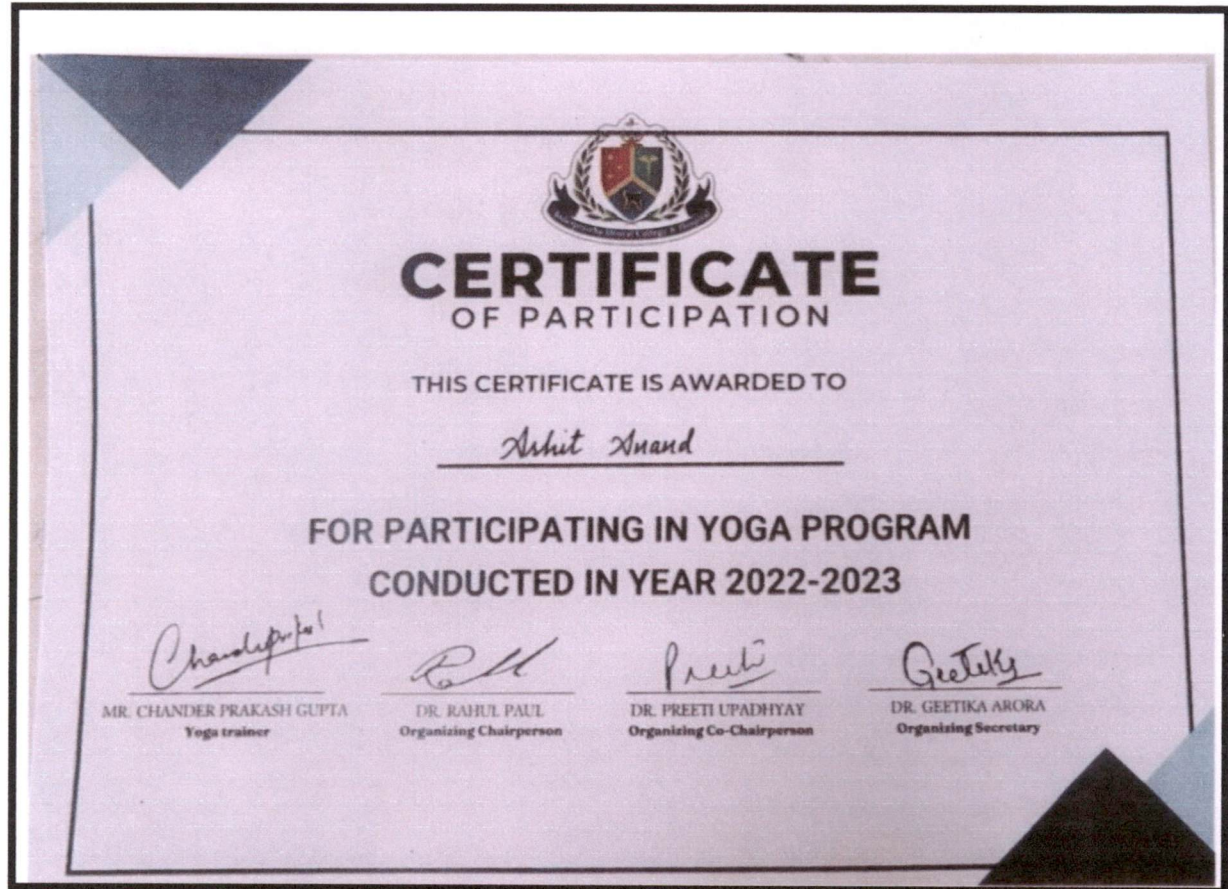


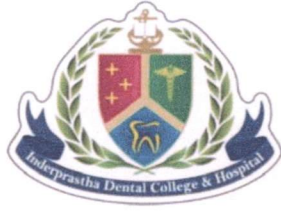


Inderprastha

Dental College & Hospital

CERTIFICATES





Inderprastha

Dental College & Hospital

WORLD ORAL HEALTH DAY CELEBRATION- 2023

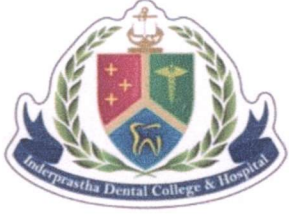
REPORT

World Oral Health Day was celebrated on 24th April 2023 in the LT-2, 12:00-1:00 PM. Faculty members, undergraduate students and interns took part in the celebration. The theme for World Oral Health Day 2021-2023 is **“BE PROUD OF YOUR MOUTH”**. As we all know that mouth is a mirror of human body, therefore being a dentist it's our moral duty to create awareness among those who are unaware about their oral health. On this occasion, Painting competition, Slogan Writing Competition and MEME competition was held. Dr Mayura Paul and Dr Geetika Arora awarded certificates to the students at the end of the program.

Dr Sonia Datta

Organizing Secretary





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/32

Date: -16.03.2023

NOTICE

All Faculty members and students are hereby informed that Public Health Dentistry department is celebrating "WORLD ORAL HEALTH DAY" as a Oral Health Awareness Week from 20th to 24th March 2023 in collaboration with all the departments. The list of activities are as follows:

1. Health Talk by PG students of all 5 departments followed by pledge taking by patients and doctors on good oral health maintenance on 20th March' 23.
2. Training of Health Care workers in PHC, Sahibabad on 20th March'23.
3. Drawing competition in school in Sahibabad , fluoride Application in Raispur clinic and Nukkad Natak in Raispur Village on 21st March'23.
4. Interaction with community leaders and nukkad natak in college on 22nd March.
5. Camp for underprivileged rural population and pit and fissure Sealant application in Pedodontic Department on 23rd March'23.
6. Oral Health Awareness in Public areas on 24th March'23.
7. All Students are invited for Meme , slogan writing and painting competition on 24th March'23


Dr. Rahul Paul
(Principal)

Copy to:

Cc.: Secretary & Jt. Secretary

Registrar

All Dental & Medical Department

All Notice Boards



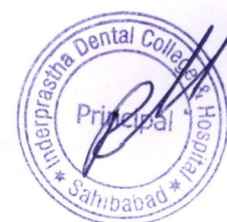
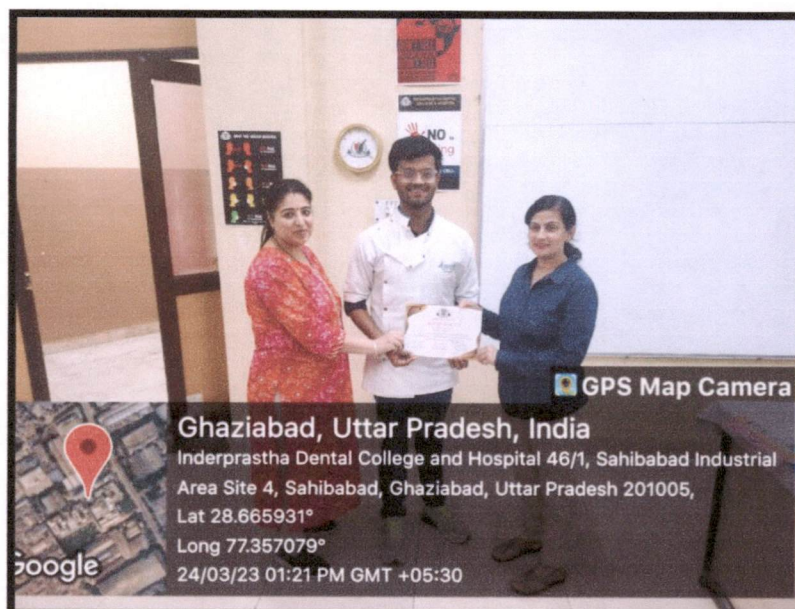
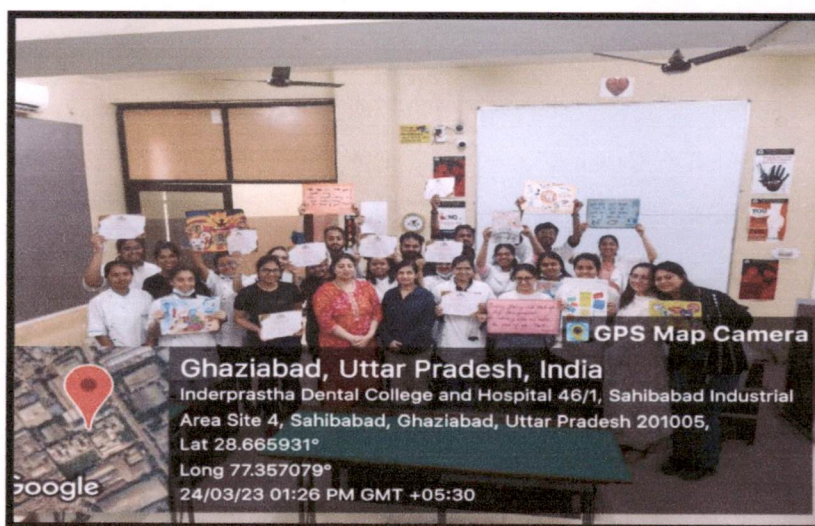


Inderprastha

Dental College & Hospital

PHOTOS

Slogan writing, meme and Painting competition



Prize Distribution Done By Dr Mayura Paul And Dr Geetika Arora



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE OF PARTICIPATION

this certificate awarded to

Shruti Nishad

Has participated in the "Nukkad Natak" performed on the occasion of
"WORLD ORAL HEALTH DAY", 20th March 2023.

DR. RAHUL PAUL

DR. RAHUL PAUL
Organizing Chairperson

DR. PREETI UPADHYAY

DR. PREETI UPADHYAY
Organizing Co-Chairperson

DR. GEETIKA ARORA

DR. GEETIKA ARORA
Organizing Secretary



CERTIFICATE OF ACHIEVEMENT

this certificate awarded to

Shruti Nishad

For attaining SECOND POSITION in "PAINTING COMPETITION" on
"BE PROUD OF YOUR MOUTH"-WORLD ORAL HEALTH DAY,

24th March 2023.

DR. RAHUL PAUL

DR. RAHUL PAUL
Organizing Chairperson

DR. PREETI UPADHYAY

DR. PREETI UPADHYAY
Organizing Co-Chairperson

DR. GEETIKA ARORA

DR. GEETIKA ARORA
Organizing Secretary



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE OF ACHIEVEMENT

this certificate awarded to

Anshika

For attaining **SECOND POSITION** in "MEME COMPETITION" on
"BE PROUD OF YOUR MOUTH"-WORLD ORAL HEALTH DAY,

24th March 2023.

DR. RAHUL PAUL
Organizing Chairperson

DR. PREETI UPADHYAY
Organizing Co-Chairperson

DR. GEETIKA ARORA
Organizing Secretary



Inderprastha

Dental College & Hospital

REPORT OF PERSONALITY DEVELOPMENT PROGRAM

1.	GUEST SPEAKER	DR. Neena M Moitra
2.	DATE	28 TH MARCH, 2023
3.	TIME	11.00 AM ONWARDS
4.	VENUE	IPDC, LT-2
5.	NO. OF HOUR	3 HRS
6.	NO. OF PARTICIPANTS	99
7.	ORGANISING SECRETARY	DR. Ritika Ahuja Malhotra

OBJECTIVE:

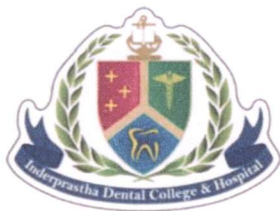
The objective of the program was to prompt each and every people present in the lecture hall regarding positive thinking, emotional health and aids to lead a beautiful persona. In this session the guest had given tips regarding how to secure emotional intelligence and what are the sequels of being a negative thinker.

OUTCOME:

By the end of program, as a result all the listeners were sincerely inspired and all of them were looking forward to change their perception of life.



DR. RITIKA AHUJA MALHOTRA
ORGANISING SECRETARY



Inderprastha

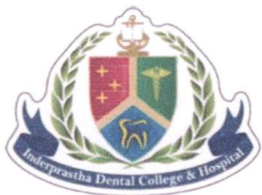
Dental College & Hospital

REPORT OF PERSONALITY DEVELOPMENT PROGRAM

Personality development encompasses the dynamic construction and deconstruction of integrative characteristics that distinguish an individual in terms of interpersonal behavioural traits. Personality development is ever-changing and subject to contextual factors and life-altering experiences. Using the good momentum and positive energy to carry you into the next day and next week will already peek a sense of improvement from the last. Here the lecture on Improvement Begin with “I”, was taken by Dr. Neena M. Moitra, which was informative and practical with day to day life. The lecture had basically emphasised on the saying “No one else is responsible for you but you. You cannot change anything unless you change yourself”. Speaker accentuated over optimism. She emphasised on the fact that emotional health strengthens with Positive thinking.

DR. RITIKA AHUJA MALHOTRA
ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/34

Date: -24.03.2023

NOTICE

This is to inform that a Lecture on 'Improvement begins with "I" is being organized by Inderprastha Dental College and Hospital in association with Indian Dental Association, East Delhi. The programme will be held on 28.3.23 from 11.00 am onwards.

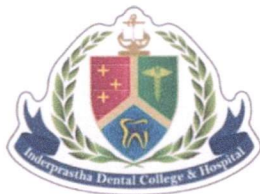
The lecture will be delivered by eminent Guest Speaker Respected Dr. Neena M. Moitra.

All Interns and Post Graduate students must attend the programme and make it successful.

Dr. Rahul Paul
(Principal)

Cc.: Secretary & Jt. Secretary
Registrar
Manager Administrator
Accounts
All Dental Departments





Inderprastha Dental College & Hospital

BROCHURE



GUEST SPEAKER
DR NEENA M MOITRA
BDS, MDS





Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IN COLLABORATION WITH IDA EAST DELHI



IS CONDUCTING A PROGRAM ON
PERSONALITY DEVELOPMENT
ON THE TOPIC

**IMPROVEMENT BEGINS
WITH**
'I'

28TH MARCH 2023
11 AM ONWARDS



ORGANISING COMMITTEE

PRESIDENT, IDA EAST DELHI
DR UK CHAUDHARY

ORGANISING CHAIRPERSON
DR RAHUL PAUL

ORGANISING CO-CHAIR PERSON
DR PREETI UPADHYAY

HON. SECRETARY, IDA EAST DELHI
DR AASTHA SHARMA

CDE, CHAIRMAN, IDA EAST DELHI
DR NIMISH NIMEYA

ORGANISING SECRETARY
DR RITIKA AHUJA MALHOTRA

ORGANISING CO-SECRETARY
DR GEETIKA ARORA

FOR QUERIES CONTACT:
9717308580

Dr Neena Malik Moitra is a practicing
Orthodontist in India since 35 years.
She did her graduation in Dental
Surgery followed by Masters in
Orthodontics from Govt. Dental college,
Ahmedabad, Gujarat in 1987. She has
been a practicing Orthodontist in Delhi
for the last 35 years having her own
multispeciality clinic. She was a
consultant to the Max group of
hospitals at Noida & Patparganj.
She has also been the President of
Indian Dental Association, East Delhi.
She is an alumnus of Modern school,
Barakhamba Road and the personal
Dentist of the school presently.

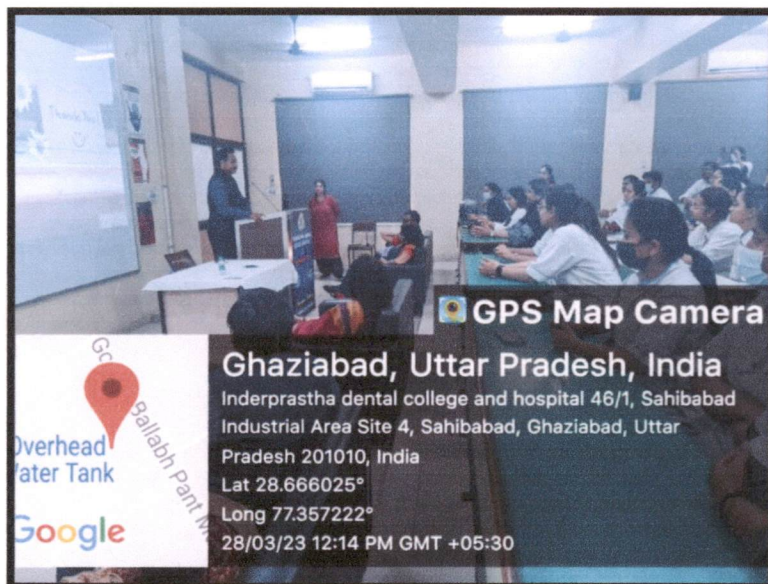




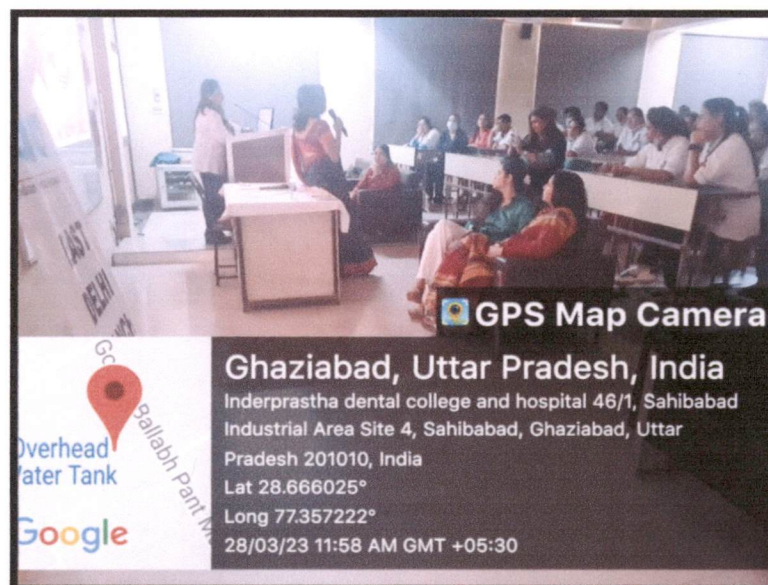
Inderprastha

Dental College & Hospital

PHOTOGRAPHS OF THE EVENT



Speaker Dr Neena M. Moitra addressed the students



Students took active part in the lecture





Inderprastha Dental College & Hospital

ATTENDANCE



Inderprastha Dental College & Hospital
46/1, Site IV, Industrial Area, Sahibabad
Ghaziabad-201010 (U.P.)

LECTURE ON- "IMPROVEMENT BEGINS WITH "I""

ATTEDANCE LIST

S.NO	NAME	SIGNATURE
1.	Dr. Swati Jha	Swati
2.	Dr. Priyanka Rani	Priyanka Rani
3.	Dr. Ekta Sharma	Ekta
4.	Dr. Aastha Purohit	Aastha
5.	Dr. Sakshi Babra	Sakshi
6.	Dr. Dipankar Sarkar	Dipankar
7.	Dr. Dipesh Grover	Dipesh
8.	Dr. Priyanka Kumari	Priyanka Kumari
9.	Dr. Samistha Sinha	Samistha Sinha
10.	Dr. Ching Nun Siam	Chingnun Siam
11.	Dr. Sonvita	Sonvita
12.	Dr. Dzuthohulu Thirah	Dzuthohulu Thirah
13.	Dr. Chetan Aggarwal	Chetan
14.	Dr. Aditya Gupta	Aditya
15.	Dr. Anjali Meena	Anjali
16.	Dr. Tushar Tyagi	Tushar
17.	Dr. Teisovinuo Kesiezie	Teisovinuo Kesiezie
18.	Dr. Anudeep Sairal	Anudeep Sairal
19.	Dr. Akshita Arya	Akshita
20.	Dr. Parul Kotwal	Parul
21.	Dr. Anshika Sharma	Anshika
22.	Dr. Anisha Jain	Anisha
23.	Dr. Sunayana Dutta	Sunayana
24.	Dr. Kumari Ritika	Ritika
25.	Dr. Arnab Chandra Goswami	Arnab
26.	Dr. Singh Anu Arvind	Anu Arvind
27.	Dr. Singh Sanaya Mithilesh Kumar	Sanaya Mithilesh Kumar
28.	Dr. Muskan Goel	Muskan
29.	Dr. Tooba Fareed	Tooba
30.	Dr. Aishwarya Jolly	Aishwarya
31.	Dr. Ratika Sawhney	Ratika
32.	Dr. Aashutosh Chhabra	Aashutosh
33.	Dr. Apda Darang	Apda
34.	Dr. Uchit Gupta	Uchit
35.	Dr. Bhawani Singh Meena	Bhawani
36.	Dr. Akash Verma	Akash

DR. RITIK SAHJUA MALHOTRA
ORGANIZING SECRETARY





Inderprastha

Dental College & Hospital

ATTENDANCE



Inderprastha Dental College & Hospital
46/1, Site IV, Industrial Area, Sahibabad.
Ghaziabad-201010 (U.P)

37	Dr. Abhilasha Sinha	Abhilasha
38	Aafreen Naseem	Aafreen
39	Aastha Sinha	Aastha
40	Drishity Kalra	Drishity
41	Garima Sharma	Garima
42	Harshita	Harshita
43	Ila Gupta	Ila
44	Ishita Srivastava	Ishita
45	Kanika Aggarwal	Kanika
46	Karan	Karan
47	Jayanti Aneja	Jayanti
48	Aakanksha	Aakanksha
49	Vanshika Tomar	Vanshika
50	Vanshika Agarwal	Vanshika
51	Vikhyata Sagar	Vikhyata
52	Garvita Chaudhary	Garvita
53	Misha Dua	Misha
54	Nupur Yadav	Nupur
55	Himanshu Dahiya	Himanshu
56	Sonu Singh	Sonu
57	Shweta Chetwal	Shweta
58	Priyanka Anjana	Priyanka
59	Muskan Sethi	Muskan
60	Mitali Bargoji	Mitali
61	Shivangi Verma	Shivangi
62	Adiba Iqbal	Adiba
63	Prakash Singh	Prakash
64	Ridhi	Ridhi
65	Apoorva	Apoorva
66	Avinashika Kumari	Avinashika
67	Rabiya Iqbal	Rabiya
68	Prakshi Sharma	Prakshi
69	Urvashi Chauhan	Urvashi
70	Twinkle Baruah	Twinkle
71	Vedika Singh	Vedika
72	Neha Kumari	Neha
73	Sakshi Anand	Sakshi
74	Sheshayi Roy	Sheshayi
75	Soumya Yadav	Soumya
76	Simran Baloutia	Simran
77	Ragini Kumari	Ragini
78	Neelima Singh	Neelima
79	Kashish Gupta	Kashish

DR. RITIKA AHUJA MALHOTRA
ORGANIZING SECRETARY





Inderprastha

Dental College & Hospital

ATTENDANCE

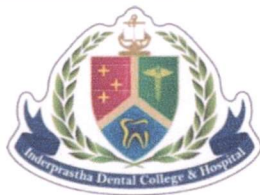


Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

80.	Aditi Vats	<i>Aditi Vats</i>
81.	Shayeri Sen	<i>Shayeri Sen</i>
82.	Ananya Sharma	<i>Ananya Sharma</i>
83.	Parismita Yasmin	<i>Parismita Yasmin</i>
84.	Pallavi Sharma	<i>Pallavi Sharma</i>
85.	Aviral Tripathi	<i>Aviral Tripathi</i>
86.	Riya Dutt	<i>Riya Dutt</i>
87.	Garima Varsh	<i>Garima Varsh</i>
88.	Siddharth	<i>Siddharth</i>
89.	Arpan Srivastava	<i>Arpan Srivastava</i>
90.	Priya Sharma	<i>Priya Sharma</i>
91.	Prachi Grover	<i>Prachi Grover</i>
92.	Disha Arora	<i>Disha Arora</i>
93.	Aanchal Jain	<i>Aanchal Jain</i>
94.	Renu Pal	<i>Renu Pal</i>
95.	Saba Suhail	<i>Saba Suhail</i>
96.	Mamta	<i>Mamta</i>
97.	Manisha Rai	<i>Manisha Rai</i>
98.	Sanjivini	<i>Sanjivini</i>
99.	Muskan	<i>Muskan</i>

DR. RITIKA AHUJA MALHOTRA
ORGANIZING SECRETARY





Inderprastha Dental College & Hospital

CERTIFICATES

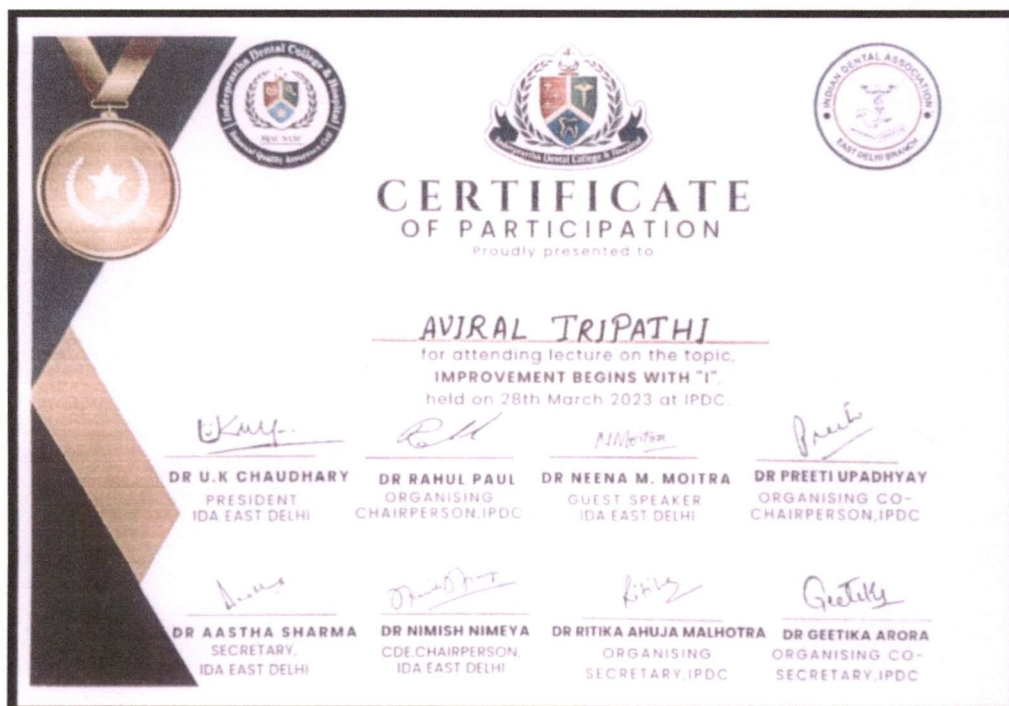


**CERTIFICATE
OF PARTICIPATION**
Proudly presented to

Dr. CHETAN AGGARWAL
for attending lecture on the topic,
IMPROVEMENT BEGINS WITH "I",
held on 28th March 2023 at IPDC.

U.K. RH MM Preethi
DR U.K. CHAUDHARY **DR RAHUL PAUL** **DR NEENA M. MOITRA** **DR PREETI UPADHYAY**
PRESIDENT ORGANISING GUEST SPEAKER ORGANISING CO-
IDA EAST DELHI CHAIRPERSON, IPDC IDA EAST DELHI CHAIRPERSON, IPDC

Aashu Nimish Ritika Geetika
DR AASTHA SHARMA **DR NIMISH NIMEYA** **DR RITIKA AHUJA MALHOTRA** **DR GEETIKA ARORA**
SECRETARY, CDE, CHAIRPERSON, ORGANISING ORGANISING CO-
IDA EAST DELHI IDA EAST DELHI SECRETARY, IPDC SECRETARY, IPDC

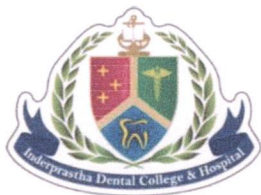


**CERTIFICATE
OF PARTICIPATION**
Proudly presented to

AVIRAL TRIPATHI
for attending lecture on the topic,
IMPROVEMENT BEGINS WITH "I",
held on 28th March 2023 at IPDC.

U.K. RH MM Preethi
DR U.K. CHAUDHARY **DR RAHUL PAUL** **DR NEENA M. MOITRA** **DR PREETI UPADHYAY**
PRESIDENT ORGANISING GUEST SPEAKER ORGANISING CO-
IDA EAST DELHI CHAIRPERSON, IPDC IDA EAST DELHI CHAIRPERSON, IPDC

Aashu Nimish Ritika Geetika
DR AASTHA SHARMA **DR NIMISH NIMEYA** **DR RITIKA AHUJA MALHOTRA** **DR GEETIKA ARORA**
SECRETARY, CDE, CHAIRPERSON, ORGANISING ORGANISING CO-
IDA EAST DELHI IDA EAST DELHI SECRETARY, IPDC SECRETARY, IPDC



Inderprastha Dental College & Hospital

CERTIFICATES



**CERTIFICATE
OF PARTICIPATION**
Proudly presented to

ARPAN SHRIVASTAVA
for attending lecture on the topic,
IMPROVEMENT BEGINS WITH "I",
held on 28th March 2023 at IPDC.


DR U. K. CHAUDHARY
PRESIDENT
IDA EAST DELHI


DR RAHUL PAUL
ORGANISING
CHAIRPERSON, IPDC


DR NEENA M. MOITRA
GUEST SPEAKER
IDA EAST DELHI


DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON, IPDC


DR AASTHA SHARMA
SECRETARY,
IDA EAST DELHI


DR NIMISH NIMEYA
CDE, CHAIRPERSON,
IDA EAST DELHI


DR RITIKA AHUJA MALHOTRA
ORGANISING
SECRETARY, IPDC


DR GEETIKA ARORA
ORGANISING CO-
SECRETARY, IPDC



**CERTIFICATE
OF PARTICIPATION**
Proudly presented to

Dr. Muskan Goel
for attending lecture on the topic,
IMPROVEMENT BEGINS WITH "I",
held on 28th March 2023 at IPDC.


DR U. K. CHAUDHARY
PRESIDENT
IDA EAST DELHI


DR RAHUL PAUL
ORGANISING
CHAIRPERSON, IPDC


DR NEENA M. MOITRA
GUEST SPEAKER
IDA EAST DELHI


DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON, IPDC


DR AASTHA SHARMA
SECRETARY,
IDA EAST DELHI


DR NIMISH NIMEYA
CDE, CHAIRPERSON,
IDA EAST DELHI


DR RITIKA AHUJA MALHOTRA
ORGANISING
SECRETARY, IPDC


DR GEETIKA ARORA
ORGANISING CO-
SECRETARY, IPDC



Inderprastha Dental College & Hospital

CERTIFICATES



CERTIFICATE OF PARTICIPATION

Proudly presented to :

DR. SIDDHARTH

for attending lecture on the topic,
IMPROVEMENT BEGINS WITH "I",
held on 28th March 2023 at IPDC.

DR U.K CHAUDHARY
PRESIDENT
IDA EAST DELHI

DR RAHUL PAUL
ORGANISING
CHAIRPERSON, IPDC

DR NEENA M. MOITRA
GUEST SPEAKER
IDA EAST DELHI

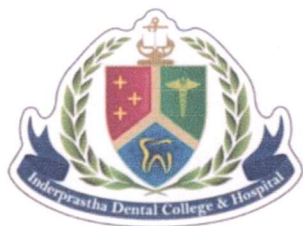
DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON, IPDC

DR AASTHA SHARMA
SECRETARY,
IDA EAST DELHI

DR NIMISH NIMEYA
CDE, CHAIRPERSON,
IDA EAST DELHI

DR RITIKA AHUJA MALHOTRA
ORGANISING
SECRETARY, IPDC

DR GEETIKA ARORA
ORGANISING CO-
SECRETARY, IPDC



Inderprastha

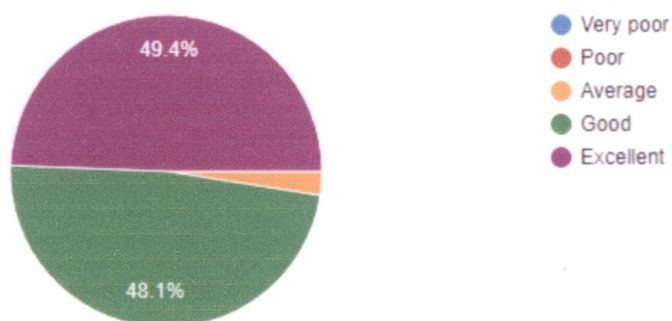
Dental College & Hospital

FEEDBACK REPORT

FEEDBACK FORM OF PERSONALITY DEVELOPMENT PROGRAM ON 'IMPROVEMENT BEGINS WITH I'

How would you rate the experience of the whole program?

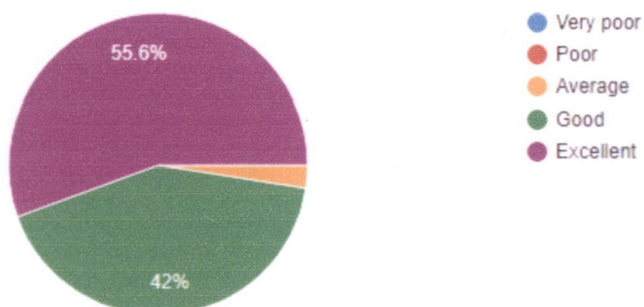
81 responses



Inference: 49.4% of the participants rated the program conducted to be of excellent standards whereas 48.1 % believed the program conducted was good.

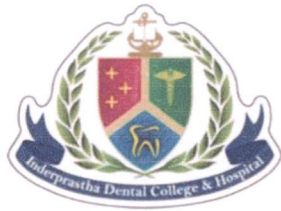
The instructor's effectiveness in teaching the subject matter was :

81 responses



Inference: 55.6% of the participants rated instructor's effectiveness in teaching was of excellent standards whereas 42% reported the teaching was good.



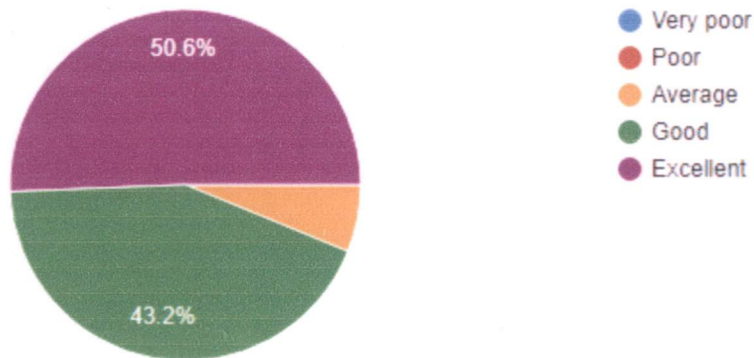


Inderprastha

Dental College & Hospital

Clarity of the instructor's voice was :

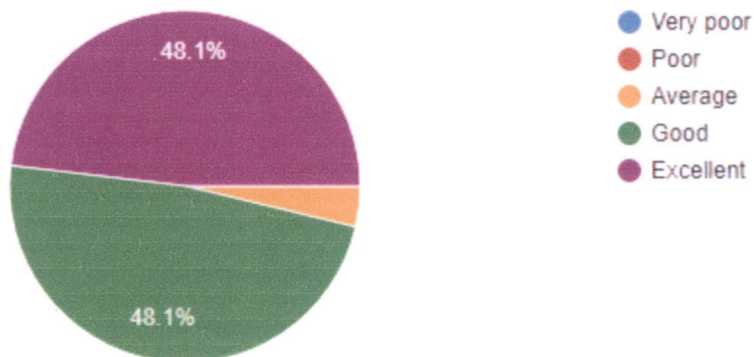
81 responses



Inference: 50% of the participants rated the clarity of instructor voice to be of excellent standards.

How would you rate the program experience?

81 responses



Inference: 48.1% of the participants responded that the course contents developed were excellent while 48.1% found them to be good.



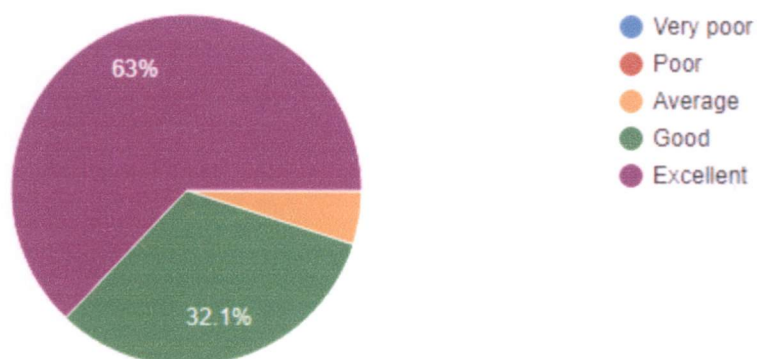


Inderprastha

Dental College & Hospital

Explanations given by the instructor were:

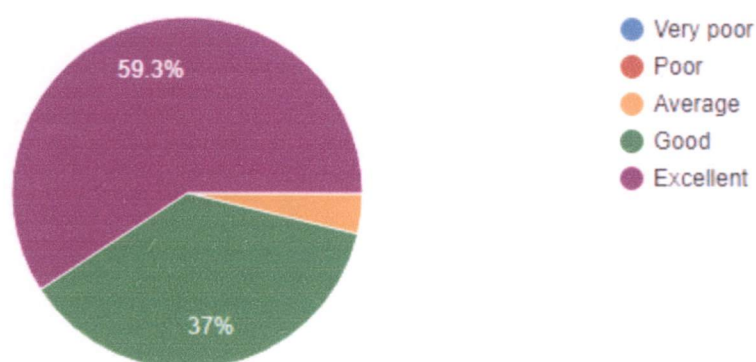
81 responses



Inference: 63% of the participants responded that the explanation delivered were excellent while 32.1% found them to be good.

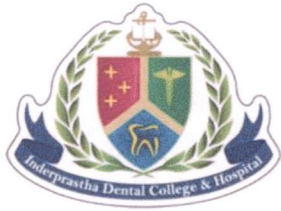
The examples and illustrations use by the instructor for explanation were

81 responses



Inference: 59.3% of the participants rated the examples and illustrations used were excellent while 37% found them to be good.



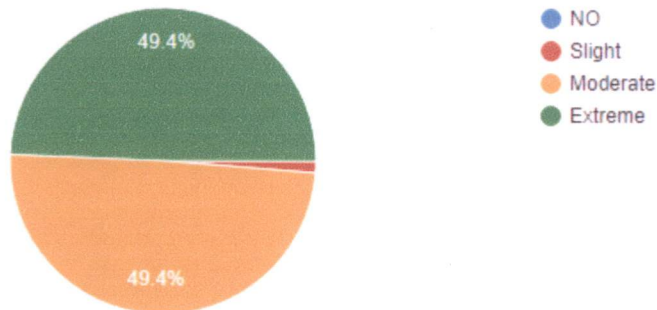


Inderprastha

Dental College & Hospital

Do you think this lecture adds additional knowledge into you regarding personality development?

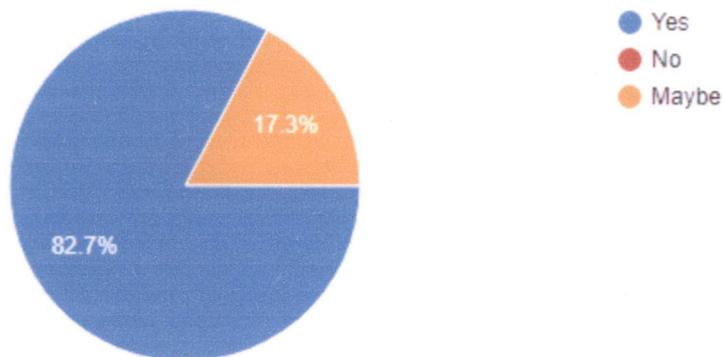
81 responses



Inference: 49.4% of the participants responded that the lecture added extreme knowledge to their personality while rest 49.4% believed it moderately modified their personality development.

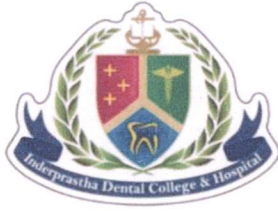
Will you be able to take up challenges in future?

81 responses



Inference: 82.7 % of the participants responded that this lecture will help them in taking challenges in future.



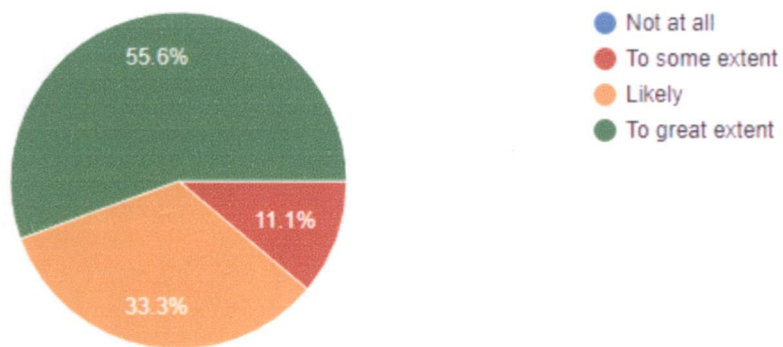


Inderprastha

Dental College & Hospital

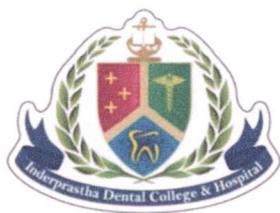
Will the gained knowledge would help you in the future practice?

81 responses



Inference: 55.6% of the participants responded that the lecture delivered would help them to gain knowledge that will aid them in their future practice.





Inderprastha

Dental College & Hospital

REPORT OF STRESS MANAGEMENT PROGRAM

1.	GUEST SPEAKER	DR. SHAMA BATRA
2.	DATE	27 TH MARCH, 2023
3.	TIME	11.00 AM ONWARDS
4.	VENUE	IPDC, LT-2
5.	NO. OF HOUR	3 HRS
6.	NO. OF PARTICIPANTS	100
7.	ORGANISING SECRETARY	DR. MANISH BHALLA,

OBJECTIVE:

The objective of the program was to prompt each and every people present in the lecture hall regarding better mental health and aid to lead a stress free life. In this session the guest had given tips regarding how to secure mental stability and what are there pros.

OUTCOME:

By the end of program, as a result all the listeners were sincerely inspired and all of them took oath to follow the healthy habits for a their stress management and for good mental health.



DR. MANISH BHALLA
ORGANISING SECRETARY



Inderprastha Dental College & Hospital

REPORT OF STRESS MANAGEMENT PROGRAM

Stress management offers a range of strategies to help you better deal with stress and difficulty (adversity) in people's life. Managing stress can help you lead a more balanced, healthier life. Stress is an automatic physical, mental and emotional response to a challenging event. It's a normal part of everyone's life.

Here the lecture on stress management were taken by Dr. Shama Batra, which was very informative and practical with our day to day life. Although this topic has always a part of interest among all the age groups and this lecture had helped most the audience present over there. The lecture had basically emphasised on the daily routine and ways to improve mental health. Few tips were discussed to manage stress and reduce the overall stress of our normal day life activities like by using guided meditation, practicing deep breathing, maintain physical exercise and good nutrition, managing social media time, and connecting with others.

Speaker also accentuated over few strategies for coping with stress like avoid, alter, accept and adapt over the situations over life and by the end of lecture each audience had shown keenness towards better life, self care.



DR. MANISH BHALLA

ORGANISING SECRETARY



Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/33

Date: -24.03.2023

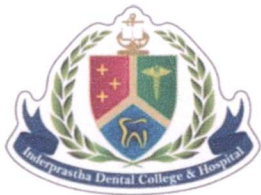
NOTICE

This is to inform that a Lecture on "Stress Managment" is being organised by college. The programme will be held on 27.3.23 from 10.00 am onwards. The lecture will be delivered by eminent Guest Speaker Respected Dr. Shama Batra. All 1st year and 2nd year BDS students must attend the programme and make it successful

Dr. Rahul Paul
(Principal)

Cc.: Secretary & Jt. Secretary
Registrar
Manager Administrator
Accounts
All Dental Departments





Inderprastha

Dental College & Hospital

BROCHURE

Self-care is essential for mental health. Take time for yourself to do things you enjoy.

Eat a Balanced Diet: A healthy diet can improve mood and energy levels. Eating a balanced diet with plenty of fruits, vegetables, whole grains, and lean proteins can help support mental health.

Get Enough Sleep: Sleep is essential for mental and physical health. Lack of sleep can lead to mood swings, anxiety, and depression. Aim for 7-8 hours of sleep each night and try to establish a regular sleep routine.

Connect with Others: Social connections are essential for mental health. Having people to talk to and spend time with can reduce stress and anxiety. Join clubs or organizations that interest you, volunteer for a cause you care about, or attend community events.

Manage Stress: Stress can cause anxiety and depression, and it's important to find healthy ways to manage it. Try deep breathing exercises, meditation, yoga, or other relaxation techniques. Exercise is also a great way to manage stress.



STRESS MANAGEMENT

MENTAL HEALTH PROGRAMME



DR SHAMA BATRA
MD, FICOG
Medical Superintendent
at Patel Hospital

📅 27TH MARCH 2023

📍 LT-2, IPDC

🕒 11 A.M ONWARDS



It's crucial to take care of your mental health to lead a happy and fulfilling life.

ORGANISING TEAM



DR. RAHUL PAUL
ORGANISING CHAIRPERSON



DR. PREETI UPADHYAY
ORGANISING
CO-CHAIRPERSON



DR. MANISH BHALLA
ORGANISING SECRETARY



DR. RITIKA AHUJA MALHOTRA
ORGANISING
CO-SECRETARY



DR. SHRADHA SAIKIA
EVENT COORDINATOR

FOR QUERIES -
8178907730

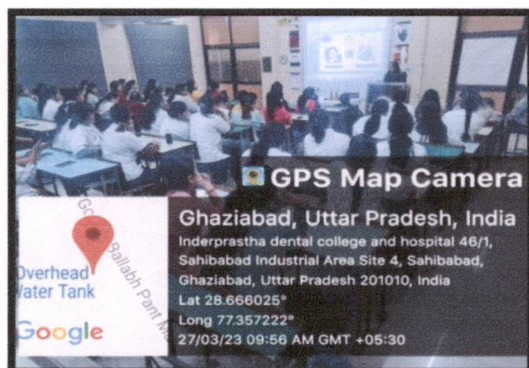




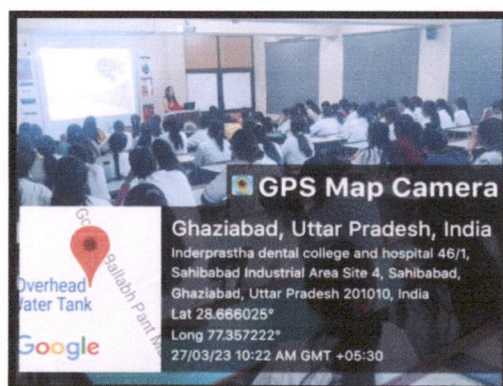
Inderprastha Dental College & Hospital

PHOTOGRAPHS OF THE EVENT

Introduction of Speaker



Speaker Dr Shama Batra addressed the students





Inderprastha

Dental College & Hospital

ATTENDANCE



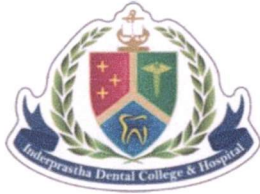
Inderprastha Dental College & Hospital
46/1, Site IV, Industrial Area, Sahibabad
Gharuabad - 201010 (U.P.)

List of students participated in - STRESS MANAGEMENT

S.N O.	Name of Students	Signature of Attendees- 27 th March 2023
1.	Harshita	
2.	Aditya Sharma	
3.	Shashwat Singh	
4.	Suma Rani Halder	
5.	Ishita Srivastava	
6.	Mansi Kumari	
7.	Umang Makkar	
8.	Avni Malhotra	
9.	Annanya Rajvanshi	
10.	Ishita Rai	
11.	Anjali Aggarwal	
12.	Niyati Anand	
13.	Sakshi Gupta	
14.	Chhaya Gupta	
15.	Harshveen Kaur	
16.	Roshni Das	
17.	Surbhi	
18.	Ravnoor	
19.	Kashish Gupta	
20.	Md. Faisal	
21.	Kartik Tyagi	
22.	Lakshay Kasana	
23.	Vinay Singh	
24.	Hafsa Kafeel	
25.	Bobby	
26.	Raghav Thapar	
27.	Apurva	
28.	Vasudha Sharma	
29.	Maryam Zaidi	
30.	Lakshya Garg	
31.	Ayan Fatima	
32.	Arshi Malik	
33.	Ritika Gupta	
34.	Kanishka Panwar	
35.	Shikha Vats	



Dr. Manish Bhalla
Organizing Secretary



Inderprastha

Dental College & Hospital

ATTENDANCE

36.	Khushi Anuja	Khushi
37.	Riya Sinha	Riya
38.	Gaurav Singh	Gaurav
39.	Aditi Yadav	Aditi
40.	Sneha Sreeta Pradhan	Sneha
41.	Rashika Gupta	Rashika
42.	Muskan Saxena	Muskan
43.	Saksham Bawa	Saksham
44.	Ankita-1	Ankita
45.	Kashish	Kashish
46.	Shubham Bajaj	Shubham
47.	Lallawmzuali	Lallawmzuali
48.	Shruti Keshri	Shruti
49.	Khushi Sharma 1	Khushi
50.	Kushika Walia	Kushika
51.	Akshita Shaw	Akshita
52.	Pragya Dabas	Pragya
53.	Nikki Kumari	Nikki
54.	Aman	Aman
55.	Khushi Sharma 2	Khushi
56.	Tarun Kumar	Tarun
57.	MedongunuoSogotsu	Medongunuo
58.	PriyanshuVashisth	Priyanshu
59.	Shrestha Mishra	Shrestha
60.	Sahil Malik	Sahil
61.	Vashvi Sharma	Vashvi
62.	Saharsh Sandeep Malhotra	Saharsh
63.	Vihaan Singh Dhami	Vihaan
64.	Harshita Yadav	Harshita
65.	Md Shahid	Md Shahid
66.	Piyush Shanker Saha	Piyush
67.	Ishika Pal	Ishika
68.	Aditi Anand	Aditi
69.	Yusra Saifi	Yusra
70.	Gaurav Choudhary	Gaurav
71.	Subham Garai	Subham
72.	Tirthankar Chowdhury	Tirthankar
73.	Kriti Kumari	Kriti
74.	Neha Jayant	Neha
75.	Saurav Prakash	Saurav
76.	Shanu Kumari	Shanu
77.	Ayush	Ayush
78.	Palak Pipal	Palak
79.	Rana Gaurav	Rana
80.	Aaliya Allam	Aaliya
81.	Riya Vats	Riya
82.	Ankita -2	Ankita
83.	Pooja Kasana	Pooja



Dr. Manish Bhalla
Organizing Secretary



Inderprastha

Dental College & Hospital

ATTENDANCE

84.	Ananya Raj	Ananya Raj
85.	Avantika Yadav	Agadav
86.	Kumkum Pandey	Kumkum Pandey
87.	Deepak Yadav	Deepak
88.	Tripti Sharma	Tripti
89.	Isha Goyal	Isha
90.	Arpita Singh	Arpita
91.	Safali Rahman	Safali Rahman
92.	Sana Naseem	Sana Naseem
93.	Shadan Shakir	Shadan
94.	Arpita Pandey	Arpita
95.	Eshita Mishra	Eshita
96.	Bharat Bailan	Bharat
97.	Deepanshi Saklani	Deepanshi
98.	Maanvi	Maanvi
99.	Kashish Bhambhani	Kashish Bhambhani
100.	Arya	Arya
101.	Abhivansh Jha	Abhivansh
102.	Reetika Singh	Reetika
103.	Sana Dhawan	Sana Dhawan
104.	Anirudh Gaur	Anirudh
105.	Maulik Kathuria	Maulik
106.	Warisha	Warisha
107.	Heena Khan	Heena
108.	Palak Shrivastava	Palak
109.	Lakshit Gupta	Lakshit
110.	Krrish Wadhawan	Krrish
111.	Pranjal Dhyani	Pranjal
112.	Sanskriti Saxena	Sanskriti
113.	Supriya	Supriya
114.	Fakhta Shaheen	Fakhta Shaheen
115.	Anshika Bhargava	Anshika
116.	Mohd Shoaib	Mohd Shoaib
117.	Muskan Kumari	Muskan
118.	Priyanka	Priyanka
119.	Madeccha Rais	Madeccha
120.	Rimsha Amrin	Rimsha
121.	Akshita Shanker	Akshita
122.	Dolly Arora	Dolly
123.	Shivani Singh	Shivani Singh
124.	Annie Taneja	Annie
125.	Shreya Kaushik	Shreya
126.	Sangwi Sinha	Sangwi
127.	Anshika Yadav	Anshika
128.	Dhruv Shukla	Dhruv
129.	Toinoli V Zhimomi	Toinoli
130.	Kashish Vinod Gupta	Kashish
131.	Shekinali K. Achumi	Shekinali



Dr. Manish Bhalla
Organizing Secretary



Inderprastha

Dental College & Hospital

ATTENDANCE

132.	Manasvi Aggarwal	Manasvi
133.	Ankit Varshney	Ankit
134.	Ayush Kumar	Ayush
135.	Anamta Saifi	Anamta
136.	Neha Kumari	Neha Kumari
137.	Aaliya Shahreen	Aaliya
138.	Ayati Sharma	Ayati
139.	Saumya Vatsa	Saumya
140.	Gurleen Kaur	Gurleen Kaur
141.	Kelvin Saurav Kamal	Kelvin
142.	Vidhi Jain	Vidhi
143.	Kartik Aggarwal	Kartik
144.	Kartik	Kartik
145.	Shruti Varshney	Shruti
146.	Eram Fatma	Eram Fatma
147.	Dewansh Arora	Dewansh
148.	Vrinda Dhamija	Vrinda
149.	Dr. Rahul Paul	Dr. Rahul Paul
150.	Dr. Preeti Upadhyay	Dr. Preeti Upadhyay
151.	Dr. Manish Bhalla	Dr. Manish Bhalla
152.	Dr. Geetika Arora	Dr. Geetika Arora
153.	Dr. Ritika Ahuja Malhotra	Dr. Ritika Ahuja Malhotra
154.	Dr. Trisha Rastogi	Dr. Trisha Rastogi
155.	Dr. Preeti Sharma	Dr. Preeti Sharma
156.	Dr. Nikhil Puri	Dr. Nikhil Puri

Dr. Manish Bhalla
Organizing Secretary

Dr. Manish Bhalla



Inderprastha

Dental College & Hospital

CERTIFICATES



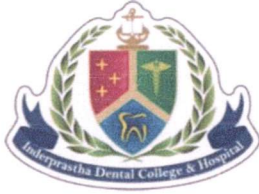


Inderprastha

Dental College & Hospital

CERTIFICATES





Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE OF PARTICIPATION



PROUDLY PRESENTED TO

Shreya Kaushik

FOR ATTENDING LECTURE ON THE TOPIC STRESS
MANAGEMENT HELD ON 27 MARCH 2023 AT IPDC

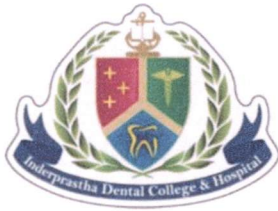
Shama
DR SHAMA BATRA
OUR GUEST SPEAKER

RH
DR RAHUL PAUL
ORGANISING CHAIRPERSON

Preeti
DR PREETI UPADHYAY
ORGANISING CO-CHAIRPERSON

Manish
DR MANISH BHALLA
ORGANISING SECRETARY

Ritika
DR RITIKA AHUJA MALHOTRA
ORGANISING CO-SECRETARY



Inderprastha

Dental College & Hospital

FEEDBACK REPORT

FEEDBACK FORM OF PERSONALITY DEVELOPMENT PROGRAM ON 'STRESS MANAGEMENT'

How would you rate the program experience?

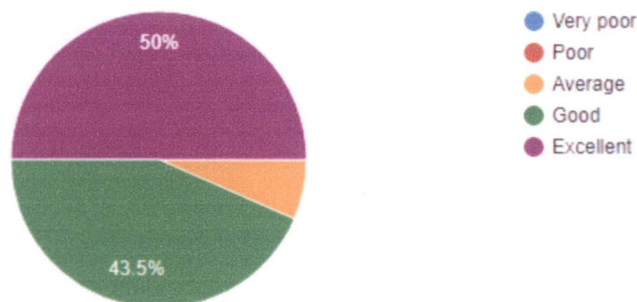
46 responses



Inference: 50% of the participants rated the program conducted to be of excellent standards.

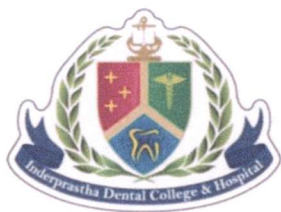
How would you rate the content of the course

46 responses



Inference: 50% of the participants responded that the course contents developed were excellent while 43.5% found them to be good.



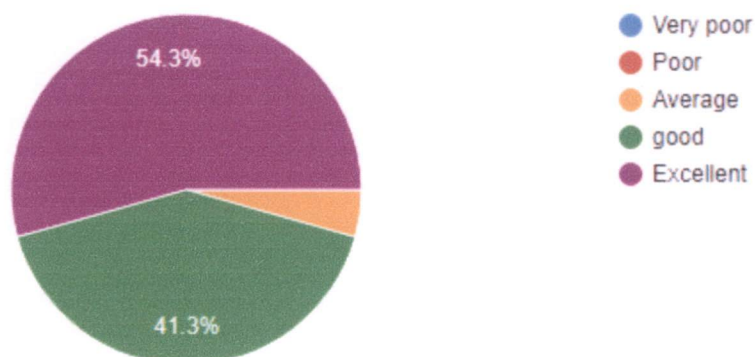


Inderprastha

Dental College & Hospital

How would you rate the resource person?

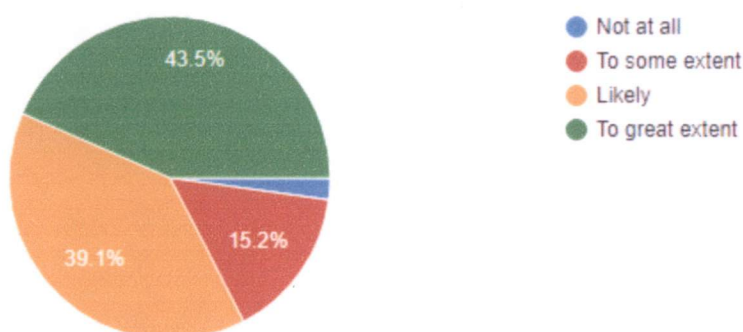
46 responses



Inference: 54.3% of the participants rated the resource person for the program to be excellent.

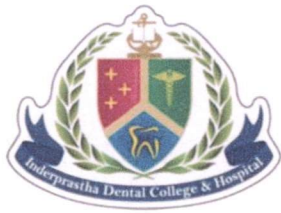
Will the knowledge gained, will have impact in your future practice?

46 responses



Inference: 43.5% of the participants found the knowledge asserted through the program to be helpful and to be of potential to improve their future practice, while a few participants did not find them to be that much helpful.





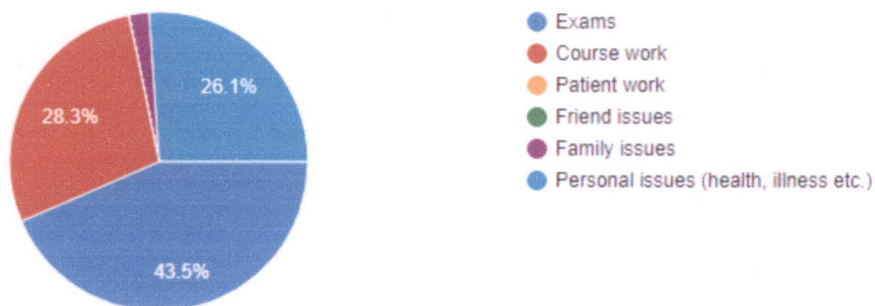
Inderprastha

Dental College & Hospital

What according to you causes the most stress in a day to day life style?



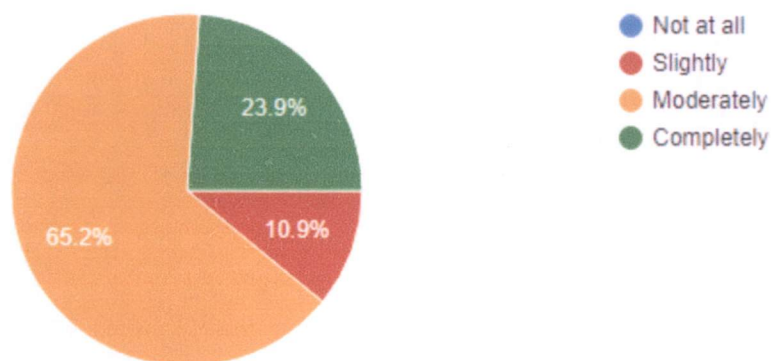
46 responses



Inference: 43.5% of the participants revealed that examinations were the main cause of stress in their day-to-day routine, and other factors for some participants included Course work, personal & family issues to be the causes of stress.

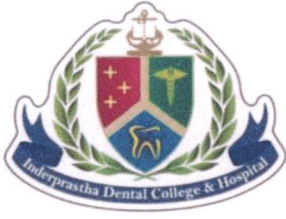
How far will you be able to manage stress after this program?

46 responses



Inference: Majority of the participants (65.2%) responded that the program will be moderately helpful for them to manage stress in their lives, whereas 23.9% of the participants found the program to be helpful in completely managing stress in their day-to-day routine.





Inderprastha

Dental College & Hospital

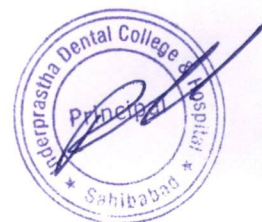
REPORT ON WORLD TUBERCULOSIS DAY CELEBRATION

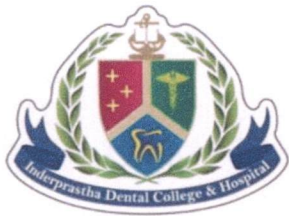
ON 24TH MARCH 2023

World Tuberculosis Day is observed on March 24 each year to raise public awareness and understanding about one of the infectious diseases - Tuberculosis. As per the WHO report 2022, India had an estimated 3 million new cases of tuberculosis and over half a million deaths from the disease. The patients who are affected by TB will suffer physically, emotionally, socially and economically. There is a need for creating awareness among the general public and health care professionals on tuberculosis management and its prevention.

On the occasion of World Tuberculosis Day, Public Health Dentistry Department celebrated the day on 24th March 2023, by taking part in rally organized by Primary Health Centre, Sahibabad. The Rally was started from CISF till to Indirapuram. Afterwards, Interns of Inderprastha Dental College performed a NUKKAD NATAK on topic about the TB, its symptoms, diagnostic tests, treatment and preventions.

We thank our honourable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event and also to all the doctors of PHD and Interns who make this event successful under the guidance of **Dr Geetika Arora**, HOD, Public Health Dentistry





Inderprastha

Dental College & Hospital

Rally by all the doctors



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India
J9PH+8XP, Indirapuram, Ghaziabad, Uttar Pradesh
201014, India
Lat 28.635458°
Long 77.379938°
24/03/23 10:23 AM GMT +05:30



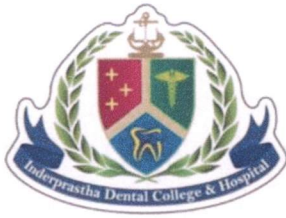
GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India
J9PH+8XP, Indirapuram, Ghaziabad, Uttar Pradesh
201014, India
Lat 28.635458°
Long 77.379938°
24/03/23 10:25 AM GMT +05:30

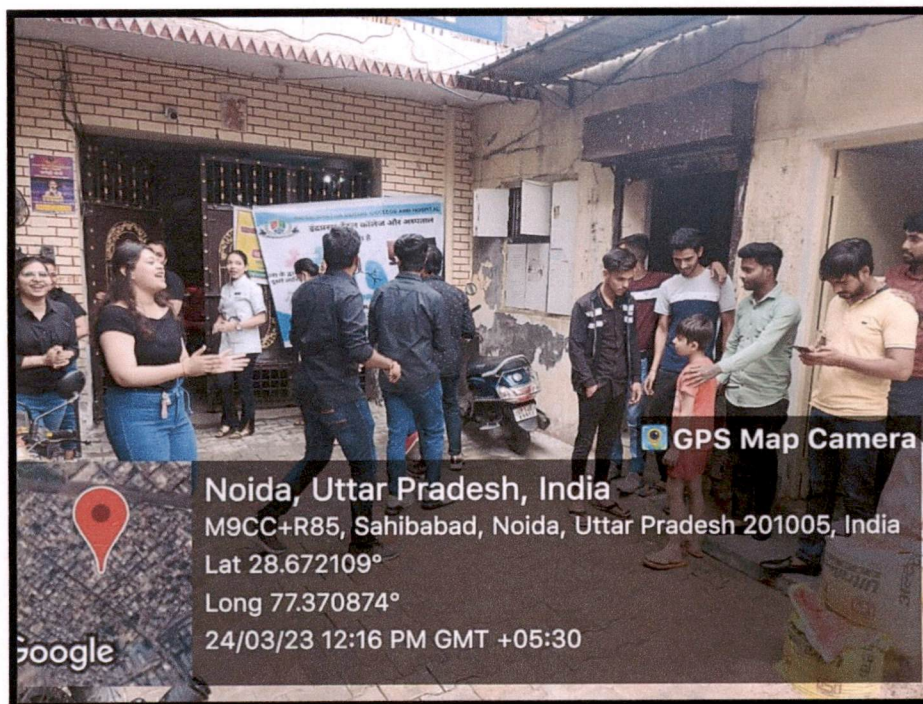
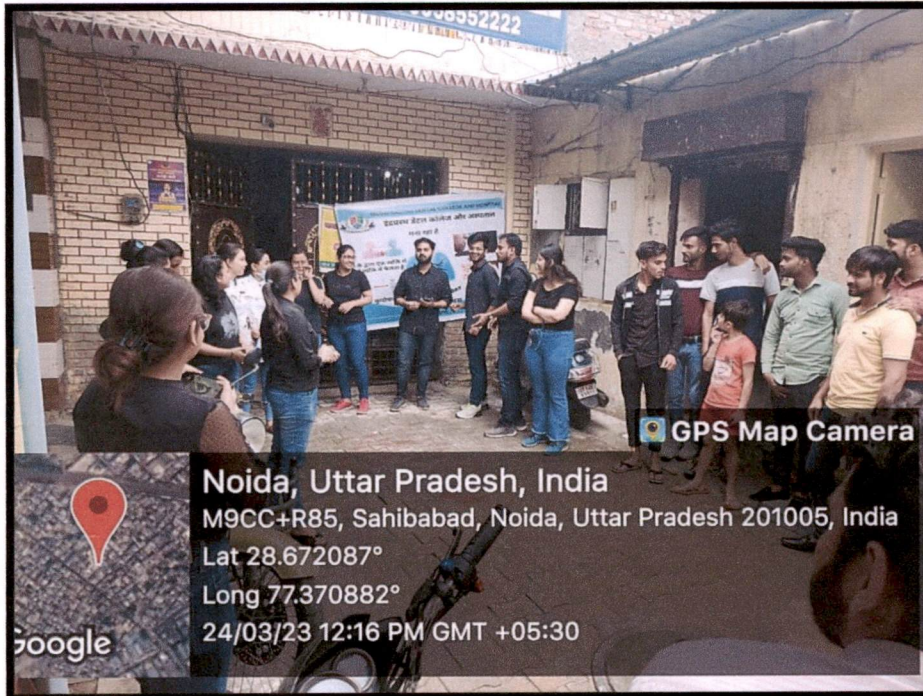


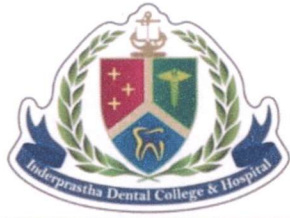


Inderprastha

Dental College & Hospital

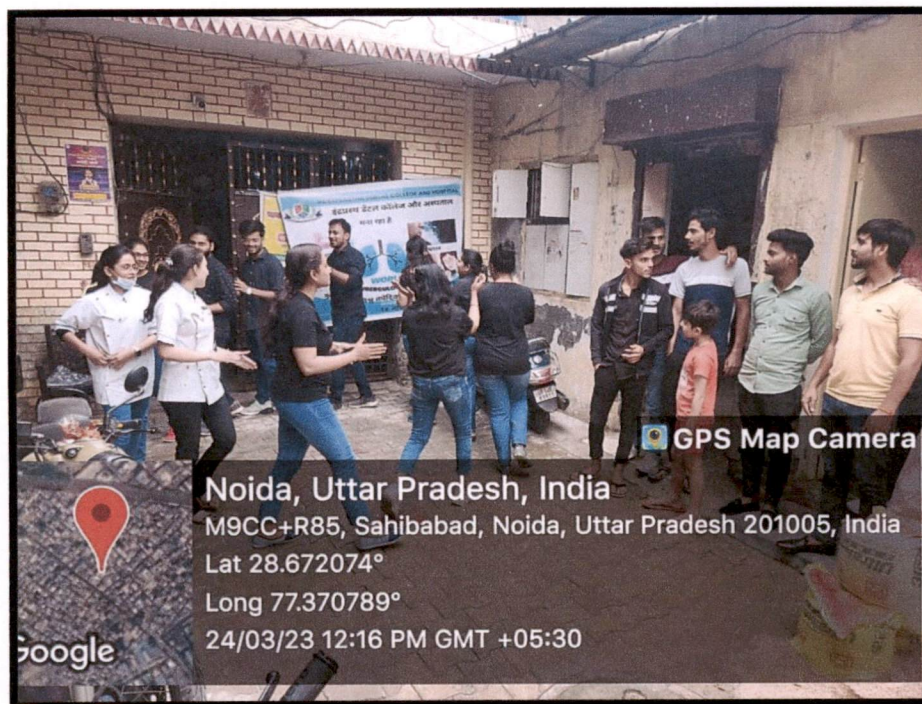
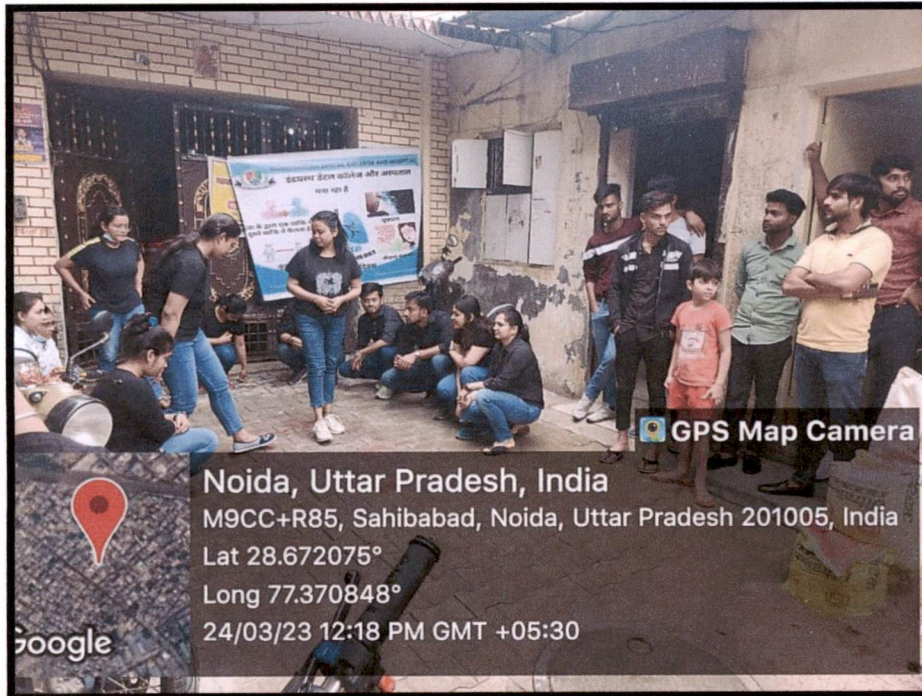
NUKKAD NATAK

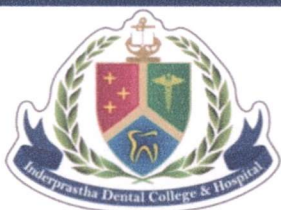




Inderprastha

Dental College & Hospital





Inderprastha

Dental College & Hospital

Program Summary

International Women's Day

1.	GUEST SPEAKER	DR. ABHA ARORA
2.	DATE	7 TH MARCH 2023
3.	TIME	9:30 AM
4.	VENUE	INDERPRASTHA DENTAL COLLEGE, COURTYARD
5.	NO. OF HOUR	4 HOURS
6.	NO. OF PARTICIPANTS	100
7.	ORGANIZING COMMITTEE	DR. RAHUL PAUL, DR. PREETI UPADHYAY, DR. MANISH BHALLA, DR. MAYURA PAUL, DR. RITIKA AHUJA MALHOTRA


OBJECTIVE:

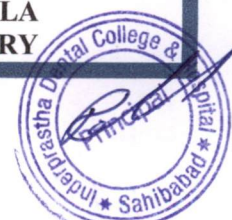
Inderprastha dental college and hospital & Department of pediatric and preventive dentistry has organized a lecture program on the occasion of International women's day on 7th march 2023 and the topic was **Unveiling The Mystery Of Women's Soul.**

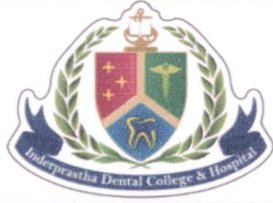
The objective of the lecture was to motivate the women society to have faith in herself and to keep going to achieve their goals and adhere happiness of their life. The lecture had also motivated the women to believe that no matter what difficulties and bad circumstances came in their life they must follow their passion along with keeping themselves fit and healthy.

OUTCOME:

By the end of the lecture all the women present in the hall felt self motivated and pledged for the self love and self help.


DR. MANISH BHALLA
ORGANIZING SECRETARY





Inderprastha

Dental College & Hospital

Program Report

International Women's Day – 07.03.23

International Women's Day (March 8) is a global day celebrating the social, economic, cultural, and political achievements of women. The day brings attention to the women's rights movement, gender equality issues, women's reproductive rights, women's achievements in various fields, and violence and abuse against women.

This lecture on international women's day brings a comprehensive understanding of women's right.

Lecture focused on the ways to keep them healthy and emotionally strong and audience showed keen interest towards the tips given in the lecture for better life. Speaker showed great enthusiasms during delivering the lecture and was understandable to the audience. Speaker used various feasible examples to make lecture quite interesting and binds the audience very well during the whole lecture time.

By the end of the session. the whole audience in the lecture hall was quite overwhelmed and pledged to take care of themselves and focus on mental health.

Dr. Manish Bhalla
Organizing Secretary





Inderprastha

Dental College & Hospital

Notice



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/27

Date: -04.03.2023

NOTICE

All Women Faculty members, PG students and Interns are hereby informed to attend a lecture on the topic "Unveiling the Mystery of Women's Soul" on the occasion of International Women's Day on 7th March 2023 at 09.30 am in LT-2.

All the Faculty Members are hereby informed that Women's Day celebration will commence from 12:30 pm in quadrangle in front of Oral Path Department. All faculty is requested to attend the program and make it successful.


Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
Registrar
All Dental & Medical Departments
Notice Board





Inderprastha

Dental College & Hospital

Brochure



Lets Celebrate WOMENHOOD!!!

ORGANISING SQUAD

ORGANISING CHAIRPERSON
DR RAHUL PAUL

ORGANISING CO-CHAIR PERSON
DR PREETI UPADHYAY

ORGANISING SECRETARY
DR MANISH BHALLA

ORGANISING CO-SECRETARY
DR MAYURA PAUL



"Unveiling the Mystery of Women's Soul"



DR ABHA ARORA
MBBS, ACPSC (Advanced Diploma in Psychological Counseling), M.S. (Master in Psychology), Ex-Financial Secretary MAE, Ex-Executive Member of East Delhi Gynaecological Forum

VENUE- LT - 2, IPDC
TIME- 10:00 AM ONWARDS

Happy International Women's Day!

*"The world needs strong women.
Women who will lift and build
others, who will love and be loved,
women who live bravely, both tender
and fierce, women of indomitable
will."*

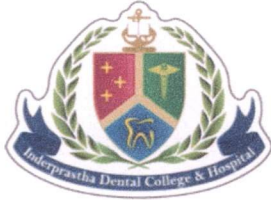


☎ 9953860700 📍 IPDC, COURTYARD

Let's celebrate our individuality
and embrace our differences.







Inderprastha

Dental College & Hospital

Attendance

ATTENDANCE LIST

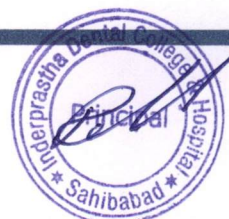
International women's day

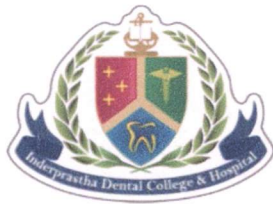
Topic -Unveiling The Mystery Of Women's

S.No	NAME	SIGNATURE
1.	Dr.Kalyani Bhargava	K Bhargava
2.	Dr.Dakshita Joy Sinha	D Joy Sinha
3.	Dr.Geetika Arora	Geetika
4.	Dr.Preeti Sharma	Preeti
5.	Dr.Sonam Khurana	SK
6.	Dr.Deepti Yadav	Deepti
7.	Dr.Preeti Upadhyay	Preeti
8.	Dr.Pragya Tripathi	Pragya
9.	Dr.Mayura Paul	Mayura
10.	Dr.Ritika Ahuja Malhotra	Ritika
11.	Dr.Mudita Gupta	Mudita
12.	Dr.Vandana Gulia	Vandana
13.	Dr. Nidhi Sharma	Nidhi
14.	Dr. Trisha Rastogi	Trisha
15.	Dr.Komal Punia	Komal



Manish
DR MANISH BHALLA
ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

Attendance

16.	Dr. Komal Punia	Komal
17.	Dr. Isha saxena	Isha
18.	Dr. Mansi Dahiya	Mansi
19.	Dr. Heena Ahuja	Heena
20.	Dr. Sowagata Laxmi Barua	Sowagata
21.	Dr. Heena Gandhi	Heena
22.	Dr. Neha Verma	Neha Verma
23.	Dr. KirtiRathi	Kirti
24.	Dr. Mitali Jain	Mitali
25.	Dr. Kannu Sharma	Kannu
26.	Dr. Palkin Mehta	Palkin
27.	Dr. Afreen Jan	Afreen
28.	Dr. Akanksha Garg	Akanksha
29.	Dr. Shraddha Saikia	Shraddha
30.	Dr. Ankita Gupta	Ankita
31.	Dr. Rashi Adhikari	Rashi
32.	Dr. Anamika Singh	Anamika
33.	Dr. Kavita Pal	Kavita
34.	Dr. Ruchi Sarswat	Ruchi
35.	Dr. Gurbeer Kaur	Gurbeer
36.	Dr. Heeba Khan	Heeba
37.	Dr. Ketki	Ketki
38.	Dr. Swati Jha	Swati
39.	Dr. Isha Singh	Isha



DR. MANISH BHALLA
ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

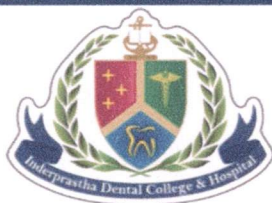
Attendance

40.	Dr. Priyanka Rani	<i>Priyanka Rani</i>
41.	Dr. Sunayana Dutta	<i>Sunayana Dutta</i>
42.	Dr. Sonvita Debnath	<i>Sonvita Debnath</i>
43.	Dr. Dzunthohulu Thirah	<i>Tirah</i>
44.	Dr. Deepika	<i>Deepika</i>
45.	Dr. Parul Kothwal	<i>Parul Kothwal</i>
46.	Dr. Teisoviuuo	<i>Teisoviuuo</i>
47.	Dr. Sneha Priya	<i>Sneha Priya</i>
48.	Dr. Anamika Battacharya	<i>Anamika Battacharya</i>
49.	Dr. Jayati Pandey	<i>Jayati Pandey</i>
50.	Dr. Rashmeet	<i>Rashmeet</i>
51.	Dr. Anisha Jain	<i>Anisha Jain</i>
52.	Dr. Priya Sarraf	<i>Priya Sarraf</i>
53.	Dr. Ishita Malhotra	<i>Ishita Malhotra</i>
54.	Dr. Nikita	<i>Nikita</i>
55.	Dr. Anisha Deb	<i>Anisha Deb</i>
56.	Dr. Lakshika Sharma	<i>Lakshika Sharma</i>
57.	Dr. Sheena Jain	<i>Sheena Jain</i>
58.	Dr. Aishwarya Jolly	<i>Aishwarya Jolly</i>
59.	Dr. Anu Singh	<i>Anu Singh</i>
60.	Dr. Kumar iRitika	<i>Kumar iRitika</i>
61.	Dr. Sanaya Singh	<i>Sanaya Singh</i>
62.	Dr. Muskan Goel	<i>Muskan Goel</i>
63.	Dr. Shelly Sharma	<i>Shelly Sharma</i>



Manish
DR. MANISH BHALLA
ORGANISING SECRETARY





Inderprastha

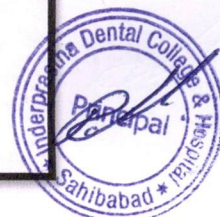
Dental College & Hospital

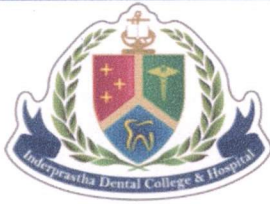
Attendance

64.	Dr. Shweta Sharma	Shweta
65.	Dr. Shivangi Bhatnagar	Shivangi
66.	Dr. Ratika Sawhney	Ratika
67.	Dr. Ching Nun Siam	Chingnun Siam
68.	Dr. Meenakshi Priyavada	Meenakshi
69.	Dr. Anshika Sharma	Anshika
70.	Dr. Tooba Farhad	Tooba
71.	Dr. Apda Darang	Apda
72.	Dr. Priya Kishore	Priya Kishore
73.	Dr. Aastha Purohit	Aastha
74.	Dr. Jyoti Gupta	Jyoti Gupta
75.	Dr. Isha Singh	Isha
76.	Dr. Samistha Sinha	Samistha
77.	Dr. Priyanka Kumari	Priyanka
78.	Humda Saleem	Humda
79.	Shruti Nishad	Shruti Nishad
80.	Rabiya Iqbal	Rabiya Iqbal
81.	Vikhyata Sagar	Vikhyata Sagar
82.	Prachi Grover	Prachi Grover
83.	Vanshika Tomar	Vanshika Tomar
84.	Prakshi Sharma	Prakshi
85.	Twinkle Baruah	Twinkle Baruah
86.	Namrata	Namrata
87.	Garima	Garima



DR. MANISH BHALLA
ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

Attendance

88.	Harshita	<i>Harshita</i>
89.	Drishti kalra	<i>Drishti</i>
90.	Varsha	<i>Varsha</i>
91.	Sanjivini Sarkar	<i>Sanjivini</i>
92.	Shruti Srivastava	<i>Shruti</i>
93.	Saba Suhail	<i>Saba</i>
94.	Renu Pal	<i>Renu Pal</i>
95.	Muskan Singh	<i>Muskan</i>
96.	Kanika Aggarwal	<i>Kanika</i>
97.	Ila Gupta	<i>Ila</i>
98.	Himani Sharma	<i>Himani</i>
99.	Shakeba Hussain	<i>Shakeba</i>
100.	Shiva Gupta	<i>Shiva</i>



Manish
DR MANISH BHALLA
ORGANISING SECRETARY



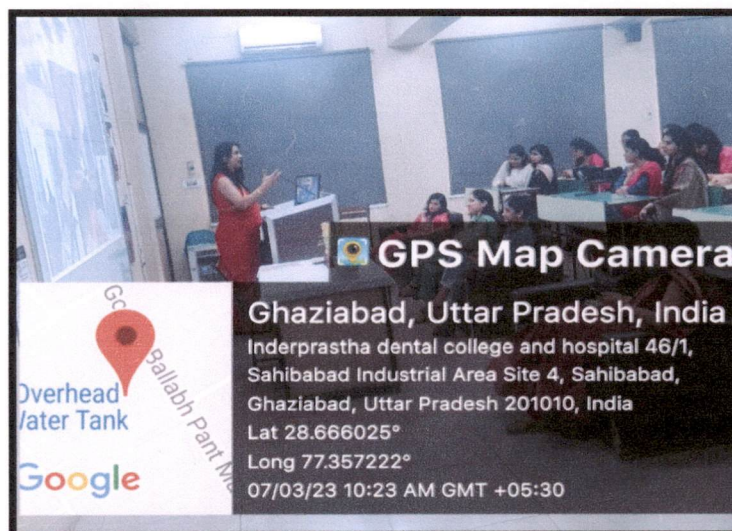
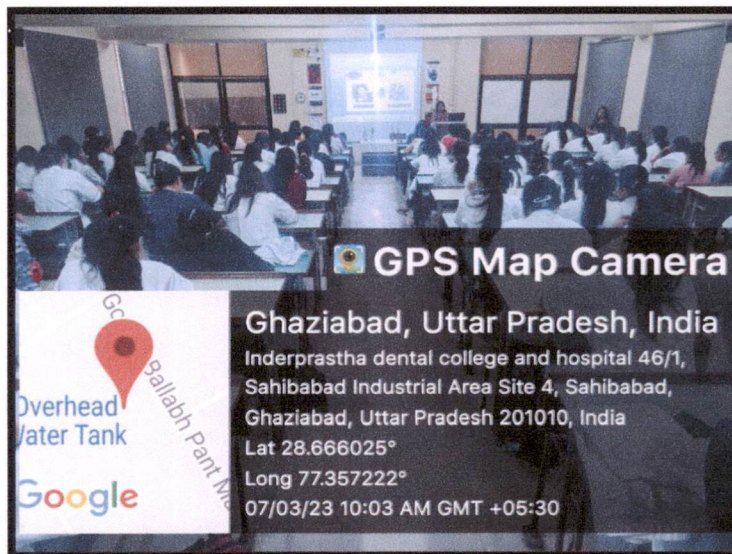


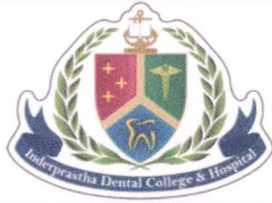
Inderprastha

Dental College & Hospital

Glimpse of Event

Lecture

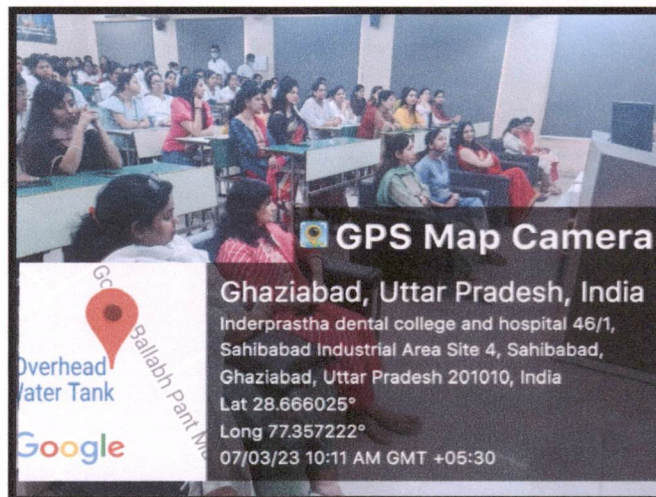




Inderprastha

Dental College & Hospital

Glimpse of Event



Interactive Session



Felicitation



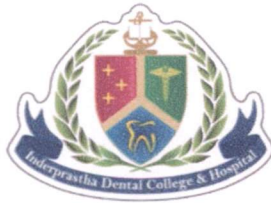


Inderprastha

Dental College & Hospital

Certificates



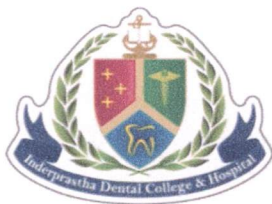


Inderprastha

Dental College & Hospital

Certificates



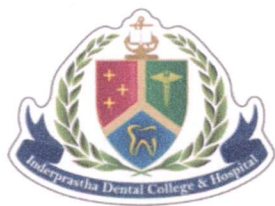


Inderprastha

Dental College & Hospital

Certificates



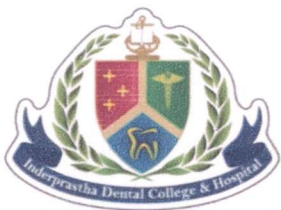


Inderprastha

Dental College & Hospital

Certificates





Inderprastha

Dental College & Hospital

Program Report

Awareness on Women Safety

IPDC conducted a Lecture on “**Awareness on Women Safety**” on **2 March 2023**, in collaboration with the Special Unit of Police, from Lucknow.

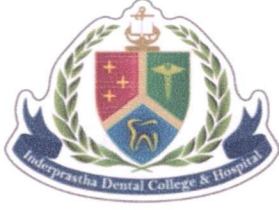
The talk emphasized on the various laws pertaining to women. The special women helpline number 1090 was highlighted during the entire program. The audience was motivated to report cases pertaining to women safety to the helpline number, as the operators will also be women and the identity of the caller is never shared.

The police personnel shared cases that come across in day today life like money laundering, eve teasing, social media abuse etc. and spoke about various measures to be taken for prevention. The participants were also trained for self-defense. The police personnel shared few tips and tricks on self-defense in case of emergency.

The program was attended by a total of 37 female participants.

Dr. Rahul Paul
Principal





Inderprastha

Dental College & Hospital

Notice




Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/ 24B

Date: - 28.02.2023

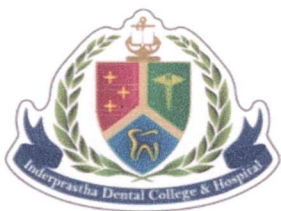
NOTICE

This is to inform that a program on "Awareness on women safety" will be conducted by a Special Unit of Police, from Lucknow on 2nd March 2023 in LT -3
All girls' hostel students have to attend the program.


Dr. Rahul Paul
(Principal)

Cc.: Secretary & Jt. Secretary
Registrar
Girls Hostel
Notice Board





Inderprastha

Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital

46/L, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

Awareness on Women safety

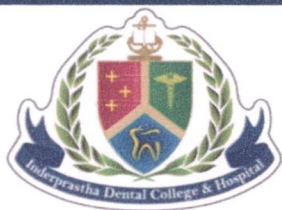
Date - 2.03.2023

S.No.	Name	Signature
1.	Mansi Kumari	Mansi Kumari
2.	Hafsa Kafeel	Hafsa Kafeel
3.	Adini Yadav	Adini
4.	Sneha Sreeta Pradhan	Sneha
5.	Kriti Kumari	Kriti Kumari
6.	Medongunuo	Medongunuo
7.	Lallawmzuali	Lallawmzuali
8.	Ishita Shrivastava	Ishita
9.	Ishita Rai	Ishita
10.	Safali Rahman	Safali Rahman
11.	Kashish Gupta	Kashish
12.	Ananya Raj	Ananya
13.	Kumkam Pandey	Kumkam
14.	Harshita Yadav	Harshita
15.	Arpita Singh	Arpita
16.	Deepanshi	Deepanshi
17.	Sakshi Kumari	Sakshi
18.	Pooja Kasana	Pooja
19.	Kushika Walia	Kushika



Dr. Rahul Paul
Principal





Inderprastha Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

Awareness on Women safety

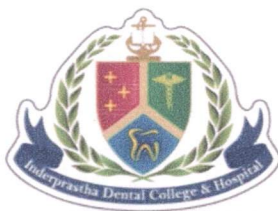
Date - 2.03.2023

20.	Harshita	<i>Harshita</i>
21.	Aaliya Shahreen	<i>Aaliya</i>
22.	Shruti Vashrney	<i>Shruti Vashrney</i>
23.	Amrita Singh	<i>Amrita Singh</i>
24.	Neha Kumari	<i>Neha Kumari</i>
25.	Sangwi Sinha	<i>Sangwi Sinha</i>
26.	Yogita Kushwah	<i>Yogita</i>
27.	Nihira Mani	<i>Nihira Mani</i>
28.	Shivani	<i>Shivani</i>
29.	Sujata Chanchal	<i>Sujata Chanchal</i>
30.	Anjali	<i>Anjali</i>
31.	Madeeha Rais	<i>Madeeha</i>
32.	Toinoli V. Zhimomi	<i>Toinoli</i>
33.	Shekinali K. Achumi	<i>Shekinali</i>
34.	Tingsawinching MaryRose	<i>MaryRose</i>
35.	Akshita Shankar	<i>Akshita</i>
36.	Shivani Singh	<i>Shivani Singh</i>
37.	Eram Fatma	<i>Eram Fatma</i>



Dr. Rahul Paul
Principal





Inderprastha Dental College & Hospital

Glimpse of Event



GPS Map Camera

Ghaziabad, Uttar Pradesh, India

Inderprastha Dental College & Hospital, 22, Sahibabad Industrial

Area Site 4, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.665694°

Long 77.357351°

02/03/23 04:03 PM GMT +05:30

Google

Welcome of Speaker by Dr. Preeti Sharma



GPS Map Camera

Ghaziabad, Uttar Pradesh, India

Inderprastha Dental College & Hospital, 22, Sahibabad Industrial

Area Site 4, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

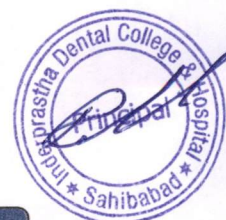
Lat 28.665694°

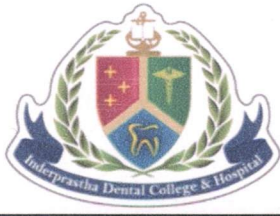
Long 77.357351°

02/03/23 04:16 PM GMT +05:30

Google

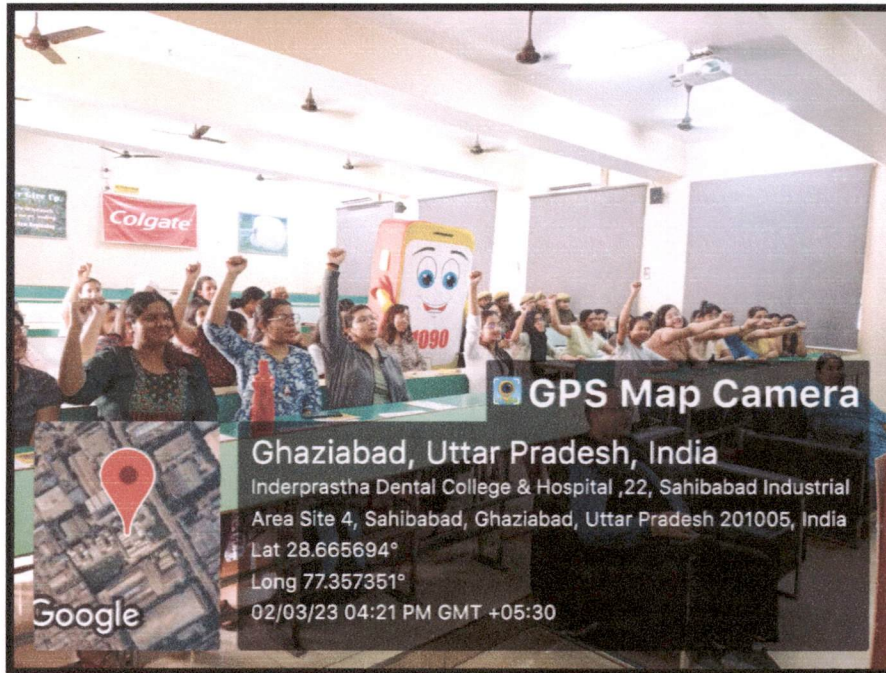
Various Self Defense Techniques being summarized





Inderprastha Dental College & Hospital

Glimpse of Event



Pledge by Students



Various Laws being summarized





Inderprastha

Dental College & Hospital

REPORT ON ZERO DISCRIMINATION DAY CELEBRATION -2023

1	GUEST OF HONOUR	Mrs. Deepi Goel
2	DATE	1-3-2023
3	TIME	9:30 am
4	VENUE	L T-2, IPDC
5	NO. OF HOUR	2 HOURS
6	NO. OF PARTICIPANTS	100
7	ORGANISING SECRETARY	Dr. Geetika Arora

OBJECTIVE: To believe in equality and stay together

OUTCOME: All the student took active participation

Dr. Geetika Arora
ORGANISING SECRETARY





Inderprastha

Dental College & Hospital

REPORT ON ZERO DISCRIMINATION DAY CELEBRATION -2023

On Zero Discrimination Day, 1 March, we celebrate the right of everyone to live a full and productive life—and live it with dignity. Zero Discrimination Day highlights how people can become informed about and promote inclusion, compassion, peace and, above all, a movement for change. Zero Discrimination Day is helping to create a global movement of solidarity to end all forms of discrimination.

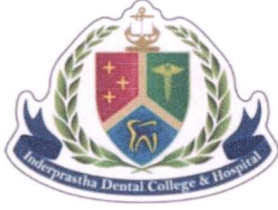
On Zero Discrimination Day this year, under the theme “**Discrimination is manmade**”, Inderprastha Dental College and Hospital has conducted debate competition among 2nd Year BDS and Post Graduate students, at 9:30 AM ,LT-2. The aim of organizing debate competition was to hone the public speaking skills of the students and teach them to be articulate while expressing their thoughts and opinions. The session was the kaleidoscope of opinions, thoughts and perspective that discrimination is made- For and against, among students. There were 4 groups, 2 groups were in favor of for the topic and 2 Groups were in against the topic.

Points presented were accepted by the spectators with cheers and claps. Some of the points even made us think about the facts. There was so much talent in the room. Arguments were made and roved. The competition was so interesting with the exchange of student's perspective by equally stating the merits and demerits of discrimination is manmade. The event was judged by our Chief Guests for the event **Mrs Deepi Goel** (Joint Secretary IPDC), Dr Riyaz Ahmed (Professor Pedodontics, LLRM Medical College, Meerut, Tabulator medical/dental education CCS University) . The Winners of the Competition were:

1. Dr Sonvita Debnath (PG student)
2. Dr Priya Saraf (PG student)
3. Riya Sinha (IInd BDS)
4. Tirthankar Chowdury (IInd BDS)



Dr. Geetika Arora
Organizing Secretary



Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/19

Date: -15.02.2023

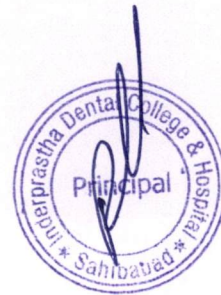
NOTICE

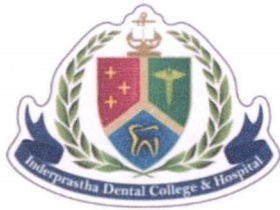
This is to inform all the students of 2nd year BDS and post graduate students that debate competition on the topic "**Discrimination is manmade-Agree Or Disagree**" is being organized on the occasion of Zero Discrimination Day i.e. 1st March'2023 at 9.30 am LT-2.

All the BDS students of 2nd year and Post Graduates must attend the programme and make it successful.

Interested participants are instructed to give their names to Dr Ritika Ahuja Malhotra till 24th Feb'2023.

Dr. Rahul Paul
(Principal)
Copy to:
Cc.: Secretary & Jt. Secretary
Registrar
All Dental & Medical Departments





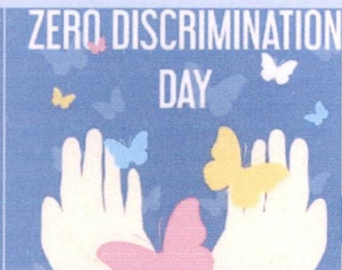


Inderprastha

Dental College & Hospital


Brochure

**INDERPRASTHA DENTAL COLLEGE AND HOSPITAL**




DATE: 1ST MARCH'23
VENUE: LECTURE THEATRE 3
TOPIC: DISCRIMINATION IS MANMADE

CHEIF GUEST




MRS. DEEPI GOEL
Joint Secretary


ORGANISING COMMITTEE




DR. RAHUL PAUL
Organising Chairperson



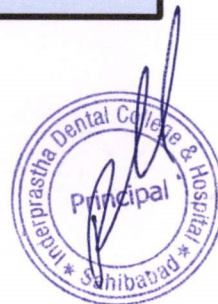
DR. PREETI UPADHYAY
Organising Co-Chairperson



DR. GEETIKA ARORA
Organising Secretary



DR. RITIKA AHUJA MALHOTRA
Organising Co-Secretary



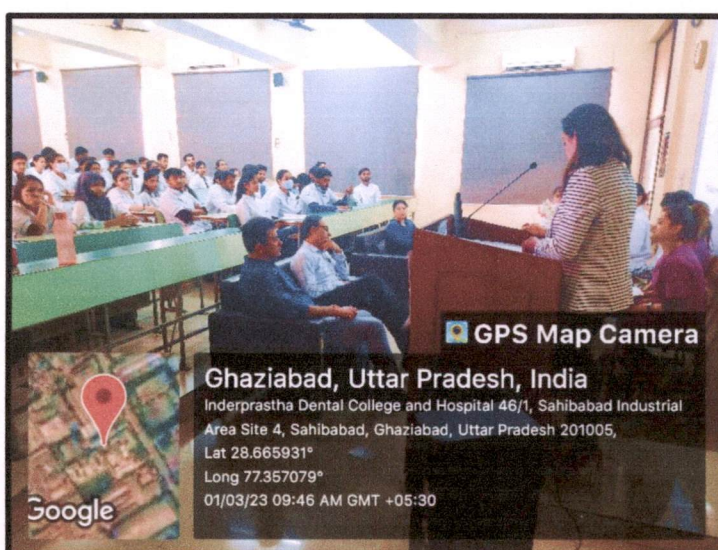


Inderprastha

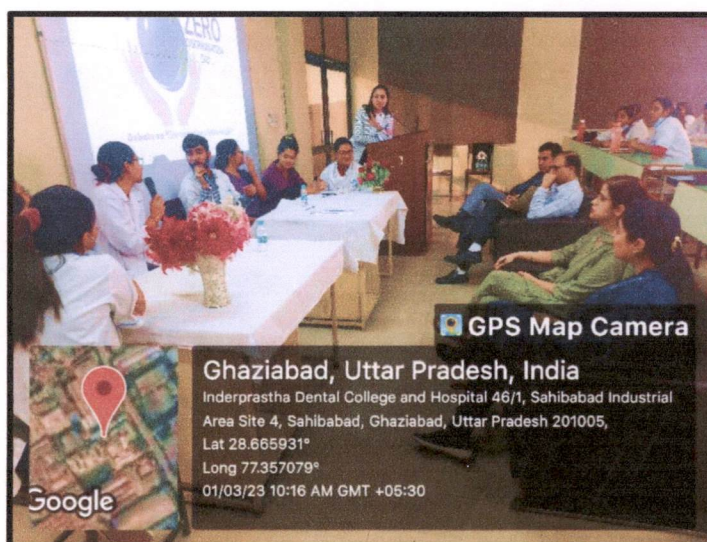
Dental College & Hospital

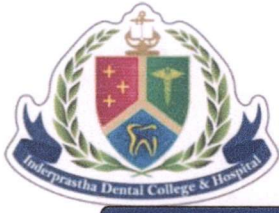
PHOTOS OF THE EVENT

Dr Hiba introduced the topic and the gathering for the event



Students took part enthusiastically with all updated statistics





Inderprastha Dental College & Hospital

ATTENDANCE



INDERPRASTHA DENTAL COLLEGE & HOSPITAL

ATTENDANCE LIST

ZERO DISCRIMINATION DAY PROGRAM

NAME OF STUDENTS	SIGNATURE OF ATTENDEES
Harshita	<i>Harshita</i>
Aditya Sharma	<i>Aditya</i>
Shashwat Singh	<i>Shashwat</i>
Suma Rani Halder	<i>Suma</i>
Ishita Srivastava	<i>Ishita</i>
Mansi Kumari	<i>Mansi</i>
Umang Makkar	<i>Umang</i>
Avni Malhotra	<i>Avni</i>
Annanya Rajvanshi	<i>Annanya</i>
Ishita Rai	<i>Ishita</i>
Anjali Aggarwal	<i>Anjali</i>
Niyati Anand	<i>Niyati</i>
Sakshi Gupta	<i>Sakshi</i>
Chhaya Gupta	<i>Chhaya</i>
Harshveen Kaur	<i>Harshveen Kaur</i>
Roshni Das	<i>Roshni Das</i>
Surbhi	<i>Surbhi</i>
Ravnoor	<i>Ravnoor</i>
Kashish Gupta	<i>Kashish</i>
Md. Faisal	<i>Md. Faisal</i>
Kartik Tyagi	<i>Kartik</i>
Lakshay Kasana	<i>Lakshay</i>
Vinay Singh	<i>Vinay</i>



Geetika
DR. GEETIKA ARORA
ORGANISING SECRETARY



Inderprastha

Dental College & Hospital

ATTENDANCE



INDERPRASTHA DENTAL COLLEGE & HOSPITAL

Pragya Dabas	Ab
Nikki Kumari	Nikki
Aman	Aman
Khushi Sharma 2	Khushi
Tarun Kumar	Tarun
MedongunuoSogotsu	MedongunuoSogotsu
PriyanshuVashisth	Priyanshu
Shrestha Mishra	Shrestha
Sahil Malik	Sahil
Vashvi Sharma	Vashvi
Saharsh Sandeep Malhotra	Saharsh
Vihaan Singh Dhani	Vihaan
Harshita Yadav	Harshita
Md Shahid	Shahid
Piyush Shanker Saha	Piyush
Ishika Pal	Ishika
Aditi Anand	Aditi
Yusra Saifi	Yusra
Gaurav Choudhary	Gaurav
SubhamGarai	Subham
Tirthankar Chowdhury	Tirthankar
Kriti Kumari	Kriti
Neha Jayant	Neha
Saurav Prakash	Saurav
Shanu Kumari	Shanu
Ayush	Ayush
Palak Pipal	Palak
Rana Gaurav	Rana



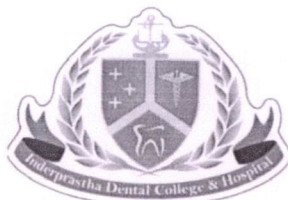
DR. GEETIKA ARORA
ORGANISING SECRETARY



Inderprastha

Dental College & Hospital

ATTENDANCE

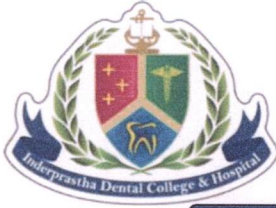


INDERPRASTHA DENTAL COLLEGE & HOSPITAL

Hafsa Kafeel	Hafsa Kafeel.
Bobby	Bobby
Raghav Thapar	Raghav
Apurva	Apurva
Vasudha Sharma	Vasudha Sharma
Maryam Zaidi	Maryam
Lakshya Garg	Lakshya
Ayan Fatima	Ayan
Arshi Malik	Arshi
Ritika Gupta	Ritika
Kanishka Panwar	Kanishka
Shikha Vats	Shikha
Khushi Aneja	Khushi
Riya Sinha	Riya
Gaurav Singh	Gaurav
Aditi Yadav	Aditi
Sneha Sreeta Pradhan	Sneha
Rashika Gupta	Rashika
Muskan Saxena	Muskan
Saksham Bawa	Saksham
Ankita-1	Ankita
Kashish	Kashish
Shubham Bajaj	Shubham
Lallawmzuali	Lallawmzuali
Shruti Keshri	Shruti
Khushi Sharma I	Khushi
Kushika Walia	Kushika
Akshita Shaw	Akshita



DR. GEETIKA ARORA
ORGANISING SECRETARY



Inderprastha

Dental College & Hospital

ATTENDANCE



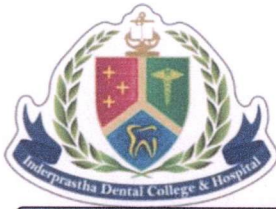
INDERPRASTHA DENTAL COLLEGE & HOSPITAL

Aaliya Allam	<i>Aaliya</i>
Riya Vats	<i>Riya</i>
Ankita -2	<i>Ankita -2</i>
Pooja Kasana	<i>Pooja</i>
Ananya Raj	<i>Ananya</i>
Avantika Yadav	<i>Avantika</i>
Kumkum Pandey	<i>Kumkum</i>
Deepak Yadav	<i>Deepak</i>
Tripti Sharma	<i>Tripti Sharma</i>
Isha Goyal	<i>Isha</i>
Arpita Singh	<i>Arpita</i>
Safali Rahman	<i>Safali Rahman</i>
Sana Naseem	<i>Sana Naseem</i>
Shadan Shakir	<i>Shadan Shakir</i>
Arpita Pandey	<i>Arpita</i>
Eshita Mishra	<i>Eshita</i>
Bharat Bailan	<i>Bharat</i>
Deepanshi Saklani	<i>Deepanshi</i>
Maanvi	<i>Maanvi</i>
Vanisha Agarwal	<i>Vanisha</i>



Geetika

DR. GEETIKA ARORA
ORGANISING SECRETARY



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE

OF PARTICIPATION

PROUDLY PRESENTED TO

Dr. Siddhant

*for participating in the
Debate Competition*

on

"Discrimination is Manmade"

held on 1st March 2023 at

IPDC

Deepi

MRS. DEEPI GOEL
JUDGE

RH

DR RAHUL PAUL
ORGANISING
CHAIRPERSON

Preeti

DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON

Geetika

DR GEETIKA ARORA
ORGANISING
SECRETARY

Ritika

DR RITIKA AHUJA
MALHOTRA
ORGANISING CO-
SECRETARY



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE

OF PARTICIPATION

PROUDLY PRESENTED TO

Dr. Nikita

*for participating in the
Debate Competition*

on

"Discrimination is Manmade"

held on 1st March 2023 at

IPDCH

Deepi Goel

MRS. DEEPI GOEL
JUDGE

Rahul Paul

DR RAHUL PAUL
ORGANISING
CHAIRPERSON

Preeti Upadhyay

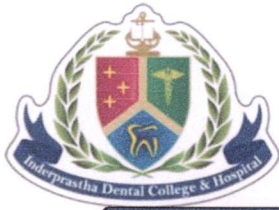
DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON

Geetika Arora

DR GEETIKA ARORA
ORGANISING
SECRETARY

Ritika Ahuja

DR RITIKA AHUJA
MALHOTRA
ORGANISING CO-
SECRETARY



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE

OF PARTICIPATION

PROUDLY PRESENTED TO

Dr. Jayati Pandey

*for participating in the
Debate Competition*

on

"Discrimination is Manmade"

held on 1st March 2023 at

J.P.D.C.

Any Gnd

MRS. DEEPI GOEL
JUDGE

RH

DR RAHUL PAUL
ORGANISING
CHAIRPERSON

Preeti

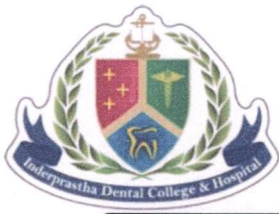
DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON

Geetika

DR GEETIKA ARORA
ORGANISING
SECRETARY

Ritika

DR RITIKA AHUJA
MALHOTRA
ORGANISING CO-
SECRETARY



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE

OF PARTICIPATION

PROUDLY PRESENTED TO

Dr. Lakshika Sharma

*for participating in the
Debate Competition*

on

"Discrimination is Manmade"

held on 1st March 2023 at

IPDC

Deepi Goel

MRS. DEEPI GOEL
JUDGE

Rahul Paul

DR RAHUL PAUL
ORGANISING
CHAIRPERSON

Preeti Upadhyay

DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON

Geetika Arora

DR GEETIKA ARORA
ORGANISING
SECRETARY

Ritika Ahuja

DR RITIKA AHUJA
MALHOTRA
ORGANISING CO-
SECRETARY



Inderprastha

Dental College & Hospital

CERTIFICATES



CERTIFICATE

OF PARTICIPATION

PROUDLY PRESENTED TO

Dr. Anisha Deb

*for participating in the
Debate Competition*

on

"Discrimination is Manmade"

held on 1st March 2023 at

IPDC

Deepi Goel

MRS. DEEPI GOEL
JUDGE

RH

DR RAHUL PAUL
ORGANISING
CHAIRPERSON

Preeti

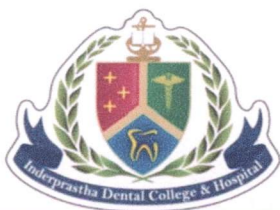
DR PREETI UPADHYAY
ORGANISING CO-
CHAIRPERSON

Geetika

DR GEETIKA ARORA
ORGANISING
SECRETARY

Ritika

DR RITIKA AHUJA
MALHOTRA
ORGANISING CO-
SECRETARY



Inderprastha

Dental College & Hospital

Summary of the Program

ABC of Women Health

1. TITLE	ABC of Women Health
2. SPEAKER	DrSharda Jain DrShamaBatra
3. DATE	13/2/2023
4. TIME	9:00AM-5:00PM
5. COURSE CONTENT	1. Anemia - Iron natural sources Haemoglobin levels and its significance Sign, symptoms of anaemia , its Prevention and cure 2. Haemoglobincheck up camp 3. Cervical cancer - Sign, symptoms Prevention and Vaccination
6. NO. OF HOURS	8 HOURS
7. NO. OF PARTICIPANTS	124
8. ORGANIZING SECRETARY	DR. MANISH BHALLA

OBJECTIVE: The objective of the program is to increase awareness among female participants about Anaemia and cervical Cancer .

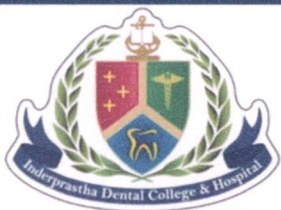
OUTCOME:

The lecture focused on detecting early symptoms, prevention and cure of anaemia and cervical cancer. Haemoglobincheck up camp was conducted and all the participants were given the result about their Hb status instantly. This Program increased Awareness about women's health and provided knowledge Anaemia, cervical cancer and HPV vaccination.

This program also elaborated the "90-70-90" targets set by the strategy: for countries to achieve 90% human papillomavirus (HPV) vaccination coverage for girls by age 15, 70% screening coverage for women by ages 35 and 45, and 90% treatment for cervical pre-cancer and management for women with cancer by 2030.

DR. MANISH BHALLA
(ORGANIZING SECRETARY)





Inderprastha

Dental College & Hospital

Program Report

ABC of Women Health

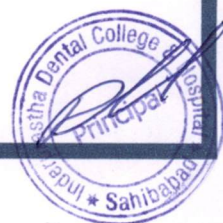
Women's health refers to the branch of medicine that focuses on the treatment and diagnosis of disease and conditions that affect a woman's physical and emotional well-being. Women's health differs from that of men in many unique ways. Women' health is an example of population health, where health is defined by the World Health Organization a "a state of complete physical, mental and social well-being and not merely the absence of disease or infirmity". These differences are further exacerbated in developing countries where women, whose health includes both their risks and experiences, are further disadvantaged.

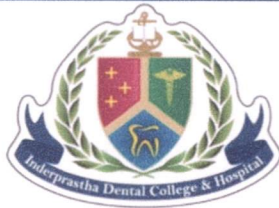
This lecture on as totally based on women's health which mostly emphasised on anaemia. As anaemia is the major health concern among women, as most of the female population of India are anaemic. In the lecture what diet and routine should be followed for better haemoglobin and better health was explained. Few dietary tips like which food help female to raise their haemoglobin count was discussed and what unhealthy diet should unfollow were also discussed.

Haemoglobin count test were performed to diagnose the anaemic female population in the lecture hall. And those whose haemoglobin levels were below normal level will be kept under further follow up to enhance their health condition. So in this lecture importance of balanced diet for better health and healthy life habits where discussed. Practical examples were given which were quite relatable with daily life scenario.

By the end of lecture the audience where quite impressed and motivated to peruse further healthy life and to have self love and self care for themselves.

DR. MANISH BHALLA
(ORGANIZING SECRETARY)





Inderprastha

Dental College & Hospital

Notice



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201002 (U.P.)

IPDC/PO/Notice/2023/17

Date: -8.2.2023

NOTICE

This is to inform that a Lecture on "ABC of Women Health" is being organized by Department of Pediatric and Preventive Dentistry in association with Delhi Gynaecologist Forum, Healthy India Trust (NGO) and M Cure Pharma, Delhi. The programme will be held on 13.2.23 from 9.00 am onwards.

The program will commence with Haemoglobin check up camp followed by lecture by eminent Guest Speaker Respected Dr. Sharda Jain and Dr. Shama Batra.

All female of 2nd year Undergraduates, Post Graduates and Faculty must attend the programme and make it successful.

Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
Registrar
Accounts
All Dental & Medical Departments
Notice Board

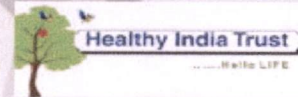




Inderprastha

Dental College & Hospital

Brochure



Lecture on "ABC of Women Health"

GUEST SPEAKER



Dr. Sharda Jain (MD, MNAMS, FICOG, FIMSA, DHM, QM&AHO, PGDMLS) is currently serving as Director at Lifecare Centre and Lifecare IVF. She is the Founder and Secretary general of Delhi Gynaecologist forum and former faculty at PGIMER, Chandigarh and Lady Harding Medical college. She is member & expert OB/GY in ethical committee of MCI 2018- 2020 & again in National Medical council from 2021 - 2023. She has been decorated by lifetime achievement awards by many prestigious bodies.



Dr. Shama Batra (MD, FICOG) is currently serving as Medical Superintendent at Patel Hospital. She has formerly served as Secretary and Fin. Secretary to IMA., Secretary of WDW, Executive member of EDGF/EDB. She has received numerous awards for her contribution to medical services at various fronts. She has conducted various camp on Cervical Cancer Awareness and participated in activities like Adolescent health, Anemia free India, Menstrual health. Her profile has been decorated by many prestigious awards.

ORGANIZING COMMITTEE



Dr. Rahul Paul
Organizing
Chairperson



Dr. Preeti Upadhyay
Organizing
Co-Chairperson



Dr. Manish Bhalla
Organizing
Secretary



Dr. Nikhil Puri
Organizing
Co- Secretary



Dr. Ritika Ahuja Malhotra
Organizing Co- Secretary



Dr. Akanksha Garg
Programme Coordinator



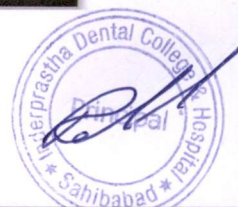
Dr. Shraddha Saikia
Programme Coordinator

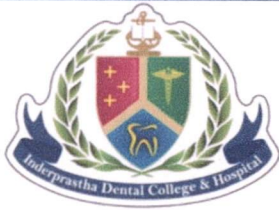
FOR QUERY CONTACT: **Dr. Akanksha Garg** – Ph No. - 9045397247.

Date: 13/2/2023

Time: 9:00am onwards

Venue: LT 2





Inderprastha

Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
46/1, Site-III, Industrial Area, Sahibabad
(Gurgaon - 201001 P)

ABC of Women Health

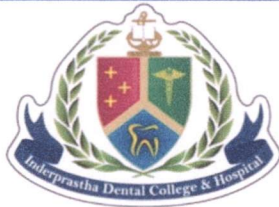
13.02.2023

ATTENDANCE

S.No.	Name	Signature
1.	DR. DEEPTI YADAV	
2.	DR. MUDITA GUPTA	
3.	DR. VANDANA GULIA	
4.	DR. PREETI UPADHYAY	
5.	DR. RITIKA AHUJA MALHOTRA	
6.	DR. AKANKSHA GARG	
7.	DR. SHRADDHA SAIKIA	
8.	DR. DAKSHITA JOY SINHA	
9.	DR. NIDHI SHARMA	
10.	DR. HEENA GANDHI	
11.	DR. KIRTI RATHEE	
12.	DR. NEHA VERMA	
13.	DR. MITALI JAIN	
14.	DR. HEENA AHUJA	
15.	DR. ISHA SAXENA	
16.	DR. KALYANI BHARGAVA	
17.	DR. MAYURA PAUL	
18.	DR. ANKITA GUPTA	
19.	DR. PREETI SHARMA	
20.	DR. SONAM KHURANA	
21.	DR. SWATI JHA	
22.	DR. PRIYANKA RANI	
23.	DR. DEEPIKA MEHRA	
24.	DR. SWAPNIL	
25.	DR. ISHA SINGH	

Dr. Manish Bhatt
(Organizing Secretary)





Inderprastha Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
45/1, Site-18, Industrial Area, Sahibabad
Gurgaon - 201013 (H.P.)

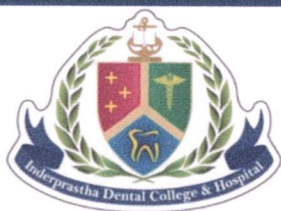
ABC of Women Health 13.02.2023

26.	DR. AASTHA PUROHIT	<i>Aastha</i>
27.	DR. PRIYANKA KUMARI	<i>Priyanka</i>
28.	DR. SONVITA DEBNATH	<i>Sonvita</i>
29.	DR. DEUTHOHULU THIRAH	<i>Deuthohulu</i>
30.	DR. SAMSTHA SINHA	<i>Samstha</i>
31.	DR. NEERU VERMA	<i>Neeru</i>
32.	DR. CHENG NUN SIAM	<i>Cheng</i>
33.	DR. RASHMEET	<i>Rashmeet</i>
34.	DR. ANJALI MEENA	<i>Anjali</i>
35.	DR. SUKHINDER KATHI SONI	<i>Sukhinder</i>
36.	DR. SHREYA DHARNI	<i>Shreya</i>
37.	DR. ANISHA JAIN	<i>Anisha</i>
38.	DR. PRIYA SARAF	<i>Priya</i>
39.	DR. SUNAVANA DUTTA	<i>Sunavana</i>
40.	DR. ANSHIKA SHARMA	<i>Anshika</i>
41.	DR. PRIYA SHARMA	<i>Priya</i>
42.	DR. TEJISOVINUD KESIEZIE	<i>Tejiso</i>
43.	DR. ARSHITA ARYA	<i>Arshita</i>
44.	DR. PARUL KOTWAL	<i>Parul</i>
45.	DR. SUMEDHA SHARMA	<i>Sumedha</i>
46.	DR. JAYATI PANDEY	<i>Jayati</i>
47.	DR. ANISHA DEB	<i>Anisha</i>
48.	DR. NIKITA	<i>Nikita</i>
49.	DR. MUSKAN	<i>Muskan</i>
50.	DR. TOORA FARFET	<i>Toora</i>
51.	DR. RATIKA SAWHNEY	<i>Ratika</i>
52.	DR. APDA DARANG	<i>Apda</i>



Dr. Anshika Singh
(Organizing Secretary)





Inderprastha

Dental College & Hospital

Attendance



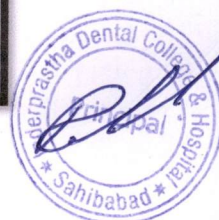
Inderprastha Dental College & Hospital
46/A, Site-W Industrial Area, Sahibabad
Gharohad - 201003 (UP)

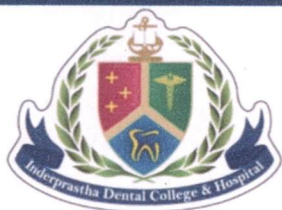
ABC of Women Health
13.02.2023

53.	DR. PRIYA KISHORE	Priya Kishore
54.	DR. GANYA	Ganya
55.	DR. ANU	Anu
56.	DR. SNEHA PRIYA	Sneha Priya
57.	DR. ANAMIKA	Anamika
58.	HARSHITA	Harshita
59.	SUMYA RANI HATWAD	Sumya Rani Hatwad
60.	ISHITA SRIVASTAVA	Ishta
61.	MANSI KUMARI	Mansi
62.	AVNI MALHOTRA	Avni
63.	ANNANYA RAJVANSHI	Annanya
64.	ISHITA RAI	Ishta
65.	ANALI AGGARWAL	Anali
66.	NIYATI ANAND	Niyati
67.	SAKSHI GUPTA	Sakshi
68.	CHHAYA GUPTA	Chhaya
69.	HARSHVEEN KAUR	Harshveen
70.	ROSHNI DAS	Roshni
71.	SURBHI	Surbhi
72.	RAVINDOR	Ravindor
73.	RASHISH GUPTA	Rashish
74.	HAFSA RAHEEL	Hafsa Raheel
75.	APURVA	Apurva
76.	VASUDHA SHARMA	Vasudha
77.	MARYAM ZAIDI	Maryam
78.	AFAN FAHIMA	Afan
79.	ADISH KALIE	Adish



Dr. Manish Bhatta
(Organizing Secretary)





Inderprastha Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
45/1, Site-18, Industrial Area, Sahibabad,
(Gurgaon - 201010 P.)

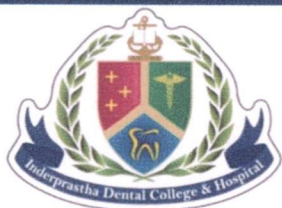
ABC of Women Health 22.02.2023

80.	RITIKA GUPTA	<i>Ritika</i>
81.	KANISHKA PANWAR	<i>Kanishka</i>
82.	SHIKHA VAIS	<i>Shikha</i>
83.	KITVISHI ANEJA	<i>Kitvishi</i>
84.	RIYA SINHA	<i>Riya</i>
85.	ADITI YADAV	<i>Aditi</i>
86.	SNEHA SREETA PRADHAN	<i>Sneha</i>
87.	RASHIKA GUTTA	<i>Rashika</i>
88.	MISKAN SAXENA	<i>Miskan</i>
89.	ANKITA	<i>Ankita</i>
90.	KASHISH	<i>Kashish</i>
91.	LALLAWMZUALI	<i>Lallawmzuali</i>
92.	SHRUTI KESHRI	<i>Shruti</i>
93.	KHUSHI SHARMA	<i>Khushi</i>
94.	KUSHIKA WALIA	<i>Kushika</i>
95.	AKSHITA SHAW	<i>Akshita</i>
96.	TRIADYA DABAS	<i>Triadya</i>
97.	NIKKI KUMARI	<i>Nikki</i>
98.	KHUSHI SHARMA	<i>Khushi</i>
99.	MEHONGI NUD SOGOTSI	<i>Mehongi</i>
100.	SHRESTHA MISHRA	<i>Shrestha</i>
101.	VASHNVI SHARMA	<i>Vashnvi</i>
102.	HARSHITA YADAV	<i>Harshita</i>
103.	ISHIKA PAL	<i>Ishika</i>
104.	ADITI ANAND	<i>Aditi</i>
105.	YUSRA SAIFI	<i>Yusra</i>
106.	KRITI KUMARI	<i>Kriti Kumari</i>



Dr. Anish Gupta
(Organizing Secretary)





Inderprastha Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
46/1, Site-IV Industrial Area, Sahibabad,
Gharohad - 201003 (U.P.)

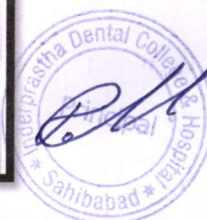
ABC of Women Health

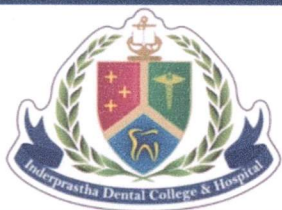
13.02.2023

107.	NEHA JAYANT	<i>[Signature]</i>
108.	GHYNI BUMARI	<i>[Signature]</i>
109.	PALAK PIPAL	<i>[Signature]</i>
110.	RIYA VATS	<i>[Signature]</i>
111.	ANKITA	<i>[Signature]</i>
112.	POOJA KASANA	<i>[Signature]</i>
113.	ANANYA RAJ	<i>[Signature]</i>
114.	AVANTIKA YADAV	<i>[Signature]</i>
115.	KUMKUM PANDEY	<i>[Signature]</i>
116.	TRIPTI SHARMA	<i>[Signature]</i>
117.	ISHA GOYAL	<i>[Signature]</i>
118.	ARPITA SINGH	<i>[Signature]</i>
119.	SAFALI RAHMAN	<i>[Signature]</i>
120.	SANA NASEEM	<i>[Signature]</i>
121.	SHADAN SHAKIR	<i>[Signature]</i>
122.	ARPITA PANDEY	<i>[Signature]</i>
123.	ESHITA MISHRA	<i>[Signature]</i>
124.	DEEPAKSHI SAKTANI	<i>[Signature]</i>
125.	MAANVI	<i>[Signature]</i>
126.	VANISHA AGARWAL	<i>[Signature]</i>



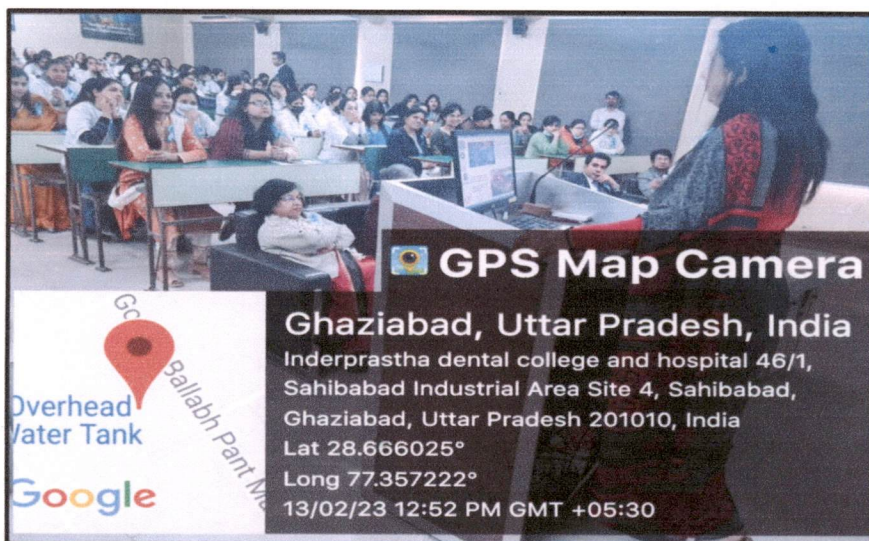
[Signature]
Dr. Manish Bhatia
(Organizing Secretary)



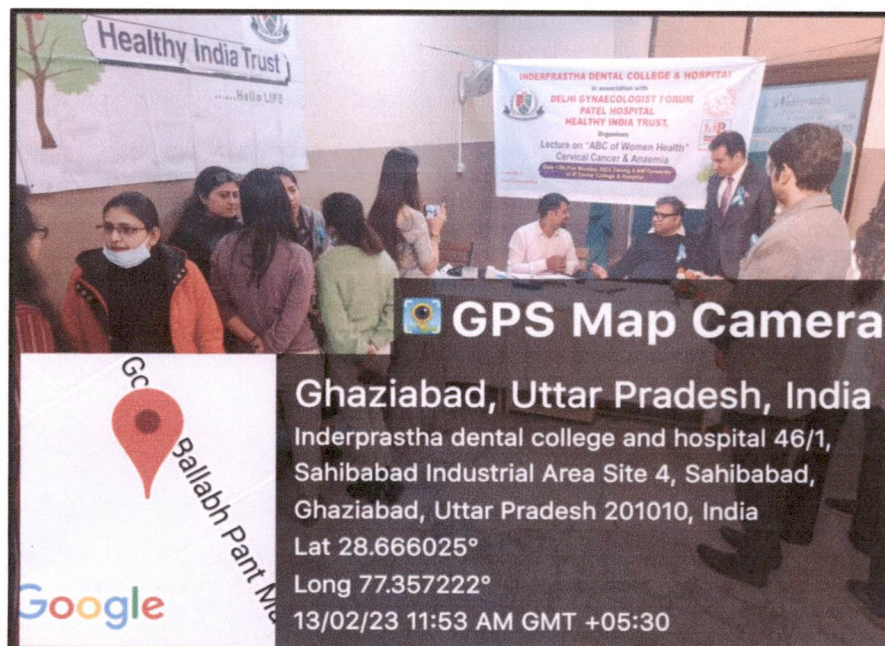


Inderprastha Dental College & Hospital

Glimpse of Event

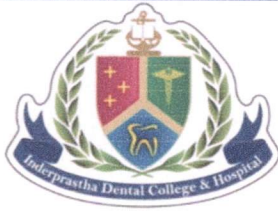


Speaker interacting with audience



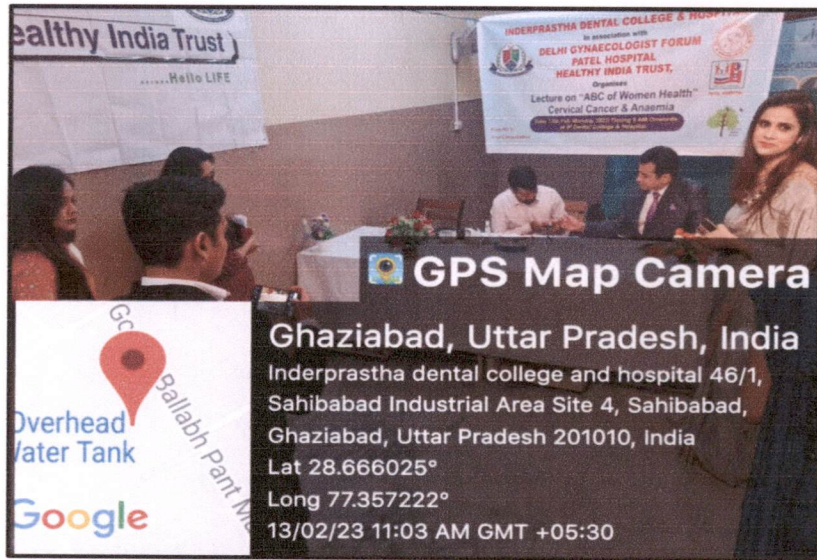
Hemoglobin Check up



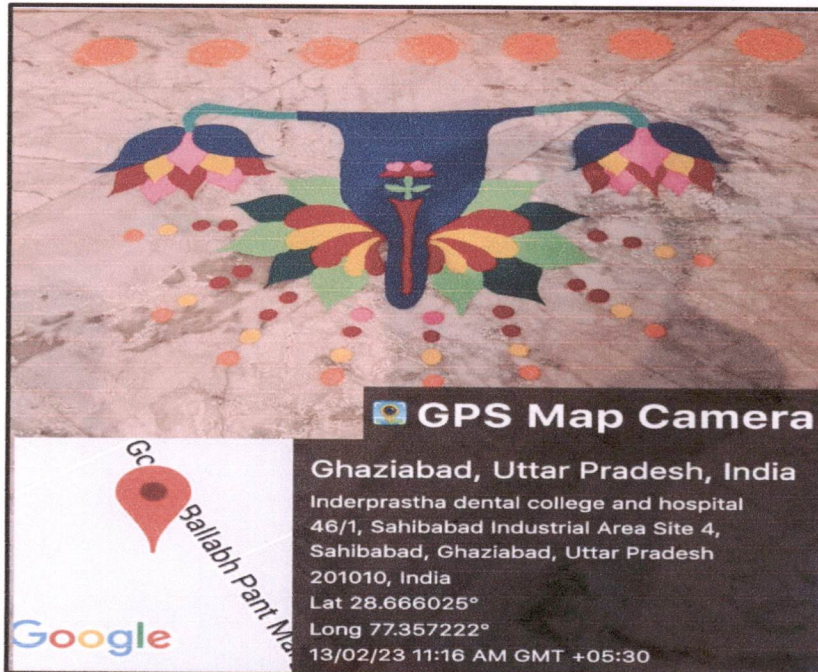


Inderprastha Dental College & Hospital

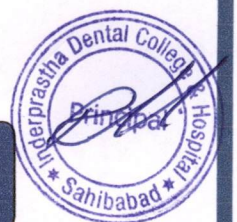
Glimpse of Event



Hemoglobin Check up

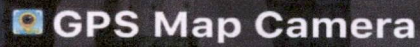


Rangoli Symbolizing Female Uterus





Glimpse of Event



Ghaziabad, Uttar Pradesh, India

Inderprastha dental college and hospital

46/1, Sahibabad Industrial Area Site 4,

Sahibabad, Ghaziabad, Uttar Pradesh

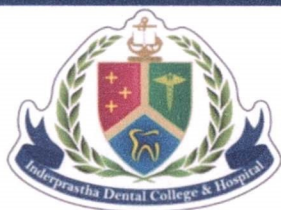
201010, India

Lat 28.666025°
Long 77.357222°

13/02/23 01:53 PM GMT +05:30

Felicitations



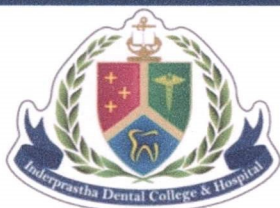


Inderprastha

Dental College & Hospital

Certificates



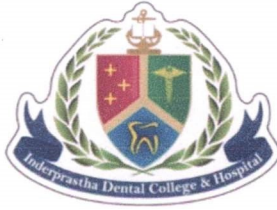


Inderprastha

Dental College & Hospital

Certificates





Inderprastha

Dental College & Hospital

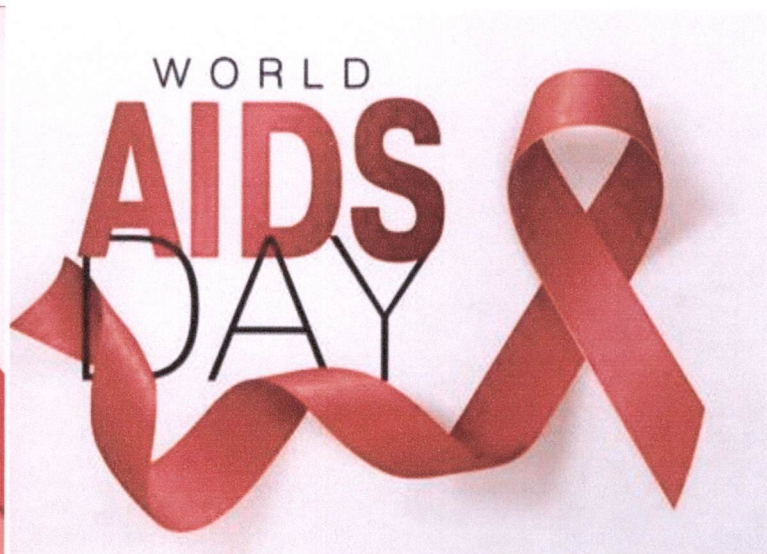
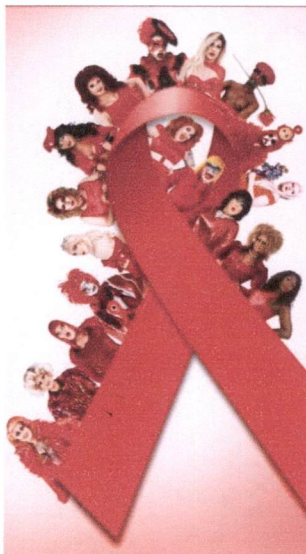
Certificates





Inderprastha
Dental College & Hospital

WORLD AIDS DAY- 2022





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

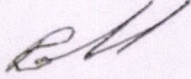
IPDC/PO/Notice/2022/114

Date: -30.11.2022

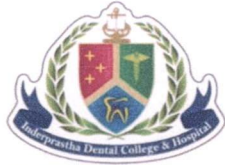
NOTICE

This is to inform all the faculty members and students that Department of Public Health Dentistry is conducting an "AIDS AWARENESS AND PREVENTION PROGRAM" on the occasion of "WORLD AIDS DAY" celebrated on 1st December 2022. Nukad Naatak by Interns will be performed at Raispur village at 10:00-11:00am. The following Interns should report to PHD Department sharp at 9:00 am

1. Vaishnavi
2. Suryansh
3. Rabiya
4. Chetan
5. Piyush
6. Ashit
7. Shweta
8. Sonu


Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
Registrar
All Dental Departments
Notice Boards





Inderprastha

Dental College & Hospital

REPORT OF WORLD AIDS DAY 2022

World AIDS Day is observed every year on 1st December. On the occasion of World AIDS Day, Department of Public Health Dentistry of Inderprastha Dental College and Hospital conducted an awareness session on the theme “Equality”. On this day, a Nukkad Natak was performed by team of Interns at Raispur Village to create awareness among rural population regarding HIV infection. Through this Nukkad Natak, epidemiology of HIV/AIDS, transmission, treatment and how treatment helps in an individual was briefed out to village people. Interns also discussed about the Stigma that is present in the society and the discrimination, with clinical examples and emphasized not to discriminate against people living with HIV/AIDS. They also elaborated on how to support patient and family and Nursing issues in caring for a patient with HIV.

We thank our honorable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event.

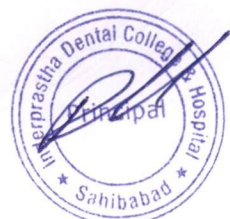
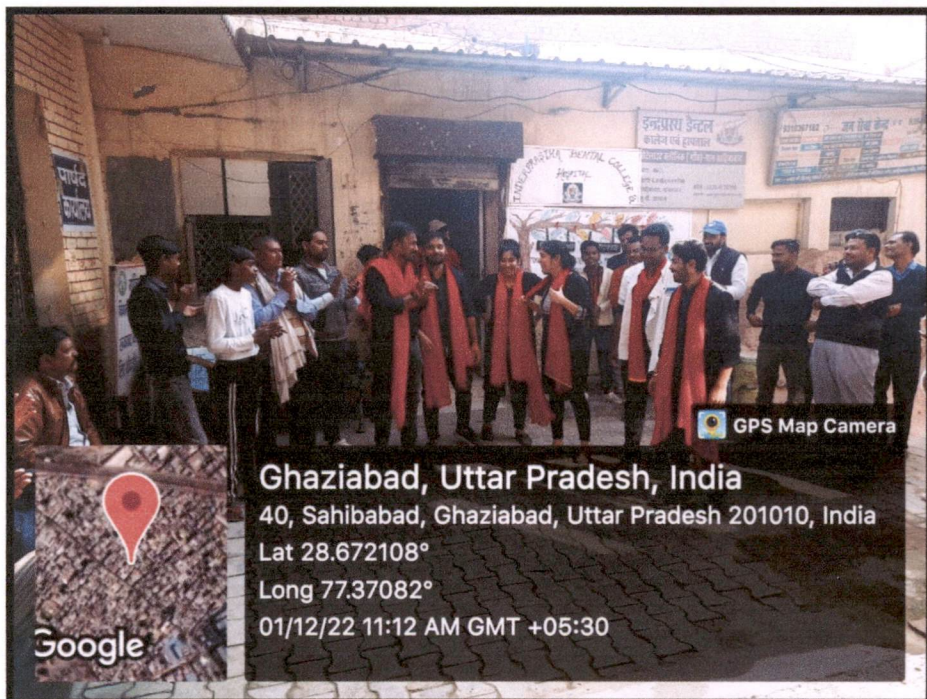




Inderprastha

Dental College & Hospital

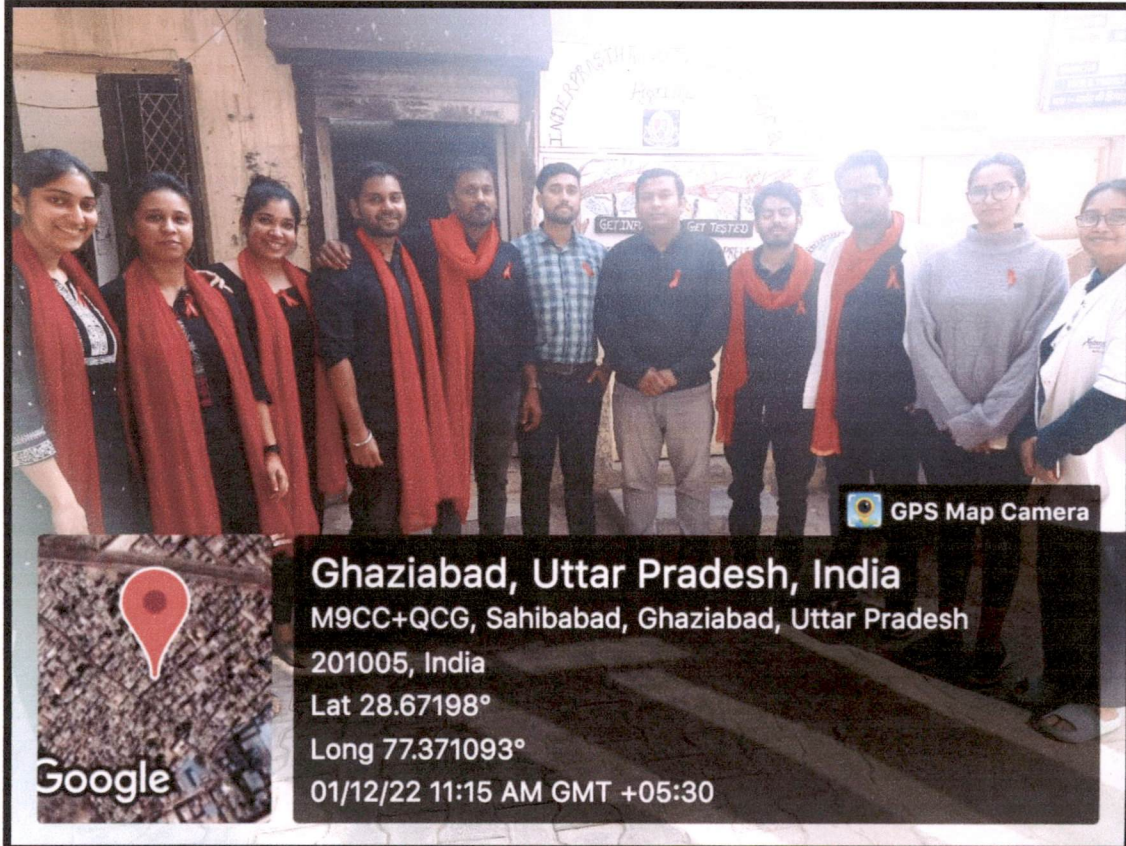
PHOTO GALLERY





Inderprastha

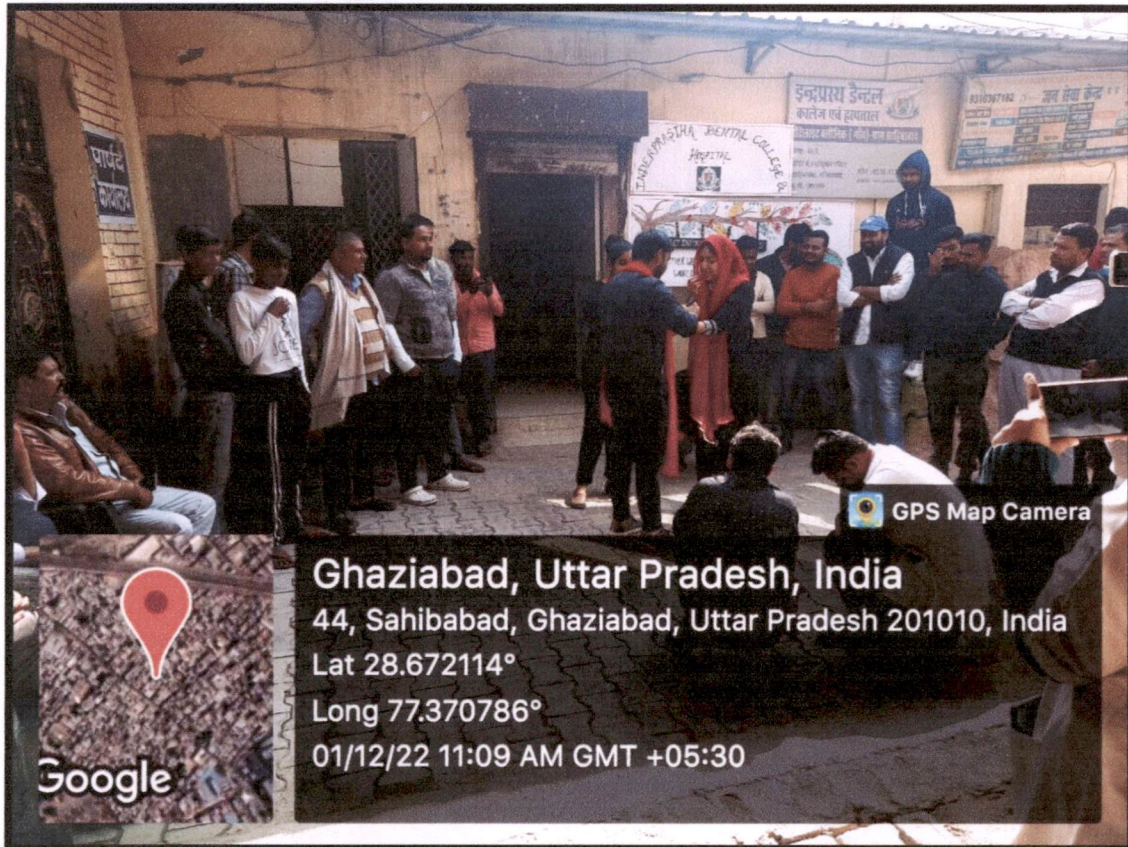
Dental College & Hospital





Inderprastha

Dental College & Hospital



GPS Map Camera



Google

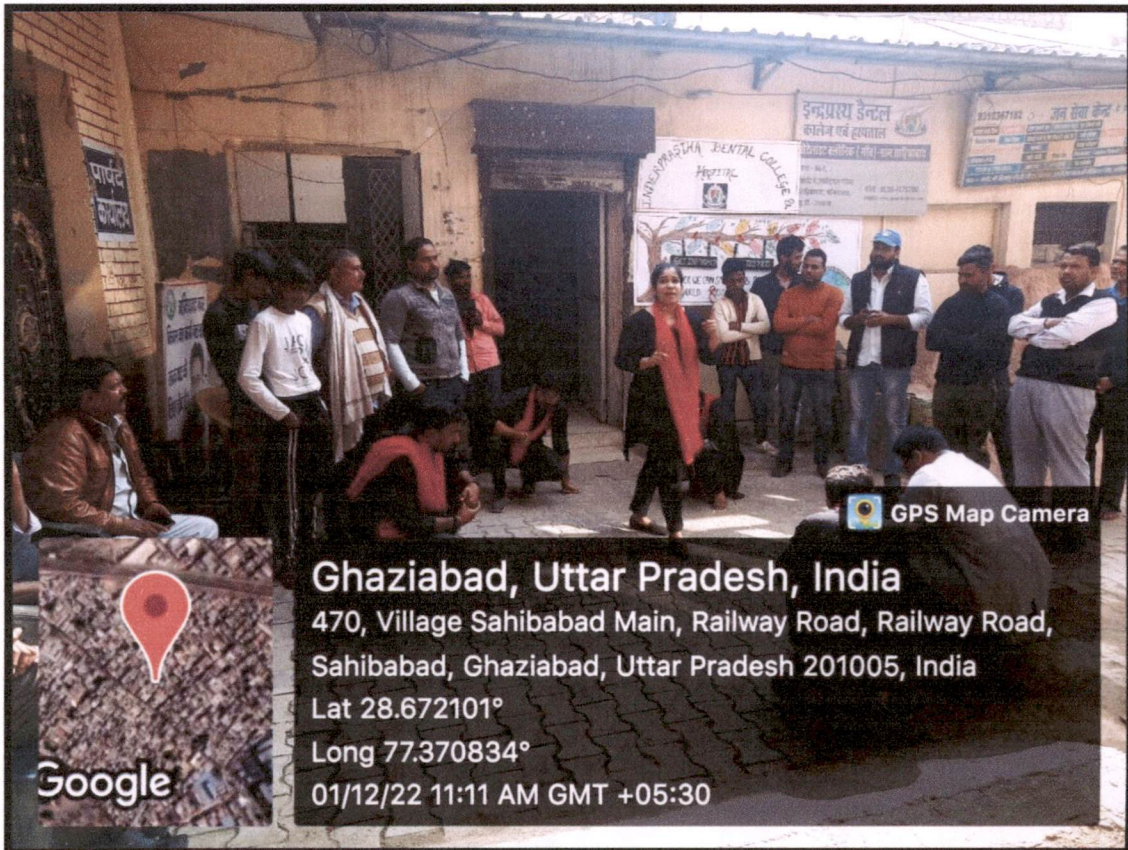
Ghaziabad, Uttar Pradesh, India

44, Sahibabad, Ghaziabad, Uttar Pradesh 201010, India

Lat 28.672114°

Long 77.370786°

01/12/22 11:09 AM GMT +05:30



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

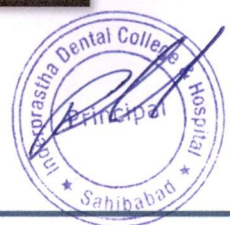
470, Village Sahibabad Main, Railway Road, Railway Road,

Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.672101°

Long 77.370834°

01/12/22 11:11 AM GMT +05:30





Inderprastha

Dental College & Hospital

Program Report

Human right Laws

IPDC conducted a Lecture **“Human Right Laws”** on **24 September 2022**, by Mr. Manav Vohra, an eminent lawyer.

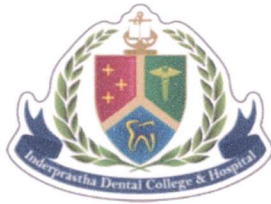
The lecture highlighted the various Human Right Laws specific to male and female individually. Laws form the basis for the relationship between the government and the individual.

The speaker briefed about the laws specific to right to life and liberty and right to freedom of expression.

The program was attended by a total of 73 male and female participants.


Dr. Preeti Upadhyay
Organizing Secretary





Inderprastha

Dental College & Hospital

Brochure



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

TOPIC – HUMAN RIGHT LAWS

Date – 24/9/22

Time – 10am onwards

Venue – LT-2,
Inderprastha Dental
College and Hospital

ORGANIZING COMMITTEE



Dr. Rahul Paul
(Principal)



Dr. Preeti Upadhyay
(Organizing Secretary)



Dr. Nikhil Puri
(Organizing Co Secretary)



Dr. Heena Gandhi
(Program Coordinator)

GUEST SPEAKER



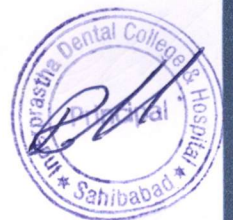
Mr. Manav Vohra

Mr. Manav Vohra a renowned lawyer did his BA. LLB. from Rajiv Gandhi National University of Law, Patiala.

Eminent speaker for Human Right Laws and Women Protective Laws.

He has worked with various top firms in the past and is currently associated with JVK & ASSOCIATES.

For queries contact –
Dr. Heena Gandhi - 9971666390





Inderprastha Dental College & Hospital

Notice



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/81

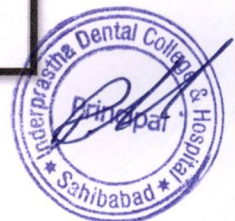
Date: -20.09.2022

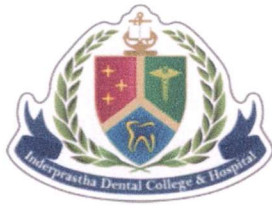
NOTICE

This is to inform that a Lecture on "Human Right Laws" will be conducted by Mr. Manav Vohra.

The program will be held on 24 September 2022 in LT -2, 10 am onwards.
All Final Year Undergraduate and Interns students must attend the program.

Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
Registrar
Accounts
All Dental Departments
Notice Board





Inderprastha

Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

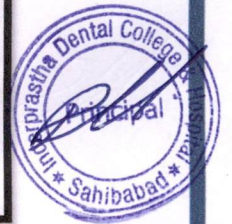
Human Right Laws

Date - 24.09.2022

S.No.	Name	Signature
1.	Akars Srivastava	Akars
2.	Anchal Bharti	Anchal
3.	Karan Pratap Singh	Karan
4.	Komal Saini	Komal
5.	Krishna Bhati	Krishna
6.	Marisha Pandey	Marisha
7.	Mohd. Nafisul Haque	Nafis
8.	Shubham Ghai	Shubham
9.	Aadya Gupta	Aadya
10.	Aakruti Singh	Aakruti
11.	Aanchal Jain	Aanchal
12.	Aarushi Garg	Aarushi
13.	Aditya Saini	Aditya
14.	Aishma Gurung	Aishma
15.	Akshay Panday	Akshay
16.	Akshit Kumar	Akshit
17.	Anjali Kumari Ojha	Anjali
18.	Anju Yadav	Anju
19.	Anshul Sahu	Anshul
20.	Antarika Saikia	Antarika
21.	Aparna Singh	Aparna
22.	Apoorva	Apoorva
23.	Arpan Shrivastava	Arpan
24.	Avinashika Kumari	Avinashika
25.	Aviral Tripathi	Aviral
26.	Ayman Hassan	Ayman
27.	Bhavya Arora	Bhavya
28.	Cedric Byorning Barua	Cedric
29.	Disha Arora	Disha



Dr. Preeti Upadhyay
Organizing Secretary





Inderprastha

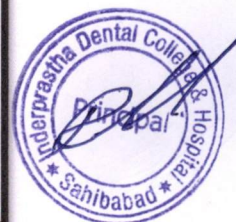
Dental College & Hospital

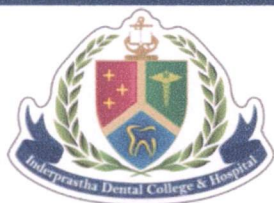
Attendance

30.	Drishti Jindal	Drishti
31.	Ekta	Ekta
32.	Garima Vaish	Garima
33.	Garvita Chaudhary	Garvita
34.	Himanshu Dahiya	Himanshu
35.	Jaya Srivastava	Jaya
36.	Jayanti Aneja	Jayanti
37.	Jyoti Devedi	Jyoti
38.	Kapil Bhardwaj	Kapil
39.	Kashish Gupta	Kashish
40.	Komal Kumari	Komal
41.	Mayank Verma	Mayank
42.	MD. Azharuddin	MD. Azhar
43.	Misha Dua	Misha
44.	Mitali Bargoti	Mitali
45.	Mohd. Sajid	Mohd. Sajid
46.	Murchana Mahanta	Murchana
47.	Muskaan Ranjan Sethi	Muskaan
48.	Muskan Negi	Muskan
49.	Nazia Naureen	Nazia
50.	Neelima Singh	Neelima
51.	Nicky Kumari	Nicky
52.	Nupur Yadav	Nupur
53.	Pallavi Sharma	Pallavi
54.	Pooja Gupta	Pooja
55.	Priya Rani	Priya
56.	Priyanka Kumari Verma	Priyanka
57.	Ragini Kumari	Ragini
58.	Rakhi Kumari	Rakhi
59.	Riya Dutt	Riya
60.	Sakshi Anand	Sakshi
61.	Saloni Khetarpal	Saloni
62.	Sarah Aftreen	Sarah
63.	Saumya Mishra	Saumya
64.	Sheshayi Roy	Sheshayi
65.	Siddharth	Siddharth
66.	Simran Balouria	Simran
67.	Soumya Yadav	Soumya
68.	Swati Singh Rangoli	Swati
69.	Tarun Pandey	Tarun
70.	Urvashi Chaudhary	Urvashi
71.	Vidhi Jha	Vidhi
72.	Vishal Choudhary	Vishal
73.	Yasmeen Khatoun	Yasmeen



Dr. Preeti Upadhyay
Organizing Secretary

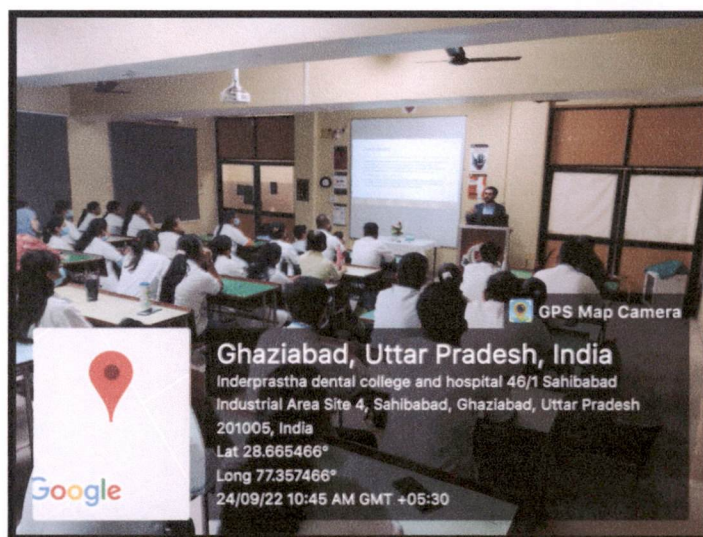




Inderprastha

Dental College & Hospital

Glimpse of Event



Lecture



Felicitation





Inderprastha

Dental College & Hospital

Certificates

CERTIFICATE

OF PARTICIPATION

This is to certify that

Akshay Pandey

has successfully participated in the lecture
"Human Right Laws"
held on 24/9/2022
at Inderprastha Dental College & Hospital

Dr. Rahul Paul
PRINCIPAL

Mr. Manav Vohra
GUEST SPEAKER

Dr. Preeti Upadhyay
ORGANIZING
SECRETARY

Dr. Nikhil Puri
ORGANIZING
CO SECRETARY

Dr. Heena Gandhi
PROGRAM
COORDINATOR

CERTIFICATE

OF PARTICIPATION

This is to certify that

Shubham Ghat

has successfully participated in the lecture
"Human Right Laws"
held on 24/9/2022
at Inderprastha Dental College & Hospital

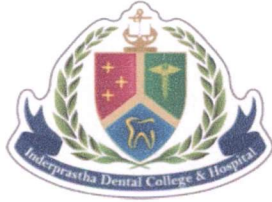
Dr. Rahul Paul
PRINCIPAL

Mr. Manav Vohra
GUEST SPEAKER

Dr. Preeti Upadhyay
ORGANIZING
SECRETARY

Dr. Nikhil Puri
ORGANIZING
CO SECRETARY

Dr. Heena Gandhi
PROGRAM
COORDINATOR

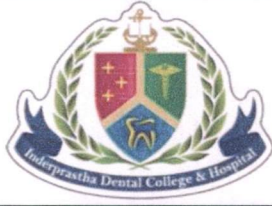


Inderprastha

Dental College & Hospital

Certificates





Inderprastha

Dental College & Hospital

Program Report

Economic Empowerment of Women

IPDC conducted a Lecture **“Economic empowerment of women”** on **31 October 2022**, by Ms. Amulya Channa, Product specialist, ICICI Prudential.

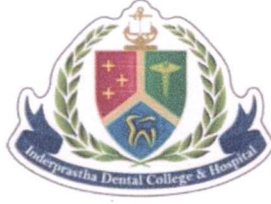
The lecture highlighted the various investment options available in banking sector, how to plan and invest. The speaker explained about the Equity, Debt and savings related mutual funds, SIP and Inflation.

The speaker guided the female participants to start investing early in life through SIP, to achieve economic financial independence in life.

The program was attended by a total of 63 female participants.

Dr. Preeti Upadhyay
Organizing Secretary





Inderprastha

Dental College & Hospital

Notice



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

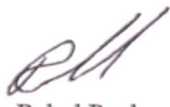
IPDC/PO/Notice/2022/99

Date: -28.10.2022

NOTICE

All female (3rd Year students) are hereby requested to gather in LT-2 for a lecture on "Economic Empowerment of Women" By Ms Amulya Channa at sharp 10.00 AM on 31st October '2022(Monday).

All female (3rd Year students) must attend the program & make it successful.


Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
C.E.O
Accounts
All Dental Departments
Notice Board
Girls Hostel






Inderprastha

Dental College & Hospital

Brochure

**INDERPRASTHA DENTAL
COLLEGE AND HOSPITAL**

TOPIC-ECONOMIC EMPOWERMENT OF WOMEN


**Venue – LT-2,
Inderprastha Dental
College and Hospital**

**Date –
31/10/22**


**Time – 10am
onwards**


Ms. Amulya Channa
Ms. Amulya Channa is a renowned Investment Banker with a total experience of 3 years in Investment Industry. She did her B.A.hons in Economics from Delhi University and M.S.C in Financial Economics from Gokhale Institute of Politics and Economics. She has worked with various top firms in the past. She is currently associated with ICICI prudential AMC Ltd as a Product Specialist.


**GUEST
SPEAKER**



ORGANIZING COMMITTEE

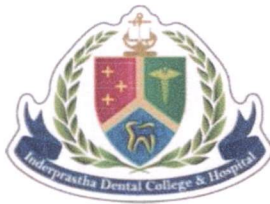

**Dr. Rahul Paul
(Principal)**


**Dr. Preeti Upadhyay
(Organizing Secretary)**


**Dr. Nikhil Puri
(Organizing Co Secretary)**

For queries contact: Dr. Nikhil Puri -9910487228





Inderprastha

Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

ECONOMIC EMPOWERMENT OF WOMEN

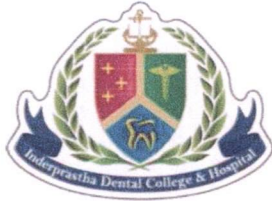
Date - 31/10/2022

S. No.	Student's Name	Signature
1.	Ankita	Ankita
2.	Apoorva Tyagi	Apoorva Tyagi
3.	Chhaya Singh	Chhaya Singh
4.	Deepanshi Yadav	Deepanshi Yadav
5.	Deepika Chaudhary	Deepika Chaudhary
6.	Dixita	Dixita
7.	Jennifar Arul Rahman	Jennifar Arul Rahman
8.	Suhani	Suhani
9.	Tanisha Gupta	Tanisha Gupta
10.	Tannu Khanna	Tannu Khanna
11.	Aadya Dharni	Aadya Dharni
12.	Aafia	Aafia
13.	Aastha Verma	Aastha Verma
14.	Aishwarya Sharma	Aishwarya Sharma
15.	Akshita	Akshita
16.	Amisha Raj	Amisha Raj
17.	Amitoj Kaur	Amitoj Kaur
18.	Anjali Kumari	Anjali Kumari
19.	Anshika Chauhan	Anshika Chauhan
20.	Avni Tyagi	Avni Tyagi
21.	Damini Sharma	Damini Sharma
22.	Deepanshi Shekhawat	Deepanshi Shekhawat
23.	Divya Sharma	Divya Sharma
24.	Farha Mohamed Rafi	Farha Mohamed Rafi
25.	Ghanshikha	Ghanshikha
26.	Ginny	Ginny
27.	Harshita	Harshita



Dr. Preeti Upadhyay
Organizing Secretary





Inderprastha

Dental College & Hospital

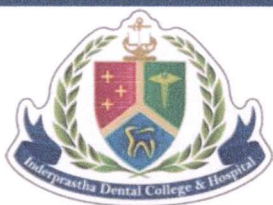
Attendance

28.	Hemakshi Agnihotri	<i>Hemakshi</i>
29.	Himanshi Gupta	<i>Himanshi</i>
30.	Kajal Chauhan	<i>Kajal</i>
31.	Karishma Gautam	<i>Karishma</i>
32.	Khushi Tiwari	<i>Khushi</i>
33.	Mani Koli	<i>Mani</i>
34.	Mariyam Rizvi	<i>Mariyam</i>
35.	Neha Parween	<i>Neha</i>
36.	Nishik Goyal	<i>Nishik</i>
37.	Niti	<i>Niti</i>
38.	Prachi Choudhary	<i>Prachi Choudhary</i>
39.	Prachi Jain	<i>Prachi</i>
40.	Pragati Sharma	<i>Pragati</i>
41.	Priya Awana D	<i>Priya</i>
42.	Priyanka Yadav	<i>Priyanka</i>
43.	Raghavi Rana	<i>Raghavi</i>
44.	Richa Agarwal	<i>Richa</i>
45.	Richa Rawat	<i>Richa</i>
46.	Ridhi Sharma	<i>Ridhi</i>
47.	Rishita Baveja	<i>Rishita</i>
48.	Sana Iqbal	<i>Sana</i>
49.	Sanskriti Arora	<i>Sanskriti</i>
50.	Shalini Singh	<i>Shalini</i>
51.	Shambhavi Mishra	<i>Shambhavi</i>
52.	Sheeba	<i>Sheeba</i>
53.	Shivani Gupta	<i>Shivani</i>
54.	Shivani Singh	<i>Shivani</i>
55.	Shraddha Nair	<i>Shraddha</i>
56.	Shristi	<i>Shristi</i>
57.	Sneha Ganesh	<i>Sneha</i>
58.	Srishti Purohit	<i>Srishti</i>
59.	Shrishti Upadhyay	<i>Shrishti</i>
60.	Tejswani Pandey	<i>Tejswani</i>
61.	Vidhi Srivastava	<i>Vidhi</i>
62.	Vritika Sachdeva	<i>Vritika</i>
63.	Zeena	<i>Zeena</i>



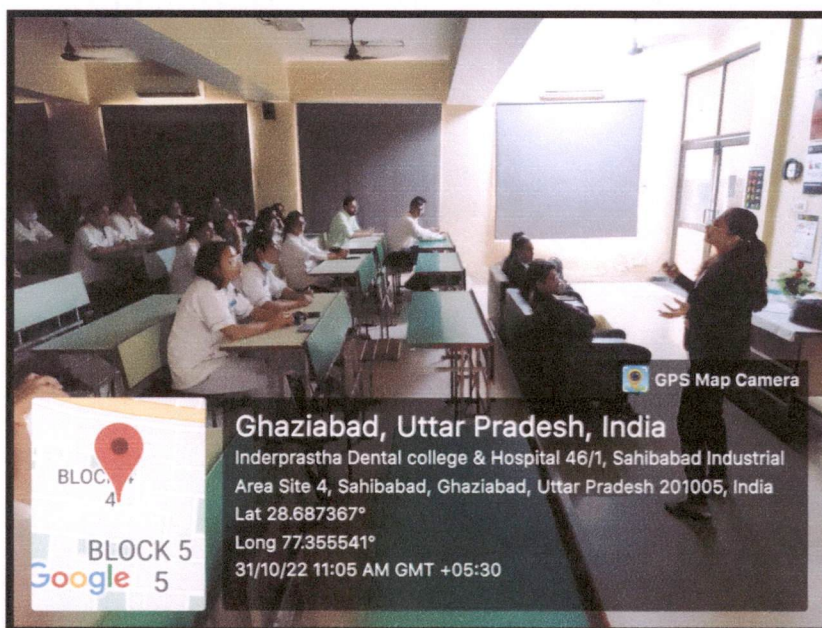
Dr. Preeti Upadhyay
Organizing Secretary



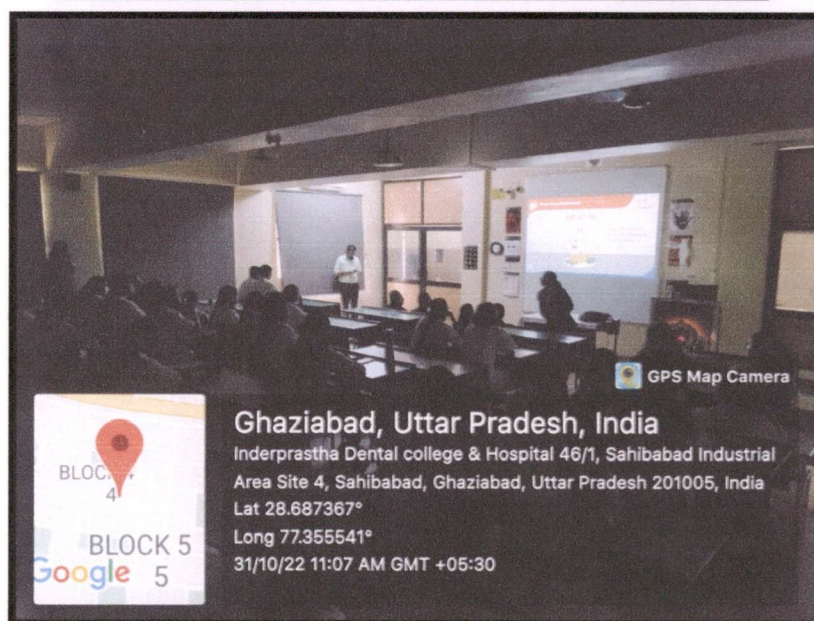


Inderprastha Dental College & Hospital

Glimpse of Event

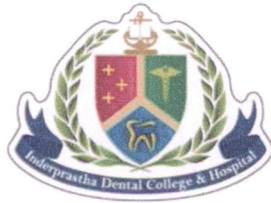


Lecture



Lecture





Inderprastha

Dental College & Hospital

Certificates



CERTIFICATE

OF PARTICIPATION

This is to certify that

TANISHA GUPTA

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 31/10/2022
at Inderprastha Dental College & Hospital




Dr. Rahul Paul
PRINCIPAL


Ms. Amulya Channa
GUEST SPEAKER


Dr. Preeti Upadhyay
ORGANIZING
SECRETARY


Dr. Nikhil Puri
ORGANIZING
CO SECRETARY



CERTIFICATE

OF PARTICIPATION

This is to certify that

AMITOJ KAUR

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 31/10/2022
at Inderprastha Dental College & Hospital




Dr. Rahul Paul
PRINCIPAL


Ms. Amulya Channa
GUEST SPEAKER


Dr. Preeti Upadhyay
ORGANIZING
SECRETARY


Dr. Nikhil Puri
ORGANIZING
CO SECRETARY



Inderprastha Dental College & Hospital

Certificates





CERTIFICATE

OF PARTICIPATION

This is to certify that

DEEPIKA CHAUDHARY

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 31/10/2022
at Inderprastha Dental College & Hospital


Dr. Rahul Paul
PRINCIPAL


Ms. Amulya Channa
GUEST SPEAKER


Dr. Preeti Upadhyay
ORGANIZING
SECRETARY


Dr. Nikhil Puri
ORGANIZING
CO SECRETARY







CERTIFICATE

OF PARTICIPATION

This is to certify that

ANSHIKHA CHAUHAN

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 31/10/2022
at Inderprastha Dental College & Hospital

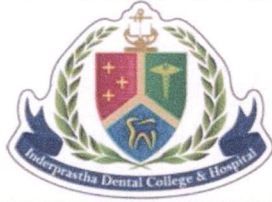

Dr. Rahul Paul
PRINCIPAL


Ms. Amulya Channa
GUEST SPEAKER


Dr. Preeti Upadhyay
ORGANIZING
SECRETARY


Dr. Nikhil Puri
ORGANIZING
CO SECRETARY





Inderprastha

Dental College & Hospital

Program Report

Economic Empowerment of Women

Economic empowerment **increases women's access to economic resources and opportunities** including jobs, financial services, property and other productive assets.

IPDC conducted a Lecture **“Economic empowerment of women”** on **26 September 2022**, by Ms. Amulya Channa, Product specialist, ICICI Prudential.

The lecture highlighted the various investment opportunities available. The speaker explained about Equity, Debt and savings related mutual funds.

She emphasized on investing early in life through SIP in mutual funds to achieve long term financial stability.

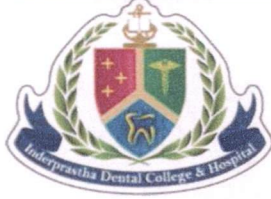
The program was attended by a total of 112 female participants.

Dr. Nikhil Puri

Organizing Secretary



Notice



Inderprastha Dental College & Hospital



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/83

Date: -23.09.2022

NOTICE

All female (Intern and Final Year students) are hereby requested to gather in LT-2 for a lecture on "Economic Empowerment of Women" By Ms Amulya Channa at sharp 10.00 AM on 26th September '2022(Monday).

All female (Intern and Final Year students) must attend the program & make it successful.

Dr. Rahul Paul
(Principal)

Cc.: Secretary & Jt. Secretary

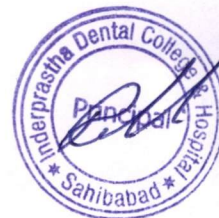
C.E.O

Accounts

All Dental Departments

Notice Board

Girls & Boys Hostel





Inderprastha

Dental College & Hospital

Brochure



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

TOPIC – ECONOMIC EMPOWERMENT OF WOMEN

Date – 26/9/22

Time – 10am onwards

Venue – LT-2,
Inderprastha Dental
College and Hospital

ORGANIZING COMMITTEE



Dr. Rahul Paul
(Principal)



Dr. Nikhil Puri
(Organizing Secretary)



Dr. Preeti Upadhyay
(Organizing Co Secretary)



Dr. Rashi Adhikari
(Program Coordinator)

GUEST SPEAKER



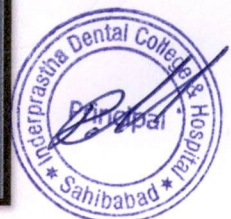
Ms Amulya Channa

Ms. Amulya Channa is a renowned Investment Banker did her B.A. honours Economics from Delhi University and M.S.C Financial Economics from Gokhale Institute of Politics and Economics.

Eminent speaker for topic "Economic Empowerment of Women".

She has worked with various top firms in the past and has a total experience of 3 years in Investment Industry. She is currently associated with ICICI prudential AMC Ltd as a Product Specialist.

For queries contact
Dr. Rashi Adhikari - 9711984082





Inderprastha Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

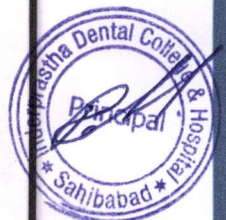
Economic Empowerment of Women

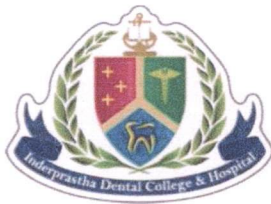
Date - 26.09.2022

S.No.	Name	Signature
1.	Anchal Bharti	Anchal Bharti
2.	Komal Saini	Komal Saini
3.	Aadya Gupta	Aadya Gupta
4.	Aakruti Singh	Aakruti Singh
5.	Aanchal Jain	Aanchal Jain
6.	Aarushi Garg	Aarushi Garg
7.	Aishma Gurung	Aishma Gurung
8.	Anjali Kumari Ojha	Anjali Kumari Ojha
9.	Anju Yadav	Anju Yadav
10.	Antarika Saikia	Antarika Saikia
11.	Aparna Singh	Aparna Singh
12.	Apoorva	Apoorva
13.	Avinashika Kumari	Avinashika Kumari
14.	Ayman Hassan	Ayman Hassan
15.	Bhavya Arora	Bhavya Arora
16.	Disha Arora	Disha Arora
17.	Drishti Jindal	Drishti Jindal
18.	Ekta	Ekta
19.	Garima Vaish	Garima Vaish
20.	Garvita Chaudhary	Garvita Chaudhary
21.	Jaya Srivastava	Jaya Srivastava
22.	Jayanti Aneja	Jayanti Aneja
23.	Jyoti Devedi	Jyoti Devedi
24.	Komal Kumari	Komal Kumari
25.	Misha Dua	Misha Dua
26.	Mitali Bargoti	Mitali Bargoti
27.	Murchana Mahanta	Murchana Mahanta
28.	Muskaan Ranjan Sethi	Muskaan Ranjan Sethi
29.	Muskan Negi	Muskan Negi



Dr. Nikhil Puri
Organizing Secretary





Inderprastha

Dental College & Hospital

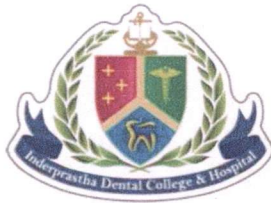
Attendance

30.	Nazia Naureen	Nazia
31.	Neelima Singh	Neelima
32.	Nicky Kumari	Nicky
33.	Nupur Yadav	Nupur
34.	Pallavi Sharma	Pallavi
35.	Pooja Gupta	Pooja
36.	Priya Rani	Priya
37.	Priyanka Kumari Verma	Priyanka Verma
38.	Ragini Kumari	Ragini Kumari
39.	Rakhi Kumari	Rakhi
40.	Riya Dutt	Riya Dutt
41.	Sakshi Anand	Sakshi
42.	Saloni Khetarpal	Saloni
43.	Sarah Afreen	Sarah
44.	Saumya Mishra	Saumya
45.	Sheshayi Roy	Sheshayi
46.	Simran Balouria	Simran
47.	Soumya Yadav	Soumya
48.	Swati Singh Rangoli	Swati
49.	Urvashi Chaudhary	Urvashi
50.	Vidhi Jha	Vidhi
51.	Yasmeen Khatoon	Yasmeen
52.	Aafreen Naseem	Aafreen
53.	Aakanksha Verma	Aakanksha
54.	Aastha Sinha	Aastha
55.	Aditi Vats	Aditi Vats
56.	Akshita Nirbhakar	Akshita
57.	Ananya Sharma	Ananya
58.	Anshika	Anshika
59.	Anupama Srivastava	Anupama
60.	Anushka Sharma	Anushka
61.	Arushi Dubey	Arushi
62.	Ashit Anand	Ashit
63.	Chetna Mahajan	Chetna
64.	Chhavi Malhotra	Chhavi
65.	Drishty Kalra	Drishty
66.	Harshita	Harshita
67.	Himani Sharma	Himani
68.	Ila Gupta	Ila
69.	Ishita Srivastava	Ishita
70.	Jyoti Singh	Jyoti
71.	Kanika Aggarwal	Kanika
72.	Kiran Gupta	Kiran
73.	Krispy	Krispy



Dr. Nikhil Puri
Organizing Secretary





Inderprastha

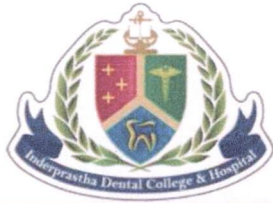
Dental College & Hospital

Attendance

74.	Kriti	<i>Kriti</i>
75.	Mamta	<i>Mamta</i>
76.	Mousumi Sarmah	<i>Mousumi</i>
77.	Muskan Gupta	<i>Muskan</i>
78.	Muskan Singh	<i>Muskan</i>
79.	Neha Kumari	<i>Neha</i>
80.	Nishi Singh	<i>Nishi</i>
81.	Palak Saraswat	<i>Palak</i>
82.	Prachi Grover	<i>Prachi</i>
83.	Prakshi Sharma	<i>Prakshi</i>
84.	Priyanka Anjana	<i>Priyanka</i>
85.	Priyanka Kumari	<i>Priyanka</i>
86.	Puja Kumari	<i>Puja</i>
87.	Rabiya Iqbal	<i>Rabiya</i>
88.	Ruchi Choudhary	<i>Ruchi</i>
89.	Saba Suhail	<i>Saba</i>
90.	Sanjana Srivastava	<i>Sanjana</i>
91.	Sanjivini Sarkar	<i>Sanjivini</i>
92.	Shaheen Qamar	<i>Shaheen</i>
93.	Shakeba Hussain	<i>Shakeba</i>
94.	Shayeri Sen	<i>Shayeri</i>
95.	Shiva Gupta	<i>Shiva</i>
96.	Shruti Srivastava	<i>Shruti</i>
97.	Shruti Varun	<i>Shruti</i>
98.	Shubhangi Anand	<i>Shubhangi</i>
99.	Shubhangi Khator	<i>Shubhangi</i>
100.	Shweta Chetiwal	<i>Shweta</i>
101.	Shwetika Singh	<i>Shwetika</i>
102.	Supriya Yadav	<i>Supriya</i>
103.	Suryansh Singh	<i>Suryansh</i>
104.	Twinkle Baruah	<i>Twinkle Baruah</i>
105.	Ujala Thakur	<i>Ujala</i>
106.	Urvashi Chauhan	<i>Urvashi</i>
107.	Vaishnavi Pandey	<i>Vaishnavi</i>
108.	Vanshika Agarwal	<i>Vanshika</i>
109.	Vanshika Tomar	<i>Vanshika</i>
110.	Varsha	<i>Varsha</i>
111.	Vedika Singh	<i>Vedika</i>
112.	Vikhyata Sagar	<i>Vikhyata</i>

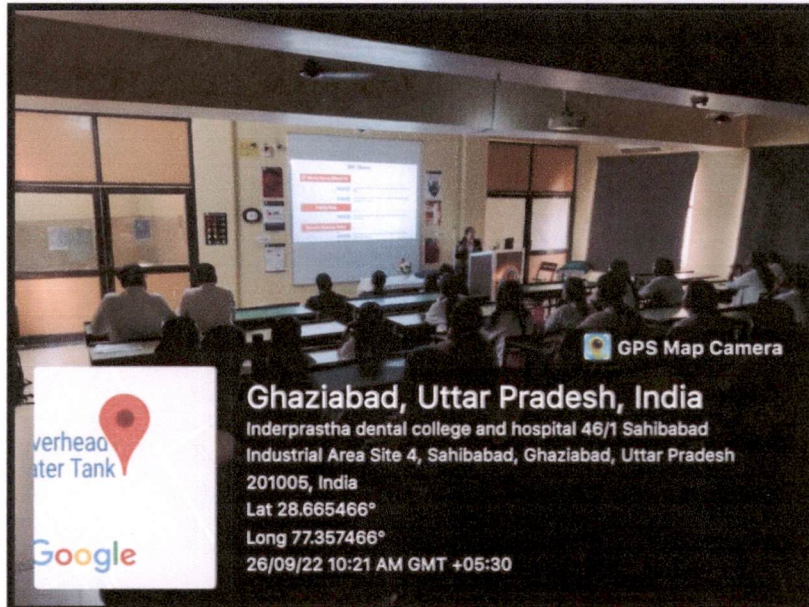


Dr. Nikhil Puri
Dr. Nikhil Puri
Organizing Secretary

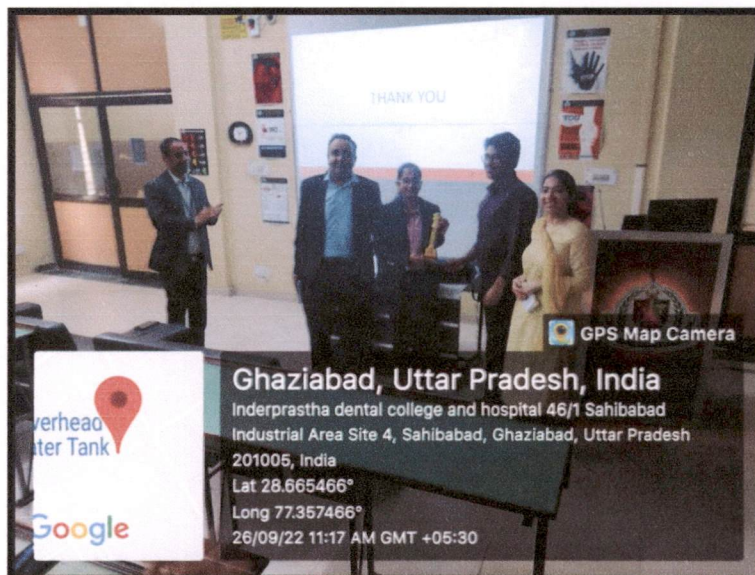


Inderprastha Dental College & Hospital

Glimpse of Event

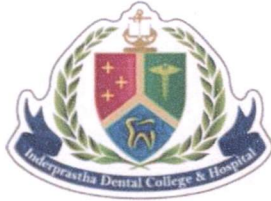


Lecture



Felicitation



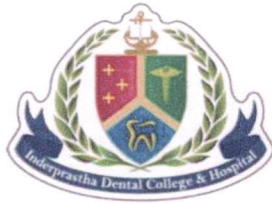


Inderprastha

Dental College & Hospital

Certificates





Inderprastha

Dental College & Hospital

Certificates

CERTIFICATE
OF PARTICIPATION

This is to certify that

Anchal Bharti

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 26/9/2022
at Inderprastha Dental College & Hospital

Dr. Rahul Paul
PRINCIPAL

Dr. Amulya Channa
GUEST SPEAKER

Dr. Nikhil Puri
ORGANIZING
SECRETARY

Dr. Preeti Upadhyay
ORGANIZING
CO SECRETARY

Dr. Rashi Adhikari
PROGRAM
COORDINATOR

CERTIFICATE
OF PARTICIPATION

This is to certify that

Mituli Bandyopadhyay

has successfully participated in the lecture
"Economic Empowerment Of Women"
held on 26/9/2022
at Inderprastha Dental College & Hospital

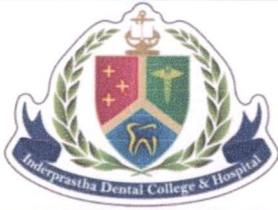
Dr. Rahul Paul
PRINCIPAL

Dr. Amulya Channa
GUEST SPEAKER

Dr. Nikhil Puri
ORGANIZING
SECRETARY

Dr. Preeti Upadhyay
ORGANIZING
CO SECRETARY

Dr. Rashi Adhikari
PROGRAM
COORDINATOR



Inderprastha

Dental College & Hospital

Program Report

Human right Laws and Medical Negligence

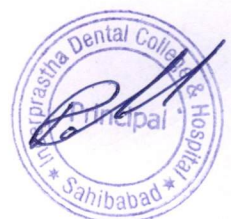
IPDC conducted a Lecture **“Human Right Laws and Medical Negligence”** by Mr. Manav Vohra, an eminent lawyer on 2nd November 2022

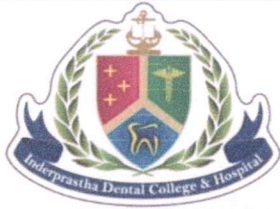
The lecture highlighted the Human Right Laws like right to life and liberty, right to equality, Education right, Right to Practice any religion and right to freedom of expression. He emphasized on fundamentals of constitution which are neutral to all regardless of caste, race, gender, ethnic origin or any other status.

He spoke about the Medical negligence in practice, liability of Dentist while treating male, female or child patient.

The program was attended by a total of 95 male and female participants.

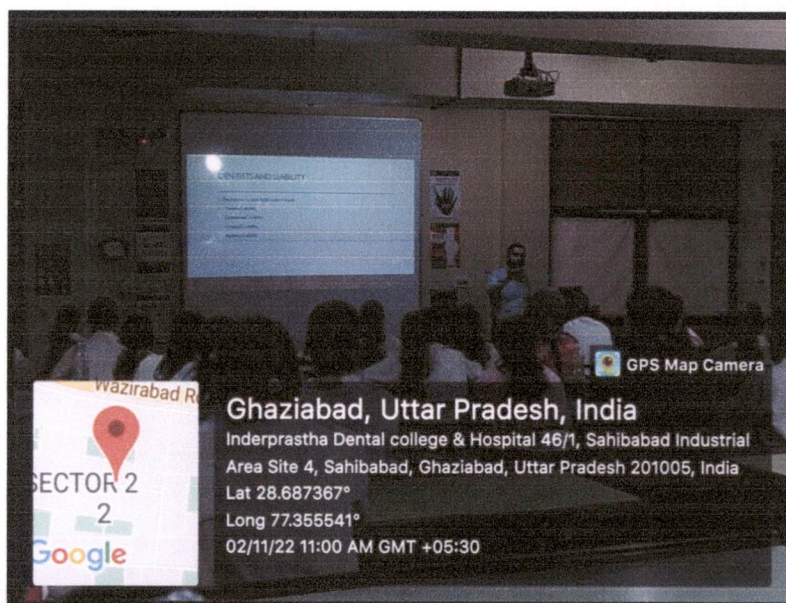
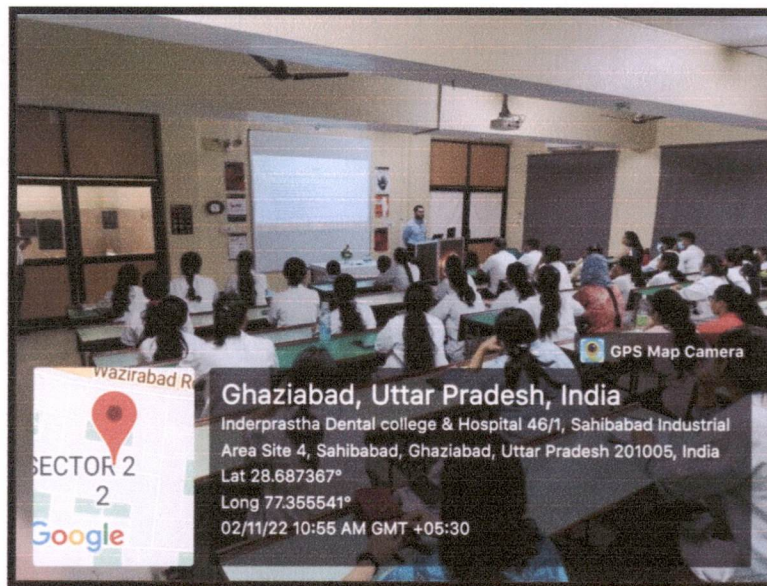
Dr. Nikhil Puri
Organizing Secretary





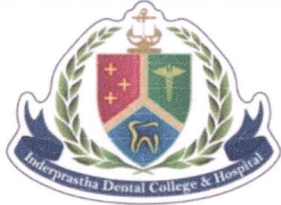
Inderprastha Dental College & Hospital

Glimpse of Event



Lecture





Inderprastha Dental College & Hospital

Notice



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

Program Report

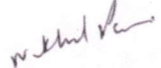
Human right Laws and Medical Negligence

IPDC conducted a Lecture "**Human Right Laws and Medical Negligence**"
by Mr. Manav Vohra, an eminent lawyer on 2nd November 2022

The lecture highlighted the Human Right Laws like right to life and liberty, right to equality, Education right, Right to Practise any religion and right to freedom of expression. He emphasised on fundamentals of constitution which are neutral to all regardless of caste, race, gender, ethnic origin or any other status.

He spoke about the Medical negligence in practise, liability of dentist while treating male, female or child patient.

The program was attended by a total of 95 male and female participants.


Dr. Nikhil Puri
Organizing Secretary





Inderprastha

Dental College & Hospital

Brochure



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

TOPIC – HUMAN RIGHT LAWS & MEDICAL NEGLIGENCE

Date – 02/11/22 **Time – 10am onwards** **Venue – LT-2, Inderprastha Dental College and Hospital**

ORGANIZING COMMITTEE



Dr. Rahul Paul
(Principal)



Dr. Nikhil Puri
(Organizing Secretary)



Dr. Preeti Upadhyay
(Organizing Co Secretary)

GUEST SPEAKER



Mr. Manav Vohra

Mr. Manav Vohra a renowned lawyer did his BA, LL.B. from Rajiv Gandhi National University of Law, Patiala.

Eminent speaker for Human Right Laws and Women Protective Laws.

He has worked with various top firms in the past and is currently associated with JVK & ASSOCIATES.

For queries contact –
Dr.Preeti Upadhyay -9910012441





Inderprastha

Dental College & Hospital

Attendance



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

HUMAN RIGHT LAWS AND MEDICAL NEGLIGENCE

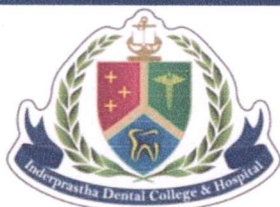
Date - 2/11/22

S. No.	Student's Name	Signature
1.	Ankita	Ankita
2.	Apoorva Tyagi	Apoorva Tyagi
3.	Bhupendra	Bhupendra
4.	Chhaya Singh	Chhaya Singh
5.	Deepanshi Yadav	Deepanshi Yadav
6.	Deepika Chaudhary	Deepika Chaudhary
7.	Dixita	Dixita
8.	Mokksh Madhur	Mokksh Madhur
9.	Suhani	Suhani
10.	Tanisha Gupta	Tanisha Gupta
11.	Tannu Khanna	Tannu Khanna
12.	Aadya Dharmi	Aadya Dharmi
13.	Aafia	Aafia
14.	Aastha Verma	Aastha Verma
15.	Abhinav Akash	Abhinav Akash
16.	Aishwarya Sharma	Aishwarya Sharma
17.	Akshat Pandey	Akshat Pandey
18.	Akshat Gakhar	Akshat Gakhar
19.	Akshita	Akshita
20.	Amisha Raj	Amisha Raj
21.	Amitoj Kaur	Amitoj Kaur
22.	Anagha Anil	Anagha Anil
23.	Aniket Dang	Aniket Dang
24.	Anjali Kumari	Anjali Kumari
25.	Ankit Raj	Ankit Raj



Dr. Nikhil Puri
Organizing Secretary





Inderprastha

Dental College & Hospital

Attendance

26.	Anshika Chauhan	Anshika
27.	Aqudas Mustafa Khan	Aqudas
28.	Asjad Iqbal	Asjad Iqbal
29.	Avni Tyagi	Avni
30.	Damini Sharma	Damini
31.	Devansh Mishra	Devansh
32.	Divya Sharma	Divya
33.	Farha Mohamed Rafi	Farha
34.	Ghanshikha	Ghanshikha
35.	Ginny	Ginny
36.	Harshita	Harshita
37.	Hemakshi Agnihotri	Hemakshi
38.	Himanshi Gupta	Himanshi
39.	Kajal Chauhan	Kajal
40.	Karishma Gautam	Karishma
41.	Khushi Tiwari	Khushi
42.	Kunal Garg	Kunal Garg
43.	Mani Koli	Mani
44.	Manvi Ujjainia	Manvi
45.	Mariyam Rizvi	Mariyam
46.	Mohammad Faizul Hoda	Faizul
47.	Muddasir Zameer	Muddasir
48.	Nayneet Singh	Nayneet
49.	Neha Parween	Neha
50.	Nishik Goyal	Nishik
51.	Niti	Niti
52.	Prachi Choudhary	Prachi
53.	Prachi Jain	Prachi
54.	Pragati Sharma	Pragati
55.	Priya Awana D	Priya
56.	Priyanka Yadav	Priyanka
57.	Punchang Appun Dolcy	Punchang
58.	Raghavi Rana	Raghavi
59.	Ravi Saxena	Ravi
60.	Richa Agarwal	Richa
61.	Richa Rawat	Richa



Dr. Nikhil Pari
Organizing Secretary





Inderprastha Dental College & Hospital

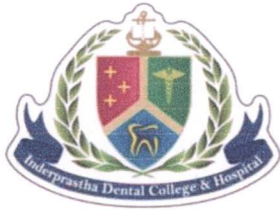
Attendance

62.	Ridhi Sharma	<i>Ridhi</i>
63.	Rishabh Jain	<i>Rishabh Jain</i>
64.	Rishita Baveja	<i>Rishita</i>
65.	Sana Iqbal	<i>Sana</i>
66.	Sandeep Mallik	<i>Sandeep Mallik</i>
67.	Sanskriti Arora	<i>Sanskriti</i>
68.	Shahbaz Khan	<i>Shahbaz Khan</i>
69.	Shahzad	<i>Shahzad</i>
70.	Shalini Singh	<i>Shalini Singh</i>
71.	Shambhavi Misra	<i>Shambhavi</i>
72.	Sheeba	<i>Sheeba</i>
73.	Shivani Gupta	<i>Shivani Gupta</i>
74.	Shivani Singh	<i>Shivani Singh</i>
75.	Shristi	<i>Shristi</i>
76.	Shubham Bisht	<i>Shubham</i>
77.	Shubham Prakash	<i>Shubham</i>
78.	Siddharth Tejwani	<i>Siddharth</i>
79.	Sneha Ganesh	<i>Sneha</i>
80.	Srishti Purohit	<i>Srishti</i>
81.	Shrishti Upadhyay	<i>Shrishti</i>
82.	Swarnavo Sarkar	<i>Swarnavo</i>
83.	Syed Saad Ahmed	<i>Saad</i>
84.	Tanishqa Mathur	<i>Tanishqa</i>
85.	Tejswani Pandey	<i>Tejswani</i>
86.	Tushar Bhargava	<i>Tushar</i>
87.	Utkarsh Tiwari	<i>Utkarsh Tiwari</i>
88.	Vaibhav Shekhar Yadav	<i>Vaibhav</i>
89.	Vedant Khurana	<i>Vedant</i>
90.	Vidhi Srivastava	<i>Vidhi</i>
91.	Vinit Veer	<i>Vinit</i>
92.	Vritika Sachdeva	<i>Vritika</i>
93.	Wize Umer D	<i>Wize</i>
94.	Yash Dewarand Kumbhare	<i>Yash</i>
95.	Zeenat	<i>Zeenat</i>



Nikhil Puri
Dr. Nikhil Puri
Organizing Secretary

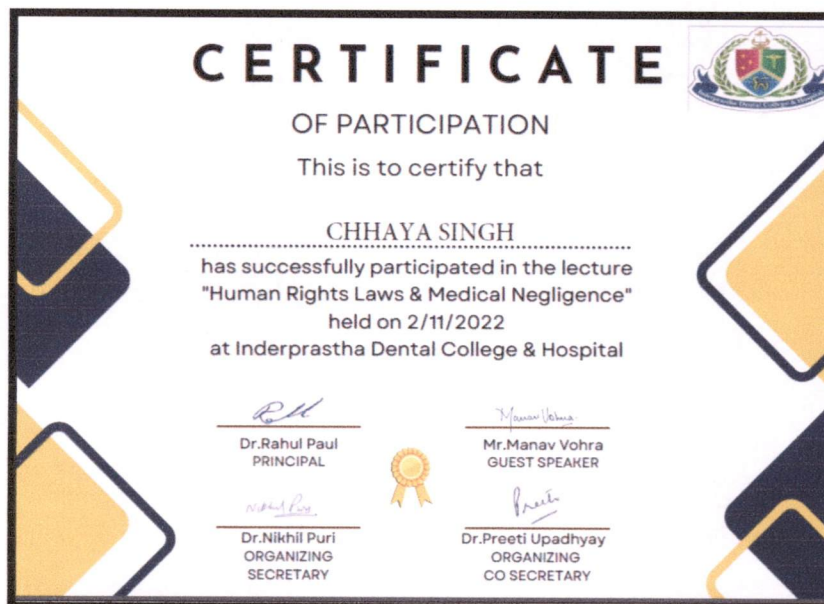


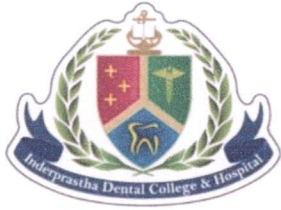


Inderprastha

Dental College & Hospital

Certificates





Inderprastha Dental College & Hospital

Certificates

CERTIFICATE

OF PARTICIPATION

This is to certify that

AASTHA VERMA

has successfully participated in the lecture
"Human Rights Laws & Medical Negligence"
held on 2/11/2022
at Inderprastha Dental College & Hospital

Dr. Rahul Paul
PRINCIPAL



Dr. Nikhil Puri
ORGANIZING
SECRETARY

Mr. Manav Vohra
GUEST SPEAKER

Dr. Preeti Upadhyay
ORGANIZING
CO SECRETARY

CERTIFICATE

OF PARTICIPATION

This is to certify that

AKSHAT PANDEY

has successfully participated in the lecture
"Human Rights Laws & Medical Negligence"
held on 2/11/2022
at Inderprastha Dental College & Hospital

Dr. Rahul Paul
PRINCIPAL



Dr. Nikhil Puri
ORGANIZING
SECRETARY

Mr. Manav Vohra
GUEST SPEAKER

Dr. Preeti Upadhyay
ORGANIZING
CO SECRETARY



Inderprastha

Dental College & Hospital

Certificates

CERTIFICATE

OF PARTICIPATION

This is to certify that

DEEPANSHI YADAV

has successfully participated in the lecture
"Human Rights Laws & Medical Negligence"
held on 2/11/2022
at Inderprastha Dental College & Hospital


Dr. Rahul Paul
PRINCIPAL


Dr. Nikhil Puri
ORGANIZING
SECRETARY


Mr. Manav Vohra
GUEST SPEAKER


Dr. Preeti Upadhyay
ORGANIZING
CO SECRETARY



Inderprastha

Dental College & Hospital

REPORT OF LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT PROGRAM

1.	GUEST SPEAKER	Ms. Tripti Tyagi
2.	DATE	12 th September, 2022
3.	TIME	10.00 AM ONWARDS
4.	VENUE	IPDC, LT-2
5.	NO. OF HOUR	1 HR
6.	NO. OF PARTICIPANTS	89
7.	ORGANISING SECRETARY	Dr. Geetika Arora


OBJECTIVE:

The objective of the program was to communicate a message through the use of words and sounds, providing contextual clarity to a message geared toward a receiver. In this session the guest had given tips to control the tone, pitch, and pacing of our voices while delivering message to others.

OUTCOME:

By the end of program, as a result all the listeners were sincerely inspired and all of them were looking forward to change tone and pace of voice for effective communication at workplace. It helps all the students to learn how effectively they can build good relationships and trust between the people and themselves.




Dr. Geetika Arora
ORGANISING SECRETARY



Inderprastha

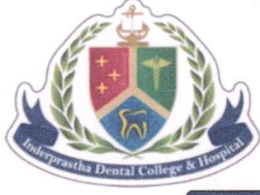
Dental College & Hospital

REPORT OF LANGUAGE AND COMMUNICATION SKILL DEVELOPMENT PROGRAM

Paraverbal communication refers to the messages that we transmit through the tone, pitch, and pacing of our voices. It is how we say something, not what we say. This program helps children to add context to their speech and in some instances can completely change the message that is conveyed to the people at workplace. This type of communication is essential for students to learn so that they can convey their message in the right context. Paraverbal elements of communication include voice, pitch tone and speed of speech. Here the lecture on **“Paraverbal Communication: It’s All In How You Say It”**, was taken by Ms. Tripti Tyagi, which was informative and practical with day to day life.

Dr. Geetika Arora
Organising Secretary





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/71A

Date: -09.09.2022

NOTICE

All the Third and Final Year students are here by requested to gather in LT-2 for a lecture on **PARAVERBAL COMMUNICATION: IT'S ALL IN HOW YOU SAY IT** By Ms. Tripti Tyagi from 10.00 AM on 12th September '2022(Monday).

All Third and Final Year students must attend the program & make it successful

Dr. Rahul Paul
(Principal)
Cc.: Secretary & Jt. Secretary
C.E.O
Accounts
All Dental & Medical Departments
Notice Board





Inderprastha

Dental College & Hospital

BROCHURE



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

PARAVERBAL COMMUNICATION : IT'S ALL IN HOW YOU SAY IT



Ms Tripti Tyagi is an Assistant Professor , Department of English currently working in Manav Rachna International Institute of Research and Studies. She has an experience of more than 10 years. She also received PhD degree from Delhi university in the year 2019. Awarded in the year 2017 as BEST TEACHERS AWARD, NCWEB from University of Delhi.



ORGANISING COMMITTEE



DR. RAHUL PAUL
Organising Chairperson



DR. PREETI UPADHYAY
Organising Co-Chairperson



DR. GEETIKA ARORA
Organising Secretary

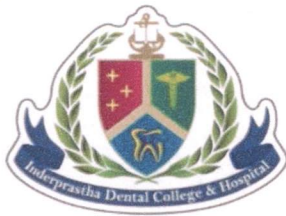


DR. RITIKA AHUJA MALHOTRA
Organising Co-Secretary

DATE: 12TH SEPTEMBER '22

VENUE: LECTURE THEATRE 2





Inderprastha

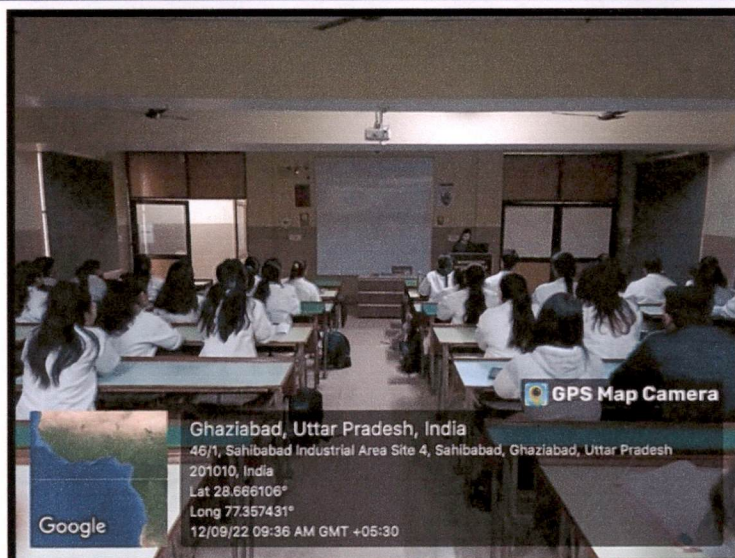
Dental College & Hospital

PHOTOGRAPHS OF THE PROGRAM

Speaker addressing students



Students took active part in the program





Inderprastha

Dental College & Hospital

ATTENDANCE



INDERPRASTHA DENTAL COLLEGE & HOSPITAL

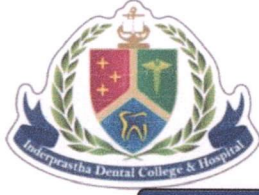
LECTURE ON – PARAVERBAL COMMUNICATION: IT'S ALL IN HOW YOU SAY IT

ATTENDANCE SHEET

S.No.	Student Name	Student's Signature - 12 th September 2022
1.	Aadya Gupta	Aadya
2.	Aakruti Singh	Aakruti
3.	Aishma Gurung	Aishma
4.	Akshay Panday	Akshay
5.	Akshit Kumar	Akshit
6.	Anju Yadav	Anju
7.	Antarika Saikia	Antarika
8.	Aparna Singh	Aparna
9.	Apoorva	Apoorva
10.	Arpan Shrivastava	Arpan
11.	Avinashika Kumari	Avinashika
12.	Aviral Tripathi	Aviral
13.	Ayman Hassan	Ayman
14.	Bhavya Arora	Bhavya
15.	Garvita Chaudhary	Garvita
16.	Himanshu Dahiya	Himanshu
17.	Jayanti Aneja	Jayanti
18.	Murchana Mahanta	Murchana
19.	Muskaan Ranjan Sethi	Muskaan
20.	Muskan Negi	Muskan
21.	Nicky Kumari	Nicky
22.	Nupur Yadav	Nupur
23.	Pallavi Sharma	Pallavi
24.	Pooja Gupta	Pooja
25.	Riya Dutt	Riya
26.	Sakshi Anand	Sakshi
27.	Saumya Mishra	Saumya
28.	Sheshayi Roy	Sheshayi
29.	Siddharth	Siddharth
30.	Simran Balouria	Simran
31.	Soumya Yadav	Soumya
32.	Swati Singh Rangoli	Swati

Organizing Secretary
Dr Geetika Arora





Inderprastha

Dental College & Hospital

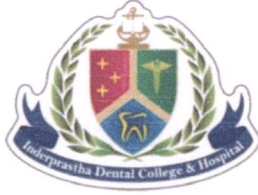
ATTENDANCE



33.	Tarun Pandey	Tarun
34.	Vidhi Jha	Vidhi Jha
35.	Aadya Dharni	Aadya
36.	Aafia	Aafia
37.	Akshat Gakhar	Akshat
38.	Akshat Pandey	Akshat
39.	Aniket Dang	AP
40.	Aniket Kumar	Aniket
41.	Ankit Raj	Ankit
42.	Anshika Chauhan	Anshika
43.	Avni Tyagi	Avni
44.	Farha Mohamed Rafi	Farha
45.	Grusha John Phillip	Grusha
46.	Harshita	Harshita
47.	Himanshi Gupta	Himanshi
48.	Kajal Chauhan	Kajal
49.	Karishma Gautam	Karishma
50.	Kunal Garg	Kunal
51.	Mani Koli	Mani
52.	Manvi Ujjainia	Manvi
53.	Mohammad Faizul Hoda	Mohammad
54.	Muddasir Zameer	Muddasir
55.	Navneet Singh	Navneet
56.	Nishik Goyal	Nishik
57.	Prachi Choudhary	Prachi
58.	Prachi Jain	Prachi
59.	Pragati Sharma	Pragati
60.	Punchang Appun Doley	Punchang
61.	Raghavi Rana	Raghavi
62.	Ravi Saxena	Ravi
63.	Richa Agarwal	Richa
64.	Richa Rawat	Richa
65.	Ridhi Sharma	Ridhi
66.	Sana Iqbal	Sana
67.	Sandeep Mallik	Sandeep
68.	Sanskriti Arora	Sanskriti
69.	Shalini Singh	Shalini
70.	Shambhavi Mishra	Shambhavi
71.	Shraddha Nair	Shraddha
72.	Shubham Bisht	Shubham

Organizing Secretary
Dr Geetika Arora






Inderprastha

Dental College & Hospital

ATTENDANCE



73.	Shubham Prakash	<i>Shubham</i>
74.	Siddharth Teiwani	<i>ST</i>
75.	Shrishti Upadhyay	<i>Shrishti</i>
76.	Swarnavo Sarkar	<i>Swarnavo</i>
77.	Tejswani Pandey	<i>Tejswani</i>
78.	Tushar Bhardwaj	<i>Tushar</i>
79.	Utkarsh Tiwari	<i>Utkarsh</i>
80.	Vedant Khurana	<i>Vedant</i>
81.	Vidhi Srivastava	<i>Vidhi</i>
82.	Vinit Veer	<i>Vinit</i>
83.	Vritika Sachdeva	<i>Vritika</i>
84.	Zeenat	<i>Zeenat</i>
85.	Sheeba	<i>Sheeba</i>
86.	Shivani Gupta	<i>Shivani Gupta</i>
87.	Shivani Singh	<i>Shivani Singh</i>
88.	Shahbaz Khan	<i>Shahbaz</i>
89.	Shahzad	<i>Shahzad</i>

Geetika
Organizing Secretary
Dr Geetika Arora

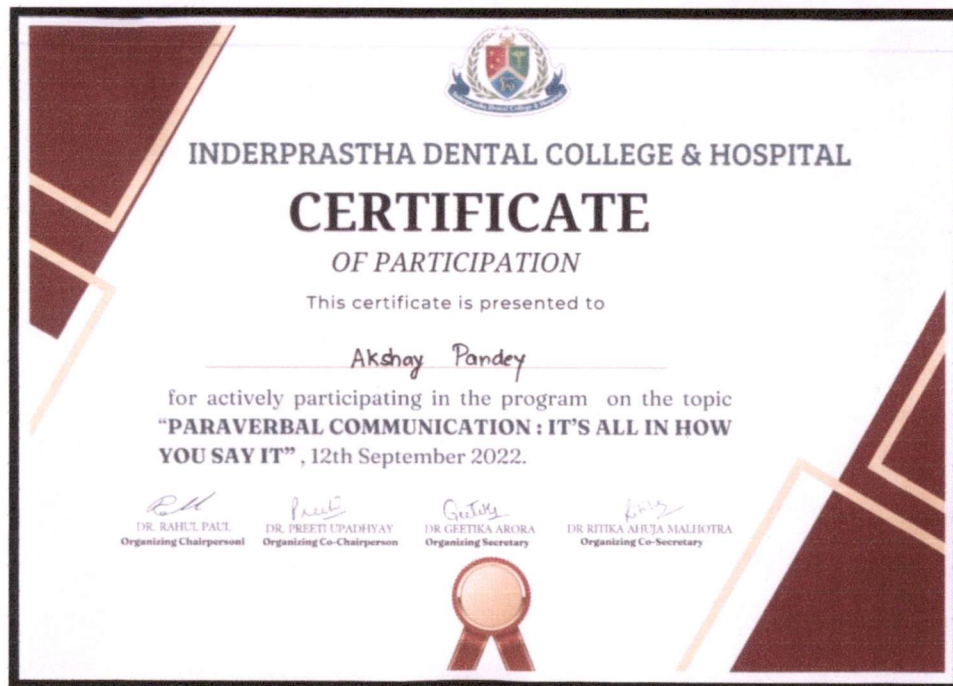




Inderprastha

Dental College & Hospital

CERTIFICATES





Inderprastha Dental College & Hospital

CERTIFICATES



INDERPRASTHA DENTAL COLLEGE & HOSPITAL

CERTIFICATE

OF PARTICIPATION

This certificate is presented to

Swati Singh Rangoli

for actively participating in the program on the topic
"PARAVERBAL COMMUNICATION : IT'S ALL IN HOW
YOU SAY IT", 12th September 2022.


DR. RAHUL PAUL
Organizing Chairperson


DR. PREETI UPADHYAY
Organizing Co-Chairperson


DR. GEETIKA ARORA
Organizing Secretary


DR. RITIKA AHUJA MALHOTRA
Organizing Co-Secretary



INDERPRASTHA DENTAL COLLEGE & HOSPITAL

CERTIFICATE

OF PARTICIPATION

This certificate is presented to

Vidhi Isha

for actively participating in the program on the topic
"PARAVERBAL COMMUNICATION : IT'S ALL IN HOW
YOU SAY IT", 12th September 2022.


DR. RAHUL PAUL
Organizing Chairperson


DR. PREETI UPADHYAY
Organizing Co-Chairperson


DR. GEETIKA ARORA
Organizing Secretary


DR. RITIKA AHUJA MALHOTRA
Organizing Co-Secretary



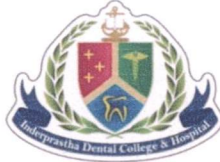


Inderprastha

Dental College & Hospital

CERTIFICATES



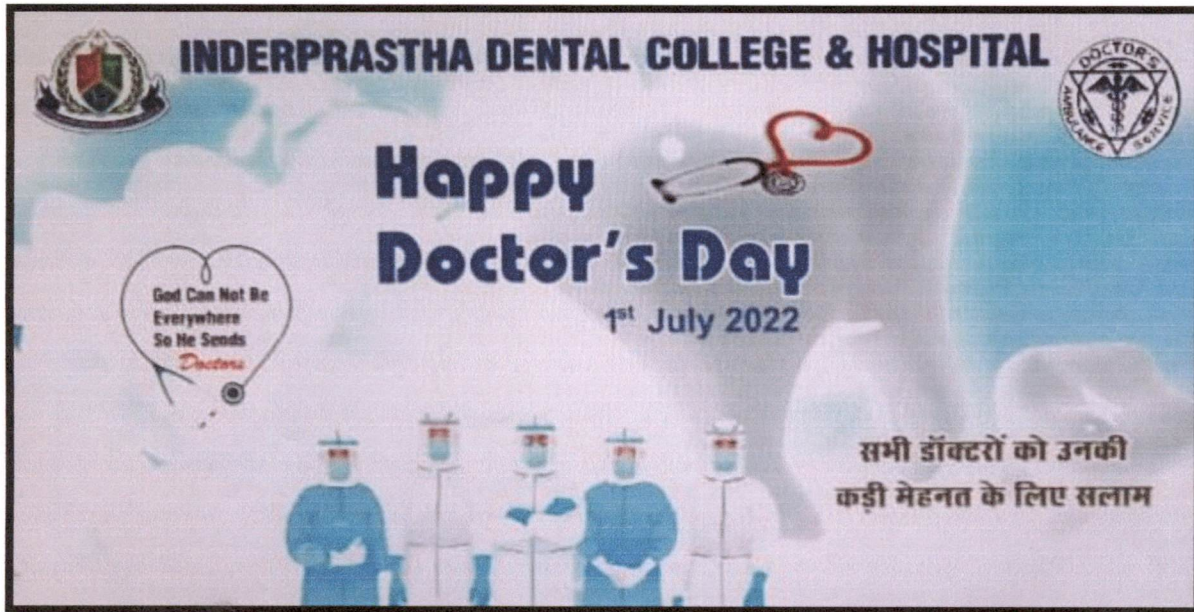


Inderprastha

Dental College & Hospital

NATIONAL DOCTOR'S DAY 1ST JULY 2022

Every year, National Doctor's Day is observed to recognize the role and contributions of doctors in people's lives and communities. Different countries observe this day on different dates, but in India, National Doctor's Day is celebrated on July 1.



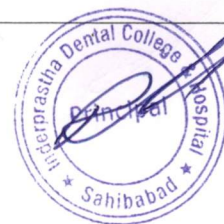


Inderprastha

Dental College & Hospital

TIME TABLE OF NATIONAL DOCTOR'S DAY 2022 **CELEBRATION**

List of Activities		
Activity 1	Health Education Session: Importance Of Oral Hygiene Maintenance In Play School, Sahibabad	CNS Playway School, Sahibabad Village at 9:30- 10:30am
Activity 2	Sensitize how a doctor works in hospital	Prathmic Vidyalay, Sahibabad at 10:30- 11:30am
Activity 3	Screening camp and Ek Selfie Doctor Ke Saath Program in rural area	Sahibabad Village at 11:30 – 12:30 am
Activity 4	Exhibition on : A day in the Life of a doctor	Dental Museum Room, PHD Department, IPDC at 9:30am -2:00 pm
Activity 5	Celebrated National Doctors Day: Cake cutting ceremony by doctors and played songs in glory of doctors	IPDC at 2:00 pm





Inderprastha

Dental College & Hospital

REPORT ON NATIONAL DOCTOR'S DAY 1ST JULY 2022

National Doctor's Day in India is celebrated every year on July 1 by the Indian Medical Association (IMA) to thank and acknowledge the doctors of the country for their dedicated services to the patients.

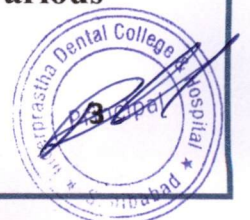
The ongoing COVID-19 pandemic and its deadly second wave have once again reminded us of the role of physicians and doctors and the sacrifice and contributions made by them all over the world. Working round-the-clock shifts and putting their own health in danger, this day gives a perfect opportunity to salute their work.

Doctor's Day 2022 is also celebrated to thank doctors and nurses for their huge contribution to medical advancement in India. The day is celebrated to commemorate the birth and death anniversary of former Chief Minister of West Bengal Dr. Bidhan Chandra Roy.

The campaigns objectives were:

- To honour doctors timeless work and contribution.
- To value doctors and their role in the country's development.
- This awareness campaign offering great opportunities to all to get aware of the roles, importance and responsibilities of the doctors as well as promote medical professionals to come closer and follow the responsibilities of their profession very dedicatedly.

In view of these objectives, **The Department of Public Health Dentistry, Inderprastha Dental College and Hospital, Sahibabad organised various**





Inderprastha

Dental College & Hospital

camps in play school, government school and village camp followed by exhibition in dental museum room in IPDC premises to sensitize people regarding roles and responsibilities of doctors and to promote dental profession in the country on 1st JULY 2022 under the guidance of honourable Secretary Mr. Nimish Agarwal and Dr. Rahul Paul (Principal, Director of IPDC).

Activity 1

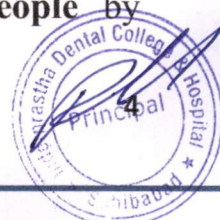
The program was started with a **Dental health educational camp** which was conducted in CNS Playway School, Sahibabad Village at 9:30 am. The message was delivered by Interns and Staff members of IPDC to school children regarding oral hygiene maintenance, healthy living and following appropriate COVID behaviours to save themselves as well as their near and dear ones. The program was concluded by a closing health talk on healthy habits by Dr Geetika Arora, Professor, PHD.

Activity 2

This event was further carried over to another school in Prathmic Vidyalay, Sahibabad. Their school children and the school staff was sensitised about **“How a doctor works in a Hospital to take care of them”**. The importance regarding the profession was aroused by team of doctors in this school visit. The **school children and school staff took selfies with the team of doctors (Ek Selfie Doctor Ke Saath)**. The program in school ended with a high hope that we have moved a step forward in creating awareness and oral health promotion among underprivileged people which will further create a healthier community and also give an opportunity to create manpower in the doctor profession.

Activity 3

Oral health awareness and health promotional village camp was organised and specialized services were provided to underprivileged people by





Inderprastha

Dental College & Hospital

sending the patient for free treatment in the satellite centre in Sahibabad Village runned by Inderprastha Dental College and Hospital. People in the village camp were encouraged to take “**Ek Selfie Doctor Ke Saath**” by the patients.

Activity 4

Organised an exhibition in Dental Museum of Public Health Dentistry Department. beautifully decorated with all information related to dental diseases , its prevention and treatment. Patients asked queries and doctors discussed with them their dental problems in detail. Patients took selfies with group of doctors.

Activity 5

Cake cutting ceremony was performed in college premises. All doctors were invited for National Doctor Day party and songs were played in glory of doctors. Dr Rahul Paul Sir congratulate everyone for their courage and wonderful performance at the pandemic time.

We thank our honorable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event.





Inderprastha

Dental College & Hospital

ACTIVITY 1: Health Education Session: Importance Of Oral Hygiene Maintainence In Play School, Sahibabad



Ghaziabad, Uttar Pradesh, India

157, Sahibabad, Ghaziabad, Uttar Pradesh 201010, Ind
Lat 28.67223°
Long 77.3721°
01/07/22 10:14 AM



Ghaziabad, Uttar Pradesh, India

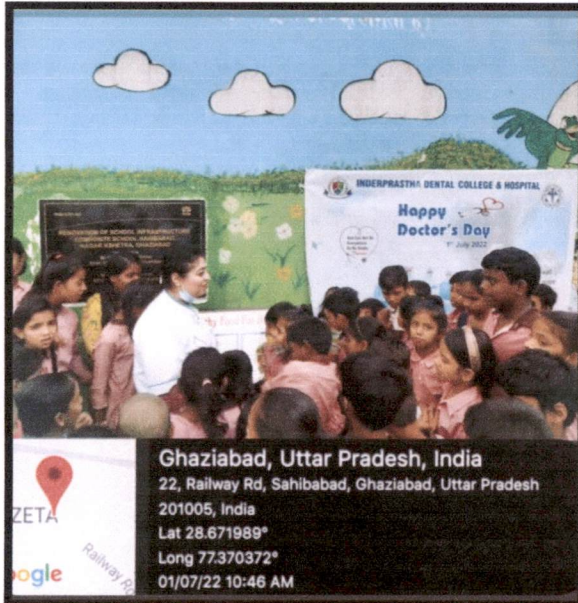
157, Sahibabad, Ghaziabad, Uttar Pradesh 201010, India
Lat 28.67223°
Long 77.3721°
01/07/22 09:41 AM



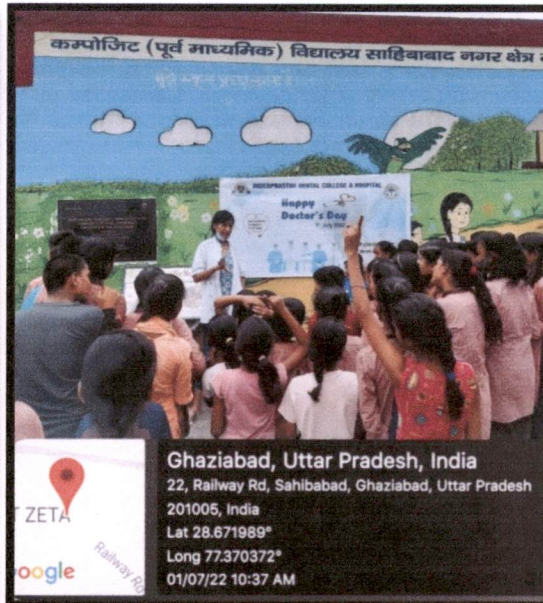


Inderprastha Dental College & Hospital

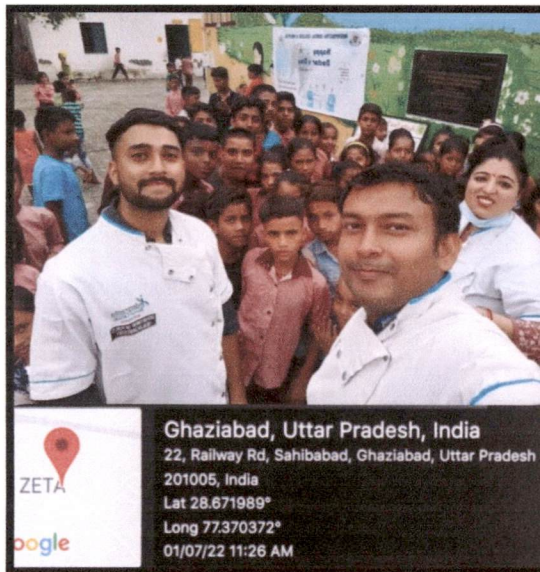
ACTIVITY 2: Sensitize how a doctor works in hospital



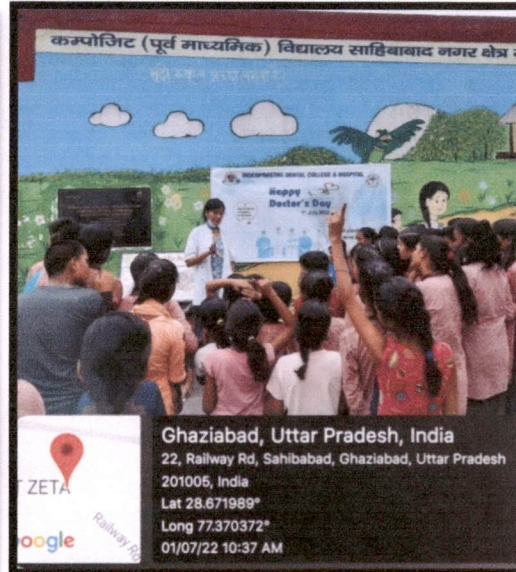
Ghaziabad, Uttar Pradesh, India
22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
Lat 28.671989°
Long 77.370372°
01/07/22 10:46 AM



Ghaziabad, Uttar Pradesh, India
22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
Lat 28.671989°
Long 77.370372°
01/07/22 10:37 AM

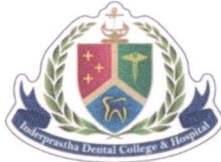


Ghaziabad, Uttar Pradesh, India
22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
Lat 28.671989°
Long 77.370372°
01/07/22 11:26 AM



Ghaziabad, Uttar Pradesh, India
22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
Lat 28.671989°
Long 77.370372°
01/07/22 10:37 AM

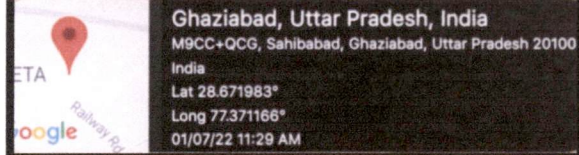
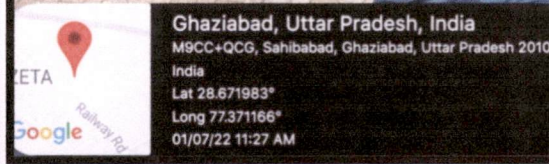
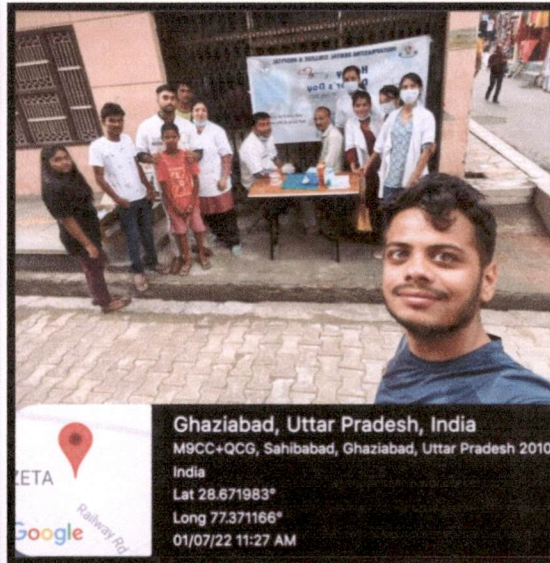
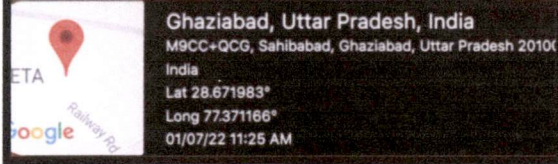


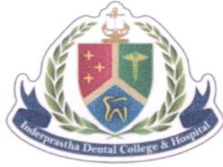


Inderprastha

Dental College & Hospital

ACTIVITY 3: Screening camp and Ek Selfie Doctor Ke Saath Program in rural area





Inderprastha

Dental College & Hospital

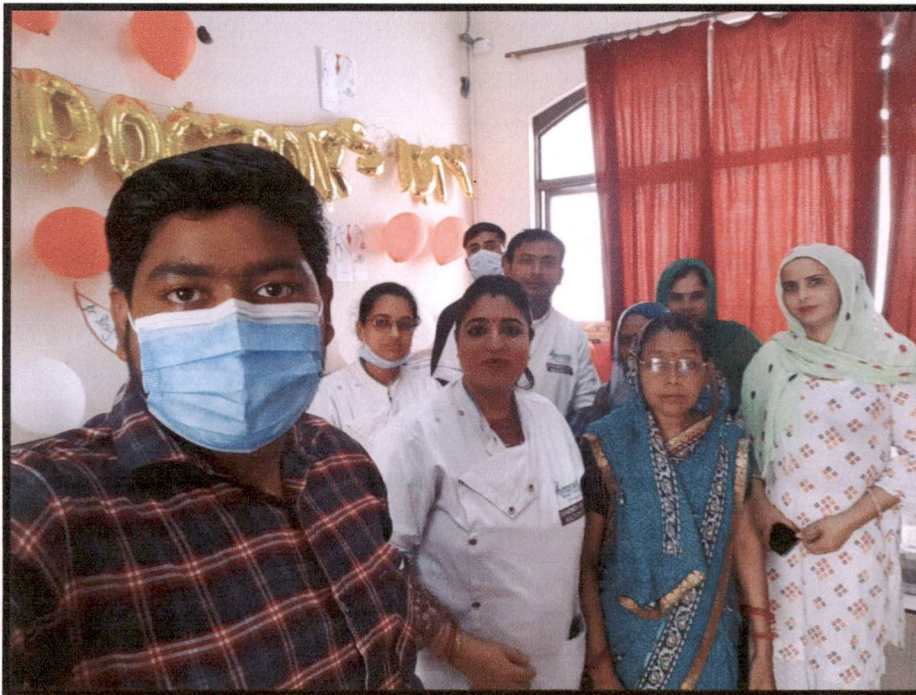
ACTIVITY 4: Exhibition on Doctor's Day: A day in the life of a doctor





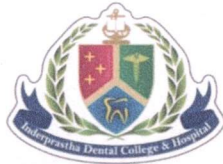
Inderprastha

Dental College & Hospital



Selfie with patients who visited dental museum





Inderprastha

Dental College & Hospital



Dental Health Education imparted to the patients

