



# Inderprastha

## Dental College & Hospital

### BEST PRACTICE 1-

#### “INDERPRASTHA DENTAL HEALTH AWARENESS MISSION” IN RAISPUR VILLAGE



#### OBJECTIVES:

- To generate awareness of oral health among the villagers.
- To motivate the people to seek dental treatment.
- To provide dental treatment to the villagers in their vicinity.
- To develop and plan strategies to meet the needs of patients in the village.
- To provide transportation services for the patients to reach the Hospital for accessing advance treatment.

#### CONTEXT:

Inderprastha Dental programme “INDERPRASTHA DENTAL HEALTH AWARENESS MISSION” is in association with gram panchayat Raispur, with an aim to provide oral health awareness and treatment to people in rural areas.

IPDC has established a clinic in Village Raispur, with a population of 15000, empowered population of Raispur access dental treatment; provide opportunity for college student to work in rural set up.



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IPDC provides transportation to villagers every Wednesday, patients requiring advance dental treatment can access facilities.

### **PRACTICE:**

Door-to-door health awareness campaign was conducted by students in the village from March 2022. The people were motivated to practice good oral hygiene. IPDC then set up a clinic for dental health in the village in April 2022 for patients to seek the primary treatment in their own neighbourhood.

**The Satellite Clinic in association with** Gram Panchayat is located in the heart of the village providing all the basic treatment to villagers free of cost. We at IPDC also believe dental education will be better since students get an opportunity to work in rural set up. At satellite clinic, all age group patients are catered from paediatric to geriatric. Patients can access treatment like scaling, restorations, splinting and extractions.

**Advanced Treatment:** Patients requiring advanced treatment are provided with transportation every Wednesday, so that they can visit IPDC and seek the treatment.

### **EVIDENCE OF SUCCESS:**

- People of Raispur are practicing good oral hygiene regimens.
- Patients are now utilizing the transport facility provided by IPDC and an increase in patients visiting IPDC for advance dental treatment.
- Students display ample confidence to peruse mass clinical practice and patient management.

In year **2022-2023** a total of 2647 patients received treatment at Raispur Clinic

In year **2023-2024** a total of 3065 patients received treatment at Raispur Clinic

**DMFT** indexing showed a success rate of **61 %** in treating the population of Raispur



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### CHALLENGES ENCOUNTERED AND RESOURCES REQUIRED

- The biggest challenge in the execution of this practice was the fact that Gram Panchayats of many villages were not supportive and willing to launch the program by providing space for the clinic set-up.
- Taboos and long practiced social differences in the society.
- The practice required IPDC to provide resources in the form of setting up of a new dental clinic financed by IPDC.

### Advantages:

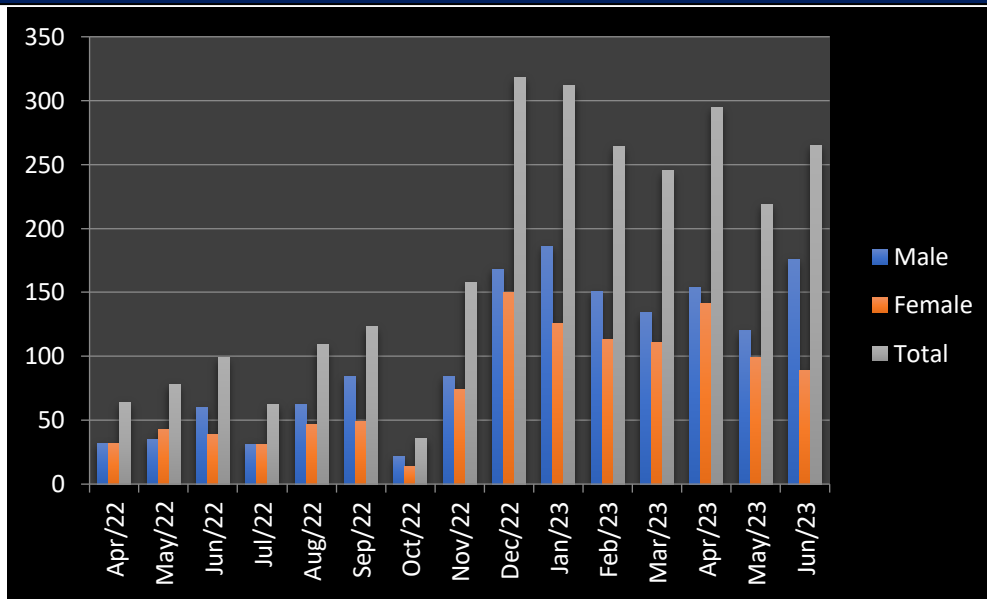
- Students learn how to treat patients.
- Students get to know about the challenges faced by the villagers.



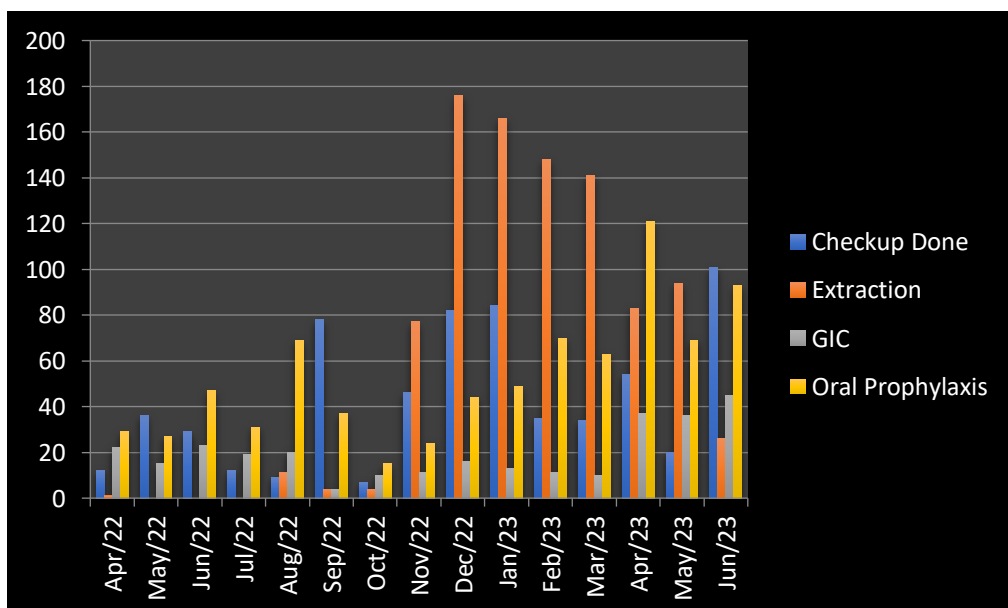
# Inderprastha

## Dental College & Hospital

### Treatment summary of patients at Raipur - Year 2022-2023



**Total number of cases being treated**



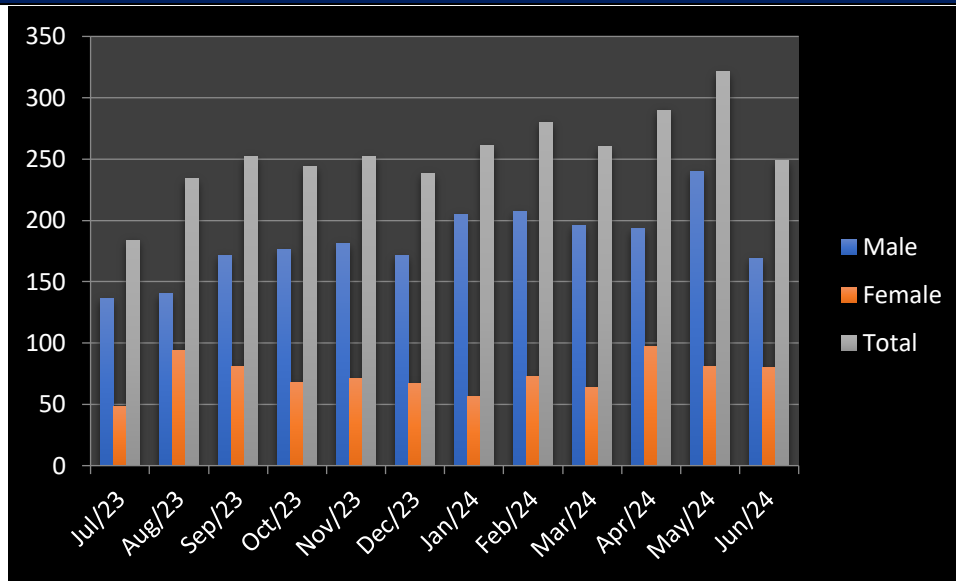
**Treatment summary**



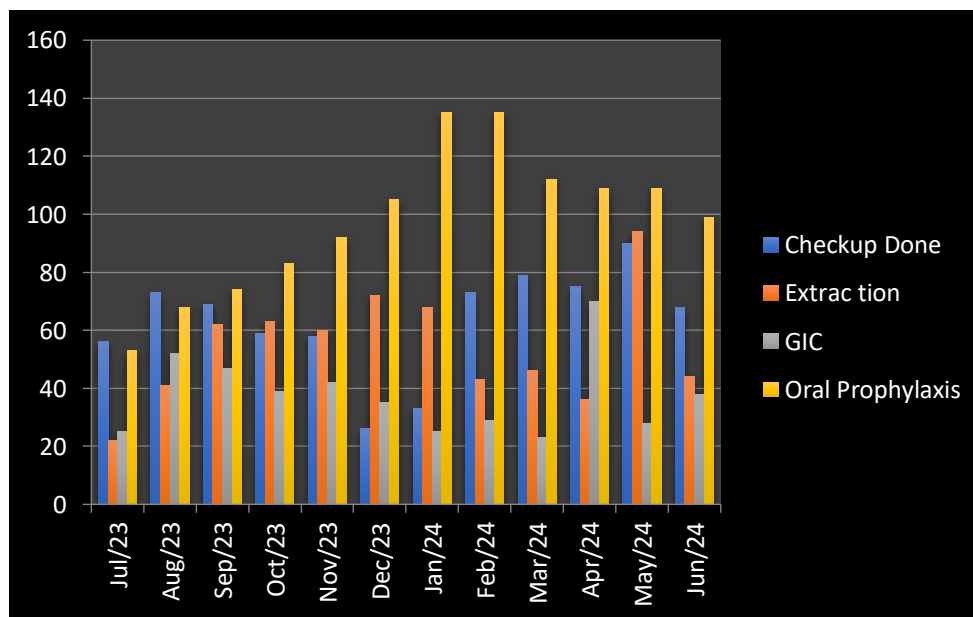
# Inderprastha

## Dental College & Hospital

### Treatment summary of patients at Raipur - Year 2023-2024



**Total number of cases being treated**

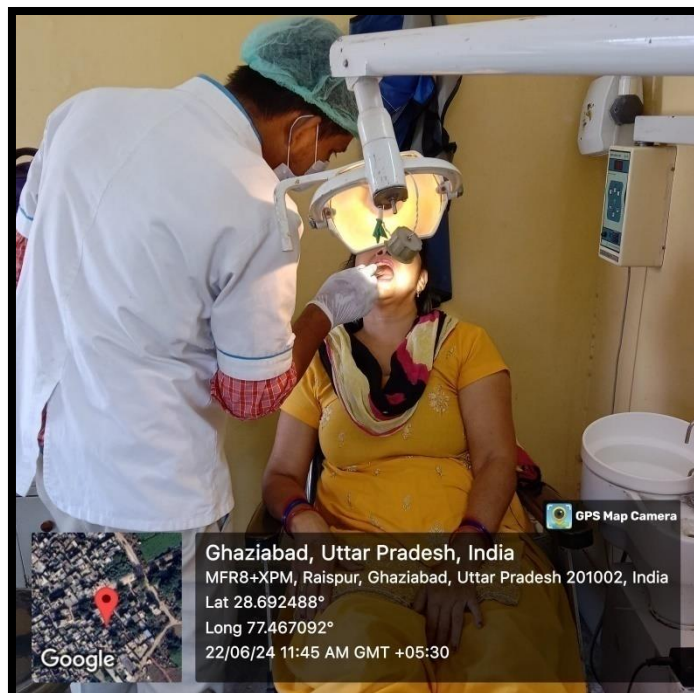
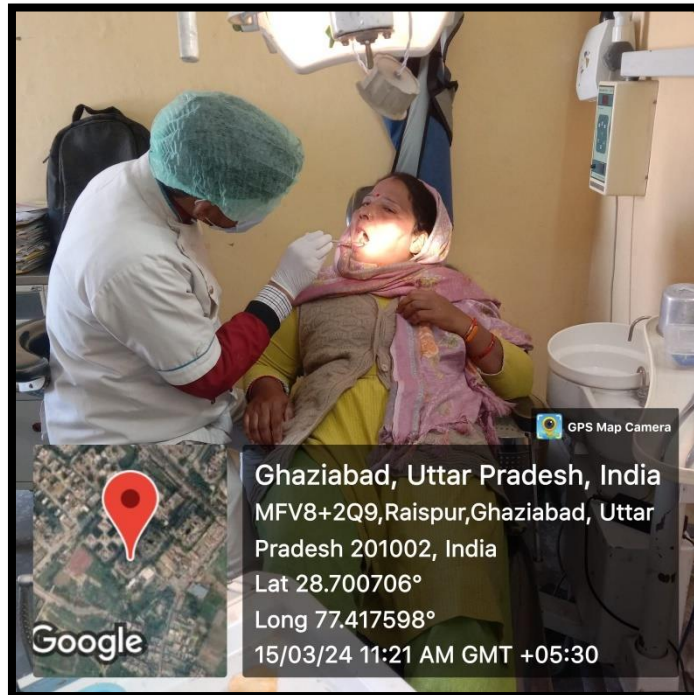


**Treatment summary**



# Inderprastha Dental College & Hospital

## Clinic at Raispur





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## Campaign held by IPDC students





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## Door to Door awareness by IPDC







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## Flouride application drive in village





# Inderprastha Dental College & Hospital

Nukaad Natak in village to generate  
awareness on  
“Be Proud of your Mouth”





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### BEST PRACTICE 2-

## “Quit Tobacco- A Mission of IPDC”

#### **OBJECTIVES-**

1. To create awareness about health issues related with use of tobacco habit.
2. To motivate patients to quit tobacco use.
3. To emphasise health benefits of Tobacco Cessation.
4. To educate our students in providing tobacco cessation therapy confidently.

#### **THE CONTEXT:**

Tobacco use is described as the single most preventable cause of morbidity and mortality globally, with the World Bank predicting over 450 million tobacco-related deaths in the next fifty years. In India, the proportion of all deaths that can be attributed to tobacco use is expected to rise. Thus, Tobacco Cessation is the most effective way of health intervention to reduce the impact of tobacco related mortality and morbidity.

Consumption of Gutka is common in this area and needs reinforcement / counselling among patients to quit the dreadful habit – making Tobacco Counselling Centre (TCC) an absolute necessity. Our college is surrounded by many industries, provides us opportunity to cater industrial workers in whom the use of tobacco is very common.

The Department of Public Health Dentistry, Inderprastha Dental College & Hospital, Sahibabad has state of the art TCC along with Nicotine Replacement Therapy (NRT) regimes to make it simple and easy for patients to motivate them to quit the habit. It is the most effective way of health intervention to reduce the impact of tobacco related mortality and morbidity.



# Inderprastha

## Dental College & Hospital

### **THE PRACTICE:**

IPDC has been conducting Industrial Camps for several years. It was observed that the industrial workers were committed to tobacco use and lesions associated with the use of tobacco like OSMF, Leukoplakia, Keratosis etc were common. Thus IPDC committed itself to get these workers quit the habit.

### ***YEAR 2023-2024***

Keeping up the target **IPDC in year 2024** identified two more industries. The management of industry were approached and informed about our mission “Commit to Quit”. Memorandums of understanding were signed between **Allana Industry and RSPL Industry** with IPDC. All the workers of the industry were screened for oral health status and tobacco users were identified. Thereafter, tobacco cessation habit counselling was done. The identified workers are then regularly counselled to quit the habit.

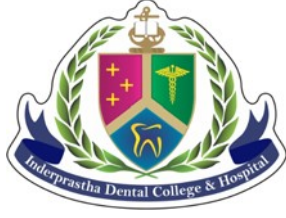
### ***EVIDENCE OF SUCCESS:***

- In year 2022-2023 with IPDC efforts **80 % and 78 %** Tobacco users quit the use of tobacco that got enrolled in quit tobacco mission in Ahluwalia Contracts Ltd. And Jain enterprises industries respectively.
- IPDC successfully managed to create awareness among the employees of the factory
- IPDC successfully assisted patients in quitting the habit.

### **Challenges encountered and resources required:**

As our college is first to cater Tobacco cessation centre in the locality, creating awareness among the public was difficult.

Identifying the industries that were willing to give space for dental screening and allow workers to utilize the screening facility during their working hours.



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Camps At  
RSPL Pvt LTd





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Camps At  
Allana Pvt LTd

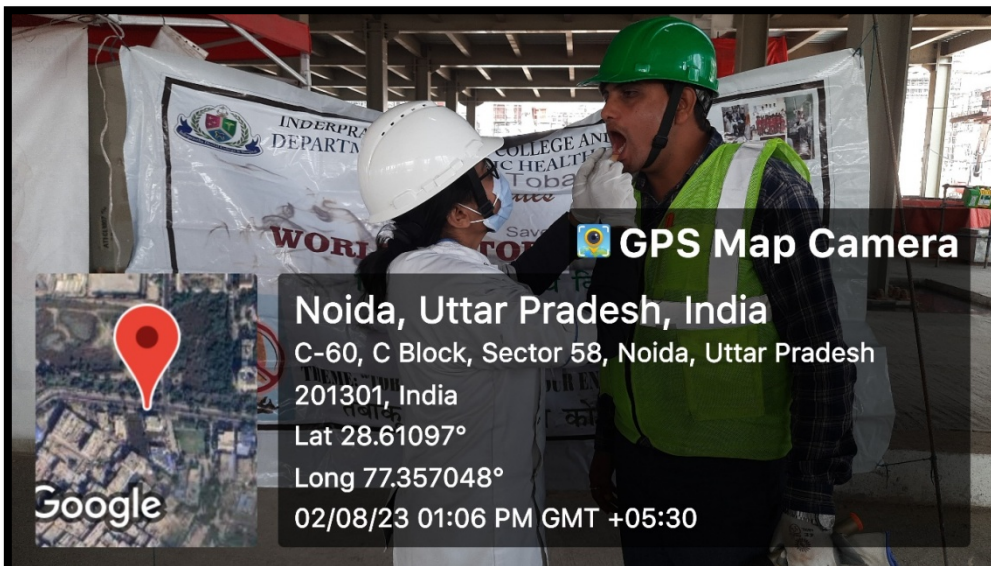
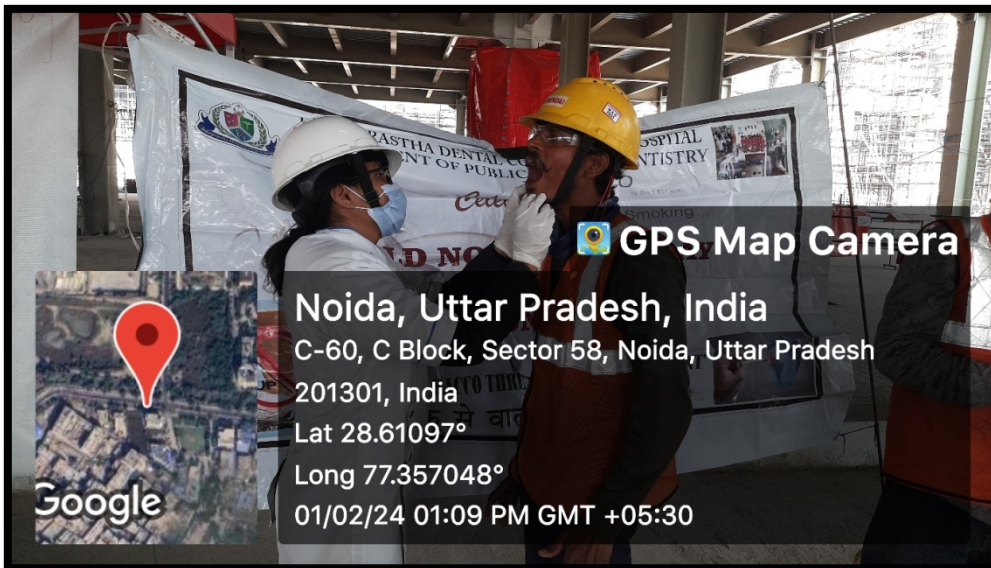




# Inderprastha Dental College & Hospital

## Camps At

Ahluwalia Contracts India Ltd., Noida



**MEMORANDUM OF UNDERSTANDING  
BETWEEN INDERPRASTHA DENTAL COLLEGE AND HOSPITAL  
AND AHLUWALIA CONTRACTS (INDIA) LIMITED**

1. **Parties.** This Memorandum of Understanding (hereinafter referred to as "MOU") is made and entered into by and between the INDERPRASTHA DENTAL COLLEGE AND HOSPITAL (herein after called as "COLLEGE"), whose address is 46/1, Site-IV, Industrial Area, Sahibabad, Ghaziabad-201010 (U.P), and the AHLUWALIA CONTRACTS (INDIA) LIMITED (herein after called as "FACTORY"), whose address is Noida, Sector-62 (U.P).

2. **Purpose.** The purpose of this MOU is to establish the terms and conditions under which the COLLEGE will provide dental screening services and provide Tobacco Cessation Counseling to the employees of FACTORY.

3. **Term of MOU.** This MOU is effective from - 2<sup>nd</sup> February 2023 to 2<sup>nd</sup> February 2024. This MOU may be terminated, without cause, by either party upon 1 month time written notice, which notice shall be delivered by hand or by certified mail to the address listed above.

4. **Responsibilities** The College will provide Dental screening services to the Factory employees free of charge. The college will set up schedules for follow up visits. The Factory will provide space for setting up the screening camp for the Doctor in charge and his/her team.

5. **General Provisions**

A. **Amendments** Either party may request changes to this MOU. Any changes, modifications, revisions or amendments to this MOU which are mutually agreed upon by and between the parties to this MOU shall be incorporated by written instrument, and effective when executed and signed by all parties to this MOU.

B. **Applicable Law** The construction, interpretation and enforcement of this MOU shall be governed by the laws of the State of Uttar Pradesh. The courts of the State of Uttar Pradesh shall have jurisdiction over any action arising out of this MOU and over the parties, and the venue shall be the, UP, India.



6. **Signatures** In witness whereof, the parties to this MOU through their duly authorized representatives have executed this MOU on the days and dates set out below, and certify that they have read, understood, and agreed to the terms and conditions of this MOU as set forth herein.

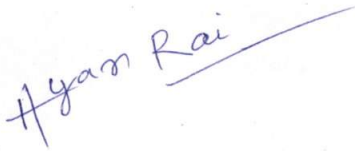
For Inderprastha Dental College & Hospital



Secretary

Mr. Dr. Nimish Agarwal  
Secretary  
Inderprastha dental college and hospital

Date 2/2/23



Authorized Signatory  
Ahluwalia Contracts India Ltd.  
Project: Arrow, Sector 62, Noida, UP

Date 2/2/23



# Ahluwalia Contracts (India) Limited

ENGINEERING ♦ DESIGNING ♦ CONSTRUCTION

To,

Dated: 02/02/2023

The Principal

Inderprastha Dental College & Hospital

Sahibabad, Ghaziabad, UP

**Sub: Permission for conducting Camp for Free consultation & Check-up**

Dear Sir,

We request you to send a team of expert doctors of your college to conduct a screening camp for our industry staff members on 3rd February 2023. Permission may kindly be accorded to conduct the above said camp for knowledge about the dental diseases and awareness about maintenance of good oral hygiene and keep teeth free from dental diseases.

You are therefore, requested to kindly visit our place as per the scheduled date.

Thanking You,

Your's faithfully,

**Authorized Signatory**  
**Ahluwalia Contracts India Ltd.**  
**Project: Arrow, Sector-62, Noida, UP**



# Ahluwalia Contracts (India) Limited

ENGINEERING ♦ DESIGNING ♦ CONSTRUCTION

Date: 03/02/2023

## ACKNOWLEDGEMENT LETTER

To,  
The Principal  
Inderprastha Dental College & Hospital  
Sahibabad, Ghaziabad, UP

### Subject: Letter of Acknowledgement

Today team of dental doctors of your college is present here and they have conducted checkup of our employees, Project: Arrow, Noida, Sec 62 and provide us oral health education, technique of tooth brushing, oral health awareness and guidance regarding maintaining good oral hygiene. We are satisfied with the work of this team and this certificate is issued against the good service of the dental team, Public Health Dentistry Department, Inderprastha Dental College and Hospital.

*Agam Rai*

**Authorized Signatory**  
**Ahluwalia Contracts India Ltd.**  
**Project: Arrow, Sector-62, Noida, UP**

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BETWEEN INDERPRASTHA DENTAL COLLEGE AND HOSPITAL  
AND JAIN ENTERPRISES**

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2. **Purpose.** The purpose of this MOU is to establish the terms and conditions under which the COLLEGE will provide dental screening services and provide Tobacco Cessation Counseling to the employees of FACTORY.

3. **Term of MOU.** This MOU is effective from – 4<sup>th</sup> April 2023 to 4<sup>th</sup> April 2024 . This MOU may be terminated, without cause, by either party upon 1 month time\_written notice, which notice shall be delivered by hand or by certified mail to the address listed above.

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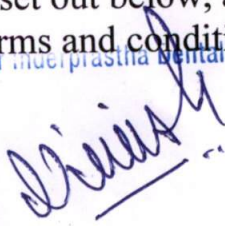
5. **General Provisions**

A. **Amendments** Either party may request changes to this MOU. Any changes, modifications, revisions or amendments to this MOU which are mutually agreed upon by and between the parties to this MOU shall be incorporated by written instrument, and effective when executed and signed by all parties to this MOU.

B. **Applicable Law** The construction, interpretation and enforcement of this MOU shall be governed by the laws of the State of Uttar Pradesh. The courts of the State of Uttar Pradesh shall have jurisdiction over any action arising out of this MOU and over the parties, and the venue shall be the, UP, India.

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For Inderprastha Dental College & Hospital



Secretary

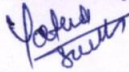
Mr.

Dr. Nimish Agarwal

Secretary

Inderprastha dental college and hospital

For Jain Enterprises



Authorized Signatory

Authorized Signatory

Jain Enterprises,

4/7 Site ,4, Sahibabad Industrial area Site 4,

Sahibabad, UP

Date 4/4/23

Date 4/4/23

**MEMORANDUM OF UNDERSTANDING  
BETWEEN INDERPRASTHA DENTAL COLLEGE AND HOSPITAL  
AND RSPL LTD., SAHIBABAD**

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2. **Purpose.** The purpose of this MOU is to establish the terms and conditions under which the COLLEGE will provide dental screening services and provide Tobacco Cessation Counseling to the employees of FACTORY.

3. **Term of MOU.** This MOU is effective from – 18<sup>th</sup> March 2024 to 18<sup>th</sup> May 2025 . This MOU may be terminated, without cause, by either party upon 1 month time written notice, which notice shall be delivered by hand or by certified mail to the address listed above.

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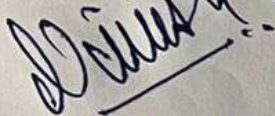
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Secretary

Mr. Nimish Agarwal

Secretary

Inderprastha dental college and hospital

Date 18/3/24

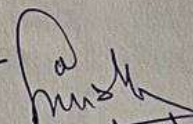
Authorized Signatory

Mr Nareder Dwivedi (Sr. Manager)

RSPL LTD., SAHIBABAD ,

B-14, Sahibabad Industrial Area Site 4,

Sahibabad, Ghaziabad, Uttar Pradesh

For  
  
18/03/2024

Date 18/3/24

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2. **Purpose.** The purpose of this MOU is to establish the terms and conditions under which the COLLEGE will provide dental screening services and provide Tobacco Cessation Counseling to the employees of FACTORY.

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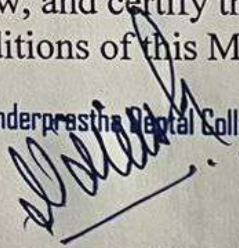
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For Inderprastha Dental College & Hospital



Secretary

Mr. Nimish Agarwal

Secretary

Inderprastha dental college and hospital

Date 20/3/24

Authorized Signatory

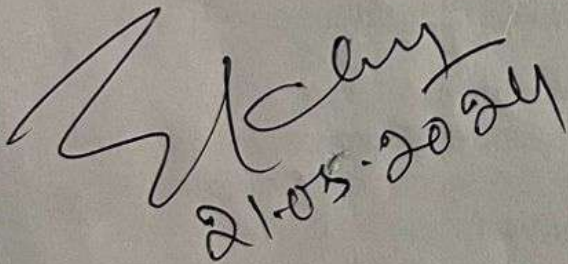
Mr Soly Benny (HR)

FRIGORIFICO ALLANA PVT. LTD., SAHIBABAD ,

A-15, PIR Colony, Sahibabad Industrial Area Site 4,

Sahibabad, Ghaziabad, Uttar Pradesh

Date 21/3/24



21-03-2024