



ZEST-2023

Inderprastha
Dental College
& Hospital





INTERNS BATCH - 2016

Message From The Editorial Desk...



Dr. Mayura Paul
Chief Editor



Dr. Heena Gandhi
Co-Editor



Dr. Kannu Sharma
Co-Editor



Dr. Afreen Jan
Co-Editor

Off all the things we wear, our expression is most noticeable.....

With enjoyment & pleasure, we put forward the next dynamic piece of creativity, freedom, self-expression, enthusiasm of our year's work in our Annual Magazine ZEST-2023, which is an amalgamation of the year long work of talented souls along with, the blend of unique taste from each one who have contributed for this magazine.

ZEST is more than just a magazine where the potentials, talents, achievements and vision of our college get reflected. This is that proud moment where our teachers and students take pride in their hard work and cherish their fruits of labour and sincerity of the year that is gone by. It indeed results in ZEST and positive energy within us and we hope this association continues for a life time.



ZEST 2023

Education is the movement from darkness to light.

-Allan Bloom

As I look at the growth over the years since our inception in 2006, I am extremely proud of what we have achieved and even more proud about our students Bright Future.

We are proud ourselves to be awarded as Best Dental College in India.

I am honored to serve as the Chairman of Inderprastha Dental College & Hospital and lead the efforts to improve oral Health throughout India and globally through excellence in education , patient care and Research.

We look forward to advancing all aspects of our mission , continuing to build the status of dentistry nationally and Internationally during coming years.

Mr . Sudhir Agarwal
Chairman



ZEST 2023

Education is simply the Soul of a Society as it passes from one Generation to Another.

-G.K. Chesterton

It gives me immense pleasure in welcoming on behalf of the entire Community of Inderprastha Dental College & Hospital, the Fresher Batch 2022 to the Institution.

Over the years, this institution has evolved to reach and Hold a unique Position of Pride in the field of Dentistry Providing Quality Education and Competitive Environment for the Aspiring Dentist of our Country.

Inderprastha Dental College & Hospital takes Pride in creating not just another group of dentists but also compassionate and responsible human beings.

As we focus in developing exceptional dentists, specialists and researchers we are even mindful that academic excellence must be matched by compassion, integrity and professionalism and that our future depends on producing not only future clinicians but also leaders, academicians and researchers.

I wish you all good luck and lots of success in life.

Mr. Nimish Agarwal
Secretary



ZEST 2023

The goal of education is the advancement of knowledge and the dissemination of truth.

-John Fitzgerald Kennedy

It gives me immense happiness in recollecting the start of Inderprastha Dental College & Hospital in year 2006 till date, the changes are tremendous. The aim of educational institute is not only to impart Academic excellence but also to motivate and encourage the students to be a lifelong learner and excel towards and all round development in order to cope up with the levels of modernization. As per our ethics our main goal is to be happy.

Blessings and good wishes are always with all of you.

Mrs. Deepi Goel

Joint Secretary



ZEST 2023

Welcome to Inderprastha Dental College And Hospital – one of the most innovative dental education programs in the nation. As a vibrant College, every day represents growth, change and a level of excitement that is palpable from the moment you set foot on campus.

We continue to shape the College with a vision and mission embraced by our exceptional faculty and staff. We have modern educational facilities and clinics wellfitted with state-of-the-art & technology. Our education is focused on contemporary dental practice delivery by compassionate, well-prepared professionals, who communicate effectively with patients and the entire healthcare team.

Our curriculum promotes learning through utilization of the best educational approaches and sound teaching principles. We continually seek ways to provide seamless transitions from the classroom (both virtual and real) to our simulation clinic to patient care and finally to practice in the community. Our magazine has received a facelift as well. The new design offers the same great content you've come to expect – feature articles about our exemplary students, faculty, staff and alumni, as well as documentation of IPDC news and events. But the new look, echoing our other changes, provides a larger landscape to publicize our critical mission in leading our commitment to excellent oral health.

When you review our vision and mission statements, you will discover that we have soaring aspirations. Those aspirations, combined with a solid strategic plan, work towards making us a premier dental education institution.

Dr. Pankaj Datta
Dean



ZEST 2023

“Education is not the learning of facts, but the training of the mind to think.”

- Albert Einstein

I am extremely happy & profoundly privileged to head this institution and write a few lines for the annual college magazine ZEST-2023.

Our endeavour at IPDC is to provide the platform where our students can take up the opportunity and the challenges to do the things they are capable of and rise to their potential.

Innovation in the educational system is the need of hour, here we promise to impart high quality education to the youth which is very substantial, potent & conscientious task by the well qualified teachers.

Founded in 2006, we believe that education does not end in the classroom and our college is known for holistic development of the student who will play an important role in building tradition that will endure through the years to come.

I wish all the students good luck for a bright and successful future.

Dr. Rahul Paul
Principal



ZEST 2023

Education is not preparation for life ; Education is life itself.

-John Dewey

Inderprastha Dental College and Hospital is committed in its pursuits of excellence to providing the best academic facilities and a congenial atmosphere to its students for study in a peaceful and serene setting. Purpose-built campus, very highly qualified faculty and more than adequate facilities for training add to the armamentarium of young graduates

We believe in the process of continued dental education and we follow a curriculum based on integrated and interdisciplinary teaching of basic sciences and clinical medicine. Our mission is not only to produce good dentists but also to produce good leaders in dentistry, good human beings with a feeling of compassion and social service. Highly qualified faculty is in position to teach and train students. We keep the students abreast with the latest development in clinical and basic dental and medical sciences through workshops, seminars and conferences arranged by the various Departments concerned.

Dr. Preeti Sharma
Registrar



ZEST 2023

Nurturing creativity and inspiring innovation are two of the key elements of a successful education, and a college magazine is the perfect amalgamation of both. It harnesses the creative energies of the academic community, and distils the essence of their inspired imagination in the most brilliant way possible. Hence, I am delighted to know that IPDC's annual college magazine ZEST - 2023 is ready for publication. I take this opportunity to congratulate the editorial board for bringing out this magazine as per schedule, which in itself is an achievement considering the effort and time required. May all our students soar high in uncharted skies and bring glory to the world and their profession with the wings of education!

Mr. N.K Chaudhary
Manager Administration



ZEST 2023

The core aspiration that makes Inderprastha Dental College and Hospital different from other dental schools is our commitment to strike a balance among technical excellence in dental education (with mere competence as a fallback position), scientific judgment in assessing the dental literature, and emotional intelligence – that indefinable something more that people expect in a doctor, such as being ethical, sympathetic, and caring in their relationships, as well as comfortable with themselves and others in their environment. As an Accounts Manager & Admission Incharge, it is a privilege to be associated with this Institute.

Mr. Amit Verma
Chief Admission Officer



INTERNAL QUALITY ASSURANCE CELL



IQAC CONTRIBUTIONS

ESTABLISHED

IQAC was established under the guidance of Dr. Rahul Paul on 18 November 2021.

VISION

Developing sustenance initiatives and setting quality benchmarks to help the institution evolve into a Centre of Excellence.

MISSION

Developing mechanisms for enhancement in academic & administrative performances. Facilitating practices for holistic learning-centric environment & inculcating value-based education system.

Promoting sustainable policies for quality improvement.

IQAC COMMITTEE

Our IQAC is a team-driven, quality sustenance measure.

Aim at achieving

1. A holistic academic and administrative excellence.
2. Consistent and competent goals for the Institution.
3. Overall quality enhancement.

IQAC MEMBERS

MR. NIMISH AGARWAL
MANAGEMENT MEMBER

DR. RAHUL PAUL
CHAIRPERSON

DR. PREETI UPADHYAY
IQAC COORDINATOR

DR. VANDANA GULIA | DR. GARGI MOHANTY
FACULTY MEMBERS

DR. MUDITA GUPTA
DR. KANNU SHARMA
DR. AVNEESH KUMAR SHARMA
NOMINEE FROM LOCAL SOCIETY,
STUDENTS & ALUMINI

DR. GANESH RAJGOPAL
MS. SWARUPAMA RASKAR
NOMINEE FROM EMPLOYERS/
INDUSTRIALISTS/ STAKEHOLDERS

MR. NARENDER CHAUDHARY
ADMINISTRATIVE MEMBER

MS. AMBALIKA SHARMA
IT MEMBER

DR. DEBARGHYA BHATTACHARYA
PG STUDENT MEMBER

MR. NAYAN PRATAP | MR. ANKIT
UG STUDENT MEMBERS

STRATEGIES OF IQAC

Efficient, progressive and timely completion of academic & administrative tasks.

Fostering global competencies among students by improving the quality of academic and research programs.

Optimization of existing and integration of newer learning & teaching methods.

Upholding the credibility of evaluation procedures of assessments in the institution.

Research sharing and networking with other institutions in India and abroad.

Ensure heightened level of clarity and focus in institutional functioning towards quality enhancement and provide a sound basis for decision-making to improve institutional functioning.

Ensuring the adequacy, maintenance and functioning of the support structure and services.

Overview of Workdone

Developing Quality Systems :

- Developing forms and formats & standard operating protocol.
- Database maintenance for updating annual reports.
- March towards digitalization and automation.

Improving Teaching & Learning Mechanism :

- Conducting various hands-on, value added courses.
- Conducting various faculty development programs on recent advancement and effective learning.
- Conducting Quality improvement, IPR workshops research related programs.
- Motivation for publications in indexed journal.

Efficient Monitoring :

- Review of academic and Research through academic audit.
- Effective feedbacks mechanism and its analysis for improvement.

INFRASTRUCTURE



GREEN INITIATIVES

Climate change is happening. The situation can feel overwhelming. But there are small, achievable changes we can all make in our lives to lessen the impact.

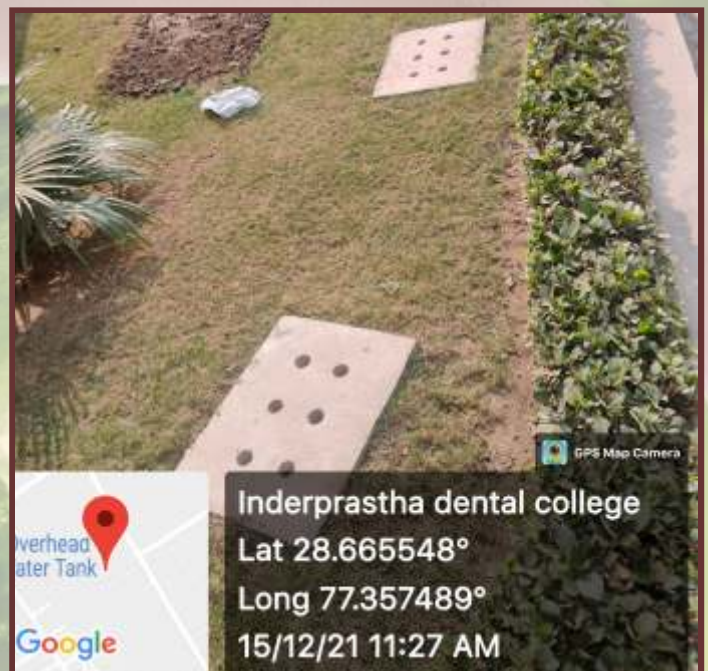
Green initiatives are the need of the hour. Inderprastha College has done its own part to contribute towards climate by installation of solar plant in its campus. The solar plant is spread over the entire college and hostel buildings.

Another initiative by the college is for water conservation. Rain water harvesting system is installed which helps to replenish the ground water levels and also prevents water from logging on roads reducing the chances of soil erosion.

Solar Panels



Water Harvesting



SPORTS FACILITIES



COLLEGE DISTINCTIVNESS

Digital dentistry - 3D Scanner and 3DPrinter



3-D PRINTER SETUP

Inderprastha Dental College & Hospital (IPDC) believes in continuously upgrading the exposure of student to new technologies being introduced in to the dental world. This approach keeps IPDC, always a step ahead in dental education. In this regard, IPDC recently procured a state of the art 3-D Scanner DW-IO-100. An Intraoral Scanner is a dental 3D scanner intended to be used for digital records of topographical characteristics of teeth and surrounding tissues. The 3D scanning system produces digital 3D models, used in dentistry such as diagnostic models, treatment planning, treatment prediction, laboratory transfer, record keeping.

The combination of 3-D Scanner and printer has boosted the learning and understanding for students. Final year undergraduates learn to use these equipments during their postings in the Department of Orthodontics and Prosthodontics. Students appreciate the precisions in their impressions and understand how digital impressions can benefit both patient and dentist. Our Post-Graduate students have been using printer to fabricate clear aligners and delivering high quality treatment to the patients. Scanning and printing is now an integral part of practice by students and staff to deliver precise treatment in less time.



3-D SCANNER SETUP

BEST PRACTICE

“INDERPRASTHA DENTAL HEALTH AWARENESS MISSION” RAISPUR VILLAGE

Inderprastha Dental programme “INDERPRASTHA DENTAL HEALTH AWARENESS MISSION” in association with gram panchayat Raipur, was set up with an aim to provide oral health awareness and treatment to people in rural areas.

Firstly, the drive started with the door-to-door health awareness campaign conducted by students in the village. The people were motivated to practice good oral hygiene and seek the primary treatment in their own neighbourhood. For this, IPDC established a clinic in Village Raipur, which provided free treatment to villagers in their vicinity and opportunity for college student to work in rural set up.

IPDC also provides transportation facility from Raipur village to college on every Wednesday, for all those patients who seek advance dental treatment.



DOOR TO DOOR AWARENESS



RAISPUR DENTAL HEALTH CLINIC



BEST PRACTICE

Quit Tobacco- A Mission of IPDC

Tobacco use is described as the single most preventable cause of morbidity and mortality globally, with the World Bank predicting over 450 million tobacco-related deaths in the next fifty years. In India, the proportion of all deaths that can be attributed to tobacco use is expected to rise. Thus, Tobacco Cessation is the most effective way of health intervention to reduce the impact of tobacco related mortality and morbidity.

Consumption of Gutka is common, needs reinforcement / counselling among patients to quit the dreadful habit – making Tobacco Counselling Centre (TCC) an absolute necessity. Our college is surrounded by many industries, which provides us opportunity to cater industrial workers in whom the use of tobacco is very common.

The Department of Public Health Dentistry, Inderprastha Dental College & Hospital, Sahibabad has state of the art TCC along with Nicotine Replacement Therapy (NRT) regimes to make it simple and easy for patients to motivate them to quit the habit. It is the most effective way of health intervention to reduce the impact of tobacco related mortality and morbidity. Thus, IPDC committed itself to get these workers quit the habit.

Hence, two industries were identified in vicinity. The management of industry were approached and informed about our mission “Commit to Quit”. Memorandums of understanding were signed between P.Ent Labels Pvt Ltd and IPDC and Holyfaith Pvt Ltd and IPDC.

All the workers of the industry were screened for oral health status and tobacco users were identified. Thereafter, tobacco cessation habit counselling was done. The identified workers are then regularly counselled to quit the habit.



PENT Labels Pvt. Ltd.



Holy Faith Pvt. Ltd.

Anemia Muk Bharat

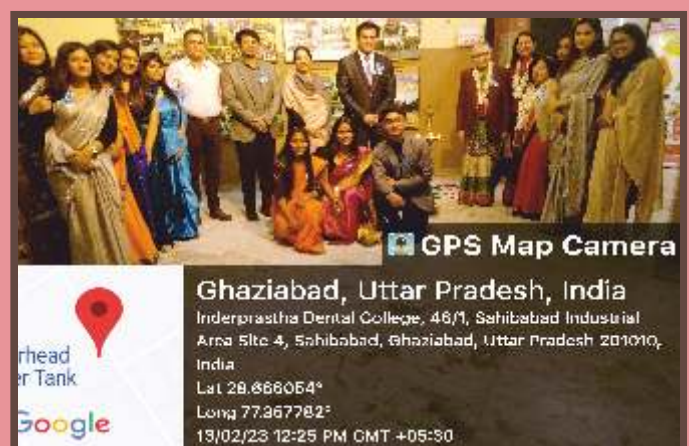
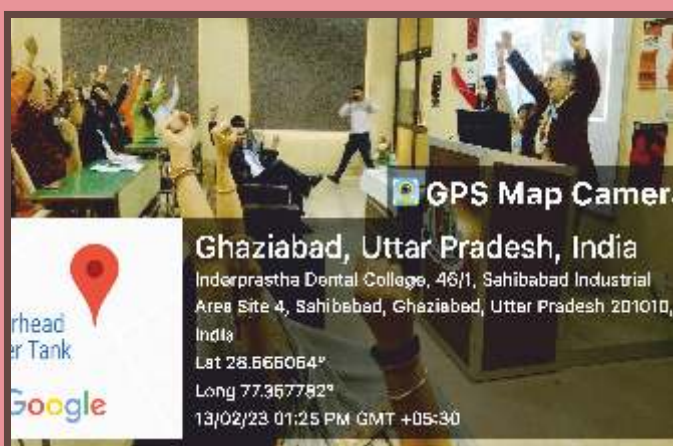
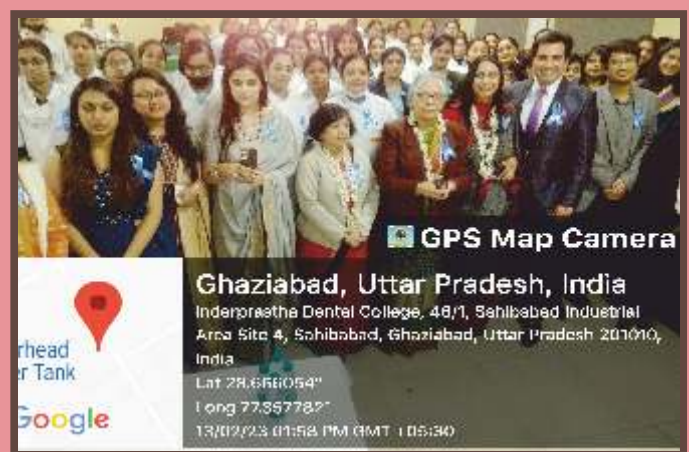
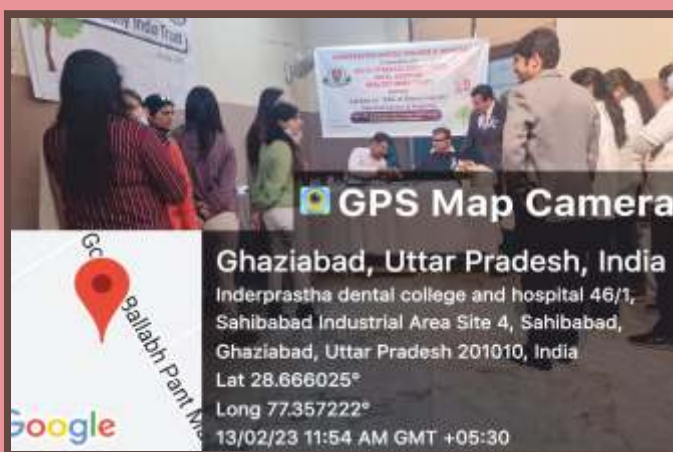


An event was conducted by Inderprastha dental college and hospital on ABC of Women's Health, A-Anaemia, B-Blood (Hemoglobin), C-Cervical Cancer as all these are raising health issues among women's health. This event was held in collaboration with Delhi Gynaecologist Forum (DGF), Healthy Trust India and M- Cure. This successful event was held under the guidance of Dr. Rahul Paul and was organised by Dr. Manish Bhalla. The guest speaker for the event was the famous gynaecologists from India, Dr. Sharda Jain (MD, MNAMS, FICOG, FIMSA, DHM, QM&AHO, PGDMLS) and Dr. Shama Batra (MD, FICOG). They enlighten the audience about cervical cancer and Iron Deficiency Anaemia.

Cervical cancer is a type of cancer that occurs in the cells of the cervix — the lower part of the uterus that connects to the vagina. Various strains of the human papillomavirus (HPV), a sexually transmitted infection, play a role in causing most cervical cancer. When exposed to HPV, the body's immune system typically prevents the virus from doing harm. In a small percentage of people, however, the virus survives for years contributing to the process that causes some cervical cells to become cancer cells.

This lecture elaborated on prevention of cervical cancer and also emphasised on vaccination as it can reduce the risk of developing cervical cancer by having screening tests. Additionally, receiving a vaccine gives protection against HPV infection.

Iron deficiency anemia is a common type of anemia. It is a condition in which blood lacks adequate healthy red blood cells. Red blood cells carry oxygen to the body's tissues. As the name implies, iron deficiency anemia is due to insufficient iron. Without enough iron, our body can't produce enough of a substance called Hemoglobin in red blood cells that enables them to carry oxygen. As a result, iron deficiency anemia may leave us tired and short of breath. One can usually correct iron deficiency anemia with iron supplementation. But Sometimes additional tests or treatments for iron deficiency anemia are necessary, Henceforth doctors advice should be taken.





AWARDS



FACULTY AWARDS



Dr. Rahul Paul

- ★ Best Principal Award by Global Educators Group 2022.



Dr. Deepti Yadav

- ★ Best Emerging Researcher of the year by Cynodent International Awards 18th August 2022.
- ★ Best Cosmetic Dentist in Dwarka 2021 by National Healthcare Service Excellence Awards.



Dr. Vandana Gulia

- ★ Best Emerging Orthodontist of the year by Cynodent International Awards 18th August 2022.
- ★ Best Orthodontist in West Delhi 2021 by National Healthcare Service Excellence Awards.



Dr. Vineet Golchha

- ★ Best Researcher award 2022 , INSO Chennai.



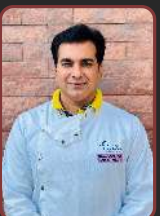
Dr. Dakshita Joy Sinha

- ★ Excellence in Conservative Dentistry and Endodontics 2022 by CynoDent International.
- ★ Awarded 2nd best scientific paper at KGMC, Lucknow by CynoDent International.
- ★ Academician of the year 2022 below 45 years award by CynoDent International.
- ★ Education Leadership Award 2022 by Glantor X.
- ★ International Award of Excellence and Asia Awards 2022 # Best Dentist Award.
- ★ Research excellence award 2022 by InSc Institute of Scholars.
- ★ Awarded among the Top 100 Researchers in India by FoxClues on 15th September 2021.



Dr. Nikhil Puri

- ★ Outstanding contribution in Endodontics 2022 by CynoDent International.



Dr. Manish Bhalla

- ★ Awarded Global Progressive achievers award by Global Educators Fraternity, 2022.
- ★ Best academician below 45 years, August 2022, Cynodent.
- ★ Certificate of honour for empowering students through education and skill development by DELHI MINORITIES COMMISSION, (Govt of NCT of delhi), 2021.
- ★ Green ambassador for remarkable work in the field of environment conservation, 2020.



Dr. Ritika Ahuja Malhotra

- ★ Best emerging pedodontist of the year, 2022.
- ★ Emerging academician in pedodontics, 2022.



Dr. Jasmine Nanda

- ★ Pedodontist of the year award by Asia pacific dental excellence awards, 2022.
- ★ Record holder for extracting natal teeth in the youngest infant by Indian book of records, 2022.



Dr. Preeti Upadhaya

- ★ Excellence in Periodontology at the Cynodent, 4th World Dental Sciences and Oral Health Conference, Lucknow on 16th to 19th August 2022.



Dr. Pragya Tripathi

- ★ Best Academician below 45yrs at the Cynodent, 4th World Dental Sciences and Oral Health Conference, Lucknow on 16th to 19th August 2022.



Dr. Mayura Paul

- ★ Excellence in ORAL PATHOLOGY at the Cynodent, 4th World Dental Sciences and Oral Health Conference, Lucknow on 16th to 19th August 2022.

STUDENTS AWARDS



Dr. Sumedha Sharma

- ★ PG Student of The Year-18th August 2022-Cynodent International Awards, Lucknow 2022.
- ★ 2nd Position In Scientific Paper Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. PRAKHER

- ★ Budding Dentist of the Year-18th August 2022- CynoDent International Awards, Lucknow 2022.



DR. ANUDEEP

- ★ 2nd Position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. TEISOVINUO

- ★ 3rd Position in Scientific Poster Presentation-16th -19th AUGUST 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, 2022.



DR. PARUL

- ★ 1st position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. AKSHITA

- ★ 2nd Position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. DIPANKER

- ★ 3rd in Paper Presentation-4th -6th August 2022-1st Invisible Orthodontic Symposium, Jaipur
- ★ 3rd Position In Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. AASTHA

- ★ 1st in Paper Presentation-4th -6th August 2022-1st Invisible Orthodontic Symposium, Jaipur.
- ★ 1st Position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.
- ★ Best Paper Presentation Per Session-28th April to 1st May 2022-25TH IOS PG Convention, held at Mangalore.
- ★ 1st Position in Table Tennis Women's Singles-28th April to 1st May 2022-at Embrace sports event, 25th IOS PG Convention, held At Mangalore.



DR. PRIYANKA

- ★ 3rd Position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. EKTA

- ★ 1st Position in Scientific Poster Presentation-16th -19th August 2022-4th World Dental Sciences and Oral Health Conference, CynoDent, Lucknow 2022.



DR. TEISOVINUO

- ★ Bagged the 1st prize for Scientific Paper Presentation-16th -19th AUGUST 2022-Cynodent 4th world dental science and oral health conference.
- ★ Winner of MANI quiz contest-6 held in August 2022.



DR. PRIYANKA RANI

- ★ The 2nd prize for Scientific Paper Presentation at 22nd IACDE National PG Convention held on 25th -27th of March, 2022 at Andhra Pradesh.
- ★ The 1st prize for scientific paper presentations at 30th National Conference of Indian Endodontic Society held on 14th to 16th October 2022, New Delhi.
- ★ Winner PG student of the year at Cynodent international and Indian society of dentistry awards 2022.



DR. DEEPIKA MEHRA

- ★ Awarded 2nd prize for scientific paper presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.



DR. SWAPNIL

- ★ 1st prize for scientific paper presentation at 30th National Conference of Indian Endodontic Society held on 14th to 16th October 2022, New Delhi.
- ★ 1st prize for scientific paper presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.
- ★ 2nd prize for scientific paper presentation at 22nd IACDE National PG Convention held on 25th -27th of March, 2022 at Andhra Pradesh.



DR ISHA SINGH

- ★ Bagged the 3rd prize for scientific paper presentation at 22nd IACDE National PG Convention held on 25th-27th of March, 2022 at Andhra Pradesh.
- ★ 2nd prize for scientific paper presentations at 30th National Conference of Indian Endodontic Society held on 14th to 16th October 2022, New Delhi.
- ★ 2nd prize for scientific paper presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.
- ★ Winner of Dental talent of the year at Cynodent international and Indian society of dentistry awards 2022.



DR. KUNAL BEDI

- ★ 1st prize for scientific paper presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.



DR. RASHMEET

- ★ 3rd prize for scientific poster presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.
- ★ 1st prize for scientific paper presentation at PG- Conference of Indian Endodontic Society held on 3rd to 5th March 2023, Aurangabad.



DR. ADITYA

- ★ 2nd prize for scientific poster presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.
- ★ 1st prize for scientific paper presentations at 30th National Conference of Indian Endodontic Society held on 14th to 16th October 2022, New Delhi.



DR. TUSHAR

- ★ 1st prize for scientific poster presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.



DR. ANJALI

- ★ 1st prize for scientific poster presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.



DR. SUKHINDER

- ★ 2nd prize for scientific poster presentation at Cynodent 4th world dental science and oral health conference on 16th to 19th August 2022.



DR. KRITIKA PANDEY

- ★ Best Paper presentation at 23rd IPS PG Convention, Jaipur on 2-4th July, 2021 for paper on " Full Mouth Rehabilitation".



DR. AKANKSHA GARG

- ★ First Price in Paper Presentation, 42nd ISPPD Virtual Conference, Bhubneshwar-2021 Second Price in Paper Presentation.
- ★ 2nd World Dental Sciences and Oral Health Conference-, Cynodont, Rishikesh-2021.
- ★ Best Emerging Pedodontist of the Year-2021, Cynodont
- ★ Second Price In Paper Presentation, 3rd World Dental Sciences And Oral Health Conference-, Cynodont, Madhya Pradesh, 2022.
- ★ Student Of The Year [pg Category], 2022- 3rd World Dental Sciences And Oral Health Conference-, Cynodont, Madhya Pradesh, 2022.



DR. SONVITA DEBNATH

- ★ Best Poster Presentation, at Pedodisha 2021, ISPPD.
- ★ PG Student of the Year (second Year) at 4th World Dental.
- ★ Sciences and Oral Health Conference, KGMU Lucknow, 2022 Nomination in "legends of Dentistry" held by Cynodont 2022.
- ★ 8th Position in Poster Competition at Udaan, Delhi Dental Show by IDA, 2022.



DR. CHETAN AGGRAWAL

- ★ Best Paper Presentation, at Pedotal 2022, ISPPD.



DR. PRIYA SARRAF

- ★ Budding Dentist of the Year 2022, Cynodont.



DR. ANISHA JAIN

- ★ First Prize in Poster Presentation, 3rd World Dental Sciences and Oral Health Conference-, Cynodont, Madhya Pradesh, 2022.



DR. NEHA SINGH

★2nd prize in Student paper presentation during 27th Annual National conference of Indian Society of Oral Implantologists 2021.



DR CHING NUN SIAM

★3rd prize for Paper presentation at the Cynodent, 4th World Dental Sciences and Oral Health Conference.



DR SAMISTHA SINHA

★2nd prize for Poster competition at the ISP Integrate.



DR NEERU VERMA

★2nd prize for Poster competition at the ISP Integrate.



DR PRIYA SHARMA

★3rd prize for Paper presentation at the Cynodent, 4th World Dental Sciences and Oral Health Conference.

UNDERGRADUATES AWARDS



DR. Vaishnavi Pandey

- ★ Won 2nd prize in Scientific Paper Presentations at Occlusion ; National dental conference held at ITS college, Ghaziabad on 9th and 10th Dec 2022.
- ★ Bagged 3rd prize at SGT Dental Esperanza 2022 on 2nd and 3rd December 2022



DR. Ivan Guite

- ★ Won 3rd prize in Scientific Paper Presentations at Occlusion ; National dental conference held at ITS college, Ghaziabad on 9th and 10th Dec 2022.



DR, NAHIDA KHATOON

- ★ Won 2nd prize in Scientific Paper Presentations at Occlusion ; National dental conference held at ITS college, Ghaziabad on 9th and 10th Dec 2022.



DR. ILA GUPTA

- ★ Won 3rd prize in Scientific Paper Presentations at Occlusion ; National dental conference held at ITS college, Ghaziabad on 9th and 10th Dec 2022.

FACULTY DEVELOPMENT PROGRAMME



YEAR	DATE	PROGRAM
2022-23	01-03-2023	Research Redefined
2022-23	11-01-2023	Dentine in a capsule
2022-23	22-12-2022	Sterilization Protocols
2022-23	23-11-2022	Ecstatic Arts- Photo & Videography Programme
2021-22	10-05-2022	Master soft solutions LMS training
2021-22	01-03-2022 to 02-03-2022	Dentistry unleashed
2021-22	19-02-2022	Workshop on information & computer technology
2021-22	27-10-2021	Workshop on clear aligners
2021-22	19-08-2021	The Bioethical gap
2021-22	11-08-2021	Train the trainers
2020-21	23-03-2021to 24-03-2021	Intraoral Scanners
2020-21	20-10-2020	Clinical Significance & Diagnostic making with ELISA



RESEARCH REDEFINED



DENTINE IN A CAPSULE



STERILIZATION PROTOCOLS



ECSTATIC ARTS- PHOTO & VIDEOGRAPHY PROGRAMME



VALUE ADDED AND ADD ON PROGRAMME

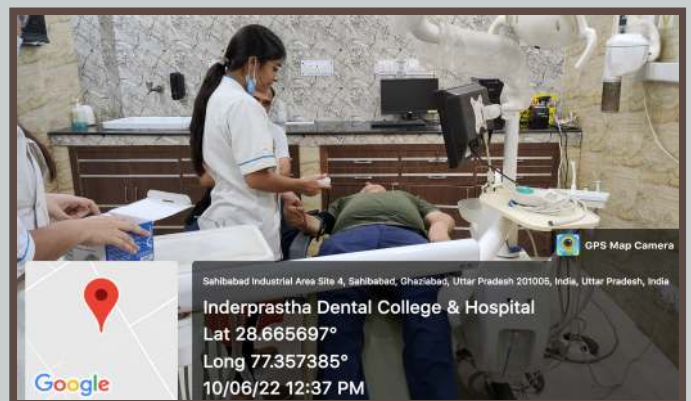
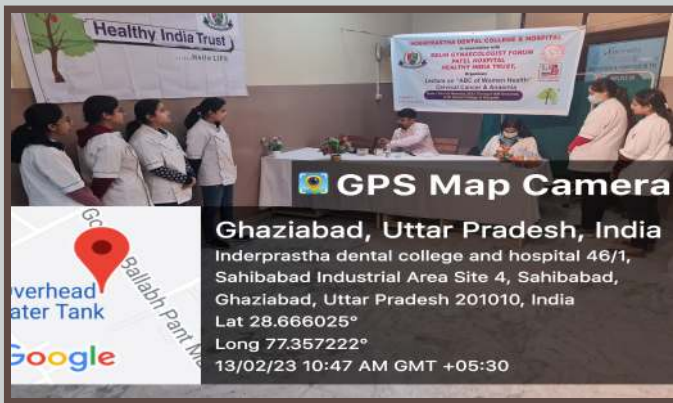


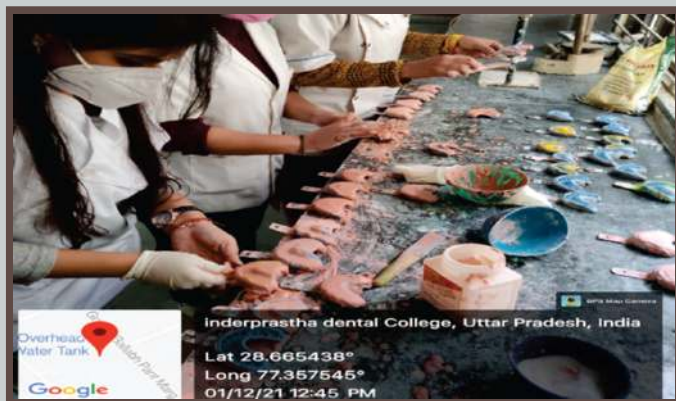
VALUE ADDED COURSES

S NO.	NAME OF THE DEPARTMENT	YEAR	NAME OF VAC
1.	DEPARTMENT OF PEDODONTICS AND PREVENTIVE DENTISTRY	2022	MINIMAL INTERVENTION TO MAXIMUM INVASION – A CLINICAL PERSPECTIVE
2.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2022	LASERS IN DENTISTRY
3.	DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY	2022	HOW TO HANDLE MEDICAL EMERGENCIES
4.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2022	DENTISTRY UNLEASHED WOTH MAGNIFICATION
5.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2021	WHY USE LOPUES
6.	DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS	2021	MYOFUNCTIONAL APPLIANCE
7.	DEPARTMENT OF PERIODONTOLOGY	2021	MANAGEMENT OF GINGIVAL ENLARGEMENT
8.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2021	MAGNIFICATION IN OPERATIVE DENTISTRY
9.	DEPARTMENT OF ORAL MEDICINE AND RADIOLOGY	2021	MANAGEMENT OF OSMF
10.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2021	PERFORATION REPAIR
11.	DEPARTMENT OF PEDODONTICS AND PEDIATRIC DENTISTRY	2021	LASERS IN PEDIATRIC DENTISTRY
12.	DEPARTMENT OF ORAL PATHOLOGY AND HISTOLOGY	2021	MICROSCOPE AND MICROSCOPY
13.	DEPARTMENT OF PROSTHODONTICS AND CROWN AND BRIDGE	2021	ELASTOMERRIC IMPRESSION TECHNIQUE AND FABRICATION OF MOUTHGUARD
14.	DEPARTMENT OF PEDODONTICS AND PEDIATRIC DENTISTRY	2021	CLEAR ALTERNATIVE TO BRACES – PEDIATRIC ALIGNERS
15.	DEPARTMENT OF PUBLIC HEALTH DENTISTRY	2021	TOBACCO DE-ADDICTION
16.	DEPARTMENT OF ORAL PATHOLOGY AND HISTOLOGY	2020	EXFOLIATIVE CYTOLOGY
17.	DEPARTMENT OF PROSTHODONTICS AND CROWN AND BRIDGE	2020	FUNDAMENTALS OF PRECISION CASTING AND AN INSIGHT TO WAX PATTERN FABRICATION

ADD-ON PROGRAMME

S NO.	NAME OF THE DEPARTMENT	YEAR	NAME OF THE PROGRAMME
1.	DEPARTMENT OF HUMAN ANATOMY	2023	LEARNING TECHNIQUES OF ANATOMY
2.	DEPARTMENT OF PEDODONTICS AND PREVENTIVE DENTISTRY	2023	ABC OF WOMEN HEALTH
3.	DEPARTMENT OF PEDODONTICS AND PREVENTIVE DENTISTRY	2023	SEPTODONT
4.	DEPARTMENT OF ORAL AND MAXILLOFACIAL SURGERY	2022	ORAL IMPLANTOLOGY PROGRAMME
5.	DEPARTMENT OF PROSTHODONTICS AND CROWN AND BRIDGE	2022	BASIC LIFE SUPPORT
6.	DEPARTMENT OF CONSERVATIVE DENTISTRY AND ENDODONTICS	2022	MAGNIFICATION, MOTIVATION AND MORE
7.	DEPARTMENT OF PEDODONTICS AND PREVENTIVE DENTISTRY	2022	AN OVERVIEW OF PEDIATRIC MALIGNANCIES AND ITS IMPACT ON ORAL TISSUES
8.	DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS	2022	INCREASING CLINICAL EFFICIENCY WITH DAMON AND VECTOR TAS
9.	IQAC	2022	ECSTATIC ARTS – A PHOTOGRAPH AND VEDIOGRAPHY PROGRAMME
10.	DEPARTMENT OF ORTHODONTICS AND DENTOFACIAL ORTHOPEDICS	2021	ALIGNERS WORKSHOP







RESEARCH

To see what everyone else has seen, but think what noone else has thought.
-Albert Szent-Gyorgyi

ICMR SCHOLARS

ICMR-STs 2022



Sejal Gupta

Effect of Probiotic
containing mouth-rinse on
halitosis in patients with
dental prosthesis



Monema Perwaiz

Forensic Odontology
Knowledge Among
Dental Students



Mishita Tyagi

Evaluation and Comparison
of effectiveness of new
activated charcoal
orthodontic
toothbrush on plaque
removal in fixed orthodontic
patients using orthodontic
plaque index.

ICMR MDS Thesis Grant- June 2022

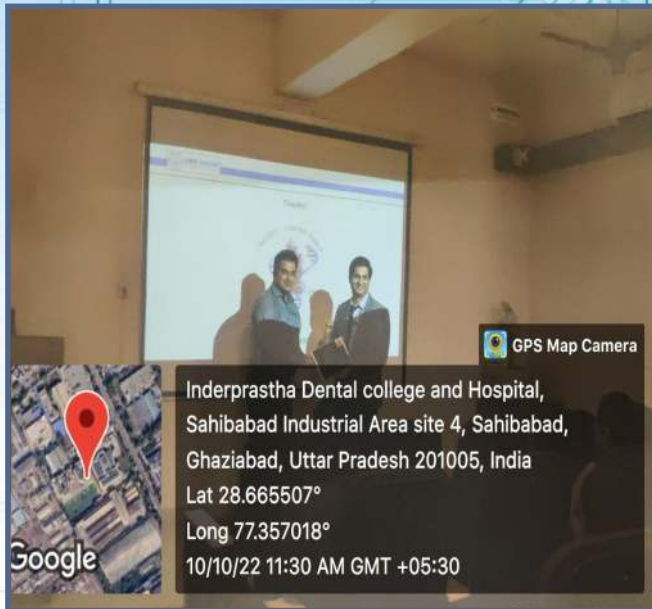


Dr. Ishita Malhotra

Comparative evaluation of the efficacy
of different Antifungal agents and their
effect on tensile bond Strength of soft
tissue denture liner: an in-vitro Study
2nd yr PG student
Department of Prosthodontics

RESEARCH PROGRAMES

S.No.	Date	Topic	Speakers
1.	25.08.2022	Applied Biostatistics	Prof. Dr. Lakshmi K. Professor & Dean Chettinad School of Pharmaceutical Sciences Chettinad Academy of Research and
2.	29.08.2022	How to write a winning grant proposal?	Dr. Shanmugraja Meenakshi Assistant Professor Chettinad Academy of Research and Education, Chennai
3.	02.09.2022	Introduction to Intellectual Property Rights & How To Copyright, Research Funding Agencies, & Ways to Avoid & Dodge Plagiarism In Scientific Writing	Dr. Priyanka Kapoor Professor & Incharge Department of Orthodontics Faculty of Dentistry Jamia Milia Islamia University Dr. Aman Chowdhry Professor Department of Oral Pathology Faculty of Dentistry Jamia Milia Islamia University
4.	10.10.2022	Prospects of Dental Specialities in Biomedical Research in ICMR	Dr. Showket Hussain Scientist - D at ICMR-National Institute of cancer prevention & research.
5.	11.10.2022	Good Clinical Practice	Dr. Neena Valecha Former director ICMR & Former WHO Regional officer of south East Asia
6.	02.03.2023 & 03.03.2023	Scientific Writing Basic & Beyond	Dr. Priyanka Kapoor Professor & Incharge Department of Orthodontics Faculty of Dentistry Jamia Milia Islamia University Dr. Aman Chowdhry Professor Department of Oral Pathology Faculty of Dentistry Jamia Milia Islamia University Dr. Deepika Bablani Popli Professor Department of Oral Pathology Faculty of Dentistry Jamia Milia Islamia University



BOOKS



S. No.	BOOK/ CHAPTER	TOPIC	AUTHOR	PUBLISHER	YEAR
1	Book	Photography in Orthodontics	Dr. Rahul Paul Dr. Akash Verma Dr. Deepti Yadav Dr. Ish Kumar Sharma	Healtalk Publication	2023
2	Book	Indices in Orthodontics	Dr. Rahul Paul Dr. Sneha Priya Dr. Deepti Yadav Dr. Mudita Gupta	Healtalk Publication	2023
3	Book	Growth Indicators in Orthodontics	Dr. Rahul Paul Dr. Anamika Dr. Deepti Yadav Dr. Vandana Gulia	Healtalk Publication	2023
4	Book	Recent Advancements in Accelerated Orthodontics	Dr. Rahul Paul Dr. Dipesh Grover Dr. Deepti Yadav Dr. Vandana Gulia	Healtalk Publication	2023
5	Book	Surgically Induced Rapid Tooth Movement	Dr. Rahul Paul Dr. Dipankar Sarkar Dr. Deepti Yadav Dr. Ish Kumar Sharma	Healtalk Publication	2023
6	Book	Stainless Steel in Orthodontics	Dr. Rahul Paul Dr. Ekta Sharma Dr. Deepti Yadav Dr. Mudita Gupta	Healtalk Publication	2023
7	Book	Nickel Titanium in Orthodontics	Dr. Rahul Paul Dr. Priyanka Kumari Dr. Deepti Yadav Dr. Ish Kumar Sharma	Healtalk Publication	2023
8	Book	Recent Advances in Periodontology	Dr. Arpita Goswami Dr. Manika Jindal Mittel	Lambert academic publication	2022
9	Book	Endodontics Biofilm	Dr. Dakshita Joy Sinha	Lambert Academic Publication	2022
10	Book	Manual of Pediatric Intensive Care	Dr. Suprabha Rathee	CBS Publishers and Distributors	2022
11	Chapter	Dental Emergency in Pediatric Trauma	Dr. Rahul Paul Dr. Geeta Paul Dr. Vandana Gulia	CBS Publishers and Distributors	2022
12	Book	Esthetic Consideration in Pediatric Dentistry	Dr. Manish Bhalla Dr. Ritika ahuja malhotra	Lambert Academic Publication	2022
13	Book	Sports Dentistry	Dr. Manish Bhalla	Lambert Academic Publication	2022

14	Book	Endodontic Emergencies	Dr. Dakshita Joy Sinha	Lambert Academic Publication	2022
15	Book	Wound Healing in Periodontal Therapy	Dr. Vikram Blaggana Dr. Pragya Tripathi Dr. Tarun Mittal	Lambert Academic Publication	2022
16	Chapter	COVID-19: A deteriorative conundrum of human health (edition-1)	Dr. Sankalan Sarkar	Selective and scientific books. Delhi, India	2021
17	Book	Recent Advances In Caries Prevention	Dr. Ritika Malhotra	LAP Lambert Academic Publishing	2021
18	Book	Obstructive Sleep Apnea	Dr. Deepti Yadav Dr. Ish Kumar Sharma	Lambert Academic publication	2021
19	Book	Orthodontic Archwires	Dr. Vineet Golchha Dr. Vandana Gulia	Lambert Academic Publication	2021
20	Book	Friction Vs Frictionless Mechanics	Dr. Rahul Paul Dr. Mudita Gupta	Lambert Academic Publication	2021
21	Chapter	Digitization in dentistry	Dr. Suprabha Dr. Geeta Paul	Springer	2021
22	Book	Remineralizing Agents - Current Trends In Remineralization in Dentistry	Dr. Pratik Pande	LAP Lambert Academic Publishing	2020
23	Chapter	Advances in Health and Disease	Dr. Vineet Golcha	Nova Science Publishers	2020
24	Book	LASER in Periodontology: Principles and practice of Laser in Periodontology	Dr. Vikram Blaggana Dr. Preeti Upadhyay Dr. Manika Jindal Mittel	Lambert Academic Publishing	2020
25	Book	Concise Textbook on Forensic Odontology	Dr. Geetika Arora	Innovative Publishers, New Delhi	2020



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S.No.	Form	Diary No.	Request No.	Department Name	Title
1.	Form XIV	192114/2022-CO/L	62908	Conservative Dentistry & Endodontics	Classification Of Chelating Agents Used IN Endodontics
2.	Form XIV	2969/2023-CO/L	76415	Orthodontics & Dentofacial Orthopaedics	IPDC- Orthodontic & Dentofacial Orthopaedics Treatment Protocol
3.	Form XIV	2984/2023-CO/L	76433	Orthodontics & Dentofacial Orthopaedics	IPDC Classification Of Malocclusion In Permanent Dentition
4.	Form XIV	2995/2023-CO/L	76445	Periodontology	Decision Tree For Periodontal Management Of Osseous Defects In Orthodontic Patients
5.	Form XIV	3144/2023-CO/L	76630	Pedodontics & Preventive Dentistry	Grading of Muco-Gingival Injuries associated with Juvenile toothbrushing
6.	Form XIV	5386/2023-CO/L	78242	Conservative Dentistry & Endodontics	Definition of Dental Ergonomics



MOU

MEMORANDUM OF UNDERSTANDING



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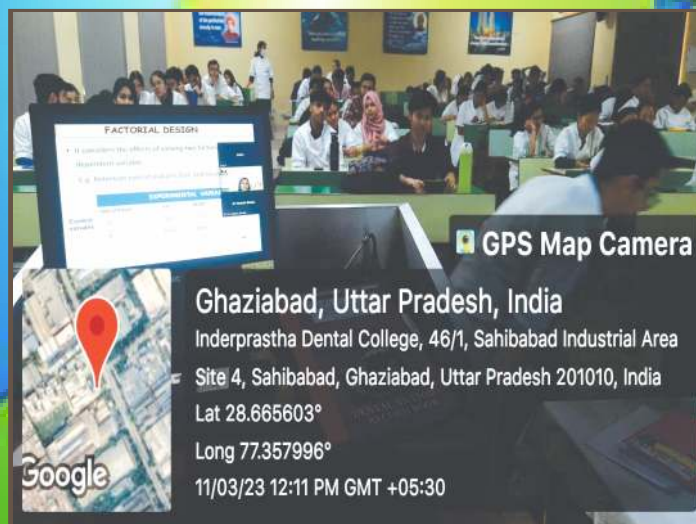
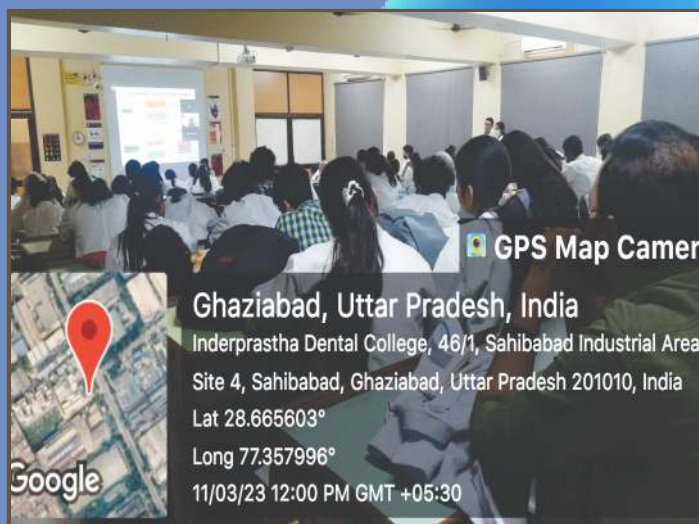
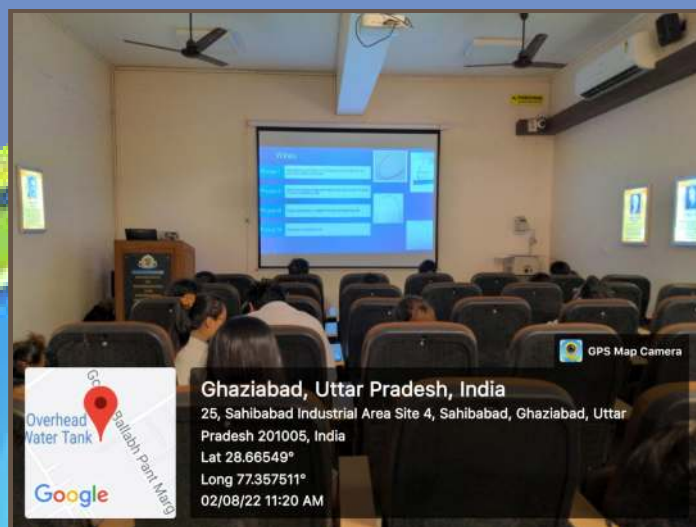
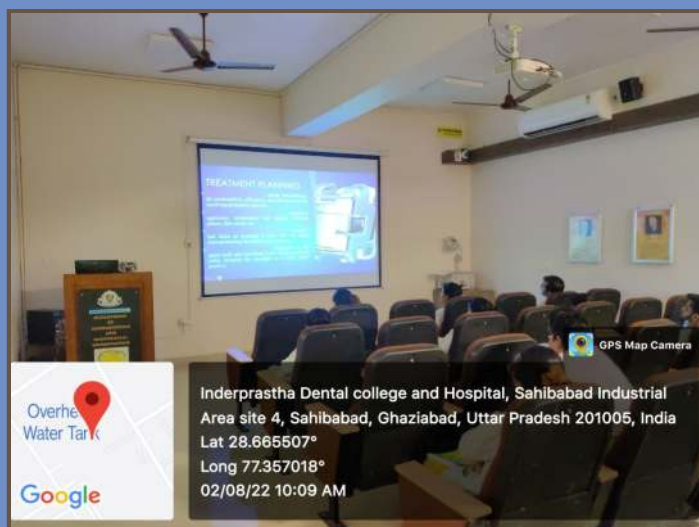
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S.No	YEAR	TOPIC	DEPARTMENT/LAB
1	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Periodontology, ITS, Ghaziabad, Uttar Pradesh
2	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Orthodontics & Dentofacial Orthopedics, ITS, Ghaziabad, Uttar Pradesh
3	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Prosthodontics & Crown & Bridge, ITS, Ghaziabad, Uttar Pradesh
4	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Conservative and Endodontics, ITS, Ghaziabad, Uttar Pradesh
5	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Pedodontics & Preventive Dentistry, ITS, Ghaziabad, Uttar Pradesh
6	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Conservative and Endodontics, ITS, Greater Noida, Uttar Pradesh
7	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Prosthodontics & Crown & Bridge, ITS, Greater Noida, Uttar Pradesh
8	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Orthodontics & Dentofacial Orthopedics, ITS, Greater Noida, Uttar Pradesh
9	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Periodontology, ITS, Greater Noida, Uttar Pradesh
10	2021-2022	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Pedodontics & Preventive Dentistry, ITS, Greater Noida, Uttar Pradesh
11	2021-2022	Expertise information and knowledge exchange and materials for research purpose	Biohorizons Implant Systems inc. , 2300 riverchase centre, Birghimghan, AL 35244 USA
12	2021-2022	Expertise information and knowledge exchange and materials for research purpose	Septodont health care India pvt ltd , MIDC industrial area, Taloja, Panvel, Raigad 410208
13	2021-2022	Industry interaction for higher professional learning	Nobel Biocare India Pvt Ltd
14	2021-2022	Clinical Training	Patel Hospital, Lakshmi Nagar, Delhi. 9810403399
15	2020-2021	To gain more academic knowledge and to promote and explore more research areas	Department of Pedodontics and Preventive Dentistry, IDST, Modi nagar,, Uttar Pradesh
16	2020-2021	To gain more academic knowledge and to promote and explore more research areas- student exchange	Department of Periodontology, IDST, Modi Nagar,, Uttar Pradesh
17	2020-2021	Exchange of knowledge and information and materials for research work	Purexa Global Pvt Ltd , E 154, East of Kailash, Delhi 110065
18	2020-2021	Information and knowledge exchange and materials for research purpose	Dentsply India Pvt ltd, Udyog Vihar, Phase IV Gurgaon,122016
19	2020-2021	Fracture strength of different ceramic brackets and shear – bond strength using UTM	Essential Dental Products / ORMCO A -428 , defence colony, new delhi - 110024, 011-41551160, 65656910
20	2019-2020	Exchange of knowledge , implants and prosthetic attachments and materials for research work	Bredent Group International, Weissenhomer str 2, Senden, Germany, +49(0)7309872-635

INTERNATIONAL WEBINARS



S.No.	Date	Topic	Name of the Speaker with Designation
1.	09.09.2021	Management of malocclusions with Damon System: Pros and Cons	Dr. Anand Marya Head of Orthodontics, Faculty of Dentistry, University of Puthisastra, Phnom Penh, Cambodia
2.	02.08.2022	Management of Class III Malocclusions with Damon System	Dr. Anand Marya Head of Orthodontics, Faculty of Dentistry, University of Puthisastra, Phnom Penh, Cambodia
3.	28.11.2022	An overview of pediatric malignancies and the impact on oral tissue	Dr. Sanjay Saraf Professor, Department of Oral biology and Oral Pathology, Oman Dental College, Muscat
4.	11.03.2023	In Search of Research	Dr. Triveni Mohan Nalawade Assistant Professor Child Dental Health Oman Dental College, Sultanate of Oman Dr. Shilpa Gunjal Senior Lecturer Division of Clinical Oral Health Sciences School of Dentistry International Medical University, Malaysia



The top half of the image features a white brick wall background. Scattered across the wall are various school and office supplies, including notebooks, pens, pencils, a calculator, a laptop, a coffee cup, a water bottle, a watch, and a wallet. The title "STUDENT EXCHANGE PROGRAM" is prominently displayed in the center, with each letter in a different color (red, blue, yellow, black) and a distressed, hand-painted font style.

STUDENT EXCHANGE PROGRAM



Ipdcc Welcomes The Students.....

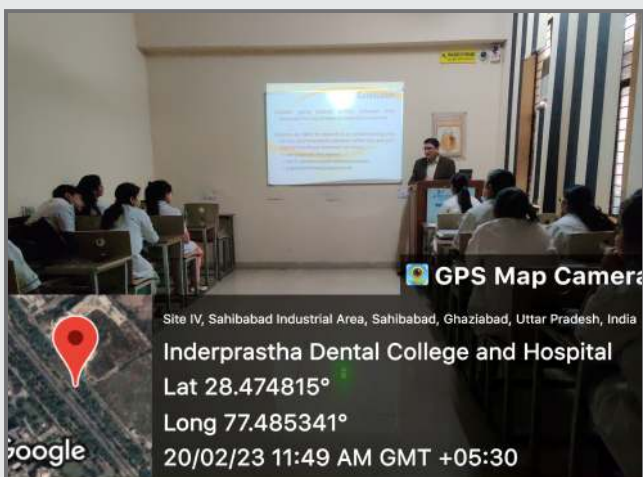
Department Of Conservative Dentistry & Endodontics



Department Of Orthodontics & Dentofacial Orthopaedics

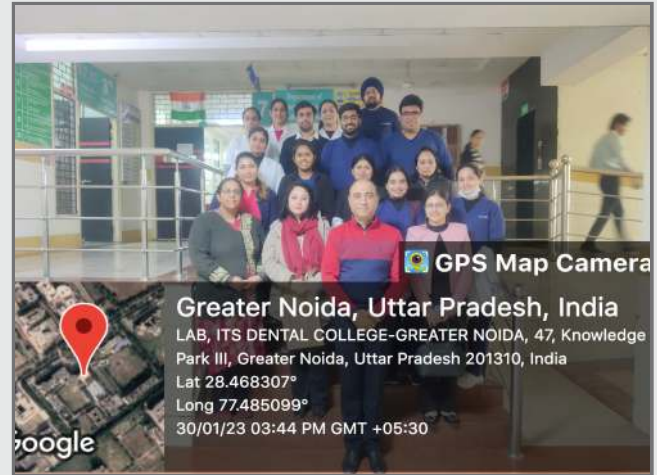


Department Of Periodontics



"Exchange isn't a year in your life, it's a Life in a year"

Department Of Conservative Dentistry & Endodontics



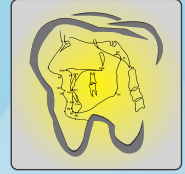
Department Of Periodontics



Department Of Orthodontics & Dentofacial Orthopaedics



Department of Orthodontics and Dentofacial Orthopaedics



The Department of Orthodontics and Dentofacial Orthopaedics at Inderprastha Dental College was established in year 2008 and since then, has been training 100 undergraduate every year with the goal of imparting advanced education in Orthodontics and Dentofacial Orthopedics. Since its inception, it has been an epitome of excellence in teaching & patient care. The Department is well equipped with latest dental materials and has all the laboratory equipments required for catering 900+ monthly patients.

The department is headed by Dr Rahul Paul, and has a rich blend of young and experienced faculty members. The Department boasts of state of the art treatment facilities using standard edgewise, preadjusted edgewise, tip-edge, lingual, fixed functional, self-ligating appliances along with latest clear aligners with 3 D model printing based on CAD-CAM Technology and temporary anchorage devices.

The department is well equipped with the latest digital Cephalometric software's including Nemoceph. With the able guidance of Dr. Rahul Paul Principal & HOD, department and faculty members were bestowed with various awards and accolades. Department has won Most Proactive Department of year by Cynodent International Awards on 18th August 2022. Masters program was started in 2015 with 3 post graduate students every year which increased to 6 PG seats in 2020.



Continuing Dental Education Program (CDE)

An orthodontic hands on course on Damon system and Vector TAS was conducted in the Department of Orthodontics under the able guidance of Dr. M. S Kannan, Chennai. In this course, explanation of Damon SLB system and placement of TADs was explained.

A CDE programme was conducted on myobrace therapy where Dr Swapnil Gupta enlightened the post graduate students and interns about the various age groups where myobrace therapy can be used and its role in preventing oral habits and malocclusion and in correcting OSA.



The department's aim is three fold: imparting quality education, encouraging research work in the field of orthodontics and providing quality patient care at affordable cost. The department is widening the patient's base by conducting camps and awareness programmes and providing the newest techniques including the lingual braces, self ligating braces and aligners to the poorest of the community. The department has state of the art infrastructure as per norms of DCI, including work station for skill improvement of post graduate students, separate UG & PG section including staff clinical area and minor OT, thus maintaining the zeal of excellence through an apt blend of fundamentals with latest technology including 3D printing and TADS.



The postgraduate students have been conducting meticulous & innovative research work under the guidance of the staff and have actively participated and won several awards last year in paper and poster presentation in national speciality/non speciality conference/ convention.



Faculty of the Department

HEAD OF DEPARTMENT : Dr. Rahul Paul

PROFESSOR : Dr. Vineet Golchha | Dr. Deepti Yadav

READER : Dr. Ankita Jhalani | Dr. Rashtra Bhushan

Dr. Mudita Gupta | Dr. Ish Kumar Sharma | Dr. Vandana Gulia

LECTURER : Dr. Ankush Bhardwaj | Dr. Komal Punia

Dr. P. Tarishma | Dr. Rhythm Kharbanda

Department of Conservative Dentistry and Endodontics



The Department of Conservative Dentistry and Endodontics at Inderprastha Dental College and Hospital was established in 2007. The MDS course in the Department of Conservative Dentistry and Endodontics was started in 2015. There are 6 PG seats per year in the department. The department is well equipped with Dental Operating Microscope, Radiovisiography (RVG), Laser, Bleaching Light, Rotary Root Canal equipment, and Dental Simulators.

This Department deals with the diagnosis, treatment planning, and restoration of teeth to reproduce aesthetics and function. It also includes procedures like smile designing and aesthetic dentistry- bleaching of teeth, laminates, and veneers. Endodontics is a branch that deals with root canal treatment and periapical surgeries.

It is a well-organized department with a heavy flow of patients for clinical training, skills development, and research requirements during the clinical phase for both undergraduate and postgraduate students. The department has two equipped clinical sections wherein basic treatment procedures are done and one for postgraduate students wherein all advanced treatments are performed under the dental operating microscope.



Achievements:

Successfully running undergraduate and post-graduate curricula. Treating approximately 2200-2700 patients per month with excellence.

The department regularly conducts Continuing Dental Education Programmes, Faculty Development Programmes, Value added courses, Hands-on workshops, etc. to keep its students and faculty updated.



Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Dakshita Joy Sinha**

PROFESSOR : **Dr. Nikhil Puri | Dr. Sarita Singh | Dr. Rohit Paul**

READER : **Dr. Pallavi Sharma | Dr. Sugandha Bhalla**

Dr. Anu Dhawan | Dr. Nidhi Sharma | Dr. Heena Gandhi

LECTURER : **Dr. Honap Manjiri Nagesh | Dr. Prem Prakash**

Dr. Shipra Singh | Dr. Nabila Sharif | Dr. Sagar Hiwale | Dr. Kirti Rathee

Dr. Ruchi Rathi | Dr. Chinansha Arya | Dr. Neha Verma | Dr. Mitali Jain

Department of Prosthodontics and Crown & Bridge



The Department of Prosthodontics and Crown & Bridge at Inderprastha Dental College was established in year 2006 and since then has been training 100 undergraduate students every year with the mission of guiding competency in the specialty of Prosthodontics through didactic and clinical teaching.

The vision of the department has always been to broaden the horizons of understanding in the field of Prosthodontics and its day to day application to improve the quality of patient's life. The Department is well equipped with all the latest machinery and equipment so that students are able to provide comprehensive care of their patients to achieve optimal oral health, esthetics and function. The Department boasts of having all the state of the art equipment such as electronic surveyors, microscopes, intra-oral scanners etc for the achievement of excellent clinical success.

The Department is equipped with an extensive departmental library that includes all the latest national and international journals and latest edition of Prosthodontic specialty books available.

With the able guidance of Dr. Pankaj Datta, Dean & HOD and department faculty, the post graduate students of the department have been awarded national level government grants such as the ICMR grant for MDS thesis in the 2022.



Masters program was started in 2015 with 3 post graduate students every year which then was expanded to 5 PG seats by 2020 due to increased success of the department. The post graduate students of the department have been participating in advanced research projects with the facilities available in the department. The department faculty and post graduate students have published research papers in various international and national dental journals as well as have numerous ongoing short studies in progress.

The department regularly conducts various academic sessions of seminars, journal club critical analyses, clinical case discussions as well as debates for improving the academic prowess and competency of the students. The department also conducts different workshops and exchange programs with different institutes and companies to keep the department abreast with the latest technologies and techniques coming up in the field of Prosthodontics such as CAD-CAM, intra oral scanning, guided implants surgery etc.



Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Pankaj Datta**

PROFESSOR : **Dr. Geeta Paul | Dr. Ajai Gupta**

READER : **Dr. Mansi Gupta | Dr. Sandeep Kumar | Dr. Vipula Mittal**

LECTURER : **Dr. Ripul Pahwa | Dr. Ishita Dureja | Dr. Pooja Yadav**

Dr. Surbhi Mehra | Dr. Ritika Gupta | Dr. Mohit Tomar | Dr. Kanisha Abrol

Dr. Saba Afreen | Dr. Tabish Ahmed | Dr. Heena Ahuja

Dr. Swagata Laxmi Barua | Dr. Mansi Dahiya | Dr. Isha Saxena | Dr. Madhav

Department of Pedodontics and Preventive Dentistry



Department of Pediatric and Preventive Dentistry provides under-graduation and post-graduation training in comprehensive oral health care for pediatric patients. The department aims to uplift pediatric health care and promote the specialty through education of young dentists who are committed to safe, high quality, evidence-based clinical dentistry.



A diverse and rich clinical faculty members form the vital pillars of the department. The contribution of each faculty member to scientific research as well as community service adds up to the glory and value proposition of the department.

The department also provides robust infrastructure to deliver the treatment to tiny tots under sedation and general anaesthesia with the support of advanced equipment and machinery and modern materials.



As a part of social awareness the department conducted programme on women health emphasizing upon anaemia & cervical cancer. Department also organised outreach programme on oral health screening in collaboration with non government organisation like vriksh mitra & D.R. Patel Memorial trust. For the Upliftment of Academic Excellence, department has organized various CDE Programs, Workshops in Collaboration With Indian Council of Medical Research (ICMR), 3M, Septodont, Delhi Gynaecologist forum, NGO's like Healthy India trust, Pharma company like Mcure.

On the International front, the faculties of the department organised and conducted International Webinar in Collaboration with Oman Dental College, Muscat and international medical university, malasiya.



Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Manish Bhalla**

PROFESSOR : **Dr. Geetika Datta** | **Dr. Ritika Ahuja Malhotra**

READER : **Dr. Jasmine Nanda** | **Dr. Saumya Taneja**

LECTURER : **Dr. Rachita Mehlawat** | **Dr. Sweta Shabnam**

Dr. Gargi Mohanty | **Dr. Palak Jain** | **Dr. Akanksha Garg**

Dr. Shraddha Saikia | **Dr. Snigdha Gupta** | **Dr. Sushma Yadav**

Dr. Ankita Gupta |

Department of Periodontics



The Department of Periodontology, Inderprastha Dental College and Hospital, was started in the year 2005 and is focused on didactic lectures and clinical work for the training of the students to manage the investing and supporting tissues around the teeth and dental implants. The Post Graduate course was started in 2015 with an intake of 3 students per year. The Department has well equipped state of art sterilization room, two major clinical sections, (for Post Graduate Students and Undergraduate students) & specialized Laser and Implant Surgery Rooms. The newest addition for session 2022-2023 is approval for 2 more postgraduate admissions per session, with the department being graced with 5 new postgraduates/year, hereafter. Extended postgraduate section added to the infrastructure of the department.



EXTENSION AND OUTREACH PROGRAM

Our Department of Periodontology was among the selected elite few, which was enrolled for conducting national level programs in association with Indian Society of Periodontology, colleges which have been chosen from all over India to be part of the World Diabetes Day and World Heart Day Programmes.

ISP-WDD Programme : The programme was held to spread awareness about the link between Periodontitis and Diabetes in Indian population assessing 100 patients for their blood glucose levels using a Glucometer in the department. The diagnosed patients were prescribed with Colgate Diabetics toothpaste sponsored by Colgate India.



ISP-WHD Programme : The programme included a presentation on "Gum Care For Heart Care" presented by Prof. (Dr.) Preeti Upadhyay for staff members, 4th year BDS students and interns educating them on the importance of oral health and its association with an increased risk of developing heart disease, with special emphasis on prevention by taking care of oral health.



NATIONAL PERIODONTIST DAY : In Inderprastha Dental college & Hospital, Sahibabad, Department of Periodontology in association with ISP, Study Group Delhi-NCR celebrated National Periodontist's Day on 23rd Feb 2023 with great array of events.



CDE PROGRAMS AND WORKSHOPS : The Department has conducted a number of CDE programs and workshops over the years. The core objective of the CDE is to enhance the skill and attitude of dentists for the betterment of patient care and professionalism thus it should preferably be held in academic environment, convenient to the participants in terms of timings, fee etc.



Faculty of the Department

HEAD OF DEPARTMENT : Dr. Preeti Upadhyay

PROFESSOR : Dr. Pragya Tripathi

READER : Dr. Nimisha Kumari | Dr. Arpita Goswami
Dr. Aashish Pandit

LECTURER : Dr. Manika Mittel | Dr. Rajat | Dr. Raziya Perween

Dr. Tarun Mittal | Dr. Tullika Roy | Dr. Rashi Adhikari

Dr. Anamika Singh

Department of Oral Pathology & Microbiology



Oral Pathology is a field of dentistry which includes Dental Anatomy, Histology, Embryology and Pathology. Clinical Dentistry is largely based on the groundwork of study of Dental Anatomy and Histology. The Department of Oral & Maxillofacial Pathology was time-honored in year 2007. The department is spread over an area of about 6000 sq ft with well designed chambers allotted for clinical examination, student's laboratory and museum with numerous mounted specimens, models and posters. The department has a well operational histopathology lab for tissue processing with all essential armamentarium to facilitate practice and accurate diagnosis for suitable treatment plan. Department also possesses ultramodern research microscope with multiple attachments in single apparatus along with photo micrographic attachment. The undergraduate students are trained to acquire the skills in recognition and carving of permanent teeth, age estimation using plaster casts of different age groups, study of teeth anomalies through specimen and plaster casts and microscopic identifications of oral tissues as well as common oral lesions. The department also motivates students to participate in various intercollege events. The team of teaching faculty is committed to high excellence in undergraduate teachings and workings of the department.



The department is equipped with state of the art infrastructure and has facilities for histopathology, cytology, and hematology services.

Slide discussion room which includes display monitors which involves hands on teaching, live digital demonstration & digital histopathology.



Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Kalyani Bhargava**

PROFESSOR : **Dr. Mayura Paul** | **Dr. Kanika Sethi**

READER : **Dr. Gunjan Gulati**

LECTURER : **Dr. Shivani Bhandari** | **Dr. Upma Tomar**

Dr. Afreen Jan

TUTOR : **Dr. Gurbir Kaur**

Department of Oral Surgery



Often seen as the bridge between medicine and dentistry, oral and maxillofacial surgery is surgical specialty concerned with the diagnosis and treatment of facial injuries, head and neck cancers, salivary gland diseases, facial disproportion, congenital deformities and dentofacial deformities ranging from cleft lip and palate to syndromes, facial pain, dental implants, impacted teeth, cyst and tumours of the jaws as well as numerous problems affecting soft tissues. The department is fully equipped with the latest surgical instruments and dedicated academic faculty. It is one of the few colleges in the country to have regular dental implant workshops. With the continuing educational activities and national workshops organized since last 5 years the department has put Inderprastha dental college on both national and international map and helping it to become North India's no. 1 private dental college.

Under the guidance of Dr. Akash Sachdeva, Head of department (Oral and Maxillofacial Surgery), department dedicatedly organizes workshops and CDE programs for dental and maxillofacial trauma, dental implants, oral cancers, congenital defects and dentofacial deformities. This has put Inderprastha dental college on national map. And helped it to become India's no. 1 private college.





Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Akash Sachdeva**

PROFESSOR : **Dr. Jitesh Sehgal**

READER : **Dr. Nitin Kumar | Sameer Gupta**

LECTURER : **Dr. Kannu Sharma | Dr. Nasim**

TUTOR : **Dr. Kavita Pal**

Department of Oral Medicine and Radiology



Oral Medicine and Radiology is the speciality of Dentistry that deals with the diagnosis and management of oral diseases, disorders and conditions affecting the maxillofacial region and also includes the use of maxillofacial imaging techniques. Oral medicine is involved in patient care, teaching and research involving diagnosis and non surgical management of diseases of Orofacial complex, systemic and behavioural disorders that impact oral health including:-

- o Orofacial pain including TMD
- o Oral Mucosal disorder
- o Oral cancer and complications of cancer therapy
- o Dental care for patients with disability
- o Neurosensory and motor disorders
- o Salivary dysfunction
- o Oral complications of systemic illness
- o Craniofacial imaging and other diagnosis.

The department was established in the year 2006; well equipped with 16 dental chairs, 2 general body x – ray machines, 3 OPG machines and 3 IOPA machines to facilitate diagnosis for appropriate treatment plan . It also includes the Kodak 8000c Digital Panoramic and Cephalometric system also with laser printer (care stream).RVG is also available for intraoral radiography



Other diagnostic aids such as pulp testing machines, smear, swab and stains, biopsy for potentially malignant disorders, habit counselling of such patients through medical management are also available.

The Department is also running a tobacco cessation centre in collaboration with Department of Public Health Dentistry to help the patients to quit habit s such as with smokeless and smoking tobacco.



The department is having well established OROFACIAL PAIN CLINIC which deals with the management of conditions of pain especially those due to TMJ and muscle disorders, pain or burning due to premalignant disorders, ulcers .TENS and therapeutic ultrasound therapy are also frequently given to TMD patients used with recall visit used for cervico- facial muscle disorders .

All MDS Staff have publications in various national and international journals.

The subject is made interesting for the Undergraduate Students by means of adopting new and innovative teaching methods for instance case discussions, project based learning .Students are encouraged to present seminar, e – poster for patient education and also have won awards in U.G. convention.

Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Trisha Rastogi**

READER : **Dr. Trisha Rastogi**

LECTURER : **Dr. Palkin Mehta | Dr. Ravina**

TUTOR : **Dr. Ruchi Saraswat**

Department of Public Health Dentistry



The Department of Public Health Dentistry in Inderprastha Dental College and Hospital, Ghaziabad, is running successfully the Under Graduate course since 2006 as approved by Dental Council of India. Our department is offering training, research and community health services through its various outdoor activities in form of dental camps organized for different sections of society, mobile and satellite clinics apart from its regular indoor treatment facilities. We are conducting the dental camps from 2006 onwards with inception of Undergraduate Department. Department has adopted 1 satellite centre in Sahibabad Village. It is a multispeciality satellite clinic providing all dental care facilities to the people who report there. In case of emergency, the patient will be referred to the college for further services. The department has a well-equipped Mobile Dental Unit with two dental chairs which helps the dental health care team to reach out to under served segments of the population. Another outreach dental activity of the department includes village camps. Oral health education is regularly rendered to village people and they are positively reinforced for maintaining oral health. Department has taken initiative to cover nearby village Sahibabad village, Jhandapur village and Karkar village on every Wednesday to deliver comprehensive oral health care on a regular basis.

Department has taken special drive to conduct health education, screening & treatment camps among school children in and around Ghaziabad city. Children requiring further treatment are referred to college. There are five adopted schools where annual oral health check-up, treatment and preventive programmes are rendered.

Department of Public Health Dentistry is running health education museum successfully.

Department is also providing a series of lectures on Research Methodology for the Post Graduate students of Inderprastha Dental College and Hospital, Ghaziabad. Dr Geetika Arora has delivered a series of 28 lectures on the same 4 lectures to each batch.

Apart from this Public Health Dentistry Department also organizes camps for oral health education and motivation at public places to create awareness regarding their oral health maintenance on various days celebrated all over world such as WORLD NO TOBACCO DAY, WORLD ORAL HEALTH DAY, DOCTOR'S DAY, CHILDREN'S DAY. A CDE program was also conducted on world health day.

Faculty of the Department

HEAD OF DEPARTMENT : **Dr. Geetika Arora**

PROFESSOR : **Dr. Sonia Datta**

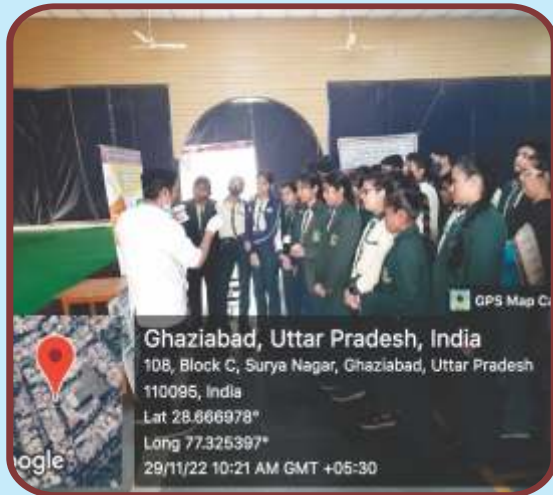
TUTOR : **Dr. Raghvendra Kr. | Dr. Kunal Gaurav | Dr. Akshaya Sharma**

Dr. Hiba Khan | Dr. Roanak Hooda | Dr. Nishant Singh

Department Clinic & Health Education Museum



Village & School Camps



Public Health Days Celebrated



SAHIBABAD SATELLITE



INDERPRASTHA DENTAL HEALTH AWARENESS MISSION, RAISPUR



TOBACCO CESSATION CENTER

Objective:

The TCC is a special service run by department of PHD in coordination with department of OMR in order to aid persons wishing to quit smoking or chewing tobacco and tobacco containing products .

Current Programme:

Tobacco cessation center has been established under Department of Public Health Dentistry and Department of Oral Medicine & Radiology since 1st November 2018 as per the operational guidelines laid down by the DCI. It is situated on the Ground Floor near the registration area. The center operates on daily basis with a monthly schedule of posting of staff along with interns. We have outlined clear structured protocol for performing individual & optionally group counseling along with record keeping. Patients undergo a detailed evaluation, which focuses on the severity of their addiction and use, their motivation to quit, assessment of their current oral condition. They are then counselled regarding appropriate strategies to aid quitting, which is usually a combination of medicines to reduce the urge and craving for nicotine as well as behavioral strategies to deal with the consequences of quitting. The group sessions if conducted are planned & performed on designated days. Around 5000 patients were diagnosed and educated regarding tobacco cessation habit till date.

Vision:

Our vision is to promote individual and community responsibility in preventing and reducing tobacco use. To attain this goal, in addition to the existing tobacco cessation model, we plan to conduct camps in nearby villages and adopt families with multiple dental needs along with tobacco habits which will be controlled at our center and all the dental needs taken care off as well. We will use various audiovisual aids for patient education and motivation at each step. This will be our small step towards a tobacco free society and reducing the morbidity and mortality associated with tobacco use.



HUMAN ANATOMY, EMBRYOLOGY, HISTOLOGY

PROFESSOR & HEAD : DR. VISHAL MODGIL (HOD)

LECTURER : DR. SUNITA SWARNKAR | DR. PRIYANKA AGARWAL | DR. HITESH SARAOGI
DR. RISHABH DEV TRIPATHI

HUMAN PHYSIOLOGY

LECTURER : MS. SURANJANA SEN | DR. RAJEEV AGGARWAL | MS KETKI SHARMA

BIOCHEMISTRY, NUTRITION & DIATICS

PROFESSOR & HEAD : DR PREETI SHARMA (HOD)

LECTURER : DR. DIVYA PRAKASH | DR. ANMOL SHANDILYA

GENERAL AND DENTAL PHARMACOLOGY AND THERAPEUTICS

PROFESSOR & HEAD : DR. SONAM KHURANA (HOD)

LECTURER : DR. ATUL KUMAR | DR. RAJESH KUMAR SHAKYA | DR. AFZAL AHMAD KHAN

GENERAL PATHOLOGY

READER & HEAD : DR. KAUSHAL MAHESHWARI

LECTURER : Dr. SHYLA GARG | DR. IMTIYAZ ROZ KHAN

MICROBIOLOGY

PROFESSOR & HEAD : DR. SANDEEP KR. MISHRA (HOD)

READER : DR. SONAL AGARWAL

LECTURER : DR. SALAMAT ALI

GENERAL MEDICINE

PROFESSOR & HEAD : DR. ANSHUMAN TYAGI (HOD)

READER : DR. VIKAS KUMAR | DR. PARAG GUPTA | DR. GEETA BATRA

GENERAL SURGERY

PROFESSOR & HEAD : DR. GHULAM ASGHAR (HOD)

READER : DR. NITIIN SAXENA | DR. RITU SHARMA | DR. RISHI KUMAR SHARMA

ANAESTHESIA

READER & HEAD : DR. VIPIN KUMAR GOEL

READER : DR. MOHD. SADMAAN



CLASS REPRESENTATIVES

BATCH - 2017



Rabiya Iqbal



Shivesh Chaturvedi



Vaishnavi Pandey

BATCH - 2018



Arpan Shrivastava



Riya Dutt

BATCH - 2019



Ankit Raj



Divya Sharma



Muddasir Zameer



Zeenat

BATCH - 2020



Amber Srivastava



Nayan Pratap Singh



Parul



Zarqa Faridi

BATCH - 2021



Chhaya Gupta



Shashwat Singh



Shruti Kesari



Tirthankar Chowdhury

BATCH - 2022



Aarzoo Naaz



Lakshit Gupta



Maulik Kathuria



Shreya Kaushik

The background features a light blue gradient with a pattern of overlapping squares in various shades of blue, ranging from light to dark. Two horizontal teal lines are positioned above and below the word 'Articles'.

Articles



Marriage Vs Live -In Relationship

Whether be it a live in relationship or a marriage, it's about two human beings being put together within the four walls, let alone face the world as it comes on themselves. When two people are said to fall in love they feel butterflies in their stomach. Well I would have believed it if i would have not been a biology student. One gender being attracted to other is a phenomenon heavenly made so when people say they are deeply in love with someone and that guy or girl is the one and only, those are merely words which come out due to temporary rush of our so called "love hormones" which they can feel with someone else too .

Live in relationship is when two people feel they are completely in love with each other and to test their compatibility. It's actually a good thing if one's family is not against of them being together, then why not. But there's a catch and that is , when two people have taken the decision to live together it definitely means they are very much attached to each other. Now attachment has both pros and cons . It forms the strongest support when a person is emotionally drained or is suffering from depression and mental and physical issues. But with time comes insecurities and trust issues and when this breaks world comes crushing down on them. Elderly supervision is very much needed for a healthy and long lasting relationships. Live in relationship always has the option of moving out whenever one wants. There's no bond binding them together. whenever a small issue arises or in a fight, instead of sitting together and sorting things they have another option of moving out of it. Marriage in itself is about compromise. In a fight one bears it all patiently while the other is screaming and another time another. Marriage is an union of two families instead of just two people so it is indicated as a serious thing . Making it work is a responsibility. When a dispute arises between a married couple , they get elderly supervision and things are solved more easily. Its is like living a healthy relationship but it's not like every marriage is a successful one . Sometimes some damages are beyond repairable and some issues beyond fixing. 80 percent of marriages are long lasting and happy but it has its perks too, ups and downs after all life is not a bed of roses. Marriage might not be the best option but is certainly better than having a live in relationship.

ROSHNI DAS (BATCH 2021)

Mae West said, "getting married is like trading the adoration of many for the sarcasm of one" this holds so true, but but but.... The relationship dynamics have undergone a paradigm shift in the new millennium. It's been changing as fast as the world is.

The union of two persons and two families, of course, that is formally recognized by law is known as marriage. It is a formal commitment between the couple.

On the contrary, living in a relationship is an arrangement where a couple decides to live together as if married. Mockingly, it's like knowing that you will survive well in advance and choosing not to tie the knot.

Couples living together before marriage are still a scandalous topic in our society because people are still stuck in the mud.

Our community doesn't approve of deeper understandings between partners, the need to know habits, and then make a lifelong commitment.

There is a social validation that has its appeal and satisfaction. However, live-in relationships are the new and ongoing trend among the youth, allowing them to live with their partners without pressure from arranged marriages. Both marriage and live-in relationships have their pros and cons. In a marriage, we must start from the beginning and become people pleasers.

Although being married is a beautiful thing where you learn about others and about how things work. It becomes essential to please the in-laws in a marriage. It is not, however, required in a live-in relationship, at least. The times spent together as a live-in partner will offer you a taste of marriage before you are married. During this period, you will be able to determine whether or not you are ready to marry and live as husband and wife. More time spent together means a stronger bond. Live-in partners have enough time to get to know each other well and make an informed decision about getting married or breaking up without any additional expectations. You can discover how your other half lives, habits, expectations, and quirks. So what's your call on this?

A match made in heaven sort of married life? Or an understanding of living in a relationship?

DRISHTI (BATCH 2017)

Every individual has a basic and fundamental right to have a partner. In Asian countries, the concept of marriage is considered vital, and in every religion it is considered as a sacred and blissful union. Marriage is a social union or a legal contract between people that creates kinship. Marriage has acceptance from the society and since time immemorial it has been working as a union for maintaining the balance in nature. Live-in relationship is a very sensitive yet a relevant issue to discuss. In live-in relationship two individual decide to live together and support each other emotionally and physically without getting married. It is a well-established notion that usually the couples who are afraid of commitments, or a life-long promise and responsibility prefer this. It's just like marriage where two people live together, tackle situations, hardships, crisis in all ways, be it emotionally, economically, mentally or physically. For years since now, the traditional society has not completely accepted or approved this live-in concept. According to them, as per custom a union without promises, sacred rituals, and intention to complete each other is nothing but only an arrangement for fulfilling one's own needs. It is considered as an arrangement of living together or conducting a short term compatibility check in spite of going through the long process of marriage commitments, trust, respect, communication, patience and companionship. However there is still a chaos on determining the real meaning of live-in-relationship. There are many cases around us, where the couple has been living together for a week, months or years, surely such cohabitation raises a strong question mark for its acceptance. As per Webster's dictionary, live-in-relationship is living arrangement where unmarried couples live together in a long term relationship resembling marriage. Here, it is interesting to note that there is always a risk of couples getting detached from each other leading to the end of live-in arrangement. In case of marriages, the concept of divorce can be equated with such exits, but still talking about or believing in live-in-relationship concept is considered taboo and dilution of morals and ethics. The benefits of a marriage comes with lots of responsibilities, the obligation towards family, children etc. Live-in on the other hand gives the couple a chance to prepare for such responsibilities, along with the challenges of today's living. If we talk about the comparison between the two situations, marriage could either a forced one or could have the consent of both however live-in can never be forced, it always comes with the choice of both partners, thus creating and sense of equality and acceptability among both of them. In a live-in relationship couples get ample amount of time to think about their relationship, their duties, their work because here it's not forced and something which is not forced on anyone gives a sense of power to both in a relation.

No legal or social process is required in a live-in-relationship, whereas marriages are bound by the law and society. However, marriage being a well-accepted union and prevalent medium of establishing kinship and mutual affection, has always given ample amount of respect and acceptance from our senior citizens or elderly people. In a live-in-relationship society always questions girl's character as it is considered immoral in maximum part of the country. Many a times the couple living in live-in face extra trouble for their choice, trouble like always being judged by everyone, those said or unsaid judgements and many more, which forces them to quit. However, in marriage the social influence is so high that it holds a strong grip on the sacred union upto a great extent. Talking about the legality of live-in-relationship and marriage, in a leading case of *Tulsi and others vs Durghatiya and others*, the Honourable Supreme court has considered that a man and a woman who are in live-in-relationship for a longer period would be considered as married couple and children will be legitimate. Parliament while passing Domestic violence act, 2005, has taken notice of such live-in-relationships and extended protection to the women living in such relationships. The Indian system do not recognise live-in-relationship independent of the institution of marriage, and the presumption of marriage is the key element in consideration. Sociologists have observed that informal unions are less stable than marriages because they don't come under any institution, it completely survives on will and consent of couple. The need of the present hour is to bring live-in-relationships under ambit of new regulations as to clarify obligations and future perspective i.e, protecting women's rights. The present situation of marriage is still regulated by laws and personal religious commands, but for live-in there is no such scenario. This phenomena is digging deep in the social fabric and is posing a big and bold challenge to marriages. It is rather a matter of personal prudence as to their acceptability in our society.

NEHA KUMARI (BATCH 2017)

“A healthy adult relationship is where both people give and receive”

An ideal relationship should have a safe and open exchange of ideas, feelings and thoughts with an ongoing challenge to strengthen and support one another. It is the year 2023 and we are still struggling between the old and new school ideas of an adult relationship. There are people supporting only the cultural and social way of marriage for cohabitation between couples but with the influence of the western culture or maybe based on individualism our society have also blended to some extent towards the idea of a live-in relationship. So, what is actually a live-in relationship? It is a domestic cohabitation between unmarried couples. In simple words, marriage is an alliance between families whereas a live-in relationship is essentially between the two partners. In the west, the live- in relationship concept is very normal but when we look at the Indian society, you will certainly be frowned upon because in our country your business is everyone's business, a bitter truth indeed. In the early years, breakups and divorces were taboos therefore couples made all the efforts to sustain their relationship but as time progressed, with a new horizon different idea of individualism developed. People have broken the barriers of pleasing the society to some extent, todays youth prefer their personal choice rather than following those of others. They consider a live-in relationship rather than the boundations of marriage. The main concept is to check the compatibility which makes no sense to many of the older generation. Like they say, “A coin has two sides” there can be a lot of pros and cons between marriage and a live-in relationship.

The major disadvantage of a live-in relationship in our society is still Non-Acceptance whereas a marriage is celebrated and honored with customs and rituals.

- There are lesser responsibilities towards the partner in a live-in relation as compared to marriage in social and legal bonds.

- It is also believed that although there are financial freedom to the partners in a live-in relation but very less or zero probability of commitment.

- A live-in setup can be a great way to spend some quality time together which to some extent gets occupied by family matters in a marriage.

One gets acquainted to each others habits and lifestyles while living together while it can be a disappointment for newly married couples to find out some unexpected sides.

- Sometimes, marriage can be a stressful process with all the preparations of changing into new things but by living together you are already acquainted with cohabitation. A big disadvantage about live-in is that it may make marriage seem unimportant. Also, the excitement of meeting each other evaporates quickly and since it is not bounded by any social norm it can eventually fall apart. Last but not the least, one's relationship is entirely a personal choice but only after analyzing and considering various things given the bizarre cases that pop out in our notifications every other day. Even though we are sharing badass quotes in our social networks , we are generally much under the societal pressure. Knowing that love needs to be explored as it has many facets to it, so lets not indulge in what's wrong and what's right. One can believe in the idea of holy matrimony likewise one should not be criticized for considering a live-in relationship.

Love never knew boundaries , it can be adorned in many ways what matters is a healthy relationship, right?

ANSHUMAN (BATCH 2017)

Everyone seeks for a happily ever after, be it being grounded by our own roots or adapting to carefree resorts, here comes the idea of marriage and live in relationship.

Marriage is a kinship tie which bonds not only two individuals but is a legally and socially sanctioned union of two individuals and their families. This ancient tradition comes with a lot of depth. It is the most socially acceptable method to lead a committed life. It is unambiguous and is highly focused on two individuals creating a life together for themselves. It comes with a lot of new responsibilities and relations. Marriages are quite promising when it comes to future aspects and judicial security. It protects children and sustains a stable life. One can achieve life's milestones with a stable life partner. There can be ups and downs but at the end of the day one chooses to resolve the matters because of the valuable vows taken during marriage. Even if there is an unsuccessful marriage, one might have parent's support or at least a firm judicial system to get a divorce. Also, marriage lowers the risk of violence as compared to live in relationships. Live in relationship is an arrangement whereby two people decide to live together on a long term or permanent basis in an emotionally and/or sexually intimate relationship. One might think that live in can serve a purpose of compatibility test. It is more or less like a mutual convenience with no legal boundaries, no responsibilities and commitments in it. One might even change partner at their own convenience. Both the parties enjoy the liberty of a walk-in walk-out relationship. It is a common fashion in developed countries while India is still in a nascent stage. Most of the times, families of individuals staying in live in are unaware about it therefore there is rare family intervention. This also predisposes the individuals to deep scars because of parting or some sort of violence and negativity in their life. It has emerged as a declaration of independence,

keeping away from the shackles of institutionalized marriages. There is no legislation regarding the status of live in relationships in India. Moreover, there is no legal definition of it. Still, the government is trying to fill the gaps to prevent mishaps. No matter if the Millennials and Gen Z find live in a more hassle-free method to develop relationship with one another, it still reflects as an immoral act and a taboo in the eyes of society. On the other hand, marriage is still thought to be a sacred institution which comes with rights to safeguard the individual both socially and economically. As the responsibility of the individual increases, there are level ups on different stages of life which helps in overall emotional development.

If a person is open to gaining maturity by experiencing things, he/she might choose live in relationship. On the contrary, if a person is looking for a long term and viable option to look after their partner, marriage is a better option for their happily ever after.

AMITOJ KAUR (BATCH 2019)

Love is a beautiful dynamic that exists between two individuals and bring them close to each other irrespective of their status. However, to nurture this love and to explore your partner, it is essential to spend some good time and be with each other. This togetherness between the two individuals play a crucial role in deciding the relationship status and here comes the significance of marriage v/s live in relationships. Marriage is a union of two souls formally under the consideration of law and the society. It is led on the foundation of commitment, security and responsibilities whereas, live-in relationships which are on going trends considered to be an informal union in which society, law and commitment do not exist. The couple live together, divvy things up, expect to have freedom and space for each other, without any pressure of marriage. The fate of both the relationships is still a debatable topic due to different perspective, opinion and mind set. A very famous quote exist among general population especially country like India, "Marriages or bonds are made in heaven" and according to the society, this bond can only be acknowledged or get the glory if it embraces itself in the mould of marriage. Live-in relationships are highly criticised and unacceptable among the Indian society, especially in considering the female partner's virginity. Being with a male partner before marriage and engaging in a physical relationship, make them impure in consonance with Indian society. Also they think that if the two want to be together, then why not get married and legally stay together. In contrast to this, a section of youth take live-in relationship as a phase of freedom to know their partners in a better and patient way without any pressure or restriction of marriages and responsibilities. They can stay or leave whenever they want to without any terms and conditions or any legal formalities, which kind of actually happen in marriages. Separation or dissolving marriages is difficult due to its legality. And if they have kids then suffering of custody, detachment, emotional and psychological adversity would also encounter. However, the marriage has more stability and security. The couples work hard, cherish their bond with love, concomitant with their partner's pros and cons but at least are responsible for each other and many of these relationships last for a long time. At the time, when our grand parents or parents got married, live-in relationships had no existence, they were not even allowed to see or meet, no essence of compatibility factor, divorce term was inexistent. Still their relationships and bonds fostered for so long time may be by adjustments, love, ignorance and apologies. This does not mean that it is not right to know each other before marriage. Knowing the ups and downs, compatibility of your partner, nature, likes and dislikes are important to make a married life soothing and successful which is why some people opt for being in live-in relationships before marriage.

In general, the decision of being in live-in relationship should also be respected as it is taken by two adults, in complete consciousness knowing the future of this, considering all the assets and liabilities which would come up with this decision. But one thought that cannot be ignored is the presence of instability, insecurity and uncertainty which clipped with live-in relationship. The country like India is known for culture and values, here live-in relationships are considered as a taboo. Also the existence and success of any relationship is not certain. Plenty of cohabiting relationships have more commitment and clarity than plenty of marriages. At the end, it is the responsibility of the two individuals to make the right decision to be in either relationships and make the best out of it without regretting back. The decision should be respected by people as it made by the two who want to be together and cherish their love which is more important than anything else.

VAISHNAVI PANDEY (BATCH 2017)

In my opinion, marriage life is better than live in relationship because of in live in relationship people just make sure of their own benefits and try to make a toxic relationship which destroy lots of people's life. As we know that live in relationship is not illegal in our country and I am really agree with this. Having a live in relationship is not to bad in our country but socialism is not agree with it and there is lots of cases which make that impact on live in relationship and most of the time we get that court is also unable to make a justice for the victim but in marriage we have justice for the victim. And in marriage both husband and wife have equal choice to end there relationship but on the other side in live in relationship its not make an equal choice. And now Today generation just to think about last, dirty and try to do exploration of others person. So, it's good to make our self sur that what we are doing with our life and its all up to us to make a good decision.

ANAMTA (BATCH 2022)

In the past decade the concept of live-in relationships has become a popular trend among young couples in India. This trend has led to a significant shift in the way relationships are perceived and approached in India. While live-in relationships have their advantages, they are often compared to traditional marriages in terms of their compatibility with the Indian culture and society. In this article, we explore the nuances of the live-in relationship's vs a traditional marriage, taking into account the Indian context and the traditional Indian way of marriage. We also discuss the impact of western influences and the need for knowing your partner before committing yourself towards them.

Indian Traditional Way of Marriage

Marriage in India is a sacred institution that is considered a lifetime commitment. In the traditional Indian way of marriage, the union of two people is seen as a merger of two families rather than just two individuals. The process of marriage in India involves a series of rituals and ceremonies that are steeped in tradition and culture. For instance, before the wedding, the families of the bride and the groom exchange gifts and visit each other to cement the bond between the two families. On the day of the wedding, the couple exchanges vows and takes the seven sacred pheras (rounds) around the holy fire, signifying their union. In India, marriage is not just a legal contract but a social and cultural responsibility.

It is an important rite of passage that is considered essential for a person's social status and stability. Marriages are often arranged by parents or family members based on the compatibility of the families rather than the individuals involved. The bride and groom are expected to adhere to certain cultural and social norms after marriage, including the practice of joint family living, where the husband, wife, and their families live together under one roof. In many cases, divorce is still stigmatized in India, and marriages are expected to last a lifetime.

Impact of Western Influences

With the advent of globalization and the exposure to western culture, Indian society has undergone a significant transformation. The impact of western influences can be seen in the way people dress, eat, and socialize. The idea of live-in relationships, which is a relatively new concept in India, has gained popularity in recent years, especially among the younger generation. Live-in relationships offer the couples an opportunity to test the waters before committing to a lifetime of togetherness. It allows them to get to know each other better, explore their compatibility, and understand each other's quirks and habits. In many cases, couples who live together before marriage have a higher success rate in their marriages compared to those who do not. However, the acceptance of live-in relationships in India is still a topic of debate. While the younger generation is more open to the idea of living together before marriage, the older generation still views it as a taboo. The idea of cohabitation is still frowned upon in many parts of India, and couples who live together are often ostracized by their families and society. The stigma attached to live-in relationships is often attributed to the traditional Indian way of thinking, which views marriage as a sacred institution that should not be taken lightly. Knowing Your Partner Before Committing to Marriage is a lifetime commitment, and it is essential to know your partner well before committing to it. The concept of live-in relationships provides an opportunity for couples to get to know each other better before tying the knot. It allows them to assess their compatibility and understand each other's expectations and goals in life. In many cases, living together before marriage can help couples work out their differences and build a stronger foundation for their future together. However, it is important to note that the concept of live-in relationships is not a panacea for all relationship problems. It is important to approach it with caution and understand the potential risks and downsides associated with it. While living together before marriage can help couples make an informed decision, it can also create expectations that may not be sustainable in the long run. It is important to have a clear understanding of the boundaries and expectations before moving in together and communicate openly about them. Indian Society's View on Live-in Relationships vs Marriage .Indian society has traditionally viewed marriage as a sacred institution and the foundation of the family structure. The concept of live-in relationships is still relatively new in India and is often seen as a western influence that does not align with the Indian culture and values. Many people still view cohabitation as a taboo and associate it with immorality and promiscuity. However, the younger generation is increasingly open to the idea of living together before marriage. They see it as a way to explore their compatibility and build a strong foundation for their future together. With the changing social and economic landscape in India, more and more young people are choosing to live together before marriage, and this trend is likely to continue in the future.

Conclusion

Live-in relationships vs marriage is a topic of debate that has gained prominence in recent times in India. While the traditional Indian way of marriage views it as a lifetime commitment, the younger generation is more open to exploring the concept of living together before marriage.

The impact of western influences has played a significant role in shaping the way relationships are perceived and approached in India. However, it is essential to approach live-in relationships with caution and understand the potential risks and downsides associated with it. Ultimately, the decision to live together or get married should be based on the individual's personal values, beliefs, and preferences, and should be approached with an open mind and heart.

ESHITA MISHRA (BATCH 2021)

Live-in relationships and marriage are two different approaches to exploring love and companionship. While both offer companionship and the potential for a long-term commitment, there are some important differences between them. Live-in relationships are typically seen as less formal than marriage and are often seen as a way to test out a relationship before making a more permanent commitment. They are also seen as being free of the legal and financial restrictions of marriage, making it easier for people to move out if things don't work out. On the other hand, marriage is seen as a lifelong commitment and is usually accompanied by a legal contract. This contract can provide financial security and other benefits, such as tax breaks, inheritance rights, and the ability to make medical decisions for a spouse. It also involves a more complicated process if the marriage doesn't work out, such as seeking a divorce. In recent years, the definition of marriage has expanded to include same-sex couples in some jurisdictions. Additionally, the number of adults cohabiting with a partner is on the rise, suggesting that marriage is no longer the only option for couples who want to form a committed relationship. Ultimately, the decision between a live-in relationship and marriage should be based on individual needs and preferences. It is important to consider the relationship dynamics, the level of commitment desired, and the potential legal and financial implications of each option. As the saying goes, "Happily ever after is not a fairy tale. It's a choice."

TIRTHANKAR CHOWDHURY (BATCH 2021)

In context of the Indian society, living with someone before marriage is still treated as a taboo, especially in a man-woman relationship. It corresponds to the idea of virginity, especially of women, which is considered violated, if and when she engages in a physical relationship with a man before her marriage. She is then seen as someone impure or unholy, which is a traditional thought but widely accepted. This is why a live-in relationship is highly criticised by the society.

In contrast to this, a section of the youth may not agree with what the conservative side of the society has to say. They feel that live-in relationship gives them the sense of freedom as well as the feeling of a conjugal life without the restrictions posed by the institution of marriage. In a live-in relationship, one can leave or stay whenever he or she feels things aren't working out. But marriages can take a toll, as they meant to be together for a lifetime, or in the Indian context, for seven lifetimes! Also, the legality involving a marriage makes it a difficult and time-consuming process to dissolve it or seek a divorce.

Marriages are said to be made in heaven and this is what the majority of the people believe. Subconsciously, this idea is fixed in the minds of the people and knowingly or unknowingly, the couples in a marital relationship work hard to make their relationship last for a long time and sometimes until death does them apart.

Therefore, marriages are a more stable form of a relationship. In contradiction, a live-in can be too liberating at times. With no restrictions, there are more possibilities of instability and insecurity. If you have not committed in a marital and a legal bond, you cannot be sure of it. Recently, Indian cinema came up with a movie featuring Kartik Aryan and Kriti Sanon called 'Luka Chuppi', that portrays the troubles of the Indian youth regarding live-in relationships. It depicts the dilemma of a couple who decides to know each other better by living together before choosing to spend their lives together. But their conservative families mistake them to be married and great confusion follows. We all know that love needs to be explored as it has many facets to it. The question is if this exploration can only be done through marriage?

Marriage and live-in relationships are choices that should be free from societal pressures. One may believe in the idea of holy matrimony, but one should not be criticised for his or her decision to consider a live-in relationship, right?

SAUMYA VATSA (BATCH 2022)

Love is a beautiful emotion that brings two people together, irrespective of their color, sex, race, caste or class. However, to enhance or explore that love, the couples need to spend more time with each other and maybe live-together as well. Here is when 'marriage' or a 'live-in relationship' comes into play.

Marriage is a more legal and socially-accepted form of relationship between couples. There is a social validation that has its own appeal and satisfaction. However, live-in relationships are the new and on-going trends among the youth that gives them the freedom to live with their partners without any pressure of arranged marriages. Both of these socially-constructed institutions of love and relationships have their pros and cons.

In context of the Indian society, living with someone before marriage is still treated as a taboo, especially in a man-woman relationship. It corresponds to the idea of virginity, especially of women, which is considered violated, if and when she engages in a physical relationship with a man before her marriage. She is then seen as someone impure or unholy, which is a traditional thought but widely accepted. This is why a live-in relationship is highly criticised by the society.

VIHAAN SINGH DHAMI (BATCH 2021)

Marriage and live-in relationships are two ways in which people can choose to share their lives with each other. While marriage has traditionally been the preferred option in many cultures, live-in relationships are becoming increasingly popular in modern times. Marriage is a legal and social institution that has been around for centuries. It involves a formal commitment between two people, recognized by the state and society, to live together in a relationship that is typically based on love, trust, and mutual respect. Marriage is often seen as a lifelong commitment, and it provides legal protection and benefits such as tax breaks, inheritance rights, and social security benefits. On the other hand, live-in relationships are informal arrangements in which two people decide to live together without getting married. While live-in relationships are not legally recognized in many countries, they are becoming more popular as people seek greater flexibility and freedom in their relationships. Live-in relationships can provide many of the same benefits as marriage, such as companionship, shared expenses, and emotional support. One of the main advantages of marriage is its legal status.

Married couples enjoy legal protections and benefits that are not available to those in live-in relationships. For example, married couples have the right to inherit property from each other, they can file joint tax returns, and they can make medical decisions for each other if one partner is incapacitated. Marriage also provides a sense of security and stability that can be comforting for some people. However, marriage also has its drawbacks. It can be a restrictive institution, with many rules and expectations that can put pressure on the relationship. Marriage can also be difficult to dissolve, and divorce can be a long, painful process that can have lasting effects on both parties involved. Live-in relationships, on the other hand, offer greater flexibility and freedom. Couples in live-in relationships are free to come and go as they please, and they can end the relationship without the legal and financial complications of divorce. Live-in relationships also provide a way for couples to test the waters before making a more serious commitment, such as marriage. However, live-in relationships also have their downsides. They lack the legal protections and benefits of marriage, which can put partners at risk if the relationship ends. Live-in relationships can also be less stable than marriages, as there is no formal commitment to stay together. As we discuss live-in relationships in India and Indian thought, it still remains a social stigma in many societies," sharma ji's daughter lived with a boy without marriage, who is going to marry her, and what will sharma ji do." Is a source of shame for a family. Unlike in other countries where people decide to live together just to live together without being judged or under pressure from family because they want to live with that specific person, marriage remains the ultimate thing in India. As marriage is always the goal for an Indian family, this usually results in problems and humiliation for the female partner. In conclusion, both marriage and live-in relationships have their pros and cons. While marriage provides legal protection and stability, it can be restrictive and difficult to dissolve. Live-in relationships offer greater flexibility and freedom, but lack the legal protections and benefits of marriage. Ultimately, the choice between marriage and live-in relationships is a personal one that depends on the preferences and values of the individuals involved.

SUPRIYA YADAV (BATCH 2017)

The background features a light blue gradient with a pattern of overlapping squares in various shades of blue, ranging from light to dark. Two horizontal teal lines are positioned above and below the text.

Futuristic India in my vision

FUTURISTIC INDIA IN MY VISION

Report

Name- India

Age- AD 2150

Symptoms - Global Warming ,depletion of chief resources, climate change, increased population

History of present illness

welcome !

welcome to the world where you can't marry. Yes, the government has finally put ban on marriage to stop population explosion. I am writing this article sitting on my editors shoulder as there is no place to sit, it's just too crowded. My editor has told half of the people that there are no vacant post still people are ready to work for free. My goodness the population of stand at 64, 421 billion and by the time you read this another lakh will be added. There is no privacy, no natural resources, means of transport. Millions of people go homeless, means of fastest transport is bicycle. Issues such as poverty are increasing. Oh! people of the century, my heart cries for you. But you can see plus points too. You need not walk home, just stand in the street and you will be carried to your house (if you have one) by the people behind, pushing you. Further , boys and girls have perfect slim and trim body shape. Why? because they don't eat nutritious food. in fact there is no food left at all. You don't go to the job and give excuses there is so much crowd. So here I end by saying a secret you won't live in AD 2150 would you ?

Final diagnosis – futuristic views of India

Refer to WHO for needful

ANANYA SHARMA (BATCH 2017)

Bombs and pistols do not make a revolution.

The sword of revolution is sharpened on the whetting stone of ideas

Every Indian would wish to see India emerge as a strong political entity. Unfortunately, in spite of our boasting glorious past and diversity of culture, our vision about future is misty. Our concept of national integrity, secularism and cultural freedom is topsy -turvy. we have been taking about eradication of poverty but the rich and the mighty have been plundering the nation. in the name of secularism and improving a lot of Dalits, they have overlooked the need of basic unity. Our wily politicians are interested in creating their own vote banks . A common citizen of India is a helpless victim of new class of desi rules . I would like to see India strongly united in the essence and not in mere slogans chanted by our politicians all the time. In my sight of vision India in this century should be imperative that every Indian should develop a nation character. it is the time that Indians should saw through the game of present leaders . Heath , secularism free from casts , communal and class prejudice will be developed . Democracy should now mature and people of India should elect those who are strong in their characters and are well wishers .Religions would not come in the path of nation building . every citizen is bound to respect one another. it is possible only when India is free from regional , social and divisive conflicts . In India of my vison no one will have to hang his head in shame. Unbridled terrorism and militancy will not prove the weakness of India as a nation .the conflict of about three million Kashmiri pandits is a stigma attached to India . I would like to see a government with a political will top abolish all the articles that are harming government political system. Economic justice would be the main feature. Science will play a major role because invention , innervation and application make the country growth in every aspect .

Let new India be free from corruption, fear, poverty and have economic equality and every right of our strong preamble should be enjoyed by one and all. Let new India flourish and shine bright like a diamond and is superpower across all formats in the entire world.

At last I would love to end with the quote “SATYAMEV JAYATE”

ANTRIKSH BHARDWAJ (BATCH-2020)

A vision is not just a future dream that we wish to fulfil, it is also a target we take as a benchmark to achieve, provided all possibilities are met. My vision for India focuses mainly on education, employment, and health. India's GDP will accelerate to 9-10% with India crossing over China in terms of GDP in the next decade. Many countries are seeing India as a global emerging market and developing economy. Companies are showing their interest to invest and have partnership with India, as they think it shall be a win-win situation for their business in long run. Rural India constitutes 72.2% of the population. Due to increased literacy rate, and improved health conditions, these sectors will see greater developments. India's population in 2012 is 1.22 billion with 50% of population are in the age group of 0-25 years. Due to abundance of educated and talented working population, employment rate among all classes will increase. Mass scale quality education being the base for nation's development, shall help in promoting employment opportunities and economic growth. Huge population, per capital income, and medical infrastructure are the factors that determine the health of the nation. Rural people are mainly affected by the health related issues like malnutrition and poor sanitation. In 2009, the mortality rate was 30.15. Health sector has improved drastically in terms of contagious diseases in the past decades. It will continue to do because of introducing advanced technology in health services, availability of health care in rural areas, and higher quality of education. In spite of India having a literacy rate of 75.06%, 40% students on average drop out of secondary education every year. But, education sector will see tremendous growth due to increasing demand of quality students. Major reforms will be seen in higher education with an increase in collaboration of foreign universities. I hope we just don't write this only in words but see and set an example for the whole world. With India being a global leader and we being the proud citizens of the country

CHANDANGSHI KAUSHIK (BATCH 2017)

In 2047, India will be a country that will be thriving in every aspect of life. It will have successfully harnessed the power of technology, innovation and education to transform itself into a global leader. The government will have also invested heavily in developing cities, which will be equipped with state of the art amenities. These cities will be designed to be energy - efficient and environment friendly. Home to industries and medical health care with tourism over extending its wings till the coastlines of India. In terms of International relations, India will be a respected member of the global community. India will be a keyplayer in regional and International organization. It will also have a leading role in addressing and tracking major global changes. With major progressive facts, India will have its name engraved in the book of history for welfare and all round growth and development.

"SAB KA SAATH, SAB KA VIKAS"

With this motto, definitely India is gonna be the world's greatest leader.

CHETAN SINGH (BATCH 2017)

As Thomas Edison said, "Vision without Execution is Hallucinations" this holds true that vision isn't just a unborn dream that we wish to fulfill, it's a target that we conclude as a standard to achieve it. My vision for India focuses substantially on education, employment, prosperity and health. Everyone must be treated inversely, with no demarcation on grounds of estate, gender, religion and substantially on profitable status. The crime rate in India is growing day by day. Multitudinous rape, thievery, dowry, and murder cases are being reported daily, and numerous others go unnoticed/unreported. Lack of education, severance, and poverty substantially attributes to this.

India of my dreams would be a country where the government is more sensitive towards the safety and security of the people. It would be a place, free from all kinds of crime and exploitation. I want the government to give equal employment openings for all, so that the youth get meritorious jobs and contribute to the growth of the nation.

It's veritably disappointed to observe that indeed after proving themselves in every sphere of life, women are still considered inferior to men. My dream of India, is that, where there's no gender demarcation. It would be a place where men and women are treated aequals. I want every woman to feel safe, secure and is suitable to roam on the road without any fear. In India, affordable and advanced health care installations should be accessible to all citizens. The Future of India is bright in the matter and manner of profitable planning. As a result of this, there will be good standard and quality of living. I want India to be at the apex of scientific and technological progress. I want that there should be no gap between poor and rich. India should continue towards the thing of getting a land of peace and probity. India is a developing nation and rich in natural coffers, force and creative minds. During the once seven decades we've formerly achieved a lot and constantly working towards nation structure. We hope that when we enter in the future, India will be leader in every field. All the immoralities similar as corruption, poverty, ignorance, hunger, demarcation etc. Will no longer live and every person is educated, tone reliant, tone empowered and lives a regardful life, along with it he's working towards nation structure. Therefore, the main end is to make India's flag cover across the world.

HARSH ACHHRA (BATCH 2017)

India is an ancient civilisation and this civilisation has seen tremendous changes through out its history. When the Britishers left India, they left behind a broken, needy and an economically unstable country. High levels of poverty and illiteracy were 2 main ill effects of the very long foreign rule. Post independence, India's main concern was growth and development, to keep the country united and integrated. It prioritized scientific research in its first 5 year plan paving way for prestigious scientific institutes like IITs. From launching its first satellite Aryabhata to being the first country to reach the orbit of Mars, India has taken confident strides in the field of space research technology. Thanks to India Space Research Organization (ISRO). From being the poorest of countries, India today is the fifth largest economy of the world. Its expansion and growth is reliant on youth and their contributions multiplying with skill development widening the scope of access to global market. To boost the skill development in youth, government has launched schemes like Digital India, Skill India Mission and PM Kaushal Vikas Yojana. With Govt focussing on basic primary education of children from 6 to 14yrs introducing the new National Education Policy (NEP) which focusses on providing room for students to learn at their own pace, teacher training and lowering the dropout rates in middle and secondary schools.

Cheaper education loans and expansions of scholarship programmes have also ensured that meritorious students have a genuine shot with no financial worries. I see my India growing! Excelling and reaching peaks in every aspect. With govt initiatives, I can see that sooner or later no person will suffer to cater his basic needs of survival. I can see that if today's youth properly directed and controlled will definitely bring transformational changes in tomorrow. With govt's initiatives in the form of Swachh Bharat Abhiyan , i can see people realizing the importance and need for a clean and a safe place to live in. Only a clean and a disease free environment can produce healthy minds. My futuristic vision of India is TECHADE! This era is dedicated to technology and so is our country and its people. India is witnessing a magical growth of various applications under digital world reinforced by Artificial Intelligence. Most of the IIT graduates today opt out of their fat salary packages to either sit for the civil services examination or to open a startup. India's recent startup revolution surprises me as to how a 19 year old Kaivalya Vohra who founded 'Zepto'-(a 10 mins grocery delivery app) today is the youngest startup founder worth crores! 10years ago, the youngest startup founder would have been in his 30's. People like Carry Minati, Ashish Chanchalani, Bhuvan Bam, Tanmany Bhatt, Prajakta Koli have become institutions in the world of amazing content creation. Many like them have created various job opportunities and are constantly inspiring many others to start something of their own. Envisioning India, I see a more independent, inspirational nation with youth inculcated with positive energy to transform India into a better nation. Women's empowerment has grown stronger and has resulted in them coming out of their shells and making an identity of their own. I can see India to be a safer place for women with lesser rape and dowry harassment cases. While women taking the lead in various other male dominated fields ultimately eliminating the so called 'patriarchal society'. A country is represented by its people. To me, the future of India lies in the hands of today's youth. We will prosper multifold as a country only when the youth developsvaluable skills. I can see India at the forefront of harnessing the power of technology and would rightly call for more youngsters to join in and make India a better nation.

RABIYA IQBAL (BATCH 2017)

This is the ancient land where wisdom made its home before it went into any other country, the same India whose influx of spirituality is represented, as it were, on the material plane, by rolling rivers like oceans, where the eternal Himalayas, rising tier above tier with their snow-caps, look as it were into the very mysteries of heaven. Here is the same India whose soil has been trodden by the feet of the greatest sages that ever lived. Here first arose the doctrines of the immortality of the soul, the existence of a supervising God, an immanent God in nature and in man, and here the highest ideals of religion and philosophy have attained their culminating points. This is the land from whence, like the tidal waves, spirituality and philosophy have again and again rushed out and deluged the world, and this is the land from whence once more such tides must proceed in order to bring life and vigour into the decaying races of mankind. It is the same India which has withstood the shocks of centuries, of hundreds of foreign invasions of hundreds of upheavals of manners and customs. It is the same land which stands firmer than any rock in the world, with its undying vigour, indestructible life. Its life is of the same nature as the soul, without beginning and without end, immortal; and we are the children of such a country. Under conditions and circumstances prevalent today, it needs not merely guess-work or astrologer's remarks to reflect the future image of India, but a logical inference derived from a sound reasoning, an act fairly difficult but not impossible.

India is clearly focusing on the standard of Education . It would be an era of mass intelligence more high level. People will not let loose their minds to be devil's workshop. Scientific education will enable them to transforming the knowledge of power into good experience.Changed and improved system of education will change our angle of approach to the condition of women in India. Such an education is sure to inculcate a sense of responsibility, love and respect for the daughters of India. Moreover, they will participate hand to hand with men in all walks of life honourably, proportionate to that of the educated men. Most of the women will be socially and economically independent of their husbands. They will work in factories and offices. There will be a mass awakening to give importance to family-planning and practice methods of birth control. People will exercise birth control methods to reduce density of excessive population, to eliminate poverty, to improve the standard of living and promote healthy life, and to stop infant mortality.

Mangalyaan is an India spacecraft which is orbiting Mars. India has a powerful navy, air-force and standing army. India will make the best and utmost use of its power for self-defence and peaceful purposes. The gigantic power will be moulded and channelized for beneficial applications to eliminate unemployment, poverty, hunger, violence, inequality, injustice and misery of millions. The Information Technology revolution will completely turn the political, economic, social, cultural, intellectual and emotional life of Indians. it will create new means of employment. India is poised to become a powerful economic growth engine: it has one of the fastest-growing economies in the world, the third-largest start-up ecosystem, and tech services, digital, and manufacturing sectors on track to become global powerhouses. At the same time, the country is confronting the effects of the pandemic and the critical challenge of creating jobs for the 90 million people set to join its workforce by 2030.

Automation will enable us to substitute human labor both physical and mental by machines. A number of new industries will be established and time and labor saving devices will be installed for the purpose of rationalizing the old industries. Raw materials and transport facilities for the disposal of finished goods will be enough. Cottage industries will gain momentum, and power will be supplied at cheaper rates, so as to enable them to compete with large-scale and heavy industries. The Future of India is bright in the matter and manner of economic planning. As a result of this, there will be a good deal of dimensional increase in national wealth and per capita income so as to raise the standard of living in the country. Rapid industrialization will press forward the development of basic and heavy industries. Employment opportunities will be copious and inequalities in income and wealth well be considerably reduced. Thus distribution of economic power will be fair and even. The Indian Society will witness equality of opportunities, increased production, and elimination of social and economic disadvantages, increased efficiency and full utilization of all available and conceivable resources. People will be able to attain the fully developed height of personality and the highest position in the society. In such a society there will be no ignorance, superstition and other social evils as are ingrained today. No section of society will be a victim of exploitation or tyranny. The people of Future India will not suffer from the attitude pertaining to caste, community, religion or sex. They will be a great people of great land.

SURYANSH SINGH (BATCH 2017)

Government has identified research, innovation and technology as key drivers of its Vision India@2047. Digital and data-backed innovation combined with ubiquitous and affordable Internet will help India to build a robust digital economy of the future.

Scientific innovation can help to boost productivity and efficiency in the sphere of healthcare, this delivering affordability and accessibility, enabling Preventive health care approaches. Indian pharmaceutical industry that is “The Pharmacy of the World” ranking third in pharmaceutical production by volume has potential of 10 times growth by 2047, only if we realize the pharma value chain. In next 25 years, we need to focus on emerging opportunities across novel biologics, biosimilars, cell and gene therapy, high end contract research, mRNA and other new generation vaccines, orphan drugs, precision medicine and molecular diagnosis. To provide equal its women, India needs to focus on women centric programs aimed at ensuring their education, health, economic security, safety and fundamental rights. As per estimate, Indian economy could grow by additional 60 percent by 2025, adding \$ 2.9 trillion, if women were represented in the formal economy at the same rate as men. By 2047, India will also need to have fully integrated environmental sustainability in its growth models by focusing on renewable energy and reducing waste, effluent emissions and consumerism; recycling and reuse should become the credo. We should aimed to meet 80% of our electricity requirements from renewable energy resources by 2047. Creating a digital empowered society and knowledgeable economy that is transparent, effective and economically inclusive will enable India to emerge as the third largest economy in the world and true global power by 100th year of its independence.

SHAHEEN QAMAR (BATCH 2017)

Our country is celebrating the Azaadi ka Amrit Mahotsav . Through Azaadi ka Amrit Mahotsav , india is celebrating the glorious history of its people culture and achievement after 25 years , in the year 2047 , it will 100 years since the country got independence , the coming 25 years will be the Amrit kaal for the country. The goal of Amrit Kaal is to build an india that has all the modern infrastructure of the world , An india that is fully developed , where every youth has employment , where no one is dying of poverty and starvation. In my vision india will be one of leading nations in every aspect in coming few years. India is on the track to become the world's 3rd largest economy surpassing japan and Germany and have 3rd largest stock market producing by upcoming few years. India should see women as an assets not liabilities , there is lots of discrimination against women , but till women are stepping out of their houses and making a mark in different fields . To make women more powerfull and empowering we should ensure the safety and educating the women and children and provide freedom of equally to all. Poor children should get education , there should be no gap between rich and poor , we should work hard to change mind set of our society . in coming future poverty will be eliminated and no person will suffer to complete its basic need. The unemployment rate will be so low and there will be proper employment and registration system in the country. Population is the major issue in today 's time , will be solved and people will be more aware and participate in making country clean. The swach bharat abhiyan will be successful initiative in this direction . It is expected that digital ecosystem is going to rise in rural areas which provide an opportunity to pioneer the development of hybrid online offline system for social services , government services, finance and business services. India will be leading digital economy in world. India has the potential to become a global super power , it will be a developed country at the time of completing 100 years of independence i.e by 2047. Azaadi ka Amrit Mahotsav will change the face of the country.

ARPITA PANDEY (BATCH 2021)

The background features a light blue gradient with a pattern of overlapping squares in various shades of blue, ranging from light to dark. Two horizontal teal lines are positioned above and below the word 'Poems'.

Poems

Only if it was about one being Not perfect
We have all known it was never perfect
Whether it was Aunt Jennifer's wedding
Or

Shraddha's Live in

Perfection was always an illusion but we have all failed to accept the failure of
“PERFECTION.”

For some marriage was being tied to a knot

For some live-in was breaking the knots

But

Will the society accept breaking of knots?

The question remained and they stepped back.

Though the question doesn't end here

Who knows if the marriage will last or ends on a divorce?

Who knows if someone you don't even know would be compatible?

And

Also that

Who knows if someone you already know would always stay the same?

The question of yet another perfect choice of choosing a partner was given in the stories.

But who knows what stories would be real?

After all

If the stories were meant to be real

They wouldn't be creating Perfect characters for us to crave for.

After all Perfection was an illusion.

Only if it was finding the right one would be easier

But we have all grown to find the best ones

Choosing what pleased our eyes was more important than what pleased our hearts

However that is what we have learnt,

The girls ought to be pretty and the guys successful.

Why this couldn't have been the other ways

Be it chosen marriage or considered live in?

After all finding a perfect match

Was always an illusion.

AALIYA SHAHREEN (BATCH 2022)

The epitome of oceanic beauty in west,

Laying the embrace of laccadive sea,

Blessing sunrise and bewitching sunset

The holy hymns and chant of prayer,

The sand grains etched with gratitude.

Rocky mountain offering solitude

Where Swami vivekanand meditated,

Attained enlightenment,

India will be holding the beauty.

The coastline with bustling life and energy

With ships, markets, tourism and food.

Even horse riding and boating which will be engraved in memories.

With fear thrill and excitement,

The holy majestic healing of nature,
The presence of temples, churches, memorial and exhibition
Vivid arts and craftsmanship.
Digitally transporting the virtual view,
Along with kind hearted and exciting people,
Offering calm to nomadic hearts.
The everlasting freshness and calmness in wind,
Lulls all with soothing spell
Specially to this gem of land,
Where future can never be denied,
And the subscription is for free!

ANANYA SHARMA (BATCH 2017))

Love is mystery as proven in history,
History has shown some amazing intensity of love
But no its been left only in density
But in todays time love is not divine
We lost the lucky doves as no one truly cares
Leaving the old school lovers in fears
As too much has been left with tears
In live-in-relationship man and woman live together and love
But in todays time live-in is all about intercourse and hug
Parents freezes to see their child body in pieces
They curse them why they choose them to blow their child to live-in breeze
Should we surrender to the new age love or still believe old age doves
Doves might be done and the love battles in live-in-relationship might not be won.

ANTRIKSH BHARDWAJ (BATCH 2020)

An incentive to talk about love,
To stay and linger over the parts,
Or to marry and think together over future,
Where the nights are filled with web spaces,
I see you under the veil of darkness ,
You weren't old enough to understand,
You try to smile and humn , No other person lost a friend ,
The way you had lost , A marriage is beautiful,
be it arranged or through love ,
A sacred union bringing a oneness of hearts and souls,
A family to start , a time to share hopes,
How do you begin a life with someone if you don't know about them?
What if they love,another precious gem?
Will either of you be happy?
What if the love doesn't bloom?
What is the point if you are never happy at heart?
Would you stop yourself from being torn apart?
You are the one living,be the one
To choose directions of life .

CHETAN SINGH (BATCH 2017)

A night stars exploded;
And it split right into two.
Each part become a person,
And they reunite to become new.
In the inspection of God ,
With the blessings of lord;
The rituals and few thoughts.
It's not a piece of paper,
But neatly folded in file .
Two people courageously place,
Their heart out on the line .
For few it's ugly and ,
They see the worst in someone.
They see them when they are mad,
sad and stubborn.
They talk to them at 3am ,
When the world is asleep.
They get to see that side of them,
That no one can see.
Few wants to live together,
Without being in this bond.
But love is the only thing,
That keeps them strong.
There's no ritual, no blessing
That keep them unite ,
But the conditions lefts them aside.
There is a story of a couple ,
They were together from the past.
Both were in live-in,
Where she was cutted in 35 parts.
One is in heaven and ,
Another in prison;
That started with love ,
And ended with sin .
Not a comparison between,
Live-in and a marriage.
Both can be fatal,
If another one is a demon.

REETIKASINGH (BATCH 2022)

India of My Dream
Oh! What a priceless heritage,
My motherland is in the globe!
For surely five years, 'bird out of cage':
It wears a democratic robe.
Where the world is one
Where war and jealousy cease
A world full of books,
music and theatre

Where everyone is content
with all they have
The children in the streets
performing plays
And the blind studying braille
India is a nation,
But without us there is no sensation;
You will have no idea what happens next,
But everyone just in cell phone texts;
It is a nation that never sleeps,
As think in deeps;
As the future is in our hands
It is not too late, to stop

RIYA (BATCH 2021)

The Country Of Oldest Civilisaton
Where Equality, Liberty, Democracy Are The
Keys,
All Indians Be Like Tiranga
And Spread Honesty, Purity And Peace.
Be The Helping Hands For Poor
Show Empathy Towards Animals,
Promote The Originality Of Our Country
India Itself Is The Greatest Festival.
Neither Give Nor Accept Bribes
Say No To Corruption,
Be The Change, Be The You
Get Ready For New Transformaton.
No Pollution, Fresh Air
Be Eco Friendly And Plant A Tree
India Is A Beautiful Landscape
Lucky We Are, We Live Here For Free.
Looks Like It's A Little Change
Day By Day, It Counts High,
Don't Stop, Don't Quit
Always Give Your Best Try.
Developing To Developed
Is The Journey Of Nation,
'i' To 'me' And 'my' To 'our'
Is The Key Of Mission.

SURYANSH SINGH (BATCH 2017)

India - My Vision
India in my vision,
Is the most developed and happiest nation.
I have a vision for 100 years India,
Thoroughly united, Thoroughlydiversed,
Leading the world in all fields
Letting the future, Reserved.
Destroying all evil is the main reason
Making India great is my vision.
My vision is very great
Which no one can imagine
I will be happy to see it happen
I will work to make it come true.
Let all the children receive education
But they needn't work when young
Let the people aim for modern society
But don't ignore the tradition.
Work in unity for our country's development
But fail not in eliminating corruption
Remove distinction between caste and religion
But establish equal rights to all citizens.
Men or women give no priority
Based on looks, money or popularity
Remember the selfless sacrifice of our leaders
Always follow the guidance of the elders.
Power and position makes nobody great
Love conquers both heart and fate
My vision is very great
Which no one can imagine.

VIHAAN SINGH DHAMI (BATCH 2021)

India of My Dream Oh! What a priceless heritage,
My motherland is in the globe!
For surely five years, 'bird out of cage':
It wears a democratic robe.
Where the world is one Where war and jealousy cease...
A world full of books, music and theatre...
Where everyone is content with all they have...
The children in the streets performing plays...
And the blind studying braille
India is a nation,
But without us there is no sensation;
You will have no idea what happens next,
But everyone just in cell phone texts;
It is a nation that never sleeps,
As think in deeps;
As the future is in our hands
It is not too late, to stop

RIYA SINHA (BATCH 2021)

संपूर्ण विश्व में गुरु के पद पर सदैवों से जो है आदरित।
ज्ञान, संस्कृति, कला के गुणों को रखता है जो सदा आचरित।।
स्वामी विवेकानंद से बापूजी तक सभी यहाँ के गौरव हैं।
जो संस्कृति रूपी उपवन में फ़ैलाते अपना सौरभ हैं।।
सारे जग को ज्ञान का अमृत, भारत में है आकर मिला।
इतिहास बाँचती हैं यह स्वर्णिम, नालंदा और तक्षशिला।।
असंख्य बार आक्रांतकारियों, ने मिलकर जिस भूमि को लूटा।
प्रेम से सुख उड़ेलना जिसका, फिर भी देखो कभी न छूटा।।
सत्य मार्ग के पथिकों को मिलता जहाँ आकर एक किनारा।
दिव्यता से करता संपोषित सबको भारतवर्ष हमारा।।
कोविड महामारी में हमने की स्वदेशी वैक्सीन तैयार।
जिन देशों की करी सहायता, माना उन्होंने भी आभार।।
आत्मनिर्भरता के पथ पर बढ़ते कदम यों नहीं थमने वाले।
साक्षर और डिजिटल भारत ने अब, धीरे धीरे पंख पसारे।।
होमी भाभा के परमाणुओं जैसे, करेंगे जग में ज्ञान विस्फोट।
व्यर्थ को छोड़ आगे जाएँगे, कुरीतियों पर कर गहरी चोट।।
कर ले चाहे कोई कुछ भी, नहीं होंगे हम तितर बितर।
हो जाएगा वक्त साथ हमारे, हम सब मिलकर मुड़ेंगे जिधर।।
हमसे है यह गुलिस्तां, हम ही इसकी भावी सूरत हैं।
अपनी एकता - शक्ति की, हमारे देश को ज़रूरत है।।
आइए मित्रों सब साथ मिलकर करें उज्ज्वल भविष्य निर्माण।
समय के पन्नों पर लिख डालें, अपनी विजय का गौरव - गान ।।

TIRTHANKAR (BATCH 2021)

लिवइन रिलेशनशिप

अर्थ नहीं अनर्थ है ये
क्षणभर का ये तो धोखा है
कोई सम्मान नहीं इसमें
ये केवल एक मौका है
कुछ भूल रहे अपने घर को
परिवार किसी ने भुलाया है
भूल गए सभ्यता संस्कृति
ये कैसा कलयुग आया है
न मान रहा सम्मान रहा
क्षणभर आकर्षण काया का
आधुनिकता इसको मान रहे
ये जाल पाश्चात्य माया का
परिवार दूर कर देता है
न समाज इन्हें अपनाता है
खुद को खुद तक सीमित कर
कुंठित भविष्य बिताता है
आओ मिलकर सौगन्ध ये ले
सभ्यता संस्कृति निभाएंगे
विवाह बंधन ही सर्वोत्तम है
उसको संस्कार में लाएंगे!

SHREYA KAUSHIK (BATCH 2022)

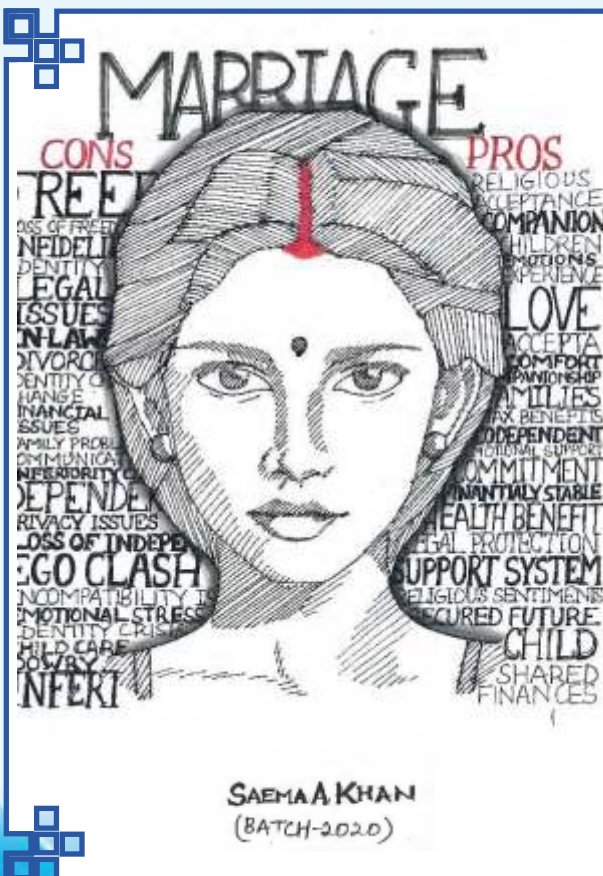
विवाह एक सम्मान है
गर्व है, प्रथा है
ये योग है दो परिवारों का संजोग है
कुछ कही कुछ अनकही कथा है
जन्मो जनम का साथ ये
आनंद हो या व्यथा है
मकान बनाने से पहले
ज्यों नीव जमाई जाती है
अप्रत्यक्ष रहे अद्रश्य रहे
सामर्थ्य व शक्ति लाती है
जितनी मजबूत हो नीव
उतनी बिल्डिंग थम जाती है
परिणय सूत्र में बंध करके
जो रीत निभाई जाती है
पल छिन की फिर बात नहीं
वर्षों को प्रीत निभाई जाती है
सात फेरों का बंधन वो
जन्मों का बंधन होता है
परिवार एक फिर मिलकर के
दूजे संग साथ निभाता है
पीढ़ी दर पीढ़ी मिलकर फिर
आगे कदम बढ़ाता है
सम्मान समाज का मिलता है
हर घर का इससे नाता है
प्राचीन काल से रही चली वो
पूर्वजो की गाथा है
दादा दादी जी मिलकर के
जो माँ को घर में लाये थे
लक्ष्मी कहते दुर्गा कहते
हर पल इठलाते आये थे
अगली पीढ़ी भी बढ़ चढ़ कर
अपनी ग्रहलक्ष्मी लाएगी
निभा सके तो ठीक है फिर
वरना परिवार कमान संभालेगा
छोटे छोटे कदमों से बढ़ वो फिर
चरम विकास को पा लेगा
हर स्तर पर गुंजाईश है
परिवार है
समाज है
संस्कृति है
तभी तो उन्नति है

-Shreya kaushik

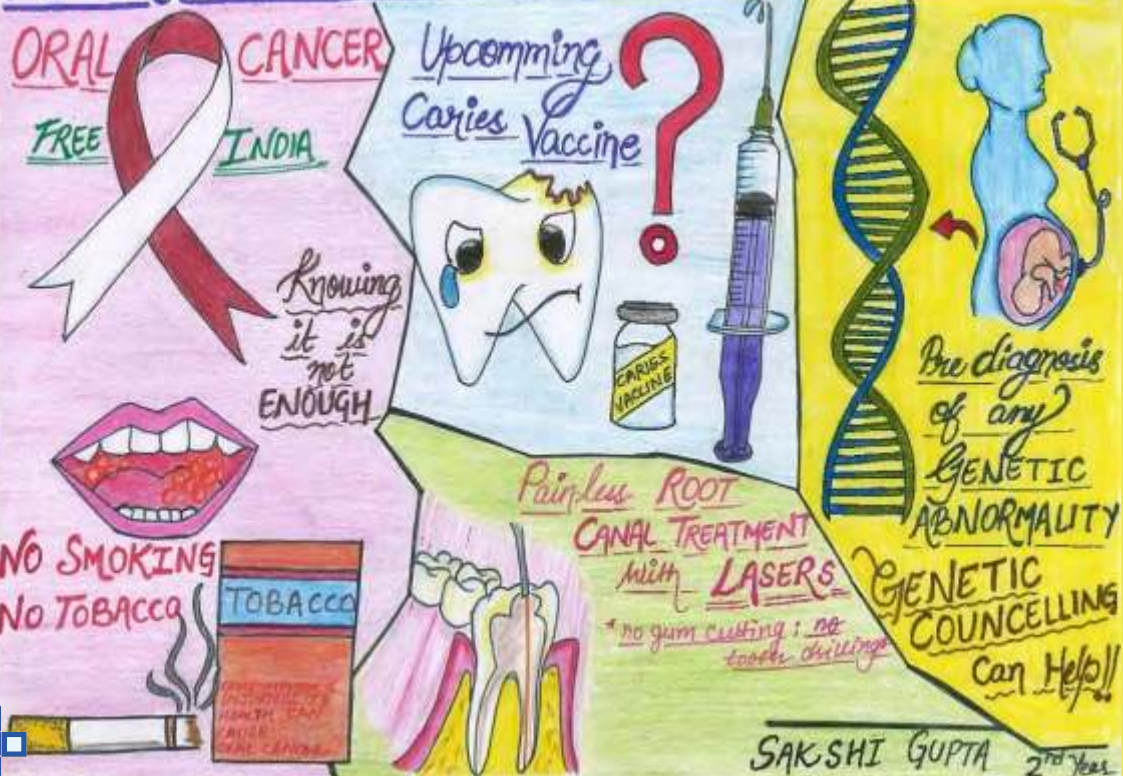


Posters



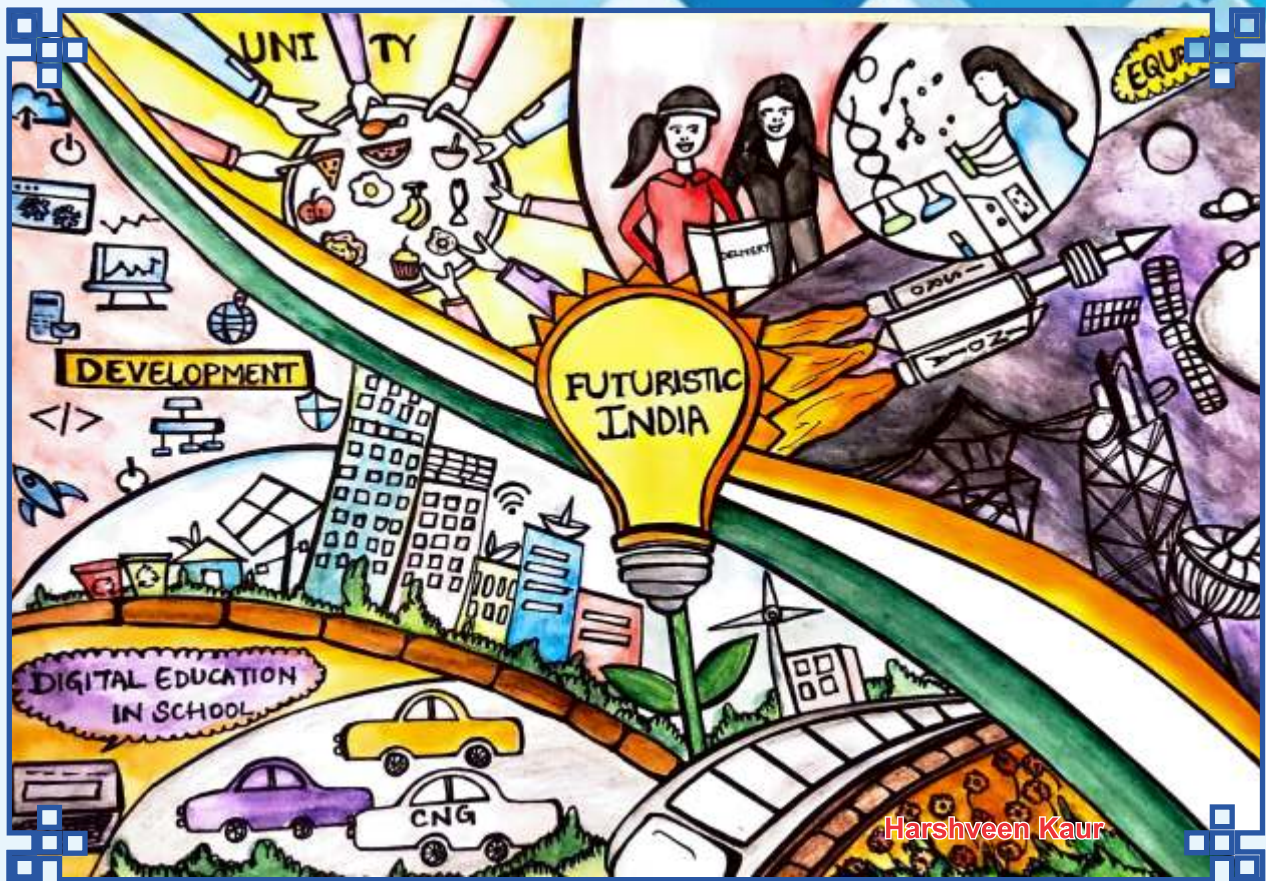


FUTURISTIC INDIA IN MY VISION [AS A DENTIST]



FUTURISTIC INDIA IN MY VISION







JOKES

1. He was resorbed alveolar ridge and I was maxillary complete denture..... There was no support, stability or retention between us. □
2. In exam, I was asked the "Mechanism of Pain"
Told the examiner my complete story of BDS. □
3. First impression is the last impression.... Never said a dental student ever.
4. When 2 person of same year meet
 1. 1st year: kitne tooth carve kiye?
 2. 2nd year: Kitni cavities ki? Prosthoka submit hogaya
 3. 3rd year: konse department mei hai?
 4. Final year: kitne patients kiye
5. Intern: hum to pass hogaye! Junior ke time pe strict hoga... □
5. Toppers before exam :
Maine kuchbhinahipadhahai
Toppers after result:
Maine sbpadhatha million times revise kiyatha diagrams banaye the flowchart banayatha fir bhimeraek mark katgaya. □
6. Perks of doing dentistry:
The other day my mom found a lighter in my lab coat and said nothing cuz she probably thought it was inn there for prostho purpose! □

ANSHUMAN (BATCH 2017)





INTERN







BATCH 2019





BATCH 2020







BATCH 2022



INTERN BATCH 2017



AAFREEN NASEEM

H. NO. 795 NATIONAL TALKIZ ROAD
SULTANPUR U.P. PIN:- 228001
9958659789
draafreennaseem@gmail.com

Elegant personality
who is always ready to
help.



AAKANKSHA VERMA

A- 42/ F- 1, EX- 2ND, SHALIMAR GARDEN,
SAHIBABAD, GZB. U.P. 201005
901600264

She is a genuine person
who is always ready to
help her friend as well
as juniors



AASTHA SINHA

KALA KRITI, RAILWAY HUNDER ROAD,
LOHANIPUR PATNA BIHAR PIN:- 800003
901013732
aastha1998@gmail.com

She is a quiet girl, not
just hard working but
equally a good friend



ADIBA IQBAL

28/1/4 EAST AZAD NAGAR,
KANTI MAIN ROAD. DELHI- 110051
901600879

She is quiet shy &
hardworking person
who is always there for
her friends



ADITI VATS

BALBIR NGR, SHAHDARA EXTN. ST. NO.
46, H. NO. 1/4709 DELHI- 110032
901609097
aditivats40@gmail.com

fashion is anything but
her who is complete
tik-toker, shw is known
for experimenting
different fashion sense



ANANYA SHARMA

K-302 SIDDH APARTMENT
PATPARGANJ DELHI-110092
901602059
ananyas9970@gmail.com

A warm hearted,
helpful, eloquent
speaker and a writer,
soulful singer and joyful
personality. She has
been an active
participant in all the
activities. Always helped
with an open heart and a
pleasant smile.



ANSHUMAN CHAUHAN

NEAR BANK OF INDIA BY PASS ROAD,
KUSMARA MAINPURI U.P. 205304
8077311095
anshuman.chauhan2@gmail.com

A gym boy who is also
an amazing cook. Very
helpful towards his
juniors



ANUPAMA SRIVASTAVA

M 2nd A 84 ADA COLONY, NAINI,
ALLAHABAD U.P. PIN:- 211008
910200084
anu.ald1712@gmail.com

She has an ever smiling
face who is always
there for her juniors &
is known for the most
beautiful hair



She has a sweet persona and is good at heart

ANUSHKA SHARMA

H-206 SWARN RESIDENCY MAIN GT ROAD
SAHIBABAD (GZB.) U.P. PIN:- 201010
901607094
anushkashar0927@gmail.com



Cute and cheerful personality who's very supportive and helpful in nature

ANSHIKA

H. NO. -9, MAIN ROAD (OPPOSITE
CENTRAL BANK) MAUJPUR DELHI- 110053
901606677
anshikapandey3599@gmail.com



A great senior and with helpful nature. He has balanced academics and sports records. Always lends his help to the juniors.

ASHIT ANAND

H.NO. 30 KH. PHOOKHAND, MACHHLI-SHHAR JAUNPUR U.P. 222143
910016792
drashitanand2612@gmail.com



A chirpy fun loving girl, who is very hard working towards her goals. She is always up for next adventure in life

ARUSHI DUBEY

H. NO. 178, SECTOR 6 B AVAS VIKAS
COLONY SIKANDRA AGRA U.P. 282007
905100793
arushi.ocks0496@gmail.com



A heart full of humor and a helpful spirit to match. A very hardworking & in excellent in sports, a very responsible person, who never hesitate to help his juniors

CHETAN KUMAR SINGH

S- 24/4-1 TAJPUR MAHAVEER MANDIR
UTTAR PRADESH PIN:- 221002
910202562
chetandhoni5432@gmail.com



A calm & composed person who has a very skillful clinical hand, a very good sportsperson specialised in Badminton. He is very helpful towards his friends and juniors & is loved by all.

CHANDANGSHI KAUSHIK

Flat No- D:04, Gauri mansion, six mile,
Guwahati, Assam, 781022
8011674600
sarmahpintu@gmail.com



She is an academican of her batch, she is hard working and has heart of Gold

CHHAVI MALHOTRA

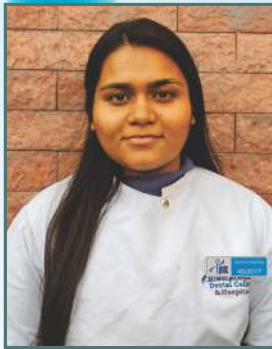
46, NITIKHAND 2ND FLOOR
INDIRAPURAM GZB. U.P. PIN:-201014
901604798
chhavimalhotra984@gmail.com



She is a humble with a warm welcoming personality

CHETNA MAHAJAN

A-99-A, FLAT NO.-5 RAMPURI
GHAZIABAD U.P. PIN:- 201011
901606431
chetna18.cm@gmail.com



GARIMA SHARMA

E-2/212, SHASTRI NAGAR,
DELHI- 110052
8920552545
garryupadhyay09@gmail.com

She is genuine, honest,
funny person who is
always helpful to her
juniors



DRISHTY KALRA

10/135, GEETA COLONY ,DELHI-31
8447540458
drishtykalra08003@gmail.com

The coolest senior and
telling us 'chill kar yar
hojayga' everytime we
got tensed!. An
impactful person &
very kind hearted



HARSH ACHHRA

WP-118B, PITAMPURA,
NEW DELHI-110034
901700840
harshachhra0@gmail.com

A gentleman who is
loved by all teachers &
juniors, he is good at his
clinical work & is a
friend you would ask
for



GUNJAN MALHOTRA

B-1/238 3RD FLOOR YAMUNA VIHAR
DELHI PIN:- 110053
901602225
gunjanmalhotra08.gm@gmail.com

An extremely
hardworking person
who is clear with her
concepts



MOHD. HASNAIN QURAISHI

C-3/ 239, YAMINA VIHAR, NEW
DELHI PIN:- 110053
901601863

His presence made
everyday fun, who is
always there to help his
junior in all possible
ways.



HARSHITA

10/B, Colaba, Mumbai, 400005
901810162
harshita288@gmail.com

She is very sweet and a
decent person to talk to
and very kind by nature



HIMANI SHARMA

J & K Block, H. no. 56, Laxmi nagar,
Delhi-110092
9818195397
hs1874166@gmail.com

She has a sweet & a
humble nature who is
known for her
captivating voice



ILA GUPTA

6/375, GALI TRUNK WALI, DOONGER MOHALLA,
FARSH BAZAR , SHAHDARA, DELHI- 110032
901605496
ilagupta1999@gmail.com

A fun loving girl with a
kind hearted soul



Impeccable pure soul
with substantial nature
and supportive senior

IVAN THANGKHANMANG GUITE

SUNBEAM'S ABODE, NEHRUMARG,
MANIPUR PIN:- 795128
906504932
ivanmangg@gmail.com



She has a bubbly & a
cheerful personality
who is always upto the
mark with her notes

ISHITA SRIVASTAVA

212/B, SKA Green Mansion, Greater
Noida, West, 203207
910103465
ishitasri1999@gmail.com



She is cute & has
beautiful eyes who is
graceful dancer & is
excellent in sports

JYOTI SINGH

BHIM GARH KHERI- 2 H.NO. 238/ 1
GURGAON HARYANA PIN:- 122001
902902533
jyotisingh3019@gmail.com



He is a genuine person
who is known for
sportsman spirit, a very
goof Cricket player & is
very fun to hangout
with

KARAN DHAWAN

W-302, ANUPAM APTT. EAST ARJUN
NAGAR, SHAHADARA DELHI-110032
901606514
karandhawan48@gmail.com



She is a shy & an
introvert person who
knows how to carry
herself

KANIKA AGGARWAL

B-122, 3rd floor, Nirman vihar, 110092
901602222
kanika.aggarwal2305@gmail.com



A quiet persona who is
extremely beautiful in
& out

KIRAN GUPTA

6/161 MOHARAM MOHALLA,
SHAHADARA DELHI PIN:- 110032
901606306
gupta19kiran@gmail.com



She is bold & "CRISP"
just like her name who
is superhelpful with
great bonding with her
friends & juniors

KRISPY

LALA BABU ROAD MAHARANI ROAD,
MOHALLA BIHAR:- 823002
9667275417
krispy.gaya@gmail.com



She is total party
animal and always
interested in going to
new places and is very
sweet and kind by
nature

KRITI

141C/ 1D/ 1 RAJROOPPUR ALLAHABAD
U.P. PIN:- 211011
8799703227
rudrakriti2609@gmail.com



He is a kind hearted person, who is very calm & is always helpful to his juniors

KUNAL SHARMA

RZ-430/A, GALI NO.- 9, DADA CHATRIWALA
MARG, PALAM COLONY, D- 110045
901900296
kunalsharma00@gmail.com



A girl who might look shy to you but once you know her, she comes to you with an outgoing personality

MAMTA

RZ- K 95 A PURAN NAGAR GALI NO. 6
PALAM COLONY DELHI -110045
901809637
mgulia25.658@gmail.com



A person full of mischief is what defines her, a person who knows her moves & is there for her friends in all thick & thin

MANISHA RAI

632, Genia Tower, Sector 16/B,
Noida Extension
7905195677
manisharai85418@gmail.com



She has a friendly & generous attitude who has an outspoken nature and help her juniors

VIKHYATA SAGAR

FLAT NO. 3052 BEVERLY HILLS
APARTMENT GEETA COLONY, D-31
901605402
vikhyatasag.05@gmail.com



A pretty woman with a tight knit group of friends & is always seen with her girls gang

MUSKAN GUPTA

E-31007, Cleo County, Sector 121, Noida
901603819
muskan.gpt98@gmail.com



She has a sweet & a generous attitude who is equally loved by her juniors

PALAK SARASWAT

B-704, Aditya Mega City, Indirapuram,
201014
8368290475
palaksaraswat98@gmail.com



Outgoing and full of life, she is an elegant person who is fun to interact with

MUSKAN SINGH

US-15, SCHOOLBLOCK, GALO NO. 1,
MANDAWALI DELHI- 110092
901504159
muskanmasih1999@gmail.com



She is a pretty ever smiling person who is good in academics with helpful disposition

NAMRATA

297, FLAT NO. B-2 ARAVALI APTT. FIRST FLOOR
CHHATARPUR NEW DELHI PIN:- 110074
901801224
namratasingh197@gmail.com



A straight forward person who is strong willed be it academic or co-curricular activities, she is always a part of it

NEHA KUMARI

PLOT- 170, CO- OP. COLONY, BOKARO,
JHARKHAND PIN :- 827001
903402113
kumarineha34135@gmail.com



Great person with helpful nature. Good in academics as well as in sports. he also lends help to his juniors

NITISH GUPTA

SG- 109 SHASTRI NAGAR, GZB.
U.P. PIN:- 201002
909704316
guptanitish34@gmail.com



She is someone who's face brightens up when she laughs and spreads joy to those around her

PARISMITA YASMIN

H. NO. 35 A, SIXMILE PANJABARI ROAD,
KAMRUP (METRO) ASSAM :- 781037
900804945
parismitayasmin590@gmail.com



A great person with a good personality. Good in sports as well in academics. A table tennis champion of his batch. He always helps his juniors whenever they need his help.

PIYUSH SAKET

1-D, BLOCK-A, SHILPA ENCLAVE,
ASHIYANA NAGAR PATNA BIHAR PIN:- 800025
8210647912
mavricmonty.7@gmail.com



Looks sweet and simple but still the most fun to talk to

PRACHI GROVER

E-108, Express Green, Sector 1,
Vaishali, Ghaziabad
9910200375
prachigrover28@gmail.com



A beautiful and magnificent person. Good in academics. She has a good nature and helps her juniors always.

PRAKSHI SHARMA

H. No.-937, Sector 5, Vasundhara,
Gzb, 201012
901602274
prakshis165@gmail.com



She is a fun loving girl with a good heart

PRIYANKA ANJANA

HOUSE NO. - 591 STREET NO. -4
ROAD NO- 12 GZB. U.P. 201010
909702456
priyanka11anjana@gmail.com



She is a chatterbox who knows how to put her opinions at the table

PRIYANKA KUMARI

D/O- LATE SUDO MANDAL VILL+ PO- BAISA
KHAGARIA BIHAR PIN:- 851212
9304070056
priyankabaisa1998@gmail.com



Energetic person with great personality who is always helpful to her friends

PUJA KUMARI

104, Jagman apartment,
Bairi Road, Patna
9123400395



Another academican who is truly the represtative of her batch, Be it academics or co curricular activities, she is known for managing it so well, blessed with a golden heart, she is a constant guide to her juniors & is equally loved by her faculty for dependability & quality of getting things done right

RABIYA IQBAL

Shah Residence, Dariyapur Gola, Patna , 800004
8800702959
rabiyaqbal288@gmail.com



A sweet chubby girl who loves herself equally as she loves others, she is always found talking & has a free spirited nature

RAJNANDINI

169 NEW MIG FLATS NEAR SHIV MANDIR
MADIPUR NEW DELHI PIN:- 110063
901901494
rajnandini0407@gmail.com



She has a humble nature who loves to help others

RENU PAL

S- 5, AFS HINDAN GZB. U.P. PIN:- 201004
907602468
renupal1252@gmail.com



The Yoga queen who is known for her carefree nature, she is open minded & outspoken

RUCHI CHOUDHARY

VILL. MADHOPUR POST UTTAM NAGAR
BAREILLY U.P. PIN:- 243201
909502091
ruchichoudhary1998@gmail.com



Soft spoken person who is always up for some mischief but is loved by all

SABA SUHAIL

D1/1 DDA FLATS, SARAI KHALIL, SADAR
BAZAR, DELHI- 110006
9910577021
sabasohail338@gmail.com



A jolly person, cheerful personality, great teacher, and a simple human being. Joyful laughter and cheerful face always brings happiness to everyone

SAHIL

V.P.O GHORI HOUSE NO. D4-387 DIST. 4
TESHIL PALWAL HARYANA- 121102
902800053



He is very hard working & has utmost dedication to his work, who always helps his juniors

SAHNI DEVENDRA KUMAR

SAI POOJA, FLAT NO. 304, PLOT NO. 44, SEC- 10E,
ROADPALI RAIGAD MAHARASTRA PIN:- 410218
9369074319
devendra.sahni29@gmail.com



Looks calm & sweets
yet is most fun to talk to

SANJANA SRIVASTAVA

MOH. SHIVA COLONY BASTI A- 81/ S1
SHALIMAR GARDEN EXT. 2 SAHIBABAD
GHAZIABAD U.P. PIN:- 201005
7982683168
srivastava.sanjana07@gmail.com



She can bring out the
best in people and
show how to live with
courage . She is a
person who could solve
any problem with no
straight solution

SANJIVINI SARKAR

SREENAGAR, BYE- LANE-3 HOUSE NO-40
KAMRUP (METRO) ASSAM PIN:- 781005
900807708
sarkarsanjivini23@gmail.com



A witty person who
gets out of every hardle
very smoothly but still
is kind at heart

SEEMA SHARMA

F- 7 JAGAT PURI PARWANA ROAD
DELHI- 110051
901608151
drseemasharma98@gmail.com



A chatterbox with a
heart of gold, who
excels in both
academics and arts.
With an infectious
energy and a lively
spirit, she spreads
happiness wherever
she goes and always
ready for help.

SHAHEEN QAMAR

MIRCHAI BARI, MASJID ROAD,
KATIHAR BIHAR PIN:- 854105
901805618
shaheenqamar.17@gmail.com



She has a bubbly & a
chirpy persona who is
good at studies

SHAKEBA HUSSAIN

NADRA GANJ RAMSAGAR ROAD
WARD- 38 GAYA BIHAR- 823001
903502303
shakebahussain6742@gmail.com



An another artist of the
batch who is always
smiling

SHAYERI SEN

B- 113, FIRST FLOOR, PARSVANATH
PARADISE, GZB. U.P. :- 201007
901603598
mikanu1997@gmail.com



She has a cheerful and
outgoing personality

SHIVA GUPTA

86 MOH. KRISHNA GANJ NEAR BUS STAND
JAITHRA ETAH U.P. PIN:- 207249
7906544944
shivagupta6364@gmail.com



Style is a reflection of
her attitude &
personality, she is well
spirited & a kind
hearted person

SHIVANGI VERMA

1/4715-A STREET NO-4 BALBIR NAGAR EXTN.
SHAHDARA, DELHI PIN:- 110032
901502437
shivangiverma3132@gmail.com



To the writer, just a call away for all the worries..(PS: On calls Only)

SHIVESH

BLOCK NO. 23, ARHATIYA MOHAL,
ROBERTS GANJ U. P. PIN:- 231216
7376900854
Shiveshc8@gmail.com



She is an artist in true sense of words, she is very welcoming & is always on her toes to help others out

SHRUTI NISHAD

308/B, Jwahr Puram, Shyam
Nagar,
Kanpur, 208015
8887634509



She has a magnificent personality who is known for her team spirit

SHRUTI SRIVASTAVA

SEC- 15, FLAT NO. 662, LIG- 2nd,
VASUNDHARA, GZB, U.P. PIN:- 201012
901608424
ruhi1307@gmail.com



She is so energetic, fun loving yet dramatic

SHRUTI VARUN

X/1286 RAJGARH COLONY SATSANG
MARG 110031
901605825
umeetshruti@gmail.com



The way she dresses is an expression of her personality. She has a very calm nature & is fun to hang out with.

SHUBHANGI ANAND

Commandant OPS, BSF Sector HQ,
Khasa, Amritsar, Punjab, 143105
902905461
shubhangishubhianand@gmail.com



pretty, kind, sweet and make everyone comfortable around her

SHUBHANGI KHATOR

F-226/B, Laxmi Nagar, Delhi, 110092
901609266
shubhangikhator@gmail.com



She has captivating eyes who is quite approachable

SHWETA CHETIWAL

S-166 PVC MARKET NEAR SAI BABA
MANDIR NEW DELHI PIN:-110087
901702813
shwetachetiwal04@gmail.com



Someone who is very shy but once you get to know him he can be a person who you can talk to hours

SOHAM BHADURI

C- 601, PRATEEK LAUREL, SECTOR- 120,
NOIDA GAUTAM BUDH NAGAR U.P. 201301
9953278735
bhaduris394@gmail.com



Soft spoken , hard working chap who is fun loving & is liked by his juniors

SONU SINGH

KM-305 AMARPALI VILLAGE NYAYKHAND-II,
INDIRAPURAM GZB. U.P. PIN:- 201014
901607771
singhsonu3499@gmail.com



She is an elegant person & has power to put everyone around her at ease, she is loved by all her juniors

SUPRIYA YADAV

B- 25 /47 SHANKAR PURI, KAMTA
LUCKNOW U.P. 226016
7267816744
supriyaforu21@gmail.com



A intelligent mind with leadership skills. excellent in sports and academics. he has a good and helpful nature and helps his juniors in every way.

SURYANSH SINGH

M.I.G 1 PLOT NO. 14 PHASE- 3 TATYA
TOPE NAGAR KANPUR U.P. PIN:- 208022
910002800
suryansh3409@gmail.com



Hailing from Assam, she is the epitome of beauty which is not only external but internal too

Twinkle Baruah

BAMUNIHAIDAN GOVT. PRESS. ROAD
GUWAHATI KAMRUP ASSAM- 781021
6900067029
twinklebaruah8@gmail.com



She is calm & dedicated individual known for her honesty & humble nature

URVASHI CHAUHAN

C-26, SHARDA NAGAR JWALAPUR,
HARIDWAR, UTTARAKHAND PIN:- 249407
6395583368
uruchauhan69@gmail.com



She is soft spoken and extremely polite, she is extremely hardworking & focused towards her goals

UJALA THAKUR

AMIT DEEPTI SCHOOL, TEACHER'S
COLONY, SIRSAGANJ FIROZABAD
U.P. 283151
7982351618



A good person with a balance of excellency in academics as well as sports. he is really helpful to his juniors in every way possible.

UTKARSH AGRAWAL

PHAPHAMAU, ALLAHABAD U.P. 211013
910202015
utkarshagrawalut@gmail.com



She is kind hearted, jovial individual, who is there for her friends.

VANSHIKA AGARWAL

BM-169 (WEST), SHALIMAR BAGH. DELHI- 110088
901707821
vanshikaagg28@gmail.com



VAISHNAVI PANDEY

A-9, Tower-7, New Moti Bagh,
Chanakyapuri, New Delhi-21
910209251'
pandey.vp1998@gmail.com

Innocent yet so
mischievous,
intelligent and
competitive. A strong
personality. She is an
expression queen & an
excellent dancer



VISHAL GUPTA

WZ-402, SHAKUR PUR , VILLAGE,
DELHI- 110034
901504831
vg5820902@gmail.com

He has a calm
personality & is known
for sportsmanship
qualities & is fun to
interact with



VANSHIKA TOMAR

A- 71 CHANDER VIHAR DELHI
PIN:-110092
9773763706
vanshika.nancy@gmail.com

She is an outgoing
person who is very kind
& open about her
opinions



VEDIKA SINGH

SUDHAMA SHANTI NIKETAN) RENUKOT
SONBHADRA U.P. PIN:- 231217
8887572425
angelvedika003@gmail.com

rough & bold but
actually one of the
sweetest and the way
she help and guide is
cute.



VARSHA

WZ-133, OM VIHAR, PHASE
UTTAM NAGAR DELHI- 110059
9910630054
varshakhatana1997@gmail.com

She is a sweet person &
is kind hearted



INTERNS BATCH - 2017

INDERPRASTHA DENTAL COLLEGE & HOSPITAL



- Recognised by Dental Council of India
- Recognised by Ministry of health & Family Welfare, Government of India
- Affiliated to Ch. Charan Singh University, Meerut
- Affiliated To Atal Bihari Vajpayee Medical University, Lucknow

Branch	Seats per annum
Conservative Dentistry and Endodontics	6
Orthodontics and Dentofacial Orthopaedics	6
Prosthodontics and Crown & Bridge	5
Paedodontics and Preventive Dentistry	5
Periodontology	5

MDS
27 Seats

BDS
100 Seats



International Exchange Students

- International Exchange Students from many different European countries come to Inderprastha Dental College & Hospital to enhance their skill set.
- Students of Inderprastha Dental College & Hospital also visit International Dental Colleges in order to learn new & innovative technology in Dentistry.



CONTACT

INDERPRASTHA DENTAL COLLEGE & HOSPITAL

46/1, Site IV Industrial Area, Sahibabad, Ghaziabad (U.P.) - 201010, Delhi NCR

MOBILE : 09015828180

Website <http://www.ipdentalcollege.com/>

Email ipdentalcollege@yahoo.com