

Inderprastha

Dental College & Hospital

WORLD NO TOBACCO DAY 31ST MAY 2023

World No Tobacco Day, observed every year on May 31. The day has been celebrated by the World Health organization since 1987 to raise awareness about the ill-effects of tobacco consumption, and what efforts can be done to make the world tobacco free.





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Dental College & Hospital

WORLD NO TOBACCO DAY 31ST MAY 2023

BROCHURE



ida
Indian Dental Association

**Swachh Mukh
Abhiyaan**

**TCC
CENTRE**
TOBACCO CONTROL & CESSATION

**World Health
Organization**

WORLD NO TOBACCO DAY

विश्व निषेध तम्बाकू दिवस

31ST MAY 2023

GROW FOOD NOT TOBACCO

DATE 31ST MAY TO 12TH JUNE 2023

- Oral Health Screening and Awareness Camps for Tobacco users.
- Tobacco Counselling sessions at TCC in Inderprastha Dental College.
- Nukkad Natak at Sahibabad village and Raispur Village.
- Painting and Slogan Writing Competition.





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TIME TABLE OF WORLD NO TOBACCO DAY 2023

List of Activities		
Activity 1	Tobacco Cessation Camp at Sahibabad Sabzi Mandi and Distribution of pamphlets and Nicotex samples by Cipla Health	Sahibabad Sabzi Mandi on 31 st May 2023
Activity 2	Painting and slogan writing competition. Theme : Grow Food Not Tobacco	IPDC, LT-2, 31 st May 2023 at 11:30 am
Activity 3	Oral Health screening and Awareness Camps for Tobacco Users	At Camp site at 9:30 am to 2:00pm from 1 st June to 10 th June 2023
Activity 4	Screening and Awareness Camps Followed by Tobacco Counselling Session at Tobacco Cessation Clinic in Inderprastha Dental College and Hospital, Sahibabad	IPDC in TCC at 9:30 am to 2:00pm
Activity 5	Tobacco Cessation Activity At Sahibabad Village <ul style="list-style-type: none">• Skit was performed by Interns of IPDC for general public awareness regarding Tobacco Quitting.• Distribution of pamphlets and Nicotex samples by Cipla Health	Village at 9:30 am-11:30 am on 11 th June 2023
Activity 6	Tobacco Cessation Camp at Sahibabad Railway Station <ul style="list-style-type: none">• Skit was performed by Interns of IPDC for general public awareness regarding Tobacco Quitting.• Anti Tobacco Pledge• Distribution of pamphlets and Nicotex samples by Cipla Health	Sahibabad Railway Station on 12 th June 2023





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Report on World No Tobacco Day 2023

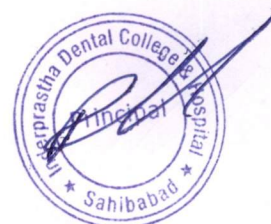
Every year, on 31st May, the World Health Organization (WHO) and global partners commemorate World No Tobacco Day (WNTD). This yearly celebration informs the public on the dangers of using tobacco, the business practices of tobacco companies, what WHO is doing to fight the tobacco epidemic, and what people around the world can do to claim their right to health and healthy living and to protect future generations. The focus of **World No Tobacco Day 2023** was on **"GROW FOOD NOT TOBACCO"**.

The campaign's objectives were to increase awareness on:

1. Mobilize governments to end subsidies on tobacco growing and use of savings for crop substitution programmes that support farmers to switch and improve food security and nutrition.
2. Raise awareness in tobacco farming communities about the benefits of moving away from tobacco and growing sustainable crops;
3. Support efforts to combat desertification and environmental degradation by decreasing tobacco farming;
4. Expose industry efforts to obstruct sustainable livelihoods work.

The key measure of campaign success would be the number of governments that pledge to end subsidies on tobacco growing.

In view of these objectives, **Dr Geetika Arora (Professor and Head)** from **Department of Public Health Dentistry, Inderprastha Dental College and Hospital, Sahibabad** organized one week program from **31st May to 12th June 2023** on occasion of **World No Tobacco Day** under the able guidance of **Dr Rahul Paul** (Director and Principal, Prof. and Head, Department of Orthodontics) and **IQAC coordinator Dr Preeti Upadhyay** (Prof. & Head, Department of Periodontology).



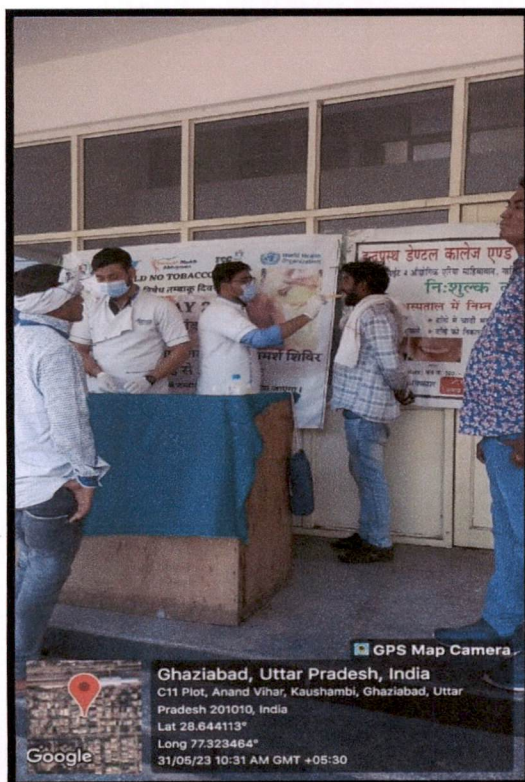


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ACTIVITY 1: Tobacco Cessation Camp at Sahibabad Sabzi Mandi and Distribution of pamphlets and Nicotex samples by Cipla Health on 31st May 2023

Sahibabad Sabzi Mandi

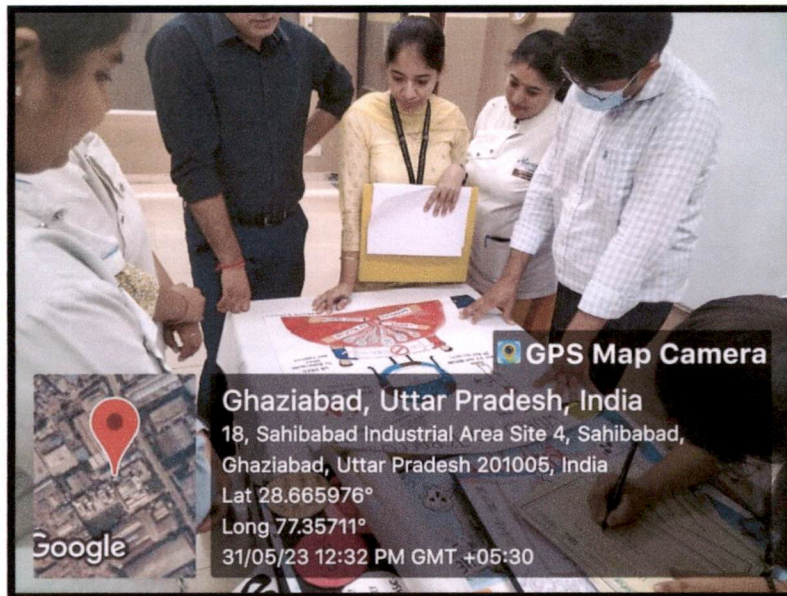


Oral Screening Camp followed by delivering of Message to the tobacco users regarding Importance of Tobacco Quitting and distribution of pamphlets and nicotex samples was done at Sahibabad Sabzi Mandi.

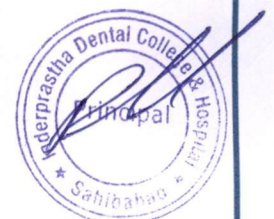


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ACTIVITY 2: Painting and slogan writing competition. Theme : Grow Food Not Tobacco



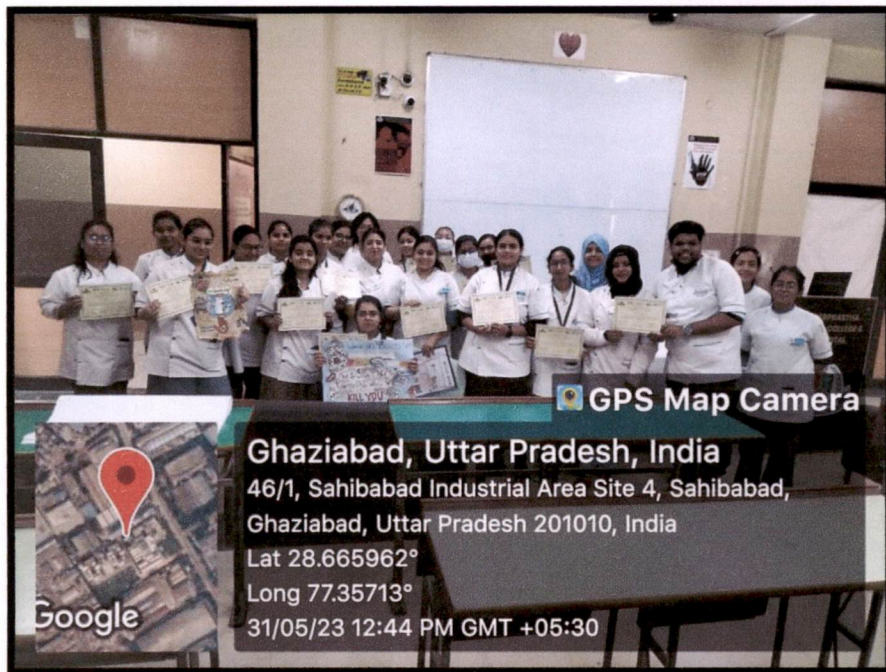
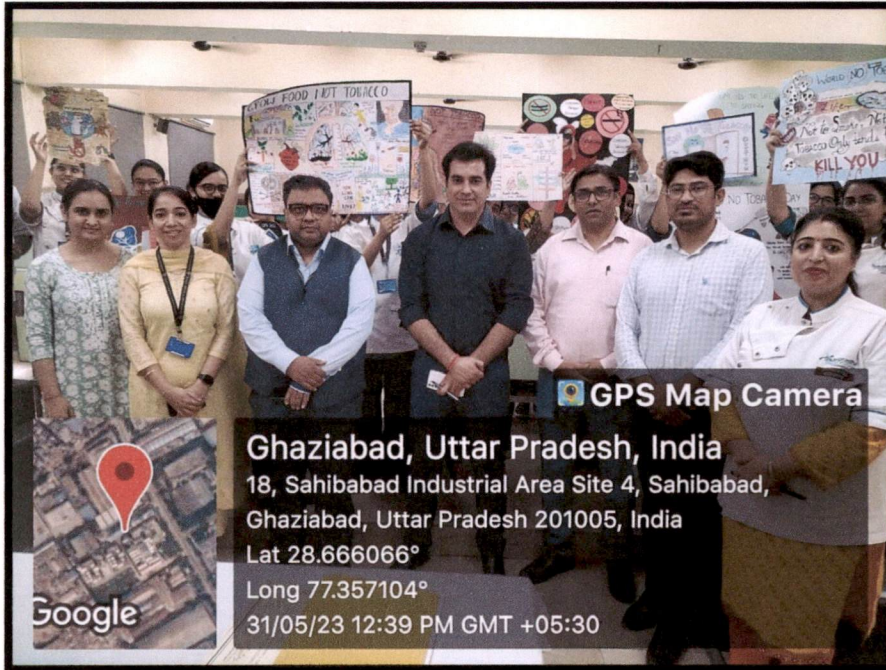
Participants posters and slogans were judged by
Dr Preeti Upadhyay, Dr Manish Bhalla and Dr Nikhil Puri





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Achievement certificates were awarded by
Dr Rahul Paul Sir and Mr Vishal Saxena (Coordinator from Cipla Health)

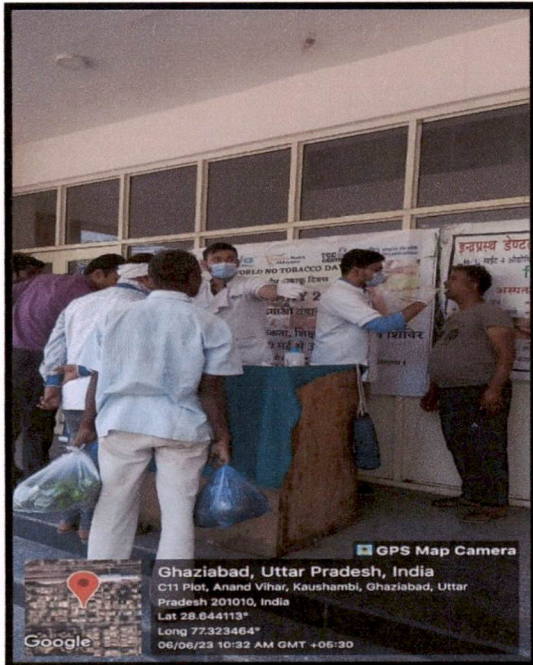




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ACTIVITY 3: Oral Health screening and Awareness Camps for Tobacco Users

Camps were organised at different sites nearby college Vasundhara (near Mewar college), Vaishali, Sahibabad and Jhandapur from 1st to 10th June 2023.



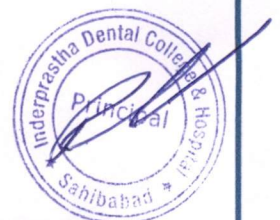
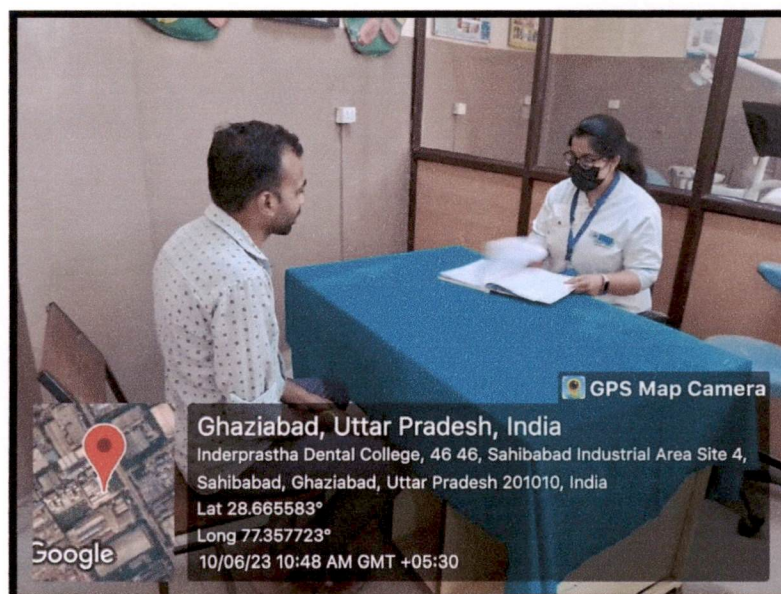
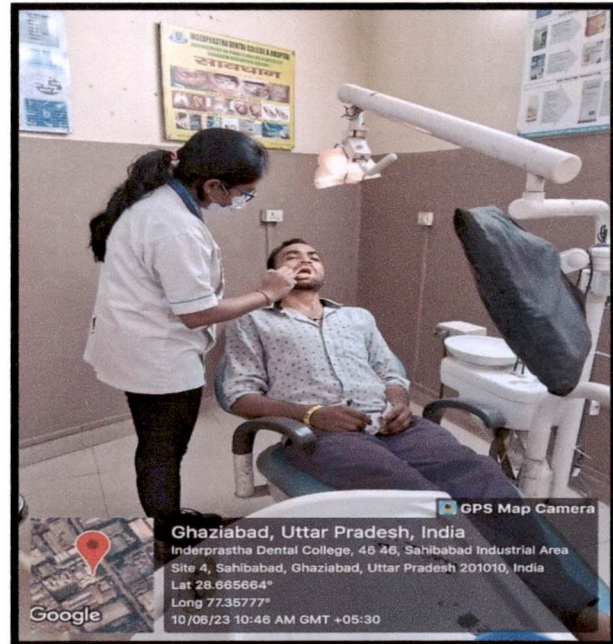
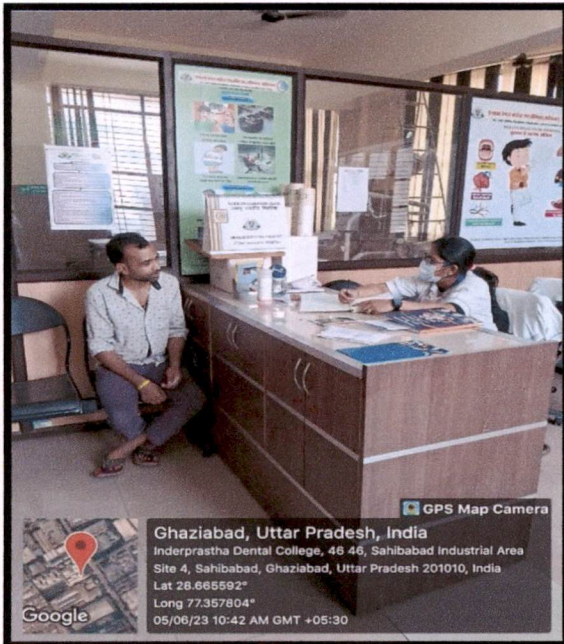
Oral Screening was done and tobacco users were identified, their CO levels were checked by using Somkerlyzer and further patients were referred to IPDC.





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ACTIVITY 3: Screening and Awareness Camps Followed by Tobacco Counselling Session at Tobacco Cessation Clinic in Inderprastha Dental College and Hospital, Sahibabad



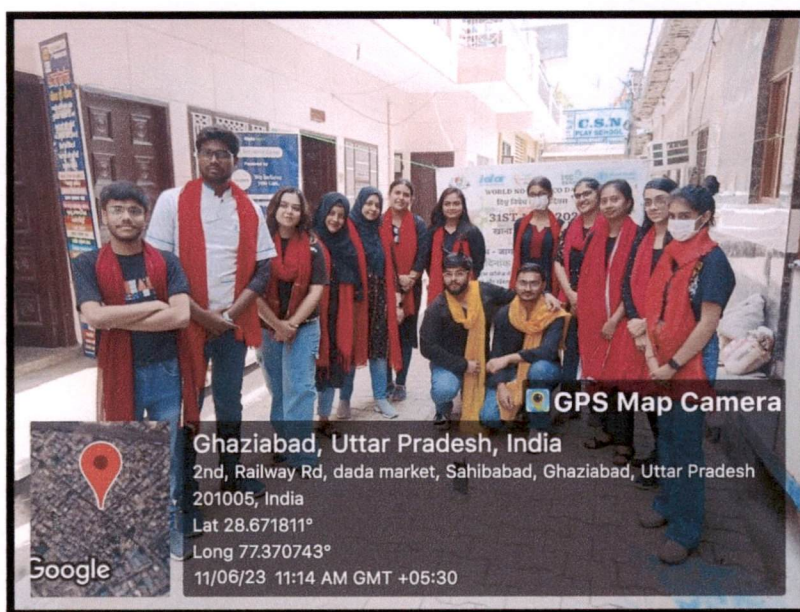
At IPDC, first registration was done followed by thorough clinical examination and in the end counselling session to quit tobacco.



Inderprastha Dental College & Hospital

ACTIVITY 3: Tobacco Cessation Activity At Sahibabad Village

On 11th June 2023, a **Tobacco Cessation Camp at Sahibabad Village** was also conducted to make the public aware. At Village, students of Inderprastha Dental College and Hospital performed Nukkad Natak on “**Tobacco and its detrimental effects on Health**”, lot of people who were passing away watched it and enquired about the ways to quit tobacco. Not only this, **anti tobacco chewing gums were also distributed** by staff members and students of the dental college. There we have also **distributed pamphlets** and given them a counselling on “**How to Quit Tobacco and What are the advantages of Quitting Tobacco**”.





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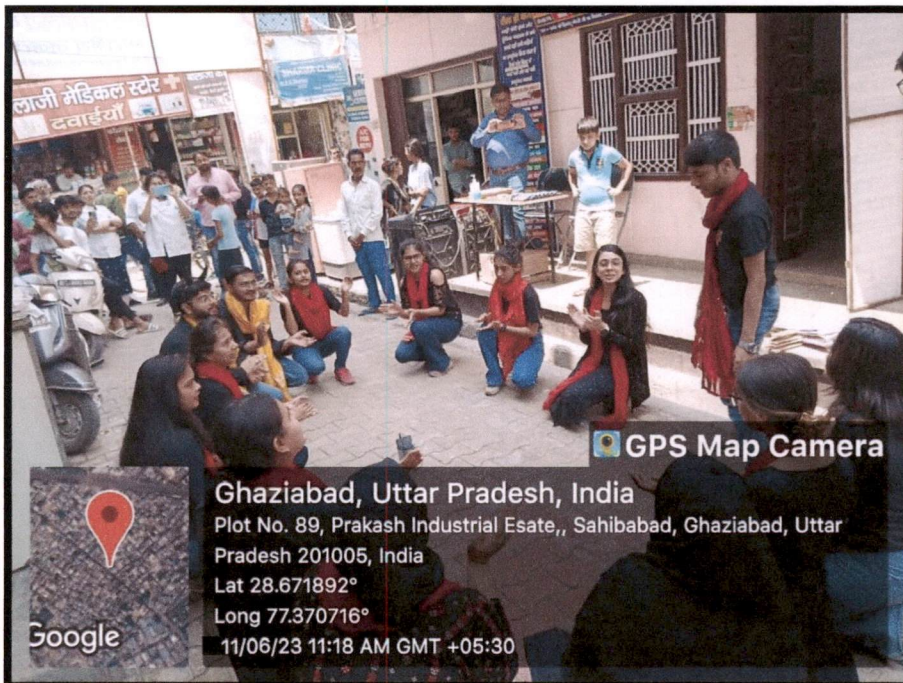


NUKKAD NATAK PRESENTED BY INTERNS OF IPDC





Inderprastha Dental College & Hospital



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

Plot No. 89, Prakash Industrial Estate,, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.671892°

Long 77.370716°

11/06/23 11:18 AM GMT +05:30

NICOTEX SAMPLES WERE DISTRIBUTED BY IPDC



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

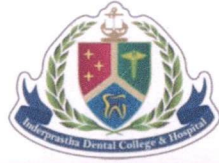
Plot No. 89, Prakash Industrial Estate,, Sahibabad, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.671889°

Long 77.370722°

11/06/23 11:23 AM GMT +05:30





Inderprastha Dental College & Hospital



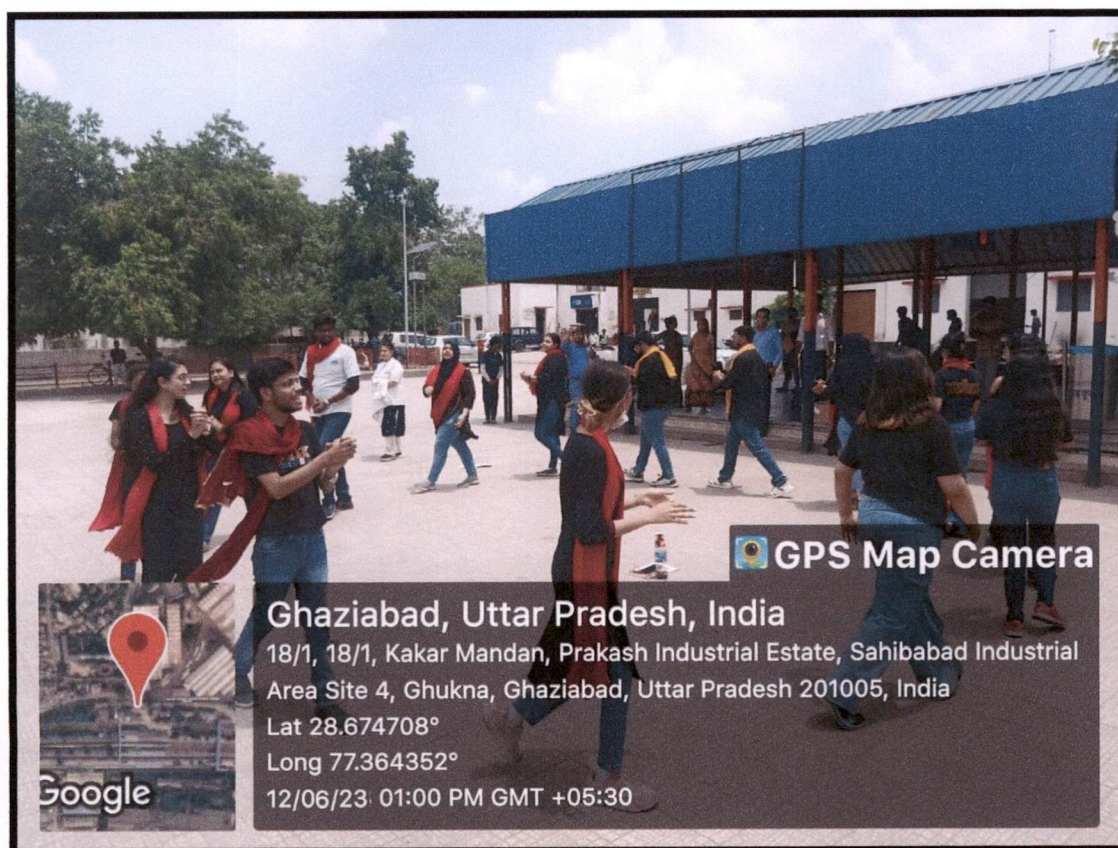


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Dental College & Hospital

ACTIVITY 4: Tobacco Cessation Activity At Sahibabad Railway Station

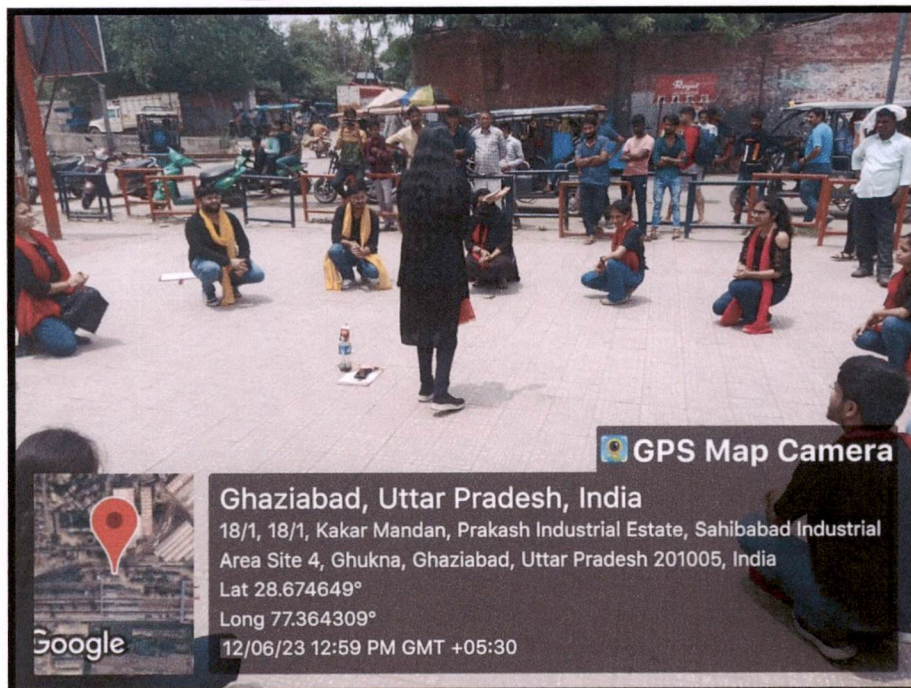
On 12th June 2023, a **Tobacco Cessation Camp at Sahibabad railway Station** was also conducted to make the public aware. At Railway station, students of Inderprastha Dental College and Hospital performed Nukkad Natak on **“Tobacco and its detrimental effects on Health”**, lot of people who were passing away watched it and enquired about the ways to quit tobacco. Not only this, **anti tobacco chewing gums were also distributed** by staff members and students of the dental college. There we have also **distributed pamphlets** and given them a counselling on **“How to Quit Tobacco and What are the advantages of Quitting Tobacco”**.





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Dental College & Hospital



GPS Map Camera



Ghaziabad, Uttar Pradesh, India

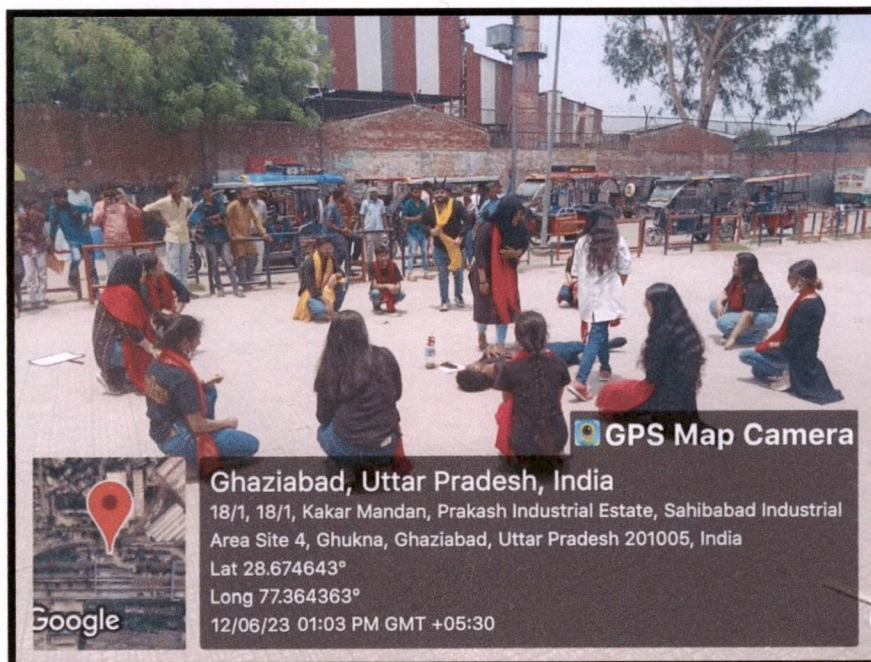
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Lat 28.674649°

Long 77.364309°

12/06/23 12:59 PM GMT +05:30

NUKKAD NATAK PRESENTED BY INTERNS OF IPDC



GPS Map Camera



Ghaziabad, Uttar Pradesh, India

18/1, 18/1, Kakar Mandan, Prakash Industrial Estate, Sahibabad Industrial Area Site 4, Ghukna, Ghaziabad, Uttar Pradesh 201005, India

Lat 28.674643°

Long 77.364363°

12/06/23 01:03 PM GMT +05:30

NICOTEX SAMPLES WERE DISTRIBUTED BY IPDC

IN COLLABORATION WITH CIPLA HEALTH





Inderprastha Dental College & Hospital



Overall this event was a grand success. I would like to extend my regards to Mr Nimish Agarwal Sir (Secretary, IPDC) and Dr Rahul Paul Sir (Principal and Director, IPDC) for their constant support and perfect logistics whenever sought for.





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/48

Date: -06.05.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 8th May 2023 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

Registrar

Accounts

All Dental and Medical Departments

Notice Board

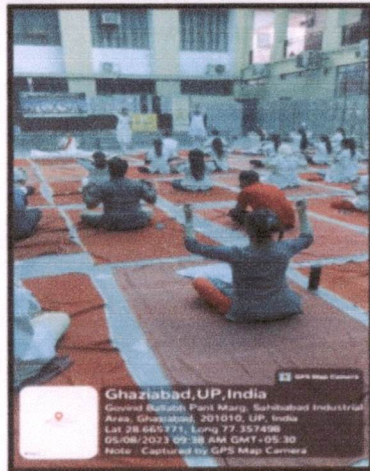




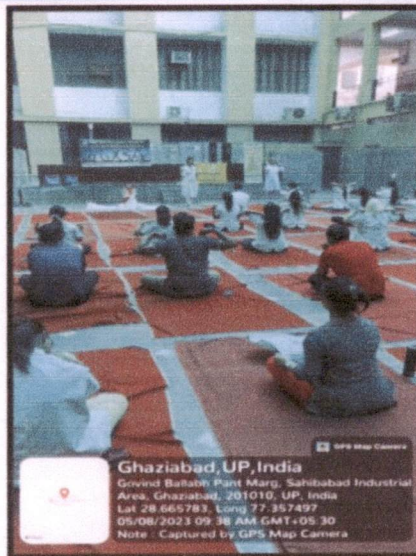
Inderprastha Dental College & Hospital

8th May 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students Actively Performed All The Asanas





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WORLD ORAL HEALTH DAY CELEBRATION- 2023

REPORT

World Oral Health Day was celebrated on 24th April 2023 in the LT-2, 12:00-1:00 PM. Faculty members, undergraduate students and interns took part in the celebration. The theme for World Oral Health Day 2021-2023 is **"BE PROUD OF YOUR MOUTH"**. As we all know that mouth is a mirror of human body, therefore being a dentist it's our moral duty to create awareness among those who are unaware about their oral health. On this occasion, Painting competition, Slogan Writing Competition and MEME competition was held. Dr Mayura Paul and Dr Geetika Arora awarded certificates to the students at the end of the program.

Dr Sonia Datta

Organizing Secretary





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/3, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/32

Date: -16.03.2023

NOTICE

All Faculty members and students are hereby informed that Public Health Dentistry department is celebrating "WORLD ORAL HEALTH DAY" as a Oral Health Awareness Week from 20th to 24th March 2023 in collaboration with all the departments. The list of activities are as follows:

1. Health Talk by PG students of all 5 departments followed by pledge taking by patients and doctors on good oral health maintenance on 20th March '23.
2. Training of Health Care workers in PHC, Sahibabad on 20th March '23.
3. Drawing competition in school in Sahibabad, fluoride Application in Raispur clinic and Nukkad Natak in Raispur Village on 21st March '23.
4. Interaction with community leaders and nukkad natak in college on 22nd March.
5. Camp for underprivileged rural population and pit and fissure Sealant application in Pedodontic Department on 23rd March '23.
6. Oral Health Awareness in Public areas on 24th March '23.
7. All Students are invited for Meme, slogan writing and painting competition on 24th March '23.

Dr. Rahul Paul
(Principal)

Copy to:

Cc.: Secretary & Jt. Secretary

Registrar

All Dental & Medical Department

All Notice Boards



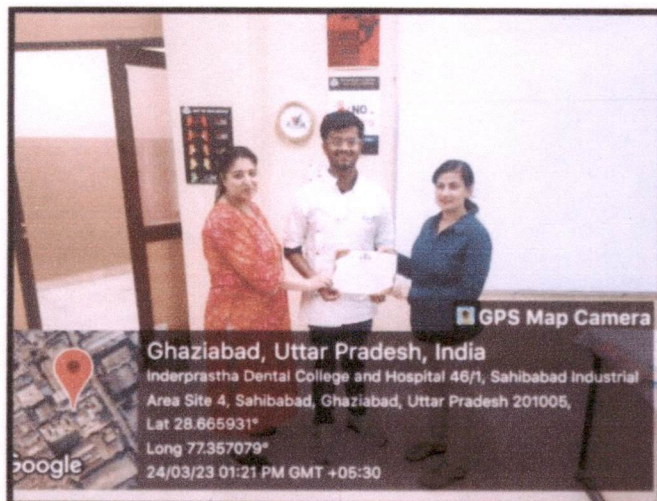
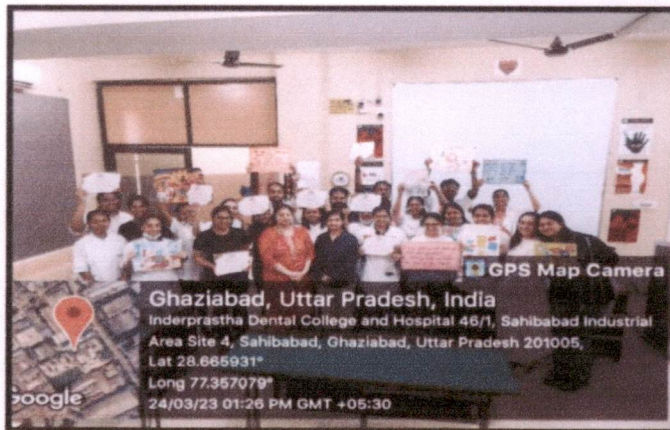


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PHOTOS

Slogan writing, meme and Painting competition



Prize Distribution Done By Dr Mayura Paul And Dr Geetika Arora





Inderprastha Dental College & Hospital

CERTIFICATES





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CERTIFICATES





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NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/36A

Date:-05.04.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 10th April 2023 on College grounds between 8.30 am to 9.30 am. The students Interns and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

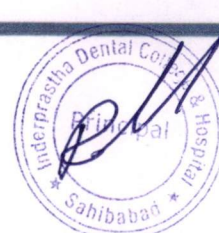
Cc: Secretary & Jt. Secretary

Registrar

Accounts

All Dental and Medical Departments

Notice Board

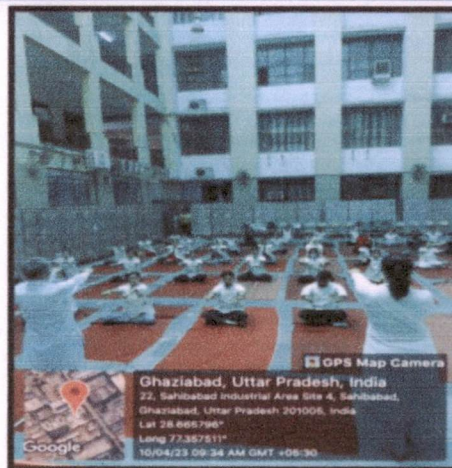




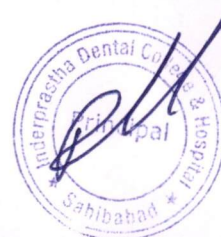
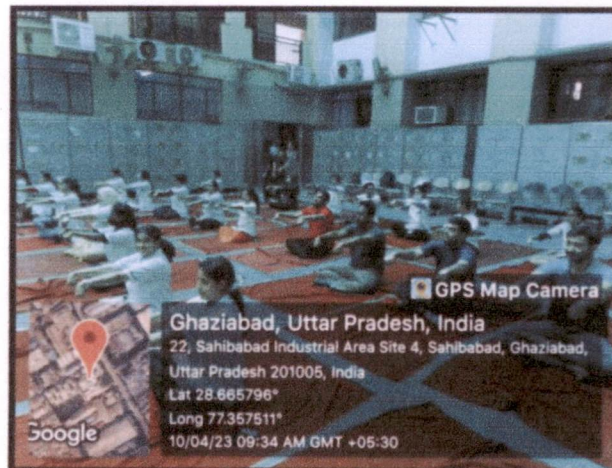
Inderprastha Dental College & Hospital

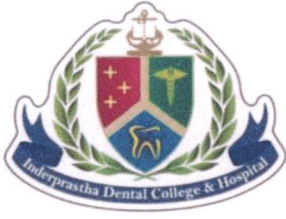
10th April 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students Actively Performed All The Asanas





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Dental College & Hospital

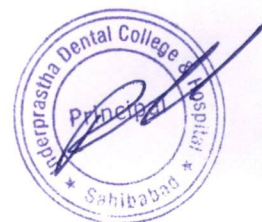
REPORT ON WORLD TUBERCULOSIS DAY CELEBRATION

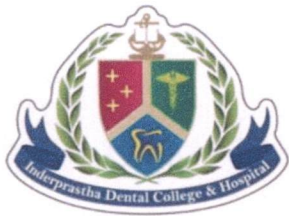
ON 24TH MARCH 2023

World Tuberculosis Day is observed on March 24 each year to raise public awareness and understanding about one of the infectious diseases - Tuberculosis. As per the WHO report 2022, India had an estimated 3 million new cases of tuberculosis and over half a million deaths from the disease. The patients who are affected by TB will suffer physically, emotionally, socially and economically. There is a need for creating awareness among the general public and health care professionals on tuberculosis management and its prevention.

On the occasion of World Tuberculosis Day, Public Health Dentistry Department celebrated the day on 24th March 2023, by taking part in rally organized by Primary Health Centre, Sahibabad. The Rally was started from CISF till to Indirapuram. Afterwards, Interns of Inderprastha Dental College performed a NUKKAD NATAK on topic about the TB, its symptoms, diagnostic tests, treatment and preventions.

We thank our honourable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event and also to all the doctors of PHD and Interns who make this event successful under the guidance of **Dr Geetika Arora**, HOD, Public Health Dentistry





Inderprastha

Dental College & Hospital

Rally by all the doctors



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

J9PH+8XP, Indirapuram, Ghaziabad, Uttar Pradesh

201014, India

Lat 28.635458°

Long 77.379938°

24/03/23 10:23 AM GMT +05:30



GPS Map Camera



Google

Ghaziabad, Uttar Pradesh, India

J9PH+8XP, Indirapuram, Ghaziabad, Uttar Pradesh

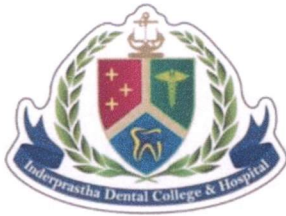
201014, India

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Long 77.379938°

24/03/23 10:25 AM GMT +05:30

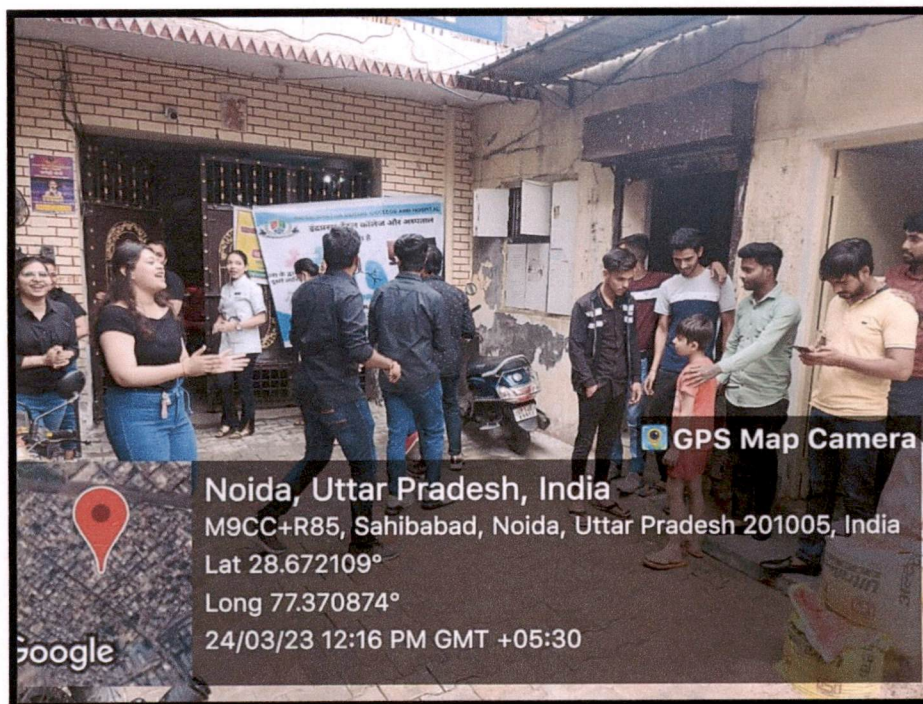
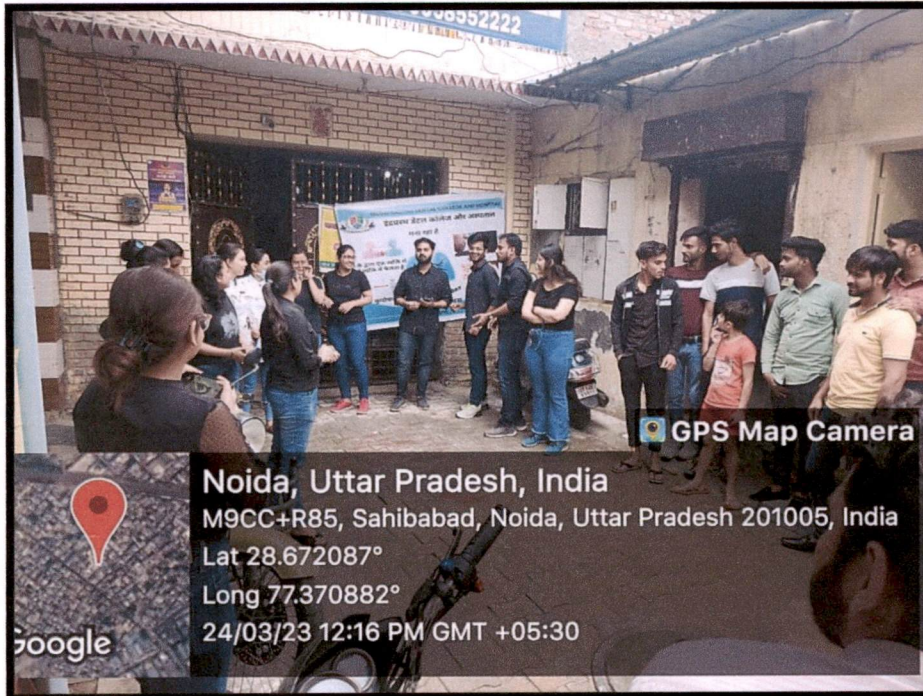


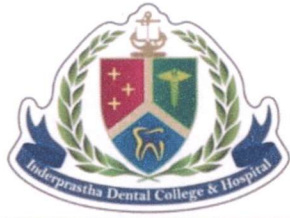


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Dental College & Hospital

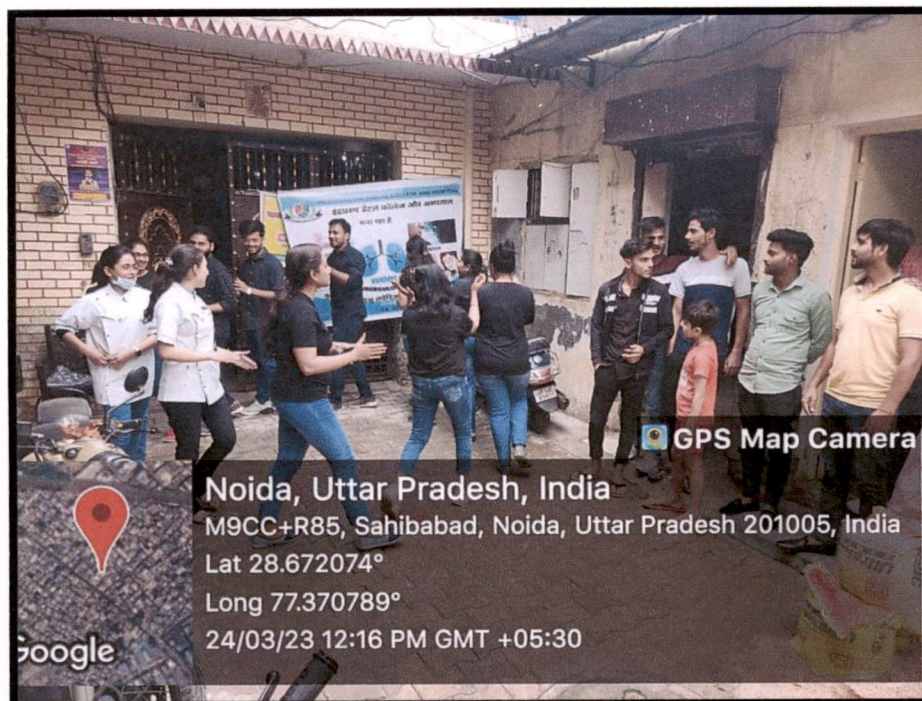
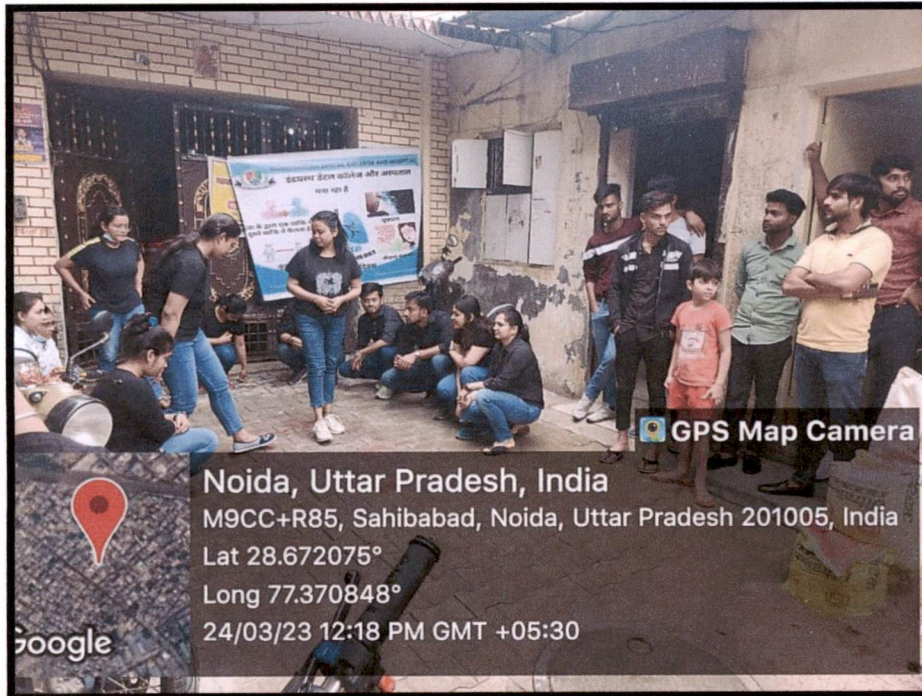
NUKKAD NATAK





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NOTICE



Inderprastha Dental College & Hospital

46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2023/22A

Date: -17.02.2023

NOTICE

This is to inform that a Yoga programme will be conducted on 18th Feb 2023 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Cc: Secretary & Jt. Secretary

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All Dental and Medical Departments

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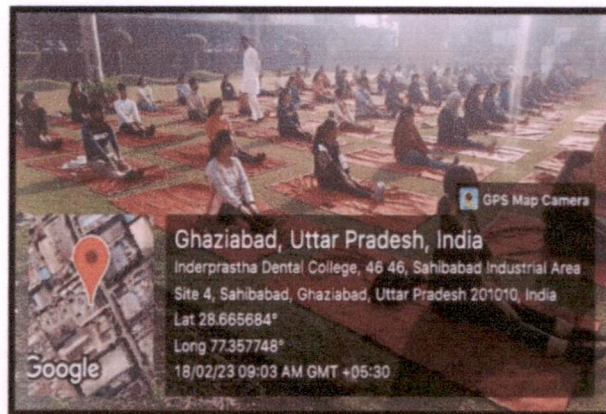




Inderprastha Dental College & Hospital

18th February 2023- YOGA DAY

Faculties And Students Performing Yoga Under Yoga Trainer Supervision



Students enthusiastically performing asanas





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/119

Date: 08.12.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 9th December 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul
(Principal)

Cc: Secretary & Jt. Secretary

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All Dental and Medical Departments

Notice Board

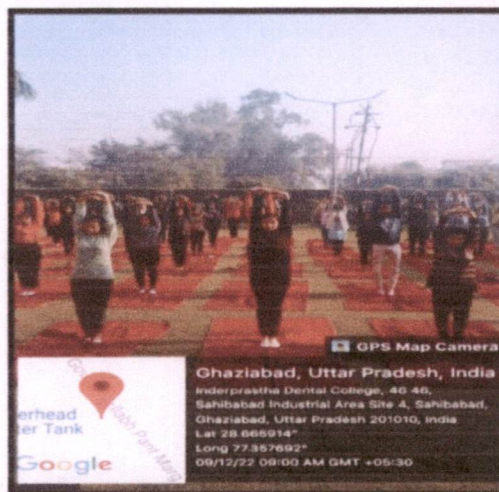




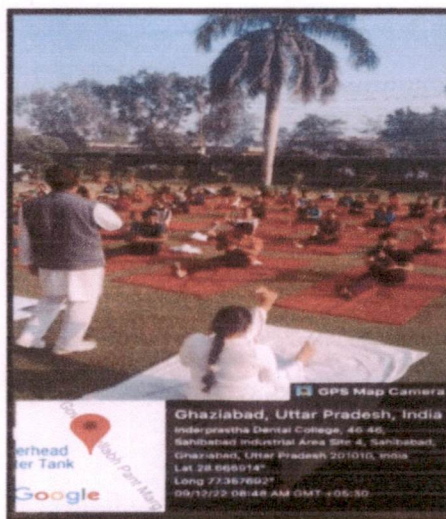
Inderprastha Dental College & Hospital

9th December 2022- YOGA DAY

Students enthusiastically performing asanas



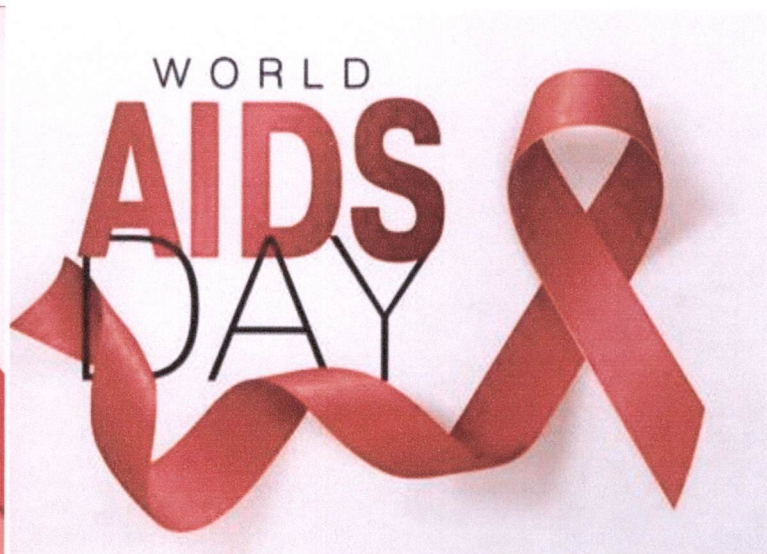
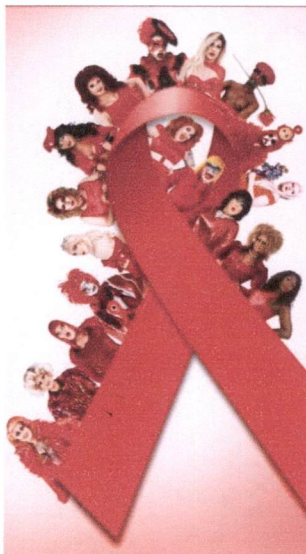
Faculties And Students Learned New Asanas From Yoga Trainer





Inderprastha
Dental College & Hospital

WORLD AIDS DAY- 2022





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/114

Date: -30.11.2022

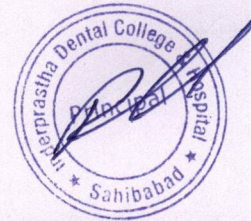
NOTICE

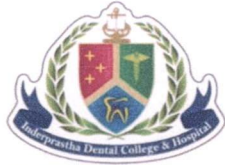
This is to inform all the faculty members and students that Department of Public Health Dentistry is conducting an "AIDS AWARENESS AND PREVENTION PROGRAM" on the occasion of "WORLD AIDS DAY" celebrated on 1st December 2022. Nukad Naatak by Interns will be performed at Raispur village at 10:00-11:00am. The following Interns should report to PHD Department sharp at 9:00 am

1. Vaishnavi
2. Suryansh
3. Rabiya
4. Chetan
5. Piyush
6. Ashit
7. Shweta
8. Sonu

Dr. Rahul Paul
(Principal)

Cc.: Secretary & Jt. Secretary
Registrar
All Dental Departments
Notice Boards





Inderprastha

Dental College & Hospital

REPORT OF WORLD AIDS DAY 2022

World AIDS Day is observed every year on 1st December. On the occasion of World AIDS Day, Department of Public Health Dentistry of Inderprastha Dental College and Hospital conducted an awareness session on the theme “Equality”. On this day, a Nukkad Natak was performed by team of Interns at Raispur Village to create awareness among rural population regarding HIV infection. Through this Nukkad Natak, epidemiology of HIV/AIDS, transmission, treatment and how treatment helps in an individual was briefed out to village people. Interns also discussed about the Stigma that is present in the society and the discrimination, with clinical examples and emphasized not to discriminate against people living with HIV/AIDS. They also elaborated on how to support patient and family and Nursing issues in caring for a patient with HIV.

We thank our honorable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event.

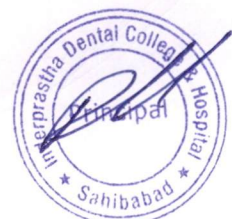
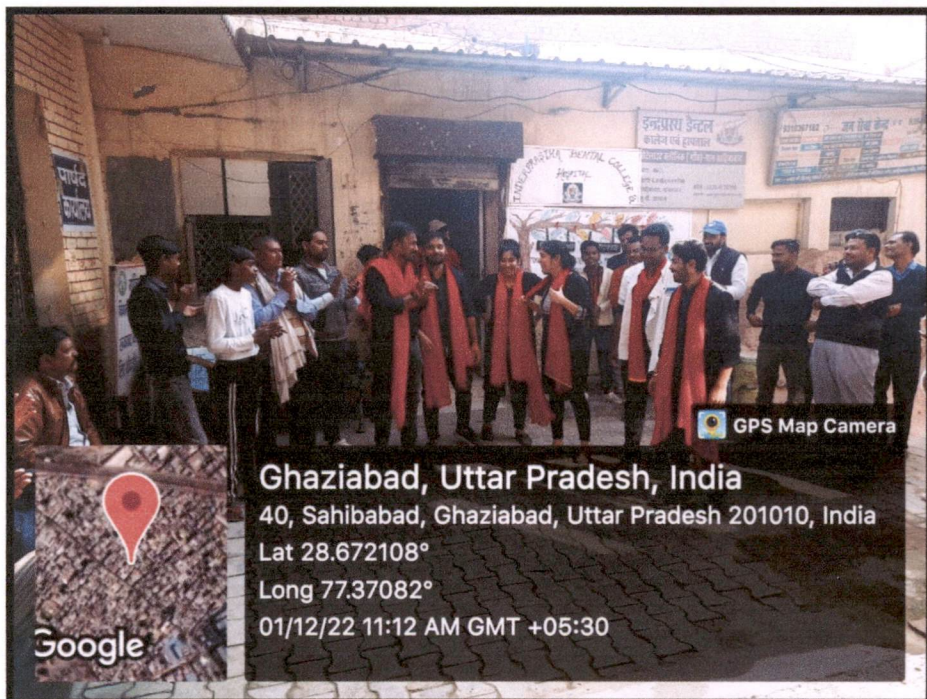




Inderprastha

Dental College & Hospital

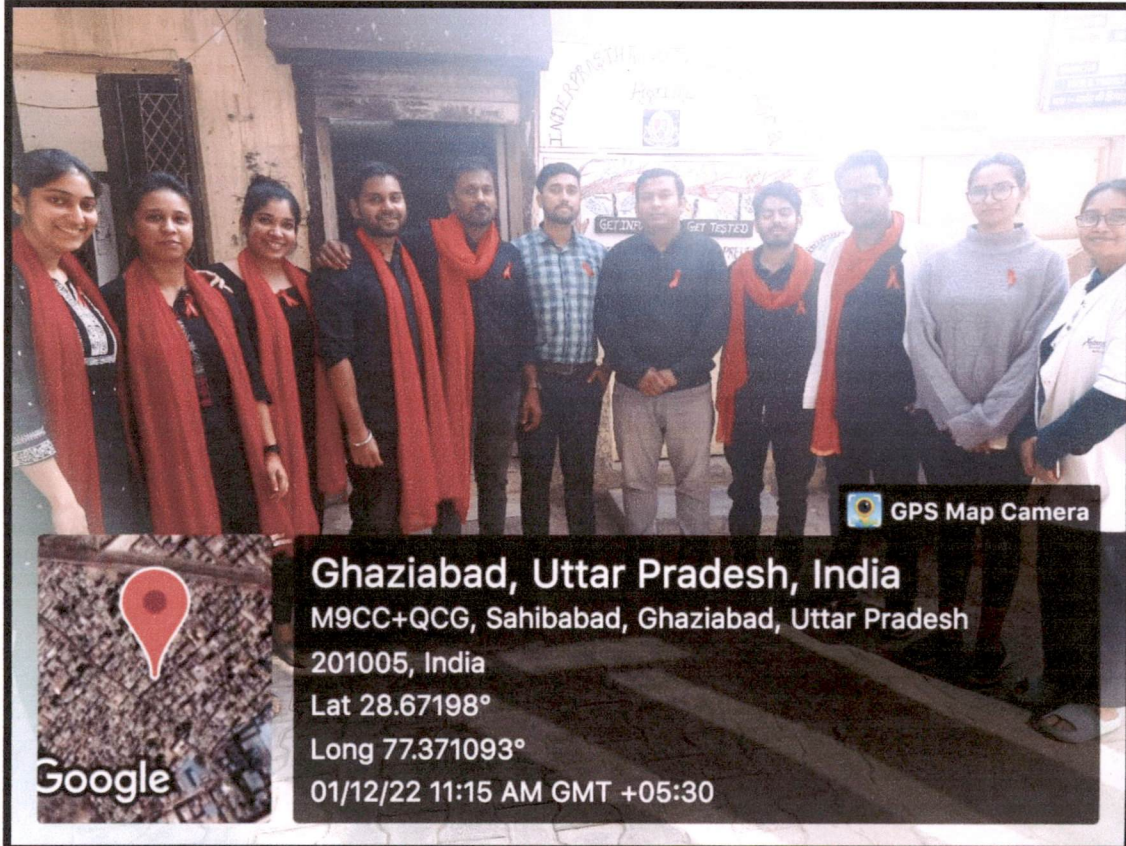
PHOTO GALLERY





Inderprastha

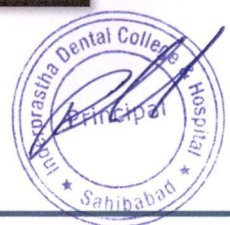
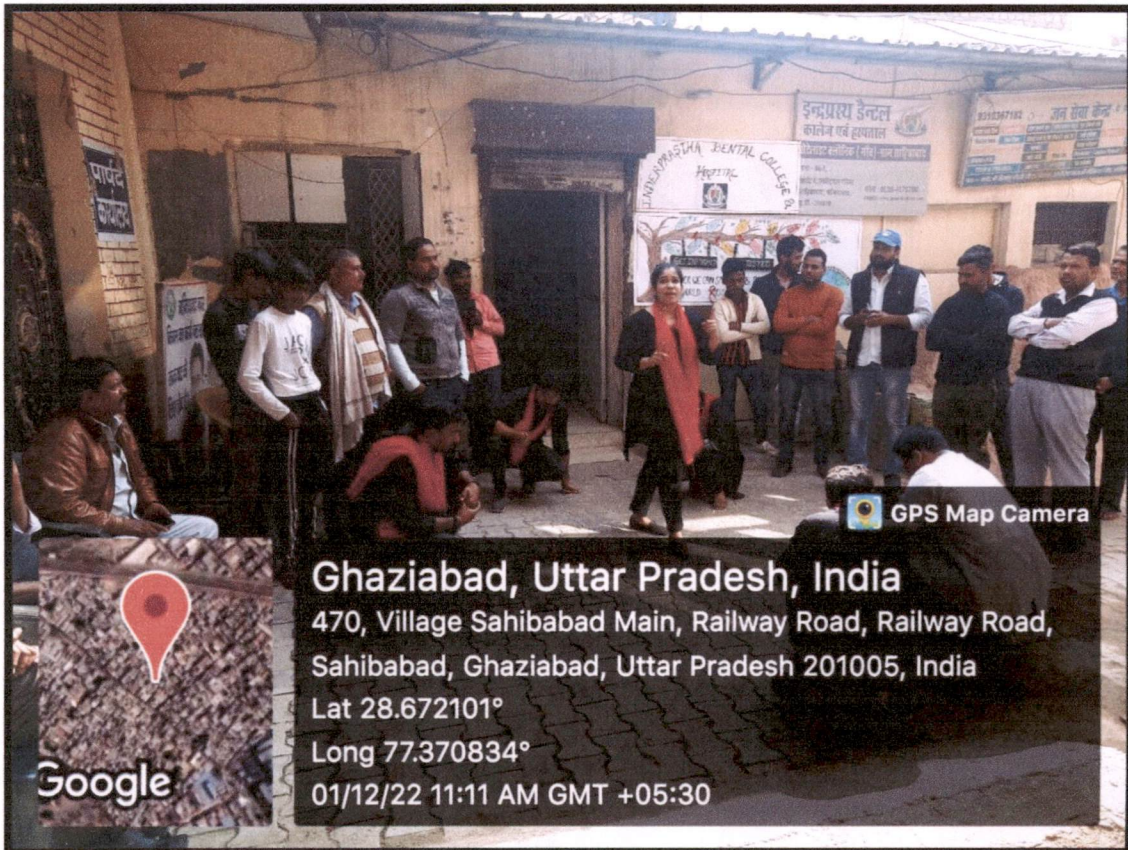
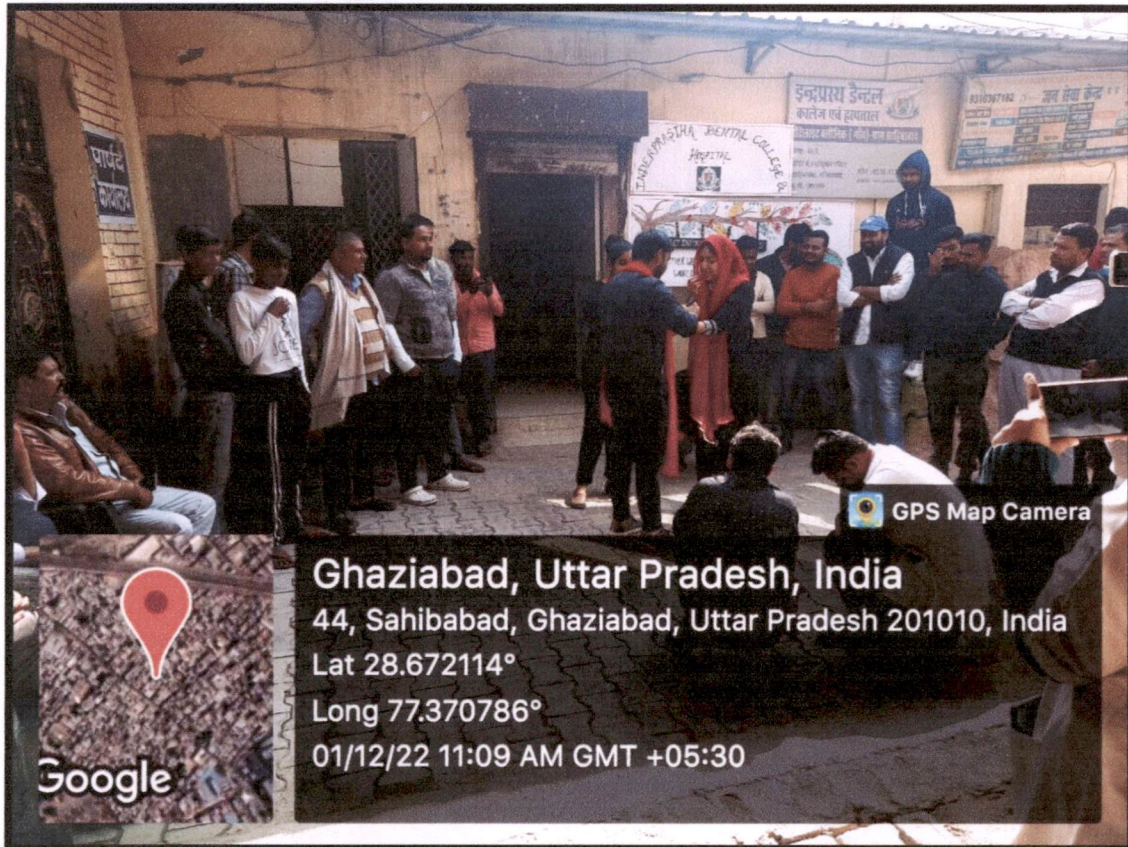
Dental College & Hospital





Inderprastha

Dental College & Hospital





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Dental College & Hospital

SUMMARY

CHILDREN'S DAY CELEBRATION

Venue: Department Of Pediatric And Preventive Dentistry
11:00 AM onwards

Date: 14-11-2022,

Summary:

Children's day & Pedodontist day was celebrated on 14th november 2022 in the department of pedodontics and preventive dentistry. Faculty members, undergraduate & postgraduate students and interns took part in the celebration. Colouring competition was held for which children were given certificates by the honourable principal. Games were also organised for children like paper dance, musical chair etc. Children were also taught brushing technique and importance of maintaining oral hygiene. In the end, children were provided with refreshments. Children were really happy during the celebration.

Dr. Manish Bhalla

(Organizing Secretary)





Inderprastha Dental College & Hospital

PROGRAM REPORT CHILDREN'S DAY CELEBRATION-

November 14 is celebrated as Children's Day or Bal Diwas every year in India. This day is also celebrated as Pedodontist day.

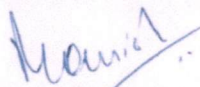
A day marking childhood, and to make this event memorable for our little ones, Department of Pediatric And Preventive Dentistry at Inderprastha dental college and hospital celebrated Children's Day on 14 November 2022. The day focused on children and their enjoyment. The day was filled with immense joy, enthusiasm and magnificence. The celebration began by colouring competition for which all the students were given certificates by the honourable principal Dr. Rahul Paul. Department faculty, post graduate students and interns took active participation in the celebration and made Children's Day special for children by involving them into various games like musical chair, paper dance etc.

Children were given brushing demonstration and were also made to practice on the brushing model. Children were taught about the importance of maintaining oral hygiene. In the end all the children were given refreshments and some valuable gifts as a token of love like stationary set and crayons by our respected Head of department Dr. Manish Bhalla. The students were overwhelmed and enjoyed the day.

OBJECTIVE: The aim of the celebration was to encourage and motivate children regarding the importance of maintaining oral hygiene.

OUTCOME: All the students learned the proper technique of brushing and they understood the importance of brushing twice daily.




Dr. Manish Bhalla
(Organizing Secretary)





Inderprastha Dental College & Hospital

Notice



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad 201010 (U.P.)




Department of Paedodontics & Preventive Dentistry

PEDO/DEPT NOTICE/2022/

DATE: 11/11/2022

DEPARTMENT NOTICE

All Undergraduate & Postgraduate students along with the faculty are hereby informed that Department is celebrating Children's day on 14/11/22, 11:00 AM onwards. Talk on oral hygiene instructions, colouring competition, games and certificate distribution will be organized in the department itself. Kindly do the necessary arrangements for the same. Everyone is requested to attend the event and make it successful.

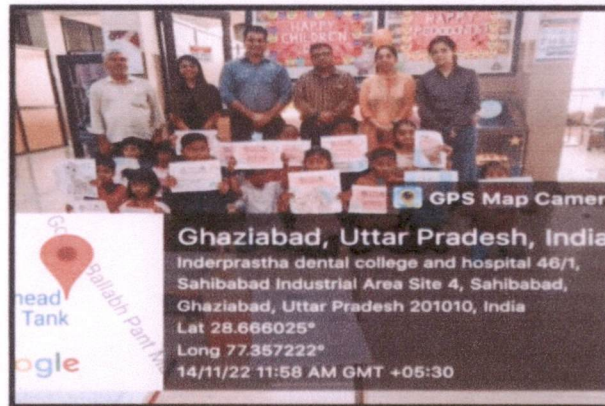

Dr. Manish Bhalia
Head of the Department
Pediatric & Preventive Dentistry





Inderprastha Dental College & Hospital

Glimpse of Event



Participation certificates were distributed to children



Children participated in Drawing Competition





Inderprastha Dental College & Hospital

Children participated in Games



Oral Hygiene Instructions given to children





Inderprastha

Dental College & Hospital



Group Photo





Inderprastha Dental College & Hospital

Certificates





Inderprastha Dental College & Hospital

Certificates


Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

Department of Paedodontics & Preventive Dentistry

THIS IS TO CERTIFY THAT

Name OM GUPTA

PARTICIPATED IN
"PEDODONTIST DAY" held on
14th November, 2022








Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

Department of Paedodontics & Preventive Dentistry

THIS IS TO CERTIFY THAT

Name AVIKA

PARTICIPATED IN
"PEDODONTIST DAY" held on
14th November, 2022











Inderprastha Dental College & Hospital

Certificates





Inderprastha

Dental College & Hospital

ATTENDANCE

ATTENDANCE SHEET

List of students attended YOGA Program -2022-23

S. No.	Name of student	Sign 17/8/22	Sign 19/10/22	Sign 9/12/22	Sign 18/02/23	Sign 10/04/23	Sign 08/05/23
1.	Aafreen Naseem						
2.	Aastha Sinha						
3.	Aditi Jain						
4.	Anshika						
5.	Anshuman Chauhan						
6.	Anupama Srivastava						
7.	Anushka Sharma						
8.	Arushi Dubey						
9.	Ashit Anand						
10.	Chandangshi Kaushik						
11.	Chetan Kumar Singh						
12.	Chetna Mahajan						
13.	Chhavi Malhotra						
14.	Drishity Kalra						
15.	Garima Sharma						
16.	Gunjan Malhotra						
17.	Harsh Achhra						
18.	Pritha Shil						
19.	Himani Sharma						
20.	Ila Gupta						
21.	Harshita						
22.	Aditya Sharma						
23.	Shashwat Singh						
24.	Suma Rani Halder						
25.	Ishita Srivastava						
26.	Mansi Kumari						
27.	Umang Makkar						
28.	Avni Malhotra						
29.	Annanya Rajvanshi						
30.	Ishita Rai						
31.	Anjali Aggarwal						
32.	Niyati Anand						
33.	Sakshi Gupta						
34.	Chhaya Gupta						
35.	Harshveen Kaur						
36.	Roshni Das						
37.	Surbhi						
38.	Ravnoor						



Dr. Geetika Arora
Organizing Secretary





Inderprastha Dental College & Hospital

ATTENDANCE

39.	Bharat Bailan	Ba	Ba	Ba	Ba	Ba	Ba
40.	Deepanshi Saklani	De	De	De	De	De	De
41.	Maanvi	Ma	Ma	Ma	Ma	Ma	Ma
42.	Vanisha Agarwal	Va	Va	Va	Va	Va	Va
43.	Aanandi Soni	An	An	An	An	An	An
44.	Aarohi Singh	Ar	Ar	Ar	Ar	Ar	Ar
45.	Aayush Mishra	Am	Am	Am	Am	Am	Am
46.	Abdullah	Ab	Ab	Ab	Ab	Ab	Ab
47.	Abhishek Raman	Ar	Ar	Ar	Ar	Ar	Ar
48.	Adeeba Khan	Ad	Ad	Ad	Ad	Ad	Ad
49.	Aditi Raj singh	Ar	Ar	Ar	Ar	Ar	Ar
50.	Aditya Rao	Ar	Ar	Ar	Ar	Ar	Ar
51.	Aiman Fatima	Ar	Ar	Ar	Ar	Ar	Ar
52.	Aishwarya Shrivastava	Ar	Ar	Ar	Ar	Ar	Ar
53.	Akansha Jain	Ar	Ar	Ar	Ar	Ar	Ar
54.	Alika Abidi	Al	Al	Al	Al	Al	Al
55.	Alokutu Nora	Ar	Ar	Ar	Ar	Ar	Ar
56.	Amber Srivastava	Ar	Ar	Ar	Ar	Ar	Ar
57.	Amisha Gautam	Ar	Ar	Ar	Ar	Ar	Ar
58.	Ananya Agarwal	Ar	Ar	Ar	Ar	Ar	Ar
59.	Ananya Bansal	Ar	Ar	Ar	Ar	Ar	Ar
60.	Aniket Kumar	Ar	Ar	Ar	Ar	Ar	Ar
61.	Anooshka Maheshwari	Ar	Ar	Ar	Ar	Ar	Ar
62.	Anshika Tripathi	Ar	Ar	Ar	Ar	Ar	Ar
63.	Antriksh Bhardwaj	Ar	Ar	Ar	Ar	Ar	Ar
64.	Anubhav Verma	Ar	Ar	Ar	Ar	Ar	Ar
65.	Ankita	Ar	Ar	Ar	Ar	Ar	Ar
66.	Apoorva Tyagi	Ar	Ar	Ar	Ar	Ar	Ar
67.	Bhupendra	Ar	Ar	Ar	Ar	Ar	Ar
68.	Chhaya Singh	Ar	Ar	Ar	Ar	Ar	Ar
69.	Deepanshi Yadav	De	De	De	De	De	De
70.	Deepika Chaudhary	De	De	De	De	De	De
71.	Dixita	Ar	Ar	Ar	Ar	Ar	Ar
72.	Jennifar Arul Rahman	Ar	Ar	Ar	Ar	Ar	Ar
73.	Karan Raghuvanshi	Ar	Ar	Ar	Ar	Ar	Ar
74.	Moksh Madhur	Ar	Ar	Ar	Ar	Ar	Ar
75.	Suhani	Ar	Ar	Ar	Ar	Ar	Ar
76.	Tanisha Gupta	Ar	Ar	Ar	Ar	Ar	Ar
77.	Tannu Khanna	Ar	Ar	Ar	Ar	Ar	Ar
78.	Aadya Dharni	Ar	Ar	Ar	Ar	Ar	Ar
79.	Aafia	Ar	Ar	Ar	Ar	Ar	Ar
80.	Aastha Verma	Ar	Ar	Ar	Ar	Ar	Ar
81.	Abhinav Akash	Ar	Ar	Ar	Ar	Ar	Ar
82.	Aishwarya Sharma	Ar	Ar	Ar	Ar	Ar	Ar
83.	Akshat Pandey	Ar	Ar	Ar	Ar	Ar	Ar
84.	Riya Dutt	Ar	Ar	Ar	Ar	Ar	Ar
85.	Sakshi Anand	Ar	Ar	Ar	Ar	Ar	Ar
86.	Saloni Khetarpal	Ar	Ar	Ar	Ar	Ar	Ar

[Signature]

Dr. Geetika Arora
Organizing Secretary

[Signature]
Principal



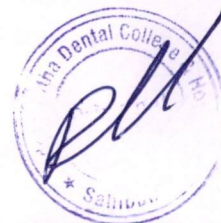
Inderprastha Dental College & Hospital

ATTENDANCE

87.	Sarah Afreen	Sarah	Sarah	Sarah	Sarah	Sarah	Sarah
88.	Saumya Mishra	Saumya	Saumya	Saumya	Saumya	Saumya	Saumya
89.	Sheshayi Roy	Sheshayi	Sheshayi	Sheshayi	Sheshayi	Sheshayi	Sheshayi
90.	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth	Siddharth
91.	Simran Balouria	Simran	Simran	Simran	Simran	Simran	Simran
92.	Soumya Yadav	Soumya	Soumya	Soumya	Soumya	Soumya	Soumya
93.	Swati Singh Rangoli	Swati	Swati	Swati	Swati	Swati	Swati
94.	Tarun Pandey	Tarun	Tarun	Tarun	Tarun	Tarun	Tarun
95.	Urvashi Chaudhary	Urvashi	Urvashi	Urvashi	Urvashi	Urvashi	Urvashi
96.	Vidhi Jha	Vidhi	Vidhi	Vidhi	Vidhi	Vidhi	Vidhi
97.	Vishal Choudhary	Vishal	Vishal	Vishal	Vishal	Vishal	Vishal
98.	Yasmeen Khatoon	Yasmeen	Yasmeen	Yasmeen	Yasmeen	Yasmeen	Yasmeen
99.	Aadya Gupta	Aadya	Aadya	Aadya	Aadya	Aadya	Aadya
100.	Aakruti Singh	Aakruti	Aakruti	Aakruti	Aakruti	Aakruti	Aakruti
101.	Aanchal Jain	Aanchal	Aanchal	Aanchal	Aanchal	Aanchal	Aanchal
102.	Aarushi Garg	Aarushi	Aarushi	Aarushi	Aarushi	Aarushi	Aarushi
103.	Aditya Saini	Aditya	Aditya	Aditya	Aditya	Aditya	Aditya
104.	Aishma Gurung	Aishma	Aishma	Aishma	Aishma	Aishma	Aishma
105.	Akshay Panday	Akshay	Akshay	Akshay	Akshay	Akshay	Akshay
106.	Akshit Kumar	Akshit	Akshit	Akshit	Akshit	Akshit	Akshit
107.	Anjali Kumari Ojha	Anjali	Anjali	Anjali	Anjali	Anjali	Anjali
108.	Anju Yadav	Anju	Anju	Anju	Anju	Anju	Anju



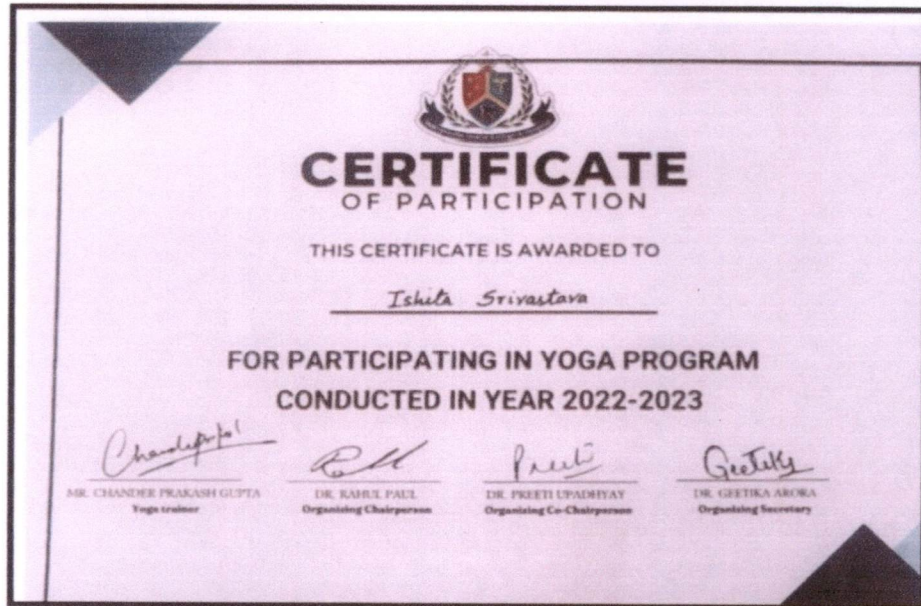
Dr. Geetika Arora
Organizing Secretary





Inderprastha Dental College & Hospital

CERTIFICATES





Inderprastha Dental College & Hospital

CERTIFICATES





Inderprastha Dental College & Hospital

CERTIFICATES





Inderprastha Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/92A

Date: 07.10.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 19th October 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

Ce: Secretary & Jt. Secretary

C.E.O.

Accounts

All Dental and Medical Departments

Notice Board





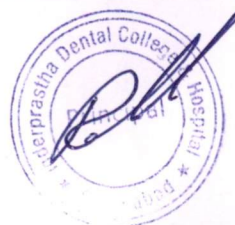
Inderprastha Dental College & Hospital

19th October 2022- YOGA DAY

Students and Faculty performing Yoga



Yoga Trainers monitoring each and every steps of Yoga





Inderprastha

Dental College & Hospital

SUMMARY OF THE PROGRAM

1	GUEST SPEAKER	Mr. Chander Prakash Gupta
2	DATE	17-08-2022 19-10-2022 09-12-2022 18-02-2023 10-04-2023 08-05-2023
3	TIME	8:30 – 9:30
4	VENUE	IPDC Greens
5	NO. OF HOUR	1 hour
6	NO. OF PARTICIPANTS	108
7	ORGANISING SECRETARY	Dr. Geetika Arora

OBJECTIVE: The entire objective of yoga is to self-reflect, control the breath, achieve deep relaxation, and grow through meditation, all of this combined will result in better mental, emotional and physical health as we challenge the mind and body through a sequence of yoga asanas.

OUTCOME: Yoga improves strength, balance and flexibility. We took at promise from all the participants to take out 20 mins a day to perform yoga and make it a part of their life.

Geetika
Dr. Geetika Arora

ORGANISING SECRETARY





Inderprastha Dental College & Hospital

YOGA PROGRAM -2022-2023

A few minutes of Yoga during the day can be a great way to get rid of stress that accumulates daily, in both, body and the mind. Yoga postures, Pranayama and meditation are effective techniques to release stress.

Meditation is relaxation and rejuvenates the body and mind. With this aim in mind, a workshop was organised on the 17th August'2022, 19th October'2022, 9th December'2022, 18th February'2023, 10th April'2023 and 8th May'2023, for the students of Inderprastha Dental College and Hospital in auditorium of the college. The yoga instructor, Mr. Chander Prakash Gupta along with his team, took yoga session with great dedication. The students and staff members participated with full interest, enthusiasm and eagerness.

The session began by seeking the blessings of the Almighty by chanting the Gayatri Mantra. Asanas starting with warming up and stretching were followed by a series of Padmasanas, Sukhasan, Tadasana, BhujangAsana and ending with Shavasana. Exercises for relieving stress, reducing joint pain and enhancing the flexibility of the back were also done for the benefit of the students and staff members.

The Principal, Dr Rahul Paul, motivated the staff and students and conveyed the importance of making yoga an integral part of our daily life by extending the practice of yoga beyond the mat. The session concluded with an interactive session between the instructor and the students and staff of the college, in which the queries of the teachers were addressed satisfactorily. The session was very refreshing, reviving and relaxing

Dr Geetika Arora
Organizing Secretary





Inderprastha

Dental College & Hospital

BROCHURE



INDERPRASTHA DENTAL COLLEGE AND HOSPITAL

YOGA PROGRAM



YOGA & MEDITATION

The best way to stay mentally
and physically healthy

RESOURCE PERSON

MR. CHANDER PRAKASH GUPTA
(PRESIDENT OF VASUNDHARA BRANCH,
BHARTIYA YOG SANSTHAN)

ORGANISING COMMITTEE

YEAR: 2022-2023

VENUE: IPDC GREENS

TIME: 8:30-9:30 AM



DR. RAHUL PAUL
Organising Chairperson



DR. PREETI UPADHYAY
Organising Co-Chairperson



DR. GEETIKA ARORA
Organising Secretary





Inderprastha

Dental College & Hospital

NOTICE



Inderprastha Dental College & Hospital
46/1, Site-IV, Industrial Area, Sahibabad,
Ghaziabad-201010 (U.P.)

IPDC/PO/Notice/2022/54A

Date: 13.08.2022

NOTICE

This is to inform that a Yoga programme will be conducted on 17th August 2022 on College grounds between 8.30 am to 9.30 am. The students and faculty members interested in taking part in the programme are hereby informed to enrol for the programme and carry track pants on the day.

Dr. Rahul Paul

(Principal)

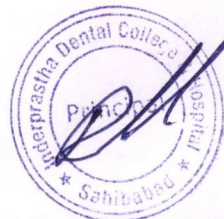
Cc: Secretary & Jt. Secretary

C.E.O.

Accounts

All Dental and Medical Departments

Notice Board

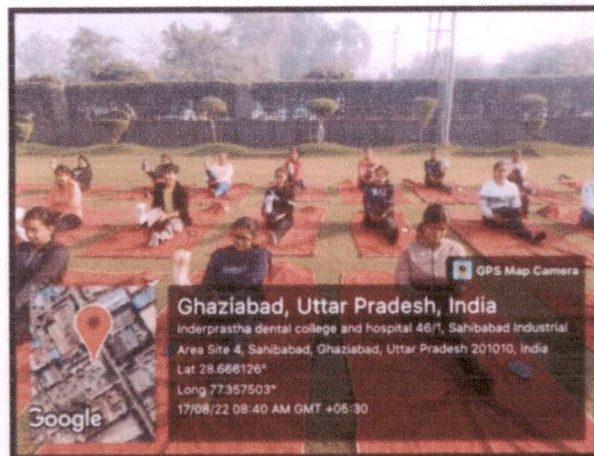




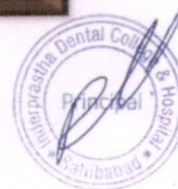
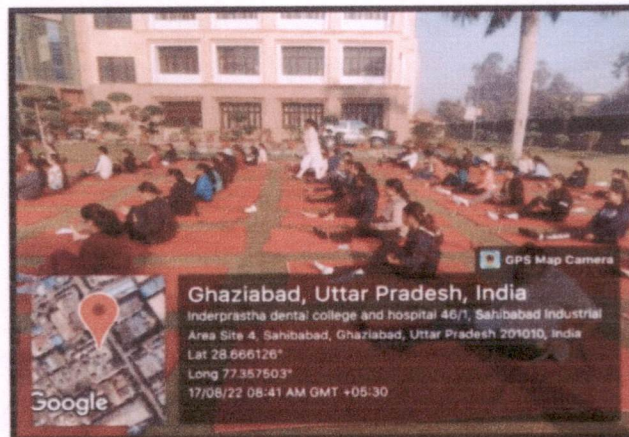
Inderprastha Dental College & Hospital

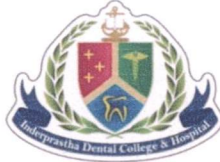
17th August 2022- YOGA DAY

Faculties And Students Performing
Yoga Under Yoga Trainer Supervision



Yoga Trainers monitoring each and every steps of Yoga



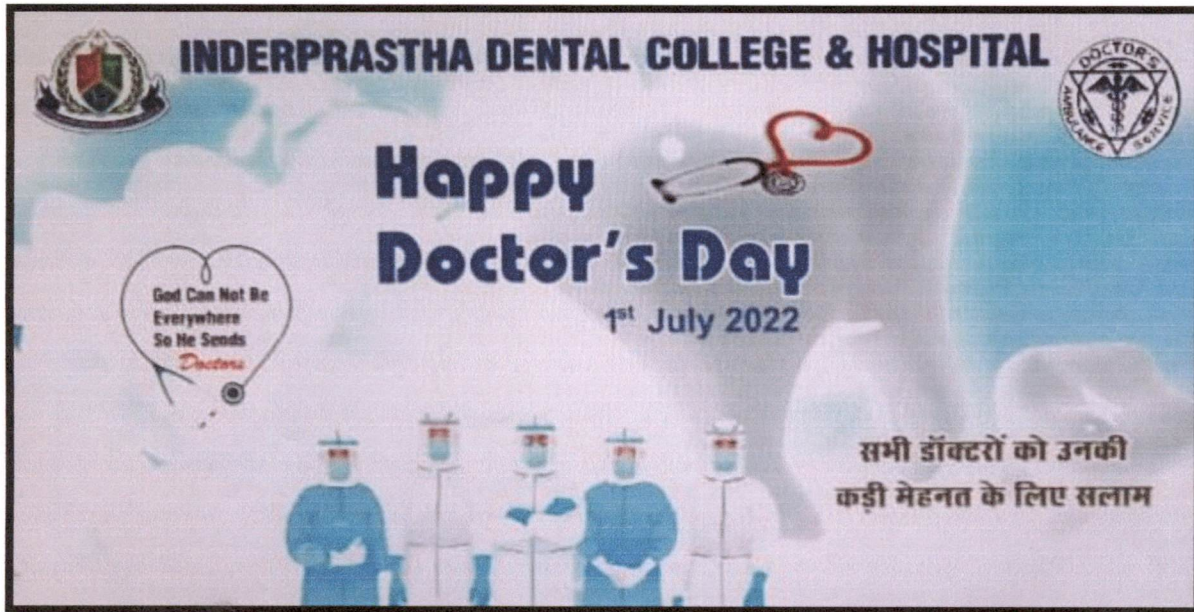


Inderprastha

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NATIONAL DOCTOR'S DAY 1ST JULY 2022

Every year, National Doctor's Day is observed to recognize the role and contributions of doctors in people's lives and communities. Different countries observe this day on different dates, but in India, National Doctor's Day is celebrated on July 1.



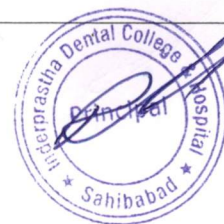


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Dental College & Hospital

TIME TABLE OF NATIONAL DOCTOR'S DAY 2022 **CELEBRATION**

List of Activities		
Activity 1	Health Education Session: Importance Of Oral Hygiene Maintenance In Play School, Sahibabad	CNS Playway School, Sahibabad Village at 9:30- 10:30am
Activity 2	Sensitize how a doctor works in hospital	Prathmic Vidyalay, Sahibabad at 10:30- 11:30am
Activity 3	Screening camp and Ek Selfie Doctor Ke Saath Program in rural area	Sahibabad Village at 11:30 – 12:30 am
Activity 4	Exhibition on : A day in the Life of a doctor	Dental Museum Room, PHD Department, IPDC at 9:30am -2:00 pm
Activity 5	Celebrated National Doctors Day: Cake cutting ceremony by doctors and played songs in glory of doctors	IPDC at 2:00 pm





Inderprastha

Dental College & Hospital

REPORT ON NATIONAL DOCTOR'S DAY 1ST JULY 2022

National Doctor's Day in India is celebrated every year on July 1 by the Indian Medical Association (IMA) to thank and acknowledge the doctors of the country for their dedicated services to the patients.

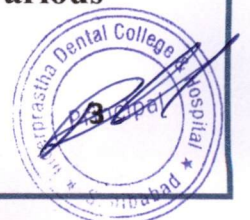
The ongoing COVID-19 pandemic and its deadly second wave have once again reminded us of the role of physicians and doctors and the sacrifice and contributions made by them all over the world. Working round-the-clock shifts and putting their own health in danger, this day gives a perfect opportunity to salute their work.

Doctor's Day 2022 is also celebrated to thank doctors and nurses for their huge contribution to medical advancement in India. The day is celebrated to commemorate the birth and death anniversary of former Chief Minister of West Bengal Dr. Bidhan Chandra Roy.

The campaigns objectives were:

- To honour doctors timeless work and contribution.
- To value doctors and their role in the country's development.
- This awareness campaign offering great opportunities to all to get aware of the roles, importance and responsibilities of the doctors as well as promote medical professionals to come closer and follow the responsibilities of their profession very dedicatedly.

In view of these objectives, **The Department of Public Health Dentistry, Inderprastha Dental College and Hospital, Sahibabad organised various**





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Dental College & Hospital

camps in play school, government school and village camp followed by exhibition in dental museum room in IPDC premises to sensitize people regarding roles and responsibilities of doctors and to promote dental profession in the country on 1st JULY 2022 under the guidance of honourable Secretary Mr. Nimish Agarwal and Dr. Rahul Paul (Principal, Director of IPDC).

Activity 1

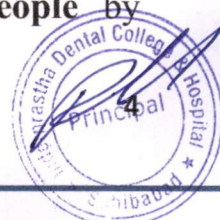
The program was started with a **Dental health educational camp** which was conducted in CNS Playway School, Sahibabad Village at 9:30 am. The message was delivered by Interns and Staff members of IPDC to school children regarding oral hygiene maintenance, healthy living and following appropriate COVID behaviours to save themselves as well as their near and dear ones. The program was concluded by a closing health talk on healthy habits by Dr Geetika Arora, Professor, PHD.

Activity 2

This event was further carried over to another school in Prathmic Vidyalay, Sahibabad. Their school children and the school staff was sensitised about **“How a doctor works in a Hospital to take care of them”**. The importance regarding the profession was aroused by team of doctors in this school visit. The **school children and school staff took selfies with the team of doctors (Ek Selfie Doctor Ke Saath)**. The program in school ended with a high hope that we have moved a step forward in creating awareness and oral health promotion among underprivileged people which will further create a healthier community and also give an opportunity to create manpower in the doctor profession.

Activity 3

Oral health awareness and health promotional village camp was organised and specialized services were provided to underprivileged people by





Inderprastha

Dental College & Hospital

sending the patient for free treatment in the satellite centre in Sahibabad Village runned by Inderprastha Dental College and Hospital. People in the village camp were encouraged to take “**Ek Selfie Doctor Ke Saath**” by the patients.

Activity 4

Organised an exhibition in Dental Museum of Public Health Dentistry Department. beautifully decorated with all information related to dental diseases , its prevention and treatment. Patients asked queries and doctors discussed with them their dental problems in detail. Patients took selfies with group of doctors.

Activity 5

Cake cutting ceremony was performed in college premises. All doctors were invited for National Doctor Day party and songs were played in glory of doctors. Dr Rahul Paul Sir congratulate everyone for their courage and wonderful performance at the pandemic time.

We thank our honorable **Secretary, IPDC, Mr Nimish Agarwal and Principal, Dr Rahul Paul** for providing his unconditional support for organizing this event.





Inderprastha

Dental College & Hospital

ACTIVITY 1: Health Education Session: Importance Of Oral Hygiene Maintainence In Play School, Sahibabad



Ghaziabad, Uttar Pradesh, India

157, Sahibabad, Ghaziabad, Uttar Pradesh 201010, Ind
Lat 28.67223°
Long 77.3721°
01/07/22 10:14 AM



Ghaziabad, Uttar Pradesh, India

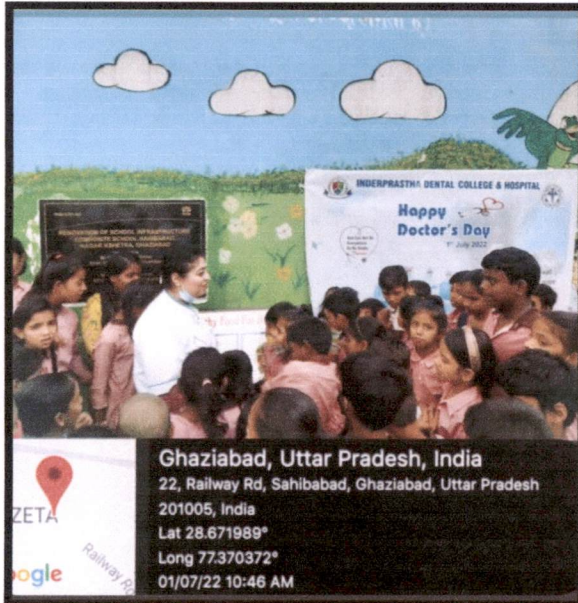
157, Sahibabad, Ghaziabad, Uttar Pradesh 201010, India
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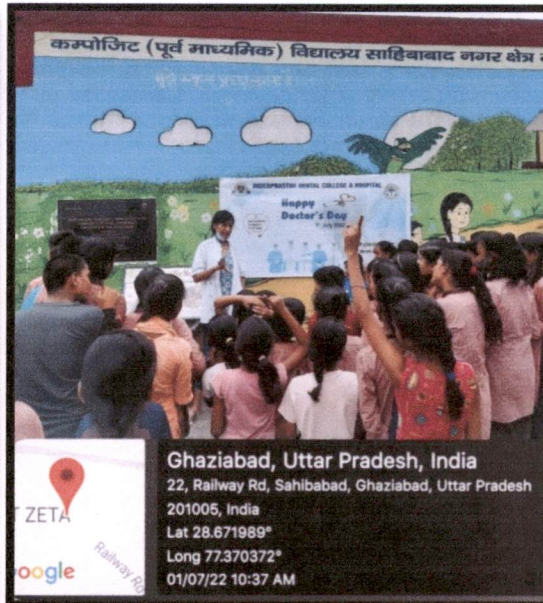


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ACTIVITY 2: Sensitize how a doctor works in hospital



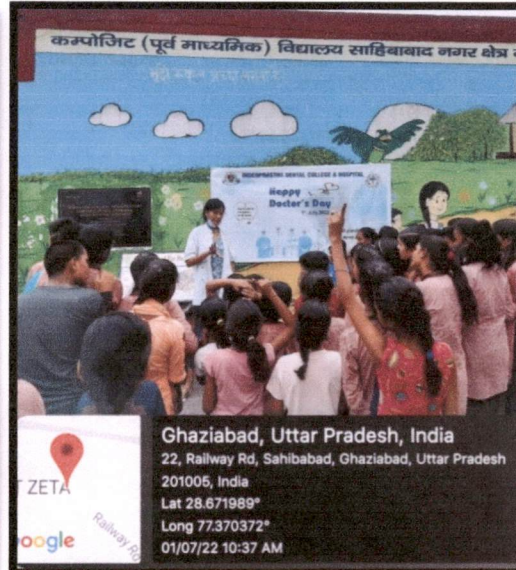
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22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
Lat 28.671989°
Long 77.370372°
01/07/22 10:46 AM



Ghaziabad, Uttar Pradesh, India
22, Railway Rd, Sahibabad, Ghaziabad, Uttar Pradesh
201005, India
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01/07/22 10:37 AM

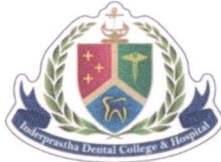


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201005, India
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Ghaziabad, Uttar Pradesh, India
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201005, India
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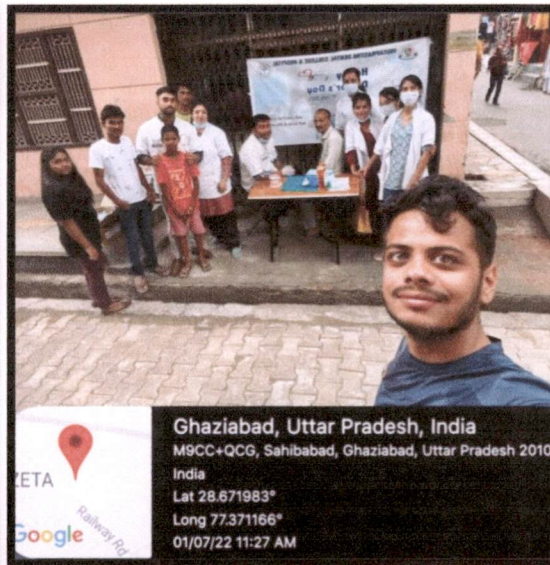


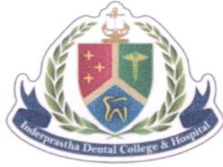


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ACTIVITY 3: Screening camp and Ek Selfie Doctor Ke Saath Program in rural area





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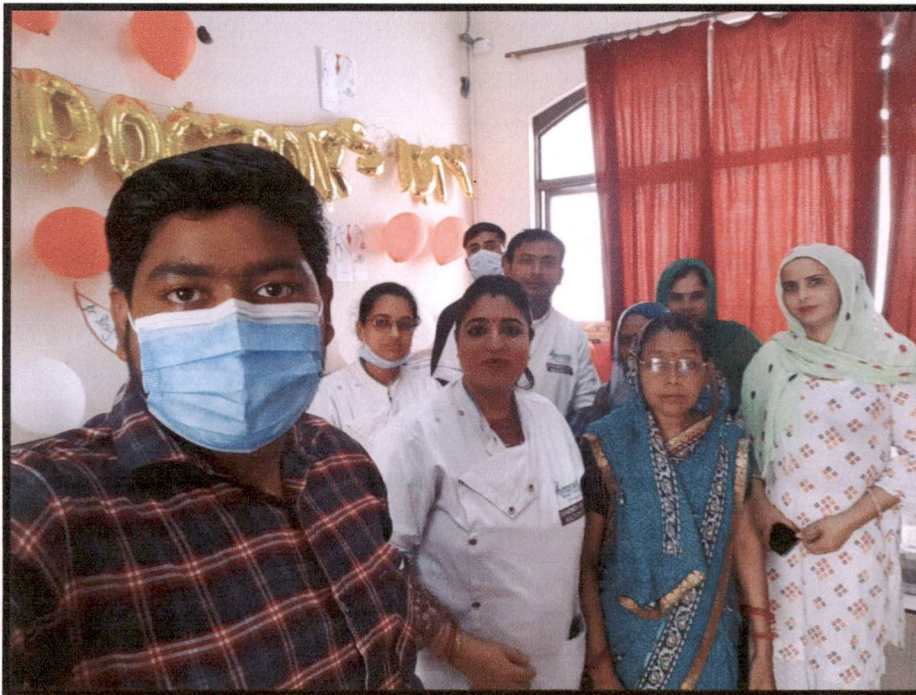
ACTIVITY 4: Exhibition on Doctor's Day: A day in the life of a doctor





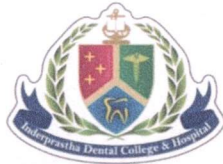
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Selfie with patients who visited dental museum





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Dental Health Education imparted to the patients

